Recursos y Sitios Web Recomendados

Sitios Web Recomendados

American Diabetes Association
http://www.diabetes.org

American Dietetics Association
http://www.eatright.org/

The American Heart Association
http://www.americanheart.org

CDC Diabetes Public Health Resource
http://www.cdc.gov/diabetes

Joslin Diabetes Center
http://www.joslin.org/index.asp

National Diabetes Education Program
http://ndep.nih.gov

National Diabetes Information Clearinghouse

National Institutes of Diabetes & Digestive & Kidney Diseases
http://www.niddk.nih.gov

The Endocrine Society
http://www.endo-society.org

The American Association of Clinical Endocrinologists
http://www.aace.com

Recursos

Panorama general de la diabetes y los alimentos
National Diabetes Information Clearinghouse

American Dietetic Association
www.eatright.org

American Diabetes Association
www.diabetes.org

Exchange Lists
http://www.well-connected.com

Diabetes Care vol. 27 supplement 1. 2004
http://care.diabetesjournals.org/content/vol27/suppl_1/index.shtml

United States Department of Agriculture: “Dietary Guidelines for Americans 2005”
http://www.health.gov/dietaryguidelines

CDC Diabetes Public Health Resource
http://www.cdc.gov/diabetes/

Center for Disease Control (CDC): “Diabetes Statistics”
http://www.cdc.gov/diabetes/statistics/index.htm#prevalence

The American Heart Association: “The Heart of Diabetes”
http://www.s2mw.com/heartofdiabetes/index.html

The American Heart Association: “Diet and Nutrition”
http://www.americanheart.org/presenter.jhtml?identifier=1200010

National Heart Lung and Blood Institute: “Manage Diabetes”
http://www.nhlbi.nih.gov/actintime/rhar/md.htm

United States Department of Agriculture: “MyPyramid”
http://www.mypyramid.gov

The Canadian Diabetes Association
http://www.diabetes.ca

University of Chicago Hospitals “Diabetes”
http://www.uchospitals.edu/online-library/content=P00343

**Grupos de alimentos y diabetes**

American Dietetic Association  
www.eatright.org

American Diabetes Association  
www.diabetes.org

USDA Food and Nutrition Information Center  


**Dieta para alcanzar los niveles de glucosa en sangre deseados**

National Institutes of Diabetes & Digestive & Kidney Diseases  
http://www.niddk.nih.gov/

American Diabetes Association  
www.diabetes.org

The Canadian Diabetes Association  
http://www.diabetes.ca


**Dieta para tener un sistema cardiovascular sano**

The American Heart Association: “The Heart of Diabetes”  
http://www.s2mw.com/heartofdiabetes/index.html

The American Heart Association: “Diet and Nutrition”  
http://www.americanheart.org/presenter.jhtml?identifier=1200010

http://www.americanheart.org/presenter.jhtml?identifier=1330
United States Department of Agriculture: “Dietary Guidelines for Americans 2005”
http://www.health.gov/dietaryguidelines

National Institutes of Diabetes & Digestive & Kidney Diseases
http://www.niddk.nih.gov/

American Diabetes Association
www.diabetes.org

The Canadian Diabetes Association
http://www.diabetes.ca

National Institute for Allergy and Infectious Disease
http://www.niaid.nih.gov

United States National Library of Medicine National Institutes of Health

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