



4-H Club GO TO Resources



May, 2017

Lesson Objectives:

Club members and parents will:

- Work together to accomplish a difficult task

Time: This team building activity is flexible, you can do it for 5-15 minutes depending on how many variations or challenges you want to give the 4-H'ers.

Equipment and supplies:

- One deck of playing cards for each team.

Preparations:

- Review Activity
- Gather decks of cards

Team Building Activity:

Team Card Tower

Divide the club into smaller groups of two to six people each, giving each group a deck of cards. Instruct the group that their task is to build the highest tower of cards they can.

When building the tower, each person may use only one hand and must place the other hand behind his/her back. The teams must start over each time the cards fall. It is a good idea to set a time limit for this activity and see who has the tallest tower once the time is up.

Depending on the age and skills of your club, you may want to try some easier or more difficult variations to challenge the 4-H'ers. One variation would be to start with both hands, then halfway through switch to one hand and compare the difference. Another variation would be to have the 4-H'ers use their dominant hand part of the time and then their other hand part of the time and compare the two. Another option is to either let them communicate with each other or ask them to be silent. Feel free to get creative on the variations!

Discussion Prompts:

Make the game a learning experience by using the following discussion prompts:

1. What was needed from you and your team members to accomplish this task?
2. Was anyone frustrated at any time during the activity? If so, how was it handled?
3. How important would your teammate's help have been if you all could have used two hands?
4. How did communicating have an effect on your group and your ability to build a tower?



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Sources & Additional Lesson info:

4-H Club GO TO Resources is being offered to 4-H clubs in Boone, DeKalb and Ogle Counties as a way to enrich and enhance 4-H experiences and programming at the club level. It is the goal of the Extension staff to assist 4-H leaders and officers in providing simple hands-on activities on a monthly basis that can broaden the 4-H club experience and as a result heighten positive youth development.

This “Team Card Tower” team building activity was adapted from *Team-Building Activities For Every Group* by Alanna Jones, page 70.

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