Online Learning & Engagement

I ILLINOIS

Extension college of agricultural, consumer & environmental sciences



Resources for Youth & Families

Additional information and resources will continue to be posted on our Facebook pages and websites.

General Resources

- 4-H Inspire Kids to Do Activity Guide A collection of resources to promote learning and doing in a variety of areas. https://extension.illinois.edu/cjmm/4-h-youth-development
- Other state 4-H groups are offering virtual trainings or online resources. All are invited to join.
 - Kentucky 4-H (Facebook page, weekly live videos/challenges) https://www.facebook.com/kentucky4h/
 - o Michigan 4-H https://www.canr.msu.edu/family/Educational-Resources-for-School-Closures/
 - o Nebraska 4-H https://4h.unl.edu/virtual-home-learning
 - Texas 4-H (Facebook live series)
 https://www.facebook.com/texas4h/photos/a.10150239304904564/10157827633229564/?type=3&theater

Animal Science & Agriculture

- Animal U Online lessons and videos on livestock species, include swine, sheep, goats, cattle, and poultry
 https://www.extension.iastate.edu/animalu/?fbclid=lwAR3Nuq3HqwWTT6XIMrfHH2YHRH2uPYyEVF9L_L
 - CyMy 9nyOxT 7hEjgYSIA
- Animal Science Anywhere Hands-on activities for groups or individuals on animal science topics like biosecurity, nutrition, and reproduction.
 https://www.canr.msu.edu/resources/4 h animal science anywhere
- American Dairy Association Virtual farm tours, organized by grade level
 https://www.americandairy.com/news-and-events/dairy-diary/dairy-farming/virtual-farm-tours-while-youre-stuck-at-home.stml
- Horse Lessons ExtensionHorses.org is provided FREE access (for 30 days) to their online classrooms and lessons on a variety of horse industry topics FACEBOOK POST: https://www.facebook.com/ExtensionHorses/posts/3202221603123651 WEBSITE: https://campus.extension.org/login/index.php
- My American Fam Educational games for all ages http://www.myamericanfarm.org/
- Illinois Ag in the Classroom Daily Webinars and activities posted everyday, covering Illinois agriculture topics. https://beyondthebarndoor.wordpress.com/
- American Farm Bureau Found for Agriculture variety of "At Home Ag-tivities" for all ages https://www.agfoundation.org/news/at-home-ag-tivities
- Purdue Veterinary Medicine Vet science activities for K-12 grade https://www.purdue.edu/vet/engagement/p12/
- St. Louis Zoo Daily posts, videos, and updates from inside the zoo. https://www.stlzoo.org/about/blog/2020/03/17/bringthestlzootoyou
- Smithsonian's National Zoo Live webcams for panda, lion, and elephant exhibits https://nationalzoo.si.edu/webcams
- Journey 2050 Virtual farm simulation that explores world food sustainability, targeted at grades 6-12. http://www.journey2050.com/

Environmental Sciences

- Illinois Department of Natural Resources Podcasts and videos available to listen and download on Illinois wildlife and plants. https://www2.illinois.gov/dnr/education/Pages/podcasts.aspx
- Smithsonian Museum of Natural History Tour specialty exhibits virtually, from the comfort of your own home https://naturalhistory.si.edu/visit/virtual-tour

Health & Nutrition

- 4-H Inspire Kids to Do Healthy Living Guide Collection of activities that promote learning and doing in the areas of health and nutrition, including stretching and yoga, healthy snacks, and first aid basics. https://extension.illinois.edu/cjmm/4-h-youth-development
- 4-H Kids Guide to Mindfulness https://4-h.org/about/blog/inspire-kids-to-do-kids-guide-to-mindfulness/
- Yoga International 10-minute yoga sessions for youth of all ages, held via Facebook Live, throughout the day. 10 am, 11 am, 12 pm. https://www.facebook.com/yimag/
- The Walking Classroom Collection of downloadable podcasts for guiding walking and learning
 https://www.thewalkingclassroom.org/our-program/adopter-educational-podcasts/?utm_term=Access_podcasts&utm_campaign=26%20Podcast%20Access%20&utm_content=email&utm_source=Act-On+Software&utm_medium=email

STEM & Robotics

- 4-H STEM Lab Hands-on activities on science, technology, agriculture, and the engineering https://4-h.og/parents/stem-agriculture/youth-stem-activities/
- Hour of Code Online video tutorials for students of ages, walking them through out to code and program simple games and computer software https://hourofcode.com/us/learn
- TryEngineering.org Links to engineering games and sites to explore 3-D printing & design, computer coding, and physics principles https://tryengineering.org/students/games/
- TeachEngineering.org Full activities and videos for full classrooms, but many 'sprinkle' activities can be done by individuals.
 https://www.teachengineering.org/curriculum/browse?Collection=Activities
- Steve Spangler Science Easy at-home science experiments for kids and families to try. Also going live on Facebook daily for '50 Experiments in 50 Days' at 11:00 AM.
 WEBSITE: https://stevespangler.com/science-at-home/?fbclid=lwAR0p6Trgwm0AdduGWvXwFDuYvmfUQGJ1mrzPVMPO7Rbj rS7FB3OIrc5t7U
 FACEBOOK PAGE: https://www.facebook.com/stevespangler/
- NASA STEM Activities for Families Variety of hands-on activities surrounding aerospace, science, and our solar system. https://www.nasa.gov/stem-at-home-for-students-k-4.html

For Parents & Volunteers

- Discover Wellness While At Home Online webinar series provided by University of Illinois Extension Family Life Educators. Choose from six different session on managing stress, adjusting to go.illinois.edu/wellnessathome
- Child Mind Institute Resources for helping kids with stress, anxiety, and transitioning to a new routine. https://childmind.org/coping-during-covid-19-resources-for-parents/
- University of Illinois Extension, Family Files Blog with articles and updates on best strategies for learning from home and keep you family thriving during this time at home https://extension.illinois.edu/blogs/family-files
- Ways 4-H Volunteers Can Support Youth When Not in Person https://www.canr.msu.edu/news/ways-4-h-volunteers-can-support-youth-when-not-in-person