

Boone, DeKalb, Ogle Extension Unit 2



**Illinois Extension**  
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

## **Extension Council Meeting**

### **Health & Local Foods Subcommittee**

**Tuesday, May 27, 2025 6:00 pm**

*Garden Meet Up with Zoom option*

*Boone: Buchanan Street Community Garden (218 Buchanan Street, Belvidere)*

*DeKalb: Rick John's Memorial Garden (St. Paul's Episcopal Church, DeKalb – 900 Normal Road)*

*Ogle: Flagg-Rochelle Library (619 Fourth Avenue, Rochelle)*

Boone: \_\_\_\_ Mark Schuth \_\_\_\_ Stephanie Meyers

DeKalb: \_\_\_\_ Abigail Hesslau

Ogle: \_\_\_\_ Candie Fore \_\_\_\_ Sarah Hackbarth

Staff: \_\_\_\_ Bruce Black \_\_\_\_ Kara Schweitzer \_\_\_\_ Connie Handel  
\_\_\_\_ Judy Hodge \_\_\_\_ Jan Saglier

Public Comment:

Agenda

#### **1. Welcome/Introductions \_\_\_\_:**

Ice Breaker Question:

What's your favorite vegetable to grow and/or eat from a garden?

#### **2. Description & Vision of the Committee**

The Health and Local Foods Committee has been formed to address the issues in our communities with a more informed scope from our partner council members. Our partners will help in informing us of the current and future needs in our communities relating to health and local foods. This will allow us to provide program opportunities to address these needs as they arise.

#### **3. Minutes**

**Review minutes from February meeting.** Any questions?

**Items Discussed/Addressed:**

**Water Quality** – Watershed 101 was held in Boone County, 9 participants, DeKalb will be hosting Watershed Steward and Leaders program this fall.

**Walkability Survey** – Started in Boone County

<https://acrobat.adobe.com/id/urn:aaid:sc:US:39a77d26-c34d-4f63-8069-1244dd4c68ec>

**Nutrition and Cooking Classes** – Ogle County offering Homegrown Healthy, there was a request for this type of program in Boone County.

**Cost of Food** – SNAP could offer Healthy Cents program to help with budgeting.

**4. Committee Update**

**Mike Swedberg (SNAP Educator)** – No longer with Extension

**Sarah Hackbarth** – Second term will end on August 31

**5. Garden Tours**

Who helps in the gardens? What are we growing? What happens with the food?

Is it a traditional community garden or educational garden?

**6. Summer Focus – Farmer's Markets**

**Boone** – Looking into potentially going once a month 9 a.m. to 1 p.m. Belvidere, Wild Cherries

**DeKalb** – Looking into DeKalb area market

**Ogle** – Scheduled to go the third Thursday night in June and July in Oregon

Information at the booth would be geared around gardening. Mental health benefits of gardening, healthy choices, recipes of what's available at the market, etc. Master Gardeners to help answer gardening questions.

**Next Meeting:** In Person - Monday, September 29 at 6 p.m. – Ogle County, location TBD - Dinner

**Adjourn:** \_\_\_\_:\_\_\_\_

**Council Roles Summarized:**

- \* Linking University of Illinois Extension with local leadership, communities, agencies and organizations.
- \* Supporting and advocating for Extension programs. Identifying needs and potential resources (human, financial, physical).
- \* Advise the program planning and implementation processes.
- \* Assuring council membership represents all segments in counties served.
- \* Assuring program outreach meets equal opportunity and program access guidelines.