Washington County 4-H Member Record Book

4-H Program Year:

Name: _____

Club: _____

Age as of September 1 of current 4-H Year: _____ **Grade:** _____

Number of Meetings Held After Enrolling: _____ **Number of Meetings Attended:** _____

Introduction

Welcome to the Washington County 4-H member record! This system of records is meant to work in conjunction with the current state 4-H awards and recognition system while still accomplishing the goals outlined below.

Why Records?

Record books help us recognize 4-H members and their accomplishments while preparing for their future. 4-H member records and their completion fulfill several goals for members: 1) To motivate and challenge youth to keep climbing the ladder of achievement, 2) To serve as a toll for recognition of 4-H members, 3) To serve as an accurate reflection of a 4-H members career and to aid in record keeping skills, 4) Assist older members in resume building for completion of scholarship, college and job applications.

Parts of the Record/Deadlines:

Part One: Goals Sheets (Set Goals), Due to Extension Office January 1, Completion Notes Due August 31
Part Two: Member Record Book (4 dimensions), Due to Extension Office August 31
Part Three: State Experience Award Application (encouraged, Due November 1)
Part Four: Illinois 4-H Scholarship Application Due (encouraged for ages 15-19, Due November 1

Dimensions of the Member Record Book:

1. **Participation** – This dimension recognizes participation in individual, club, county, state, national, and international events.
2. **Service** – This dimension recognizes those who plan and implement community service projects AND those who participate.
3. **Leadership** – This dimension recognizes those members climbing up the ladder of leadership in any of the following areas: general leadership, advising, advocating, planning, promoting, mentoring, teaching.
4. **Project Learning** – This dimension recognizes project areas and the mastery that individuals gain from project work.

There is NO rule about how complete your record book needs to be – completeness will result in better scores as we choose award winners but we encourage all members to submit record books and document the achievements you've had along the way.

University of Illinois, U.S. Department of Agriculture, Local Extension Councils Cooperating.
University of Illinois Extension provides equal opportunities in programs and employment.

Certification Sheet

My member record consists of the following parts:

[ ] Goals Sheet [ ] Member Record Book [ ] State Experience Award Application

Member Certification

I personally have prepared this application and certify that it accurately and truthfully represents my work.

Member Signature: _____ Date: _____

Parent/Guardian Certification

I personally have reviewed this application and certify that it accurately and truthfully reflects the member's work.

Parent/Guardian Signature:_____ Date: _____

Leader Certification

I personally have reviewed this application and certify that it accurately and truthfully reflects the member's work.

Leader Signature:_____ Date: _____

Write a paragraph explaining how 4-H has impacted your personal life and your family, including your vision for how 4-H will impact your future. Be sure to tell us how you've grown because of 4-H (skills learned, strengths gained, etc.).

4-H Participation

My two most important 4-H Participation experiences are…

Tell us why these are the most important.

Experience #1:

Experience #2:

My 4-H Participation Resume

Please note that Service, Leadership and Project Items will be listed later.

Here's your chance! List all the things that you have participated in. You may enter as much or as little as you would like in the Details column. Just keep in mind that the more details there are, the more you will remember!

Be sure to indicate if this is a new experience for the current year and classify the type of experience according to:

I - Individual, **C** - Club, **CO** - County, **M** - Multi-County, **S** - State, **N** - National, **IN** - International.

EXPERIENCE	DETAILS	NEW?	TYPE

EXPERIENCE	DETAILS	NEW?	TYPE

4-H Service

My two most important 4-H Community Service experiences are…

Tell us why these are the most important.

Experience #1:

Experience #2:

My 4-H Service Resume

Here's your chance! List all the ***Community Service*** projects that you have been involved with.
You may enter as much or as little as you would like in the Details column.
Just keep in mind that the more details there are, the more you will remember!

Be sure to indicate if this is a new experience for the current year and classify the type of experience according to: **I** - Individual, **C** - Club, **CO** - County, **M** - Multi-County, **S** - State, **N** - National, **IN** - International.

EXPERIENCE	DETAILS	NEW?	TYPE

EXPERIENCE	DETAILS	NEW?	TYPE

4-H Leadership

My three most important 4-H Leadership experiences are…

Tell us why these are the most important.

Experience #1:

Experience #2:

Experience #3:

My 4-H Leadership Resume

Here's your chance! List all the ***Leadership*** opportunities that you have had. You may enter as much or as little as you would like in the Details column. Just keep in mind that the more details there are, the more you will remember!

Be sure to indicate if this is a new opportunity for the current year and classify the type of opportunity according to:
I - Individual, **C** - Club, **CO** - County, **M** - Multi-County, **S** - State, **N** - National, **IN** - International.

[ ] Officer Position _____ [ ] Officer Position _____

COMMITTEES SERVED ON	DETAILS	NEW?	TYPE

OTHER EXPERIENCES	DETAILS	NEW?	TYPE

4-H Project Learning

Animal Science

Please check the project areas you are enrolled in for this program year:

☐ Beef	☐ Dairy Goats	☐ Llama & Alpaca	☐Rabbit	☐ Swine
☐ Cats	☐ Dogs	☐ Meat Goats	☐Sheep	☐ Vet Science
☐ Dairy Cattle	☐ Horse	☐ Poultry	☐Small Pets	

This is my _____ year in this project area. [ ] **Talk/Demonstration Topic:** _____

Talk/Demonstration Date: _____

My most important Animal Science project learning experience was…

Tell us why this is the most important.

Here's your chance! List all the Project Learning experiences that you have had in the ***Animal Science*** project area. This includes activities/workshops you participated in, planned, or led to increase skill in the project area. Activities from the project manual(s) may also be included. You may enter as much or as little as you would like in the Details column. Just keep in mind that the more details there are, the more you will remember!

Be sure to indicate if this is a new experience for the current year and classify the type of experience according to:
I - Individual, **C** - Club, **CO** - County, **M** - Multi-County, **S** - State, **N** - National, **IN** - International.

EXPERIENCE (Hosted by 4-H)	DETAILS	NEW?	TYPE

EXPERIENCE (Outside of 4-H)	DETAILS	NEW?	TYPE

PROJECT	EXHIBIT DESCRIPTION	COUNTY RATING	STATE DEL/ALT	SPECIAL AWARDS

PROJECT	KNOWLEDGE LEARNED OR SKILLS GAINED (max 5 points per project)

How have you applied these skills and knowledge to your life?

Tell us about a challenge you encountered during your project experience and how you overcame that challenge?

Career & Leadership Development

Please check the project areas you are enrolled in for this program year:

☐ Babysitting ☐ Communications ☐ Journalism, News, & Social Media ☐ My Financial Future
☐ Build Your Future ☐ Entrepreneurship ☐ Leadership ☐ Public Speaking

This is my _____ year in this project area. [ ] **Talk/Demonstration Topic:** _____

Talk/Demonstration Date: _____

My most important Career/Leadership project learning experience was…

Tell us why this is the most important.

Here's your chance! List all the Project Learning experiences that you have had in the ***Career/Leadership*** project area. This includes activities/workshops you participated in, planned, or led to increase skill in the project area. Activities from the project manual(s) may also be included. You may enter as much or as little as you would like in the Details column. Just keep in mind that the more details there are, the more you will remember!

Be sure to indicate if this is a new experience for the current year and classify the type of experience according to:
I - Individual, **C** - Club, **CO** - County, **M** - Multi-County, **S** - State, **N** - National, **IN** - International.

EXPERIENCE (Hosted by 4-H)	DETAILS	NEW?	TYPE

EXPERIENCE (Outside of 4-H)	DETAILS	NEW?	TYPE

PROJECT	EXHIBIT DESCRIPTION	COUNTY RATING	STATE DEL/ALT	SPECIAL AWARDS

PROJECT	KNOWLEDGE LEARNED OR SKILLS GAINED (max 5 points per project)

How have you applied these skills and knowledge to your life?

Tell us about a challenge you encountered during your project experience and how you overcame that challenge?

Civic Engagement

Please check the project areas you are enrolled in for this program year:

☐ Civic Engagement
☐ Service Learning
☐ Collectibles
☐ Exploratory
☐ Family Heritage
☐ Passport to the World
☐ Diversity & Cultural Awareness

This is my _____ year in this project area. [ ] **Talk/Demonstration Topic:** _____

Talk/Demonstration Date: _____

My most important Civic Engagement project learning experience was…

Tell us why this is the most important.

Here's your chance! List all the Project Learning experiences that you have had in the ***Civic Engagement*** project area. This includes activities/workshops you participated in, planned, or led to increase skill in the project area. Activities from the project manual(s) may also be included. You may enter as much or as little as you would like in the Details column. Just keep in mind that the more details there are, the more you will remember!

Be sure to indicate if this is a new experience for the current year and classify the type of experience according to:
I - Individual, **C** - Club, **CO** - County, **M** - Multi-County, **S** - State, **N** - National, **IN** - International.

EXPERIENCE (Hosted by 4-H)	DETAILS	NEW?	TYPE
EXPERIENCE (Outside of 4-H)	**DETAILS**	**NEW?**	**TYPE**

PROJECT	EXHIBIT DESCRIPTION	COUNTY RATING	STATE DEL/ALT	SPECIAL AWARDS

PROJECT	KNOWLEDGE LEARNED OR SKILLS GAINED (max 5 points per project)

How have you applied these skills and knowledge to your life?

Tell us about a challenge you encountered during your project experience and how you overcame that challenge?

Creative & Cultural Arts

Please check the project areas you are enrolled in for this program year:

☐ Creative Writing ☐ Theatre Arts ☐ Sewing ☐ Shopping in Style
☐ Interior Design ☐ Video ☐ Costume Design
☐ Photography ☐ ☐ Clothing Embellishment
☐ Visual Arts: ☐ *Chalk/Carbon/Pigment* ☐ *Clay* ☐ *Computer Generated Art* ☐ *Fiber* ☐ *Food Decorating* ☐ *Glass & Plastic*
☐ *Heritage Arts* ☐ *Leather* ☐ *Metal* ☐ *Nature* ☐ *Paper* ☐ *Quilting* ☐ *Scrapbooking* ☐ *3-D Mixed Media* ☐ *Wood*

This is my _____ year in this project area. [ ] **Talk/Demonstration Topic:** _____

Talk/Demonstration Date: _____

My most important Creative & Cultural Arts project learning experience was…

Tell us why this is the most important.

Here's your chance! List all the Project Learning experiences that you have had in the ***Creative Arts*** project area. This includes activities/workshops you participated in, planned, or led to increase skill in the project area. Activities from the project manual(s) may also be included. You may enter as much or as little as you would like in the Details column. Just keep in mind that the more details there are, the more you will remember!

Be sure to indicate if this is a new experience for the current year and classify the type of experience according to:
I - Individual, **C** - Club, **CO** - County, **M** - Multi-County, **S** - State, **N** - National, **IN** - International.

EXPERIENCE (Hosted by 4-H)	DETAILS	NEW?	TYPE

EXPERIENCE (Outside of 4-H)	DETAILS	NEW?	TYPE

PROJECT	EXHIBIT DESCRIPTION	COUNTY RATING	STATE DEL/ALT	SPECIAL AWARDS

PROJECT	KNOWLEDGE LEARNED OR SKILLS GAINED (max 5 points per project)

How have you applied these skills and knowledge to your life?

Tell us about a challenge you encountered during your project experience and how you overcame that challenge?

Environmental Sciences

Please check the project areas you are enrolled in for this program year:

☐ Entomology
☐ Beekeeping
☐ Forestry
☐ Geology
☐ Exploring Your Environment
☐ Outdoor Adventures
☐ Sportfishing
☐ Wildlife
☐ Weather
☐ Shooting Sports

This is my _____ year in this project area. [ ] **Talk/Demonstration Topic:** _____

Talk/Demonstration Date: _____

My most important Environment project learning experience was…

Tell us why this is the most important.

Here's your chance! List all the Project Learning experiences that you have had in the ***Environment*** project area. This includes activities/workshops you participated in, planned, or led to increase skill in the project area. Activities from the project manual(s) may also be included. You may enter as much or as little as you would like in the Details column. Just keep in mind that the more details there are, the more you will remember!

Be sure to indicate if this is a new experience for the current year and classify the type of experience according to:
I - Individual, **C** - Club, **CO** - County, **M** - Multi-County, **S** - State, **N** - National, **IN** - International.

EXPERIENCE (Hosted by 4-H)	DETAILS	NEW?	TYPE

EXPERIENCE (Outside of 4-H)	DETAILS	NEW?	TYPE

PROJECT	EXHIBIT DESCRIPTION	COUNTY RATING	STATE DEL/ALT	SPECIAL AWARDS

PROJECT	KNOWLEDGE LEARNED OR SKILLS GAINED (max 5 points per project)

PROJECT	KNOWLEDGE LEARNED OR SKILLS GAINED (max 5 points per project)

How have you applied these skills and knowledge to your life?

Tell us about a challenge you encountered during your project experience and how you overcame that challenge?

Gardening, Agriculture & Food Access

Please check the project areas you are enrolled in for this program year:

Crops ☐*Corn* ☐ *Hay* ☐*Small Grains* ☐*Soybeans* ☐ Cover Crops
☐Vegetable Gardening ☐ Plants & Soils

☐Floral Design
☐Floriculture Display
☐Flower Preservation

☐Landscape Design
☐Ornamental Display
☐Plant Propagation

This is my _____ year in this project area. [ ] **Talk/Demonstration Topic:** _____

Talk/Demonstration Date: _____

My most important Gardening, Agriculture & Food Access project learning experience was…

Tell us why this is the most important.

Here's your chance! List all the Project Learning experiences that you have had in the ***Food Systems*** project area. This includes activities/workshops you participated in, planned, or led to increase skill in the project area. Activities from the project manual(s) may also be included. You may enter as much or as little as you would like in the Details column. Just keep in mind that the more details there are, the more you will remember!

Be sure to indicate if this is a new experience for the current year and classify the type of experience according to:
I - Individual, **C** - Club, **CO** - County, **M** - Multi-County, **S** - State, **N** - National, **IN** - International.

EXPERIENCE (Hosted by 4-H)	DETAILS	NEW?	TYPE

EXPERIENCE (Outside of 4-H)	DETAILS	NEW?	TYPE

PROJECT	EXHIBIT DESCRIPTION	COUNTY RATING	STATE DEL/ALT	SPECIAL AWARDS

PROJECT	KNOWLEDGE LEARNED OR SKILLS GAINED (max 5 points per project)

How have you applied these skills and knowledge to your life?

Tell us about a challenge you encountered during your project experience and how you overcame that challenge?

Healthy Living

Please check the project areas you are enrolled in for this program year: ☐ Health Exploration & Innovation

☐ Your Thoughts Matter ☐ Your Feelings Matter ☐ Everyday Food and Fitness ☐ Sports Nutrition

☐ Food & Nutrition: ☐ *Cooking* ☐ *Food Science* ☐ *Food Preservation* ☐ *Global Gourmet*

☐ *Kitchen Boss* ☐ *Science Fun with Dairy Foods* ☐ *Science Fun with Kitchen Chemistry*

This is my _____ year in this project area. [ ] **Talk/Demonstration Topic:** _____

Talk/Demonstration Date: _____

My most important Healthy Living project learning experience was…

Tell us why this is the most important.

Here's your chance! List all the Project Learning experiences that you have had in the ***Healthy Living*** project area. This includes activities/workshops you participated in, planned, or led to increase skill in the project area. Activities from the project manual(s) may also be included. You may enter as much or as little as you would like in the Details column. Just keep in mind that the more details there are, the more you will remember!

Be sure to indicate if this is a new experience for the current year and classify the type of experience according to:

I - Individual, **C** - Club, **CO** - County, **M** - Multi-County, **S** - State, **N** - National, **IN** - International.

EXPERIENCE (Hosted by 4-H)	DETAILS	NEW?	TYPE

EXPERIENCE (Outside of 4-H)	DETAILS	NEW?	TYPE

PROJECT	EXHIBIT DESCRIPTION	COUNTY RATING	STATE DEL/ALT	SPECIAL AWARDS

PROJECT	KNOWLEDGE LEARNED OR SKILLS GAINED (max 5 points per project)

How have you applied these skills and knowledge to your life?

Tell us about a challenge you encountered during your project experience and how you overcame that challenge?

STEM

Please check the project areas you are enrolled in for this program year:

☐Aerospace	☐Electricity	☐ Maker	☐ Tractor
☐Building Bricks	☐Robotics	☐ Esports	☐ Welding
☐Computer Science	☐Small Engines	☐ Drones	☐ Woodworking

This is my _____ year in this project area. [ ] **Talk/Demonstration Topic:** _____

Talk/Demonstration Date: _____

My most important STEM project learning experience was…

Tell us why this is the most important.

Here's your chance! List all the Project Learning experiences that you have had in the ***STEM*** project area. This includes activities/workshops you participated in, planned, or led to increase skill in the project area. Activities from the project manual(s) may also be included. You may enter as much or as little as you would like in the Details column. Just keep in mind that the more details there are, the more you will remember!

Be sure to indicate if this is a new experience for the current year and classify the type of experience according to:
I - Individual, **C** - Club, **CO** - County, **M** - Multi-County, **S** - State, **N** - National, **IN** - International.

EXPERIENCE (Hosted by 4-H)	DETAILS	NEW?	TYPE

EXPERIENCE (Outside of 4-H)	DETAILS	NEW?	TYPE

PROJECT	EXHIBIT DESCRIPTION	COUNTY RATING	STATE DEL/ALT	SPECIAL AWARDS

PROJECT	KNOWLEDGE LEARNED OR SKILLS GAINED (max 5 points per project)

PROJECT	KNOWLEDGE LEARNED OR SKILLS GAINED (max 5 points per project)

How have you applied these skills and knowledge to your life?

Tell us about a challenge you encountered during your project experience and how you overcame that challenge?