



# 4-H Delivers

## Public Speaking Training

**February 3, 2026**  
**6-7:30 p.m.**

**Machine Shed Restaurant**  
7475 E. State St. | Rockford, IL



Learn to write and perform a speech, focusing on how to get your point across to your audience. Learn about the types of speeches that can be used in the 4-H Public Presentation Contest.

Do you have a rough draft? You will have the opportunity to practice and get feedback, if you choose to do so after the presentation.



**Guest Speaker: Candice King**

Candice King grew up on a dairy farm in Ridott, IL and learned at a very young age how much weather can impact the farming community. She always had an interest in weather and decided to turn her passion into a career. She received her Associate of Science Degree from Highland Community College and Bachelor of Science Degree in Meteorology from Northern Illinois University

**Registration Opens Jan. 2**  
**Registration Required by Jan. 26**

Registration Website:  
[go.illinois.edu/4HPS2025](http://go.illinois.edu/4HPS2025)

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