



# MONROE COUNTY 4-H FAMILY HANDBOOK

## Office Hours:

Monday- Friday: 8:00 a.m. – 4:30 p.m.  
Closed Noon to 1:00 p.m. for lunch

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## **WHAT IS 4-H?**

The 4-H program is the largest informal youth-serving organization in the country. The Monroe County 4-H program is part of University of Illinois Extension. Through U of I Extension, 4-H programs are conducted statewide. The 4-H program is known worldwide, with clubs in every county, every state in the United States, and more than 80 countries worldwide. The 4-H program is organized into clubs throughout the county based on where members live or the project they choose to take. Volunteer adult leaders help to lead the clubs, provide organization, and provide adult supervision for the various club activities. They also help provide educational opportunities for the members and chances for leadership and citizenship development.

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## 4-H TRADITIONS

### 4-H Colors

Green represents life, youth, nature, and springtime. White symbolizes purity.

### 4-H Emblem

The green four-leaf clover has a white "H" on each leaf to represent one of the four H's - Head, Heart, Hands, and Health.

### 4-H Slogan

"Learn By Doing"

A phrase that sums up the educational philosophy of the 4-H program. Derived from educational theory and philosophy of the times, the term exemplifies the experiential nature of the learning experiences in 4-H. Young people learn best when they are involved in their learning. The intent is to do, reflect, and apply.

### 4-H Motto

"To Make The Best Better"

The motto was adopted at about the same time as the 4-H Club Pledge. It intends to inspire young people to continue learning and growing and to do their best through participating in educational experiences.

### The 4-H Pledge

The 4-H Pledge summarizes what 4-H is all about. The 4-H program has as its goal the four-fold development of youth: Head, Heart, Hands, and Health. Most 4-H members learn and try to live up to the promises they make in the 4-H Pledge.

The delegates adopted the Pledge to the 1927 National 4-H Club Camp in Washington, DC. State club leaders voted for and adopted the Pledge for universal use. The phrase "and my world" was added to the Pledge in 1973. The saying of the Pledge is prominent in 4-H activities at regular 4-H meetings, achievement days, and other club events. When recited at 4-H events, actions are added to the Pledge.

### I Pledge...

**My Head to clearer thinking, My Heart to greater loyalty,  
My Hands to larger service, and  
My Health to better living,  
For my Club, my Community, my  
Country, and my World.**

## 4-H PLEDGE

I pledge my **HEAD** to clearer thinking,  
my **HEART** to greater loyalty,  
my **HANDS** to larger service,  
and my **HEALTH** to better living,  
for my club, my community,  
my country, and my world.



## HISTORY OF 4-H

The 4-H program didn't start at any one time or place. It is the result of the work of many people in different parts of the United States who were concerned about young people. From its inception, 4-H tied public and private resources together to help young people.

Two forces generated the idea of 4-H work. One was the concern for education in rural areas. The seed of the 4-H idea of practical or applied educational principles resulted from concern for the relevance of public schools to country life. The second was a need to advance the new agricultural technologies produced by research at experiment stations of the land-grant college system. The farming community did not readily accept these new ideas and techniques.

When Congress created the Cooperative Extension Service at USDA in 1914, it included boys' and girls' club work. This soon became known as 4-H clubs - Head, Heart, Hands, and Health.

As 4-H neared its 50th anniversary, it began to experience several trends. In 1948 a group of young American people went to Europe, and a group of Europeans came to the United States on the first International Farm Youth Exchange. Out-of-state trips and international exchanges have been highly educational for hundreds of young people in 4-H. The 4-H program began to extend into urban areas in the 1950s. Later, the primary 4-H focus became the personal growth of the member. Life skills development is built into 4-H projects, activities, and events to help participants become contributing, productive, self-directed members of society. The organizational coordination changed in the 1960's, combining 4-H groups divided by gender or race into a single integrated program.

Today, after 100 years, 4-H is the most extensive out-of-school youth program in the US - both in rural and urban areas. It offers youth opportunities in communications, leadership, career development, animal and plant science, home improvement, technology, and much more to nearly seven million American youth. The program promotes life skills development through several delivery modes: 4-H community clubs, special interest groups, EFNEP (Expanded Food and Nutrition Education Program), nutrition programs, school enrichment, camping, and more. The 4-H program will continue to grow and develop with the head, heart, hands, and health of youth.



## MEMBERSHIP POLICIES

Youth who are **five through seven years of age, on or before September 1** of the current 4-H year, may enroll in 4-H Cloverbud groups.

Youth who are **eight years of age and have not reached their nineteenth birthday on or before September 1** may enroll in 4-H clubs.

A youth who enrolls in a Monroe County 4-H club must:

- **Attend at least four meetings of the club they are enrolled in** to be called a 4-H member. Youth that do not comply are not eligible to participate in 4-H exhibitions, receive 4-H premiums, or other 4-H awards and recognitions available to 4-H members. (College students can be enrolled when they live away from home and should make efforts to attend meetings when they are home on breaks or virtually.)
- **Present a talk or demonstration at a club meeting during the project year.**
- Complete enrollment by **January 1 to exhibit projects at 4-H shows.** Youth may enroll after this date but are not eligible to exhibit projects at shows. Projects can be added up to this deadline, but the addition of projects is not accepted online after this date (except for SPIN Clubs).
- **Volunteer for at least 2 hours** in the 4-H Concession Stand at the Monroe County Fair or an alternative approved Extension volunteer project. Those that cannot volunteer are responsible for the **\$20 fee** required for all youth enrolled in the Illinois 4-H program. \*Some Special Interest Clubs are subject to fees.

\*\*Those exhibiting Livestock are subject to additional regulations. Please see page 8.



## JOINING A 4-H CLUB

**The 4-H year starts on September 1 and ends on August 31.**

To exhibit a project in 4-H Shows, a member must be enrolled by **January 1**. (Special Interest (SPIN) Clubs may have different deadlines).

4-H Enrollment is completed through ZSuite: <https://4h.zsuite.org>.

To enroll, please follow the instructions provided here:

<https://4h.extension.illinois.edu/participate/joinrenewal>

Projects can be added until the January 1 deadline, but additional projects are not accepted online after this date.

New members may enroll anytime during the 4-H year; however, doing so will not allow for eligibility to exhibit a 4-H project.

As workshops, classes, livestock tattooing, and other opportunities are planned, correspondence is sent to those enrolled in the corresponding projects. It would be to your advantage to enroll sooner rather than later. The sooner you enroll, the sooner you will receive your project book(s), the 4-H newsletter, and any correspondence relating to your project.

Do not enroll online until you have settled on a club you would like to join. A list of Community and SPIN Clubs can be found here:

<https://extension.illinois.edu/mms/4-h-monroe-county>

Please contact the Extension office to find out how to visit clubs to see which one(s) will fit your interests.

**4-H Community Clubs** meet monthly, and members are required to attend at least four meetings per year and choose at least one project listed in the Illinois [4-H Project Guide](#). The project(s) that you choose should be exhibited at a 4-H Show.

**Special Interest (SPIN) Clubs** such as Shooting Sports, Robotics, etc. meetings vary depending on the time of the year. The leader will work with families to inform them of meeting dates/locations. Please contact any of these club leaders listed if you would like more information about their club or to attend one of their meetings.

Members who belong to clubs in more than one county must decide which county they will exhibit their projects in and collect premiums and other awards.



## ENROLLMENT GUIDELINES

- Members must enroll each year. Just because you were in 4-H last year doesn't mean we know that you plan to enroll in 4-H again this year or which projects you would like to take.
- At the beginning of the 4-H year, leaders will distribute an Illinois 4-H Project Guide for 4-H members to review and select a project(s).
- A copy of the current/previous years' Show book:  
<https://go.illinois.edu/MonroeShowbook-General>  
will give you an idea of what the specific exhibit requirements will be for shows.
- 4-H members should **enroll in ONE learning level per project area**.
- Members should remain in a project learning level for two to three years (depending on age) before moving to the next level. If a member enrolls in the same project for more than one year, a new project book is not needed. Exceptions may be when new books are printed.
- Please follow the directions provided by the Extension office to request **project books**.
- Project books will be available after enrollment is completed and a request for books is made. Please be patient as they may take a month to receive.
- Members are provided up to **THREE project books free of charge** (through funds generated through Mo. Co. Extension & 4-H Edu. Foundation fundraisers). **After the third book, members will be responsible for purchasing**. Please bring unused back to the office when possible.
- All NEW members are required to complete an Emergency Medical Form at the beginning of the 4-H year and give to their 4-H leader.  
Returning members should let their leader know of any changes in medical information (i.e. allergies).



## PROJECT SELECTION

All 4-H members are required to enroll in at least one project each year.

Often, 4-H members will select more than one project area to work on throughout the 4-H year.

Project selection is very important to members, parents, and leaders.

Thought and consideration are needed during project selection.

Various factors should be considered which can lead to a successfully completed 4-H project.

Young people vary in their individual capacities, interests, needs and environment. When a member selects a project that meets his interests and needs, he has a better chance to enjoy a satisfying, useful experience in 4-H.

Consider the following factors when selecting projects:

- **What are your interests?**
- **Do you have or can you get the necessary equipment?**
- **Are your parents interested enough to help you fit the project into your family plans?**
  - **What previous project experience have you had?**
  - **Have you considered the costs involved in the project?**
  - **Is there an adult that can assist you with this project?**
- **All livestock projects have specific dates on which the animal must be in the member's possession. Are you able to meet these deadlines?**
- **Project requirements, judging, and exhibiting requirements differ with each project. Leaders, members, and parents should review them.**

The Illinois 4-H Project Guide is the complete listing of projects offered on the state level. The suggested ages in the Illinois 4-H Project Guide are just that - suggested. Choose the project level that best matches your knowledge and skill in that area. If a project has multiple levels (example: Photography I, II and III) you can be enrolled in the same project level for more than one year, but not more than one project level.

If you still need ideas on what project(s) to enroll in, please review project "Spark Sheets" to get an idea of what each project entails:  
<https://4h.extension.illinois.edu/project-spark-sheets>



## 4-H SHOWS

There are several 4-H Shows held during the summer months for 4-H members to exhibit what they have learned about in their project areas:

**Public Presentations Show, Horse Show, Show-A-Rama, and County Fair.**

A 4-H Show is the highlight of the year for many members. This is the opportunity for members to have their 4-H projects judged and put on display for the public to view.

### GUIDELINES

- All exhibitors must be currently enrolled in the project they are exhibiting.

4-H members are responsible for exhibiting ALL of the projects in which they are enrolled.

- All exhibits must be products of the current 4-H year, excluding livestock.

### PROJECT REGISTRATION

All projects that a member wishes to exhibit in a Show should be registered in the Fair Entry system: <https://fairentry.com> prior to the Show. Registration details will be provided in the 4-H Newsletter and by 4-H Staff.

### WHAT DO I BRING TO THE SHOW?

The 4-H Showbook contains all the policies and procedures for the shows. It is very important to read and follow the rules. Read the General Rules and Livestock Health Requirements carefully. Then read the specific requirements for your project area. Some projects require a written report in addition to the display. If you have questions, contact your leader or the Extension office for help.

### HOW IS MY PROJECT JUDGED?

Judging is a learning experience from which you can learn what you did well and how you can improve in the future. An exhibit does not measure all that you have learned, but it is an example of what you have done. During conference judging, the judge will encourage you to talk about your project exhibit. You will be asked some questions about your exhibit, so you should be prepared to explain what you were trying to do in your project and what you did to make the exhibit. The interview will last approximately three to five minutes.



### WHAT ARE THE JUDGES LOOKING FOR?

The exhibitor's goals: What was your goal for the project? How did you work toward your goal? What important things did you learn?

Requirements for the project are met to the best of the exhibitor's abilities. Evidence of learning, workmanship, techniques, appearance, and design.

### WHAT DO RIBBON COLORS MEAN?

Illinois 4-H uses the Danish system of judging—rather than competing against someone else, youth challenge themselves to create exhibits that represent their best.

- **Blue:** Exhibit meets all requirements well.
- **Red:** The exhibit meets some requirements well, but could use improvement on other requirements.
- **White:** The exhibit needs improvement on many requirements or is missing information critical to the evaluation of the exhibit.
- **Purple:** If a purple ribbon is awarded at a show (excluding livestock), it means the exhibit is one of the best of the blues and has been selected to **advance for exhibition** at the **Illinois State Fair**.
- **Pink:** If a pink ribbon is awarded at a show (excluding livestock), it means the exhibit is one of the best of the blues and has been selected as an **alternate** to advance for exhibition at the **Illinois State Fair**.

### WHAT ARE PREMIUMS?

Members receive premiums (monetary awards) as an incentive to do well on their projects. Premiums are based on the color of the ribbon awarded to the project. Premiums in Illinois are paid through the Agricultural Premium Fund, authorized under the Agricultural Fair Act and administered by the Bureau of County Fairs, State of Illinois Department of Agriculture. The Illinois legislature must approve the Ag Premium Fund each year. The amount of funds provided to the county to pay premiums is based on the previous year's 4-H club enrollment. "County Projects" are not eligible for premiums through the Agricultural Premium Funds, and are therefore paid with local funds. Premium checks are mailed to members after funds have been received by the Extension office. Premium checks must be cashed in a timely manner – checks are good for only 60 days and are not reissued.

*The Department of Agriculture shall use its best efforts to secure sufficient appropriations to fund premiums. In any year for which the General Assembly of the State of Illinois fails to make an appropriation sufficient to pay such premiums, premium amounts may not be funded as in previous years.*



**TIPS FOR 4-H JUDGING**

Be well groomed. That includes clean hands, hair, and fingernails.

Don't chew gum.

Use good posture. Sit/stand straight and tall.

Be polite and use your best manners.

Be prepared to talk about your project. Know what you did, how you did it, what you learned, and what you might do the next time differently.

When answering the judge's questions, speak clearly and loud enough for the judge to hear your answers.

During the interview, look at the judge. Give him/her your full attention. Don't be distracted by other people or noises around you.

Thank the judge when the interview is finished. Remember, the real purpose of judging is sharing and learning.

Be pleasant and confident. Smile! Be enthusiastic!

**WHAT HAPPENS IF I CAN'T COME TO PROJECT JUDGING?**

Because the 4-H ribbon awarded to an exhibitor is based on both the exhibit (poster, display, etc.) and the knowledge of the exhibitor (interview with the judge), exhibitors must be present at the time of conference judging. Make-up judging will not be scheduled for exhibitors.

**4-H members are required to be present during a county 4-H show in order to be eligible for State Fair.**

4-H members who cannot be present for the 4-H show are still encouraged to exhibit their project at the 4-H show, however, the exhibit MUST be accompanied by a filled-out report found on our website:

<https://go.illinois.edu/AbsentForm>

Absent 4-H exhibitors in livestock projects are exempt from such a report.

4-H members must follow the project requirements as stated in the 4-H Showbook in order to be eligible for State Fair.

Remember, exhibiting at the 4-H Show is just a part of completing your project.

Hopefully, you have been working on activities throughout the year to learn about the subject you selected. You can still "complete" your project by showing your exhibit to club members at a meeting or club tour. Not being able to exhibit at the 4-H Show does not mean that you did a lot of work for nothing - you should have learned a great deal along the way and hopefully had fun while doing it. You may also have a new rocket to play with, a new piece of art for your room or new fishing lures to use.



## LIVESTOCK PROJECT/SHOW REQUIREMENTS

Members planning to exhibit livestock at a 4-H show must complete their 4-H enrollment form by **January 1**.

**Livestock ownership dates and policies** will be printed in the 4-H newsletter and found on our website: <https://extension.illinois.edu/mms/4-h-monroe-county>

**Livestock health requirements** for the 4-H Fair are found here:

<https://go.illinois.edu/LivestockHealthRequirements>  
and [Monroe County Fair book](#).

Read carefully and plan appointments with your vet accordingly. Many species require a certificate of veterinary inspection for entry into the fair.

Quality Assurance & Ethics Certification (QAEC) – Members exhibiting **horses, rabbits, poultry, dogs, and cats** (including poster projects) at the Monroe County 4-H Shows or the Illinois State Fair are required to complete Quality Assurance and Ethics training. Participants are required to only take the training once in their 4-H career. Training is done via the Quality Assurance & Ethics website at:

<https://web.extension.illinois.edu/qaec/>  
Training must be completed on May 1 of the 4-H year.

Youth for the Quality Care of Animals (YQCA) – Members exhibiting **beef, dairy, goat, poultry, rabbit, sheep, and/or swine** at County, State, or National livestock shows are required to take the YQCA training either with a Veterinarian or online at:

<https://yqcaprogram.org>

Training must be completed on May 1 of each year that member is enrolled in one of the above-listed projects.

4-H members should have **4-H Livestock Record Books** up-to-date and show their in-progress records to their 4-H Club Leader by their May, June, or July club meeting; prior to the Fair. Records should be completed by September 15 and turned in to the Monroe Co. Extension office for evaluation.

All projects a member wishes to exhibit should be registered in the Fair Entry system: <https://fairentry.com> OR turned in to Extension staff by June 30. Registration details will be provided in the 4-H Newsletter and by 4-H Staff.

4-H entries are **separate** from Open/Junior entries. Open, and Junior entry forms and rules are obtained from the [Monroe County Fair book](#) or website.

**\*Open and Junior exhibiting rules may differ from 4-H exhibiting rules in regards to residential requirements. Please see Monroe County Fair book or website for details.**



4-H members are eligible to exhibit 2 entries per 4-H class number. It is important to indicate each entry on the livestock entry form.

ALL cattle, hogs, sheep, poultry, rabbits, goats, and horses shown in the agriculture department are subject to the same health regulations as stated for Open Classes in the Monroe County Fair Paper. Health papers should be provided to your Superintendent upon arrival.

All 4-H members must follow the health guidelines of the Illinois Department of Agriculture Bureau of Animal Health and Welfare when exhibiting any livestock at county and state fairs in Illinois. Those guidelines are updated annually. The guidelines can be found online @ <https://go.illinois.edu/LivestockHealthRequirements>.

4. Exhibitors should refer to the Monroe County Fair Book for livestock information about the dates and times of entry and removal of livestock from the fairgrounds.

If a 4-H or Junior exhibitor has 2 entries in any class, they are responsible for recruiting the help of another 4-H or Junior age exhibitor.

Only the judge, competing 4-H members, and 4-H superintendents are permitted in the show ring during livestock show days.

4-H and FFA exhibitors are encouraged to display a sign with their name and 4-H Club and/or FFA Chapter to be placed near their animal.

Exhibitors are encouraged to dress in neat and clean attire. Members should not wear business promotional clothing when exhibiting projects.

All 4-H members must abide by the general rules established by the Monroe Co. Fair Assoc. during the Monroe Co. Fair.

All cattle, swine, goats, sheep, poultry, rabbits, and horses show are subject to the same health regulations as stated for the Open Classes.

During the Monroe County Fair, all 4-H members must abide by the general rules established by the Fair Association.



**YOUTH LIVESTOCK AUCTION**

The Youth Livestock Auction is sponsored by the Monroe County Extension & 4-H Education Foundation. The auction is not a "4-H" event. The Foundation's Livestock Auction Committee, in collaboration with the Monroe County Fair Board, sets forth guidelines for selling livestock at the youth auction. These guidelines can be found in the Monroe County 4-H Fair Show book and the Monroe County Fair book.

**ILLINOIS STATE FAIR JUNIOR LIVESTOCK SHOWS**

4-H or FFA staff must approve online entries for Junior Livestock Exhibitors in order to exhibit.

4-H members must be in good standing and have met all member requirements for the current 4-H year in order for staff to sign these entry forms.

All animals must be registered in the name of the 4-H exhibitor only EXCEPT horses, which can be leased.



## 4-H CLUB MEETINGS

### WHY CONDUCT CLUB MEETINGS?

The purpose of 4-H meetings is to help members:

- Acquire new information
- Learn creative use of leisure time
- Develop social skills
- Acquire desirable leadership and citizenship traits
- Understand how to conduct a business meeting

Members are given the opportunity to learn and practice decision-making in group situations by using the knowledge and skills acquired at these meetings.

Club members are expected to attend the club meetings on a regular basis.

Parents are encouraged to attend 4-H Club meetings with their 4-H'ers.

The 4-H program is a family affair.

### HOW OFTEN DO CLUBS MEET?

Clubs are required to meet *at least* six times each year, however, most clubs meet monthly for business meetings, educational programs, or fun activities. Clubs are free to establish their own schedule based on what works best for the membership. Most clubs set a regular meeting night, such as the 2nd Tuesday of the month.

\*Special Interest (SPIN Clubs) may have very different schedules; i.e. meeting 2x/a month, meeting only 4 months out of the year, etc.

### WHAT IS A CLUB MEETING LIKE?

The 4-H meeting is balanced between business, educational program and recreation. Meetings normally don't last over one to one and a half hours with time divided between the three parts.

### WHAT IS THE BUSINESS SESSION LIKE?

The business portion of the meeting should be short and snappy. It should be a small democracy in action. Members have the opportunity to discuss and decide on club activities. This is also an opportunity to find out what is happening on the county and state levels.

### WHAT IS AN EDUCATIONAL PROGRAM?

This part of the club meeting program is designed to help members learn more about the subjects of general interest in the 4-H program. 4-H teaching is unique—it is “learning by doing”. Good 4-H teaching employs seeing, hearing, and doing. Generally the educational program will include talks and demonstrations by the 4-H'ers. Outside speakers may present programs for 4-H meetings as well.



### DEMONSTRATIONS

Demonstrations are “show and tell” type presentations where the 4-H’ers share some of the fun things they’ve learned in their 4-H projects. Actual articles are used to show the steps necessary for a finished product. Most demonstrations consist of three parts:

- 1) introduction explains the purpose of the demonstration;
- 2) body outlines the process step-by-step; and
- 3) summary reviews important points and gives opportunities for questions.

### ILLUSTRATED TALKS

Illustrated talks differ from demonstrations in that they tell how rather than show how. Charts, models, and other visuals are important for illustrated talks.

**Demonstrations and Talks should follow this basic guideline of time-based by age:**

- **8-11: 1-2 minutes**
- **12-15: 3-4 minutes**
- **16-19: 5-6 minutes**

### RECREATION AND REFRESHMENTS

The recreation portion of the meeting is a fun time involving all members. The recreation will vary from challenges, relays, guessing games, table games or other group activities.

Many clubs serve refreshments at meetings, although it is not essential. Most often, different members host each meeting. The learning experience for the members to select, prepare, and serve refreshments is the prime concern. Club members should learn how to select simple, nutritious, and inexpensive refreshments. Parents can and should help by giving suggestions and guidance



## 4-H MEMBER EXPECTATIONS

It is the responsibility of the 4-H member to get involved and to take advantage of the opportunities provided in 4-H. Some things members should do:

Select a 4-H project(s) with the help of parents or leaders.

Read the 4-H project book and do the activities in the book.

Attend a minimum of 4 meetings per year and participate in 4-H club meetings and activities.

Conduct a talk or demonstration about your 4-H project OR a topic of interest.

Attend and participate in county, district, and state activities, workshops, and programs when possible.

Help plan and support 4-H club activities – community service, fundraising, etc.

Read the 4-H-related emails with parents/guardians. The 4-H Newsletter is a great resource with upcoming events and past highlights. It is distributed by email and posted to the county website at  
<https://extension.illinois.edu/mms/4-h-monroe-county>.

If a family does not have access to email, they will receive a printed copy in the mail. If you haven't been receiving your newsletter, please call the Extension office.

Keep a current and up-to-date 4-H calendar of meetings and activities.

Serve as an officer of the club or on a committee when asked.

Take an active part in the 4-H club meeting.

Keep parents/guardians informed about 4-H club meetings, projects, and activities.

Complete at least one Monroe County 4-H Award Application by September 15:  
[https://go.illinois.edu/Monroe\\_AwardApp](https://go.illinois.edu/Monroe_AwardApp)



## 4-H BEHAVIOR GUIDELINES

All youth who participate in Illinois 4-H Youth Development programs, which are planned, conducted, and supervised by University of Illinois Extension, are responsible for their own conduct. Youth participating in 4-H programs are expected to demonstrate the character traits of trustworthiness, respect, responsibility, fairness, caring, and citizenship. Specifically, 4-H youth are expected to abide by the following behavior guidelines:

1. Be courteous and respect others.
2. Obey all the laws of the locality, state, and nation and University of Illinois and Extension policies and guidelines, as well as 4-H Program Guidelines and those of the local club/group.
3. Treat all people fairly and animals humanely.
4. Respect the property of others.
5. Respect the authority of adult or youth volunteers, paid Extension staff, and others in leadership roles.
6. Use appropriate language and wear acceptable clothing at 4-H activities and events.
7. Show kindness to others and give assistance when needed.
8. Be honest and honor commitments.
9. Strive for personal best and keep trying to improve.
10. Accept responsibility for personal choices.



## WHAT CAN PARENTS DO TO HELP?

1. Take time to learn about 4-H, what it stands for and how it operates.
2. Advise your son or daughter in selecting their 4-H projects. Help them select a project they are interested in, a project they have the ability to accomplish, and one for which you can furnish facilities, financing, needed materials, and guidance.
3. Show your interest and enthusiasm for the 4-H projects selected. Find out what is suggested for the members to do and learn.
4. Encourage your child to get started and then complete the work.
5. Resist doing your child's project for them even though you may be able to do it faster, better, simpler, and with much less mess.
6. Keep the purpose of the 4-H program in perspective. Realize that the project is a teaching tool and a method for involving boys and girls in a worthwhile activity. Above all, remember that your child is more important than the 4-H project. This is great bonding time.
7. Remember that the 4-H experience should be an educational one. Don't let the desire to win overpower your child's ability to learn.
8. Encourage your 4-H'er when they succeed and even more when they fail.
  9. Offer to help the 4-H club leader.
10. Encourage your child to keep track of work done in 4-H. This information will be helpful if the member seeks awards in 4-H or outside of 4-H (college applications, scholarships).
11. Avoid scheduling other activities that conflict with your child's 4-H schedule when possible.
12. Remember that the 4-H member is more important than the 4-H project.
13. Be tactful with 4-H leaders, staff, judges, and your child.
14. ASK QUESTIONS!



## ANNUAL CALENDAR

The 4-H Newsletter is distributed monthly.

This listing of events is a guideline. The most current calendar is published in each newsletter. Be sure to check for dates of upcoming events!

### **September**

New 4-H Year Begins  
Award Applications Due  
Livestock Record Books Due

### **October**

Online enrollment opens  
Fall Leader's Meeting  
National 4-H Week

### **November**

Achievement Program

### **January**

Enrollment must be completed  
to exhibit in a project show  
New Member Workshop

### **February**

Steer Weigh-in & Tattooing

### **March**

Baebler Educational Farm garden  
clean up day

### **April**

Public Presentations Show  
Spring Leader's Meeting

### **May**

Deadline for QAEC & YQCA trainings  
Lamb/Goat Weigh-in & Tattooing  
County 4-H Horse Show

### **June**

Food Demonstration Show  
Show-A-Rama (general projects)

### **July**

State Fair Livestock Entries Due  
Monroe County Fair  
State Junior Horse Show

### **August**

Illinois State Fair & Jr. Livestock Shows  
End of 4-H Year



## WHERE TO GO FOR QUESTIONS

### University of Illinois Extension – Monroe County

Monday – Friday 8 a.m. to noon and 1 p.m. to 4:30 p.m.

**Address:** 901 Illinois Ave, P.O. Box 117, Waterloo, IL 62298

**Phone:** (618)939-3434

**E-mail:** uie-mms@illinois.edu

**Facebook:** University of Illinois Extension: Monroe County 4-H

**Website:** <https://extension.illinois.edu/mms>

### Monroe County 4-H Staff

William Catalano, County Director

Emily Reece, 4-H Youth Development Educator

Kelly Brandt, 4-H Program Coordinator

Sue Scheibe, Office Support Associate

D'Angelo Young, Office Support Assistant

Your 4-H Club Leader(s) Other Parents

Monroe County 4-H Newsletter

Monroe County 4-H Show book

**Illinois 4-H** <https://4h.extension.illinois.edu/>

**Illinois State Fair** [www.state.il.us/fair](http://www.state.il.us/fair)

**National 4-H Council** <https://4-h.org/>



COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

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UNIVERSITY OF ILLINOIS EXTENSION PROVIDES EQUAL OPPORTUNITIES IN PROGRAMS AND EMPLOYMENT. IF

YOU NEED A REASONABLE ACCOMMODATION TO ATTEND, CALL THE REGISTRATION OFFICE.

