

Senior Project Award Form

SENIOR FORM for 4-H members ages 14-18. Fill out a project report form for EACH livestock and general project you are enrolled in. This form is used to report one year's worth of 4-H project work. Please refer to the Guide to 4-H Project Recognition for help.

This Record Belongs to: _____ Year: _____

4-H Club: _____ Age (Sept. 1 of previous year): _____

My Project is: _____ Years in project: _____ Years in 4-H: _____

Project Goals

Identify at least 3 project goals of all types, i.e. learning goals, leadership goals, and citizenship goals.

Goals should answer: What is the goal? AND who is going to help me? **Example: Goal 1) Learn the sections of My Plate with help from my mom. Goal 2) Learn to make no-bake cookies with help from my Dad. Goal 3) Learn to use the over properly with help from my parents.**

Project Presentations & Communications

Include all project-related communications, such as demonstrations, talks, newspaper articles, social media, digital media, blogs, YouTube videos, etc. Include the date, type and topic, and the location

Example: Gave a presentation to my club on My Plate and how to eat a balanced meal at the November Club meeting.

Project Learning Experiences

Include project meetings/workshops, field trips, at-home project work, self-guided study, and any other learning experiences related to your project. L (Local/Club), C/U (County or Unit), R (Regional, more than one county/unit), S (State), M (Multi-State), N (National), I (International). List should include what you did, what you learned and the level of participation. **Example: Attend a cooking workshop. I learned how to use kitchen utensils properly. C/U**

Project Exhibits & Showcase Opportunities

Include project-related exhibits, entries, and displays. May include 4-H events and non-4-H events such as school or community showcases. List what you exhibited, where you exhibited, and the result. **Example: Chocolate No Bake Cookies at the Wayne County Fair, Blue Ribbon**

Leadership

Include all 4-H committees, action teams, offices and anything leadership. Leadership is teaching another person or a group skills or information and includes organizing or coordinating an activity. List what you did. **Example: Club Snack Committee**

Project Citizenship/Community Engagement

Citizenship/Community Engagement means helping out in your community and serving others without compensation. Include all 4-H citizenship activities. List what you did. ***Example: Provided cookies for the Humane Society Bake Sale***

Project Finances

Document all financial transactions related to the 4-H project. Income is all the money you receive from the sale of services, products, and premiums. Expenses are all the items you paid to support the project. List the Income or Expenses. ***Example: Purchased supplies for No-Bake Cookies: \$25. Premium from Wayne County Fair \$5.***

Project Reflection

In the space provided below, using proper spelling, grammar, and punctuation, please write no more than 3 pages reflecting on the project goals you set, and your project work this past 4-H year.

Some guiding questions may include:

- What did you accomplish related to this project?
- How did you overcome challenges?
- What did you learn/how did you grow in skills and knowledge related to this project area?
- How do these skills apply to other areas of your life?
- What are your future goals related to this project and your educational/career aspirations?

Project Reflection Continued

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Project Learning Photos

Include photos with captions that illustrate the project's learning experiences. *Limit 8 Photos*

Project Learning Photos Continued



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