2017 Impact Report
UNIVERSITY OF ILLINOIS EXTENSION
SERVING EDWARDS, LAWRENCE, RICHLAND, WABASH, & WAYNE COUNTIES

ILLINOIS Extension
COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES
Welcome new County Director Morgan Newell

Starting with U of I Extension in November 2017, I feel very privileged to serve as County Director for Unit #25. University of Illinois Extension has had a great history of success, and 2017 was no exception. As we reflect on this past year, we are encouraged by the number of people served in the Edwards-Lawrence-Richland-Wabash-Wayne Unit.

Our commitment remains strong to bring you relevant, reliable and responsive education to improve lives and local economies. We are thankful for strong local support from County Boards as well as county Farm Bureaus, 4-H & Extension Foundations, Home & Community Education Associations, townships, and individual and business contributions. Additional sources of important revenue come from Federal, State, other grant funds.

University of Illinois Extension has adapted to local needs for more than 100 years and we will continue to serve our local communities for many years to come. University of Illinois Extension is part of the solution to the challenges we face in Illinois and we are looking forward to solving those challenges with our local partners.

It is my pleasure to present this brief impact report of the Edwards-Lawrence-Richland-Wabash-Wayne Unit efforts. The accomplishments provided in the following report were made possible by the investments of our supporters through financial contributions and time spent volunteering within the community.

I am proud to serve as the County Director in the Edwards-Lawrence-Richland-Wabash-Wayne Unit. I invite you to share your thoughts and ideas as we work to serve the educational needs of our counties in the coming year.

Sincerely,

Morgan Newell
County Extension Director
mlnewell@illinois.edu
From the mouths of the future...

This is Michael, a return student in my Allendale IJC cooking classes. Each year on the first day of cooking school we learn how to wash hands properly to stop the spread of germs and the importance of handwashing when cooking.

Michael is also a member of the Wabash County 4-H Clover Buds and I was the judge for the Clover Buds at the 4-H fair this year. When I read the first instruction "wash my hands" on the recipe card that accompanied his project for this year (green crispy rice treats) I said "Oh Michael, it makes me so happy to see that washing your hands before you begin cooking is important to you; because you know how important it is to me!" He smiled bashfully and said "yea, I know."

Inspiring all ages...

This adult had participated at an Activity Station titled "Build A Better Breakfast" that offered a taste test of "Breakfast Tortilla Fruit Rollups" a few months prior. She shared that she appreciated the opportunity to taste it and that she was impressed with the taste and simplicity of the recipe. She also shared that her husband does not like to try new foods; however, she convinced him to taste it at home and he likes it too. She was excited to tell me that they have added this recipe to their breakfast rotation and it is now a staple breakfast meal in their home. She also expressed her appreciation for the work I do with helping people learn how to eat healthier along with the recipes and taste tests.

This is a student from one of the It's Fun to Be Healthy classes. At a previous lesson we had learned about milk, yogurt, & cheese and the students had been given the opportunity to taste string cheese. This young lady was excited to tell us that she had never tasted string cheese before she ate it at school, but that she really liked it. She also told us that she had shown it to her mom in the store and now her mom and grandma keep string cheese in the refrigerator so it is available for them and her to snack on.
SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM EDUCATION (SNAP-Education)
SNAP-Education works with limited-resource audiences to make healthier choices where they eat, shop, live, play and learn in their communities. Through classes and workshops, and by working towards policy, systems, and environmental changes, SNAP-Education positively impacts the nutrition and activity choices of people and communities we serve.

Serving Local Residents

- **3,678** Total SNAP-Ed Participants
- **1,026 (28%)** Adults
- **2,652 (72%)** Youth
- **69 (2%)** Participants Who Identified as Hispanic

**RACE OF PARTICIPANTS**

- **97%** White (3,565)
- **2%** Black (74)
- **1%** American Indian or Alaska Native, Asian, or Native Hawaiian or Pacific Islander (39)

**Our Partners**

- **4** K-12 Schools
- **6** Youth Centers
- **11** Early Childhood Centers
- **6** Food Pantries and Food Banks

**10** Community Centers
**4** Stores or Markets
**Illinois 4-H**
Illinois 4-H is empowering and preparing Illinois youth for success by providing opportunities where they learn, practice, and demonstrate skills needed for home, career, and global citizenship.

**ENHANCING LEADERSHIP**
4-H teens are confident in their ability to impact and influence others.
- 100% of teens trained in Speaking for Illinois 4-H believe their 4-H story can make a difference.
- 100% of teens attending the Teen Leadership Conference use their skills in other aspects of life.

**INCREASING FOOD ACCESS**
4-H Hunger Ambassadors determine & address hunger needs in their communities.
- 1 million meals, paid for, packaged, and delivered
- 41,236 volunteer hours addressing hunger issues
- 21,804# of vegetables donated, worth $37,428

**INSPIRING INNOVATION**
4-H members do hands-on science activities that lead to discovery and knowledge.
- 90% of 4-H members say they are good at science.
- 91% of 4-H members believe science is useful for solving everyday problems.

**DEVELOPING WORKPLACE SKILLS**
4-H creates pathways to success.
- 96% 4-H teens believe 4-H helps them build skills needed for future jobs and careers.
- 76% 4-H teens say they were deeply influenced by 4-H adult volunteers who helped them identify their strengths.
Lawrence County
Lawrence County 3rd graders enjoyed learning about wheat and pumpkins from local high school students Jodie Brian and Emma Stanescu. Jodie is a member of the Trailblazers Horse and Pony 4-H Club in Lawrence County; she educated the youth on wheat and created a William the Wheat Head that each student got to take home. Emma is a member of the Show and Grow 4-H in Lawrence County; she taught the students about pumpkins and made pumpkin pie in a bag with them.

The University of Illinois Extension, Lawrence County office, collaborated with the Lawrence County Farm Bureau office to bring Ag in the Classroom curriculum to Lawrence County classrooms through Teens as Teachers. Teens as Teachers is a program provided by the University of Illinois Extension, which allows youth the opportunity to teach and excel in a leadership role.

Lawrence County Teens as Teachers reached 137 students in eight classrooms during the months of November and December. “It is a great opportunity not only for our Teens as Teachers, but the youth of Lawrence County get the chance to learn about agriculture in fun and exciting ways”, commented Samantha Gaither Lawrence County 4-H Program Coordinator.

Richland County
The Richland County Teen Teacher Hayley Pitts and Ethan Steber have been teaching the Richland County Elementary students about many different topics within agriculture. The Teen Teacher will see around 20 different students the six different times they go in to teach a lesson. Specifically, they teach the kids about where the many different products come from when making pizza. The Teen Teacher program is a great way for the Teen Teachers to learn along with the youth about their local Agriculture.

Wayne County
Wayne County had six teens who participated in the Teen Teacher program in 2017. The six teens, along with the 4-H Program Coordinator, Yvette Anderson, visited 18 different 2nd and 3rd grade classrooms in six different schools in Wayne County. The school that allowed our teens to experience teaching in a classroom setting was New Hope, Wayne City, Johnsonville, Northside, Geff and Japer. During each class session, the teens taught about wheat and dairy. They incorporated their wheat lesson into different kinds of crackers and during their dairy lesson, they had the 2nd and 3rd graders make butter. When they concluded their lesson, the youth were able to enjoy a snack of butter and crackers.
Hello, my name is Kaleb Hemrich and I am the current President of the Southern Smilers 4-H Club. This past year I had the opportunity to serve on a committee called the Teen Leadership planning committee, but before I talk about that let me tell you some things about me. I am involved in many different activities such as FFA, FBLA and Federation. But the one that I am involved in the most is 4-H. In 4-H I compete in many different project areas such as photography and visual arts. I have competed at state with photography and won. I also show a diversity of livestock, such as sheep, poultry and rabbits. I have won overall show with my market ewe and best in show with one of my ducks. Now that I have told you a little bit about me, I will explain what we did on this planning committee. During my time on this committee, I met with four other 4-H members and a few adults who I never met before. We met in Urbana-Champaign, IL in August and discussed a few ideas what we were going to do at his conference. After we all disbanded, we continued to have meetings each month over the phone and continued to contribute ideas. Finally in January the conference rolled around, and at this conference we introduced many guest speakers, assisted workshop leaders, and led a few fun activities at the end such as scavenger hunt and lip sync battle. At the very end, our goal was to hope that someone would go back to their hometown and be a leader in the community.

Hallie Anderson is a ten–year 4-H member of the Wayne City 4-H Club in Wayne County. She is the daughter of Jeremy and Yvette Anderson.

Hallie served as the 4-H Federation president for 6 years and during that time, she served her county by leading, organizing, and participating in various community service and leadership opportunities and attending leadership conferences to help her gain more leadership skills. During Hallie’s 4-H career, she took general projects in public speaking, cooking, photography, visual arts, horticulture, citizenship, tractor, veterinary science, and livestock projects of beef, rabbits and poultry. Although Hallie loved all of her projects, she found her true passion for beef and the livestock industry due to her many years of 4-H and traveling from show to show with her cattle. In 2017, Hallie was awarded the 4-H Premier LCP Award. The 4-H Premier LCP Award is sponsored for older 4-H members in Illinois. The purpose of the award is to reward members exhibiting outstanding leadership, citizenship, cooperation, and professionalism. One of the awards Hallie received was the opportunity to attend an all-expense paid trip to the Illinois Farm Bureau & Affiliates two–day Premier 20 Leadership Conference in Bloomington, Illinois. Only the top 10 4-H members in the State of Illinois is selected for this opportunity. Needless to say, the Wayne County Extension office is please with her 4-H commitment and we wish Hallie the best of luck in all of her endeavors.

Hallie is currently attending Kansas State University as an Animal Science major focusing on veterinary medicine.
4-H Programs

Lawrence

Eight Cloverbuds attended a hands-on workshop where they made a greenhouse out of egg cartons and planted pumpkin seeds in it.

8 Community Clubs  28 Volunteer Leaders
3 Cloverbud Clubs  24 Shooting Sports
11 Unit Livestock Judging Team  180 4-H Members in Community Clubs

RED HILL 4-H STEAM CLUB

Red Hill School District held a Tech Night for all of their Kindergarten through 6th grade and invited the Lawrence County 4-H to participate. Over 200 youth come to this event and experienced some type of technology. The district’s technology teacher reached out to the Lawrence County 4-H after seeing a need in her district to expand her teachings to an afterschool program. Red Hill School District has now partnered with Lawrence County 4-H to bring the afterschool program of hands-on STEAM activities to youth in 3rd through 6th grade. Twenty-five students are attending the monthly hands-on activities with Makey Makey’s, Dash and Dot Robots, and computer coding.

Richland

In 2016, Richland County participated in the Birthday Bag campaign that was put on by the State of Illinois. The bags that were put together by the kids were donated to The Masterhands. The kids that put the Birthday Bags together decided to start a Community Service Workshop Planning Committee. They meet every month and plan a Community Service project for the Richland County 4-H. Along with the Community Service Committee the Federation kids decided once a month that they would go to The Masterhands to help repackage, put food on shelves, and help unload trucks.

Edwards

Edwards County has 6 active clubs and we are proud of all that they do! To have a successful 4-H club you must have good leaders who are willing to give of their time to support youth. Although we are a small county in Illinois, we have great leaders with over 150 members to date.

Each year rolls by and we can not thank the leaders of our 4-H clubs enough for all they do to make 4-H possible!! One might think that a leader just goes to the meetings with the kids and that is all. This is far from the truth.
**Wabash**
One of the goals of 4-H is to provide up-to-date programming in order to provide meaningful, relevant experiences. With the fast-paced changes that take place in the world of science and technology, it is important to help young people gain a greater understanding of the innovations around them. In order to work towards this goal, Wabash County 4-H implemented an afterschool activity at St. Mary’s School in Mt. Carmel, referred to as 4-H Afterschool Computer Tech Club. This activity helped to introduce the concepts of coding and circuitry to 4th–7th grade participants. Through the use of fun games and activities, the students were able to put these concepts into practice.

They incorporated their wheat lesson into different kinds of crackers and during their dairy lesson, they had the 2nd and 3rd graders make butter. When they concluded their lesson, the youth were able to enjoy a snack of butter and crackers.

**Wayne**
During the 2017 calendar year, Wayne County membership grew by 11 members, and we added 5 new volunteers to our team.

Wayne County had six teens who participated in the Teen Teacher program in 2017. The six teens, along with the 4-H Program Coordinator, Yvette Anderson, visited 18 different 2nd and 3rd grade classrooms in six different schools in Wayne County. The school that allowed our teens to experience teaching in a classroom setting was New Hope, Wayne City, Johnsonville, Northside, Geff and Japer. During each class session, the teens taught about wheat and dairy.

**4-H Community Service**

**VETERAN’S RECOGNITION**
Thirty Lawrence County youth recognized local veterans by placing 408 flags on veterans graves at the Bridgeport Cemetery over the Veteran’s Day weekend. Youth showed their pride again in December when 25 youth joined the Wreaths Across America and placed over 600 wreaths at both Bridgeport and Sumner’s Cemetery. Lawrence County youth not only learned compassion during these projects but at both events there were local war veterans that spoke to the kids about the importance of honoring the fall heroes and the living veterans.
RICHARD COUNTY CEO
19th - Planning Makes Perfect

Student Perspective By Kierstin Fulton:
This morning we welcomed University of Illinois Extension Educator Steve Groner to talk about business plans. We jumped right in with his handouts. We learned the reason to write a business plan, the mandatory content, financial reports, and other content that was required. Steve was very informative; I found all the information given very helpful. I think this will be beneficial to us for not only our Class Business, but also our Individual Business. He was to the point and clearly organized with the presentation and handouts. He taught me that we should be very blunt and to the point with a business plan, and I also learned how detailed they had to be. I could sit all day with him just because I found him very knowledgeable. All in all, I think this was a great way to end the week.

The three main hazards are:

- Possible poisoning from accidental ingestion, particularly among young children and pets, if medicines are thrown in the trash.
- Illegal use or theft, including identity theft, from discarded containers providing personal patient information.
- Contamination of water resources, which can result in reproductive and developmental problems in fish and other aquatic wildlife if medicines are flushed or placed in the trash.

The Community & Economic Development program has provided the medicine disposal boxes to four counties over the last three years. Each year the amount collected has increased for a total of over 1600 pounds collected in three years from local communities.
The Lawrence County Job Fair held at the 4-H County Fairground on Friday, April 28th was a new idea for the community. Businesses from the surrounding area set up to offer full-time, part-time, and seasonal positions to the area. Participants were pleased with the number of attendees and the information they learned about other local businesses.

A lot of valuable info presented in an easy-to-understand way. Steve Groner handled it smoothly. Thanks to Courtney Yockey for organizing this workshop to help us local biz people. Looking forward to the next workshop. – Doug Manley “Fix My Cell”

Big thank you to Courtney Yockey at RCDC and Steven Groner from University of Illinois for providing a wonderful presentation aimed at small businesses and start-ups here in Richland County. We appreciate your advice and your time. Looking forward to attending the next one! – Corey McDonald “Abascus Computer Solutions”
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