



★ ADVENTURES AWAIT! ★

Mar/April 2020

# Logan County 4-H Newsletter

## Spaghetti Meal THANKS! –

Thanks to all who attended the 4-H Foundation Spaghetti Meal fundraiser as well as all who worked in the kitchen, donated desserts & helped out at meal by greeting, dishwashing, or clearing tables and those who donated to or bid on silent auction items! Special thanks to THRIVENT FINANCIAL for advance financial support used to assist with purchasing spaghetti ingredients. **We raised over \$6000!!** All support is greatly appreciated!



## 4-H Alumni NEWS!



Logan 4-H Alumni held a Chocolate/Chili Cookoff and BINGO Event on January 26th. Congrats to Amanda Gray for receiving TOP Chili Award and Hannah Crider for receiving TOP Chocolate Award. Youth were also invited to participate and Rose Catterson was selected as TOP Youth Chili and Logan Catterson as TOP Youth Chocolate winner AND Crowd Favorite Chocolate winner. Trisha Tibbs was selected as Crowd Favorite Chili winner. **Our next 4-H Alumni Meeting will take place on Tuesday, May 26th from 6—7 pm**—please feel free to join us and help us continue to plan activities and events!

## 4-H Home & Family and Food, Nutrition & Health Shows – 2020 DATE!

### SATURDAY, August 1<sup>st</sup>, 2020!!

The Logan 4-H Home & Family Show (including Clothing, Interior Design, Childcare, Consumer Ed, Communication, Journalism, Creative Writing, and Family Heritage projects) will take place on Saturday, August 1<sup>st</sup> at 10 am at the Logan County Fairgrounds Special Events Building (south end of fairgrounds – Brown door building). All 4-H members exhibiting these projects should check in between 10 & 10:30 am with judging beginning at 10 am. Projects will be judged and stay on exhibit throughout the week of the Logan County Fair. (Must be picked up on Sunday, 8/9 from 12 pm – 2 pm!)

The Logan 4-H Food, Nutrition & Health Shows (including Cooking 101, 201, 301, 401, Food Science, Sport Nutrition, Food Preservation, Visual Arts/Food Decorating & Health projects) will take place on Saturday, August 1<sup>st</sup>, beginning at NOON at the Logan County Extension Office. All 4-H members exhibiting these projects should check in between Noon and 12:30 pm with judging beginning at Noon. When judging is completed, members will take projects to the Logan County Fairgrounds Special Event Buildings to stay on exhibit throughout the week of the Logan County Fair. (Must be picked up on Sunday, 8/9 from 12 pm – 2 pm!)

**I ILLINOIS**  
Extension



<http://web.extension.illinois.edu/lms/logan4h> [www.facebook.com/LMS.4H](http://www.facebook.com/LMS.4H)  
Logan County Extension Office • 980 N. Postville Dr. • Lincoln, IL 62656  
Phone: 217/732-8289 • Fax: 217/735-5837

## 4-H Foundation Scholarship Opportunity

Logan County 4-H Foundation will be awarding scholarships on a competitive basis to outstanding eligible 4-H'ers who will be pursuing an education at a college of his/her choice. The recipients must have been a 4-H member for at least 4 years, be accepted for enrollment or be enrolled at an accredited college, university, or community college as well as have submitted the Illinois 4-H Award Application/4-H Record for the previous 4-H year (2018-2019 – submitted in Sept. 2019) if a high school senior. Applications will be available at the Extension Office after March 1 and must be returned **by April 3, 2020**.

## Oral Communications Contest (4/18/2020)



This year's county contest will take place on **Saturday, April 18, 2020 beginning at 9:00 am (specific presentation times will be assigned)** in the Conference Room at the Extension Office.

Register online to participate at: <https://go.illinois.edu/loganspeaking> **Registration ends April 3<sup>rd</sup>**. Classes this year (with time limits of 4-8 minutes) include Formal Speech (Original Oratory or Topical Response), Illustrated Speech, Original Works, and Oral Interpretation.

Three 4-H presentations will be selected to move on to State Public Speaking event on Sat. August 15<sup>th</sup> at the Illinois State Fairgrounds. Youth may participate in this contest AND exhibit a project at the Illinois State Fair. If you have questions, call Patty at the 4-H office (732-8289).

## 4-H Beginner Sewing Classes

Are you interested in learning more about how to sew? A series of classes for beginning sewers will be held **Mondays, April 20, April 27 & May 4 from 6—7 pm each evening**. Cost for series is \$15 and can be paid first night. Very basic info will be covered including learning parts of sewing machine, simple machine stitching, measuring/cutting fabric, and several simple projects will be completed. We have limited sewing machines, so a maximum of six will be accepted for the classes. **Call 732-8289 by April 14 or register online at <https://go.illinois.edu/logan4h>** and click on "Events" tab at top of page to find online registration.



## 4-H Pie Crust Workshop



Youth ages 8-18 can learn how to make a delicious homemade pie crust at the 4-H Pie Crust workshop **on Monday, March 16, from 6:30 - 7:30 p.m. at the Logan 4-H office**. Cost will be \$5 and youth will learn how to make dough and shape a pie crust to take home and bake. They will also bake small size pies while at the workshop to enjoy. A minimum of five registered are needed to hold the workshop and a maximum of ten

will be accepted. **Call 732-8289 by March 11 or register online at <http://go.illinois.edu/logan4h>** and click on "Events" tab at top of page to find online registration. Those attending should plan to bring a rolling pin from home to use.

## **Be a true leader in service!**

4-H clubs serve their communities all year long however April has been selected as a time for ALL 4-H clubs to join together to roll up their sleeves in service to local communities. This could mean one of the following:

1. Email your local Extension Office with a project that your 4-H Club has already done. Celebrate your success with a short story and pictures.
2. Join 4-H members and clubs across Illinois and the nation in **April** as part of **True Leaders in Service** by baking sweet treats and donating them to a local service agency such as Police Dept., Ambulance Service, Fire Dept. etc. Make the sweet treats and deliver them as a 4-H club. Write a short story and email pictures to your local Extension Office.
3. Collect personal hygiene items at your April 4-H club meeting. Examples would be shampoo, shower gel, body lotion, hand sanitizer, toothpaste, chapstick and individual packets of Kleenex. Deliver to 4-H office **by May 1** for distribution to local social service agencies.
4. **Join Logan 4-H on Monday, April 20, 2020 from 3:30 – 5:30 p.m. (drop in anytime during this timeframe) at the Logan County Extension Office** to sew bags for personal hygiene items to be placed in and donated to Salvation Army and the “Moms who Care” organization. Sewing expertise not required as you can also help cut fabric, and add drawstrings to bags.



The goal of the 4-H True Leaders in Service is to encourage 4-H members in every county to make a positive difference. Service projects can be done by individuals, by 4-H clubs, or as a countywide service project. Contact your local Extension Office with questions or to let them know how you plan to participate.

## **Attention Beef, Swine, Dairy, Goat, and Sheep Exhibitors!**

### **(New Certification Required for 4-H Youth Exhibiting Livestock)**

Beginning in 2019-2020 Illinois 4-H requires all youth ages 8-18 enrolled in livestock projects complete annual quality assurance certification through the Youth for the Quality Care of Animals (YQCA) program.

Youth **MUST** take this training prior to making their county 4-H show entries. **(Entries will NOT be approved for a live animal exhibit unless training is complete.)** This does not apply to youth exhibiting only animal or veterinary science poster/display projects.

Youth have two options to be certified. You may attend a certification program hosted by the Extension Office (cost \$3) or you may complete the training online (cost \$12). Each county will be offering an in-person training opportunity. You may attend the training that works best for your schedule.

#### **The in-person training opportunities will be held:**

<b>March 17, 2020</b>	<b>6:00-7:30pm</b>	<b>Logan County Extension Office</b>
<b>April 2, 2020</b>	<b>6:00-7:30pm</b>	<b>Sangamon County Extension Office</b>
<b>April 27, 2020</b>	<b>6:00-7:30pm</b>	<b>Menard County Extension Office</b>

Youth who choose to attend in-person instructor-led training need to register online through the YQCA website. Youth MUST pre-register & pay online; no walk-in registrations or money can be taken the day of the training.

To complete the YQCA requirement follow this link for further instructions:

[https://extension.illinois.edu/sites/default/files/yqca\\_further\\_instructions\\_lms.pdf](https://extension.illinois.edu/sites/default/files/yqca_further_instructions_lms.pdf)

If you have questions about this new training requirement, please contact 4-H Extension Educator Carissa Davis at 217-732-8289 or [akpore@illinois.edu](mailto:akpore@illinois.edu)

## **Attention Horse, Poultry, Rabbit, Dog and Cat Exhibitors!**

Members exhibiting horses, poultry, rabbits, dogs, and cats are required to take the **Quality Assurance and Ethics (QAEC)** training. QAEC training is only required once in the member's career. If it is your first year in the horse, poultry, rabbit, dog, or cat project and you also plan on taking beef, swine, dairy, goat, or sheep, you will need to take both ethics certifications (YQCA and QAEC). QAEC training should be completed prior to making county 4-H show entries. **(Entries will NOT be approved for a live animal exhibit unless training is complete.)**

## **2020 STATE FAIR LAMB/GOAT NOMINATIONS**

Premiere wether lambs or Ewes (carcass) will be nominated, tattooed (Box A), and weighed locally in each Extension Unit. This must be witnessed and processed by an Extension employee, or Extension designated volunteer, and must take place between March 15 to May 15, 2019. The date for tattooing of State Fair Lambs will be **Saturday, May 2<sup>nd</sup> at Greenhaven Animal Clinic in San Jose, IL from 11 am – Noon**

Non-premiere lambs and goat exhibitors for State Fair (live show only) will self-nominate their non-premiere lambs and goats by filling out a nomination form provided by the Extension office (separate form should be used if nominating both lambs and goats), and submitting it to the Extension office along with a close-up photo of the ear with the scrapie tag attached and readable (example on nomination form). The self-nomination form can be found at: <https://go.illinois.edu/LambGoatNomForm> **The nomination form/photos must be submitted to the Extension office by May 15** to be signed by Extension staff. A copy is kept at Extension office, a copy is given to exhibitor, and a copy is mailed to state.

## **Calf/Pig/Goat/Chicken Scramble Sign Ups!**

Openings still available in all Scrambles - must be signed up in person at the Extension Office on a first come-first served basis. Parent/guardian permission is required.

**PIG SCRAMBLE** — 10 yrs and not yet 15 as of 8/1/2020 - NO PREVIOUS winners allowed

**CALF SCRAMBLE** — 12 yrs & not yet 18 as of 8/1/2020

**GOAT SCRAMBLE** — 8 or 9 yrs as of 9/1/2020 – NO PREVIOUS winners allowed

**CHICKEN SCRAMBLE** — 6 or 7 yrs old as of 8/1/2020 - NO PREVIOUS participants allowed

## **Logan County 4-H Showbook Online**

The 2020 Logan County 4-H Showbook has been posted online. All projects can be found in the showbook in alphabetical order. A printed reference copy will be available at the 4-H Office & also supplied to each 4-H club Main leader. If you are in need of info for a specific 4-H project & do not have internet access yourself, stop in at the 4-H office and we will print those details for you. The 2020 showbook is on the Logan County 4-H Page of our website - All requirements for Logan County 4-H project exhibition can be found here:

<https://go.illinois.edu/Loganshowbook>

## **4-H DAY WITH THE CARDINALS**

4-H families can join the St. Louis Cardinals for “4-H Day with the Cardinals” on **Saturday, May 9, 2020**. **The Cardinals play the New York Mets with a game time of 1:15 pm**. Cost is \$28 and includes a t-shirt. Info about the event and instructions to order available at: <https://go.illinois.edu/4HCardinals2020> - Illinois families should follow the “not a Missouri 4-H family” and click on “Non 4-H Member Instructions” at this website to order tickets (be sure to choose “contact” when adding members to account). **DUE by March 23<sup>rd</sup> and tickets go quickly, so if interested you should order ASAP!**

## Logan County 4-H Show Change Highlights

1. **ALL SHOW Entries will take place through ONLINE Fair Entry system and will be due by 6/26/2020**
2. **NEW EXHIBIT CLASSES** – Visual Arts/Leather (must be enrolled in Visual Arts/Leather project to exhibit) – will exhibit on 8/3/2020 General Project show day, Childcare – will exhibit on 8/1/2020 Home & Family Show day, Sports Nutrition – will exhibit on 8/1/2020 Foods Show day, Family Heritage – will exhibit on 8/1/2020 Home & Family Show day, Shooting Sports (displays) – will exhibit on 8/3/2020 General Project Show day.
3. Creative Writing exhibits for county show due in advance to 4-H Office on July 17th with Conference Judging on 8/1 (Brown Door Special Exhibit building on fairgrounds).
4. Visual Arts – check-in for projects will be 8 – 9 am on Monday 8/3. Non Original judging will begin at 9 am and Original judging at 9:30 am (judging times assigned).
5. **GOAT SHOW DATE CHANGE!!**. The **2020 4-H/Jr. GOAT SHOW will take place on Wednesday, August 5 @ 2 pm in the Livestock Show Pavilion.**
6. **DOGS** – Unit Show – all Obedience, Rally, and Showmanship classes will be take place on Friday, June 12 @ 6 pm, at the Orr Building on the Illinois State Fairgrounds. Dog Care classes will take place on Saturday, August 1 @ 8 am at the Logan County Fairgrounds (green door special events building)
7. **4-H UNIT Cat Show start time changed to 9 am on Saturday, August 1.**
8. **4-H Home & Family Show will take place on Saturday, August 1 at the Logan County Fair Special Events Building (brown door).** Check in projects 10 – 10:30 am. Judging begins at 10 am.
9. **4-H Food, Nutrition & Health Show will take place on Saturday, August 1 at the Logan 4-H Office.** Check in projects 12 - 12:30 pm. Judging begins at 12 pm.
10. **GENERAL 4-H PROJECTS** – **Release time Sunday, Aug. 9<sup>th</sup> from Noon – 2 pm** – matching Logan County Fair dismissal times - you must pick up ALL of your general 4-H projects in that timeframe

## 2020 Illinois State Fair Information

With the timing of the state fair and the anticipated start of school, the 4-H General Project Show at the state fair has been condensed to three days: Aug. 14, 15, and 16. **(LOGAN COUNTY DAY is Saturday, Aug 15)**

- General project exhibits must be in place by 9:30 AM & remain on display **until 4 PM**. (new release time) 4-H members ages 8-18 are eligible for State Fair selection in general project areas.
- The awards will include **Champion Medals** for the highest score in each project class and **Reserve Medals** for the second highest score in each class. Cash premiums from the state will be paid to the medal winners (if available). **Innovation Awards** will be given to exhibits judges find inspiring, innovative, or creative and are not based on scores. Medal winners cannot receive innovation award in 2020.
- **New projects** at the state fair include: Child Development, Leather, Sports Nutrition, Family Heritage, and Shooting Sports
- The **State 4-H Public Speaking Contest** will be held at the same time as the state fair. Youth can compete in a speech and also bring a project to the General Project Show. Youth must be selected in

their county contest to advance and will speak the same day as their county exhibit day (Logan County Day is Saturday, August 15).

- **Ewe lambs** are now eligible for the premier show.
- The **junior poultry show** begins Monday, Aug. 17.
- The **State 4-H Poultry Judging Contest** will be held at the state fair on Monday, Aug. 17.
- The **junior rabbit show** begins Saturday, Aug. 22.
- Check out all the livestock ownership deadlines online @ [go.illinois.edu/4Hlivestock](http://go.illinois.edu/4Hlivestock).

**The Logan County 4-H Shows follow changes in exhibit requirements sent by State Fair, so be sure to check the Logan County 4-H Showbook CAREFULLY for specific project requirements!!**

### **Speaking for IL 4-H - Register @ [go.illinois.edu/sfi4H](http://go.illinois.edu/sfi4H) | Cost \$12**

We're looking for 4-H members interested in spreading the great news about 4-H. If you're at least 14, you can join the **Speaking for Illinois 4-H** team. The next training will take place on **Saturday, March 21 from 9 am – 3 pm** at the Whiteside County Extension Office in Sterling, IL.



The day-long training, provided by the Illinois State 4-H Youth Leadership Team, gives you the chance to explore your own 4-H history and why you are involved, then put that story into words. You'll learn the best ways to approach donors, civic groups, elected officials, and others to talk about 4-H. Once you're trained, you'll receive an invitation to be a part of our Legislative Connection events at the State Capitol. Register @ [go.illinois.edu/sfi4H](http://go.illinois.edu/sfi4H) before **March 13**.

### **4-H Fish Camp (@4-H Memorial Camp)! - [go.illinois.edu/4Hfishcamp](http://go.illinois.edu/4Hfishcamp)**

With the lake fully stocked, 4-H Fish Camp is back at 4-H Memorial Camp near Monticello. **Fishing begins at 10 a.m. Saturday, May 2 and lasts until 2 p.m. Sunday, May 3.** Learn how to catch largemouth bass, crappie, bluegill, and channel catfish. Learn about fishing tips, lures, bait, equipment, knots, fish behavior, fish management, and fish cleaning. Each group registered will be assigned their own log cabin for lodging with single bunks. Participants must bring their own bedding and toiletries.

A fee of \$50 per person covers the complete program, lodging, boat, bait, and three buffet meals, including Saturday lunch and supper and a Sunday brunch. You'll also have fresh fish fillets to take home! **Pre-registration and payment is required. To register, contact 4-H Memorial Camp at (217) 762-2741 or send an email to Curt Sinclair at [sinclair@illinois.edu](mailto:sinclair@illinois.edu).**

### **County Club News**

**ATLANTA AG** – the club recently held a Visual Arts themed meeting and created fleece tie blankets to donate to 4-H Spaghetti Meal as well as Women, Infant, and Children's Center in Logan County.

**CHESTER 4-H** – at a recent club meeting we discussed info learned at Officer Training, Spaghetti Meal basket donation, and members gave talks/demos.

**MIDDLETOWN 4-H'ERS** – at recent meetings we went Christmas Caroling, filled Operation Christmas shoeboxes, discussed Spaghetti Meal, and worked on our plastic recycling project.

**THE PIONEERS** – at recent meetings we have baked for Harvest of Talents, participated in International Night, Oasis Scarecrow Contest, filled shoeboxes for Operation Christmas Child, had a Club Christmas Party, made a basket for Spaghetti Meal, and learned herb identification.

**EDUCATOR CORNER – Carissa Davis****Communication & 4-H Youth—How to Talk Positively With Youth**

What do children need to help them learn? To grow up happy? They need to know that adults care, in general, and certainly in 4-H. Caring through communication makes a difference, helping to bring out the best in them. Positive communication has a dramatic effect on strengthening relationships. Positive communication will increase understanding, kindness and cooperation with friends, family and community.

Effective communication drives all aspects of day-to-day life. In our own unique way, we communicate with others every day. As a 4-H volunteer, you are in a unique position to guide youth through projects and activities. By using positive communication skills, you will motivate, encourage and validate progress. Positively communicating with children shows your acceptance and support.

Have you noticed how you present your thoughts or listen when you communicate with someone? You probably use different modes, such as gestures, facial expressions, words, notes, e-mail or phone conversations. As you communicate positively with youth, you will determine which ways are most effective for you.

How can you best communicate with youth? Be yourself. Be honest. Learn their names. Meet their parents. Give them your undivided attention, as much as possible. Introduce them to people. Include them in conversations. Kneel, squat or sit so you're at their eye level. Notice when they're absent.

Tell them what you expect, in 4-H projects, club activities and in general. Give clear directions. Introduce them to new experiences. Show your interest by asking questions. Encourage them to think big. Inspire their creativity. Make decisions together. Encourage win-win situations and solutions. Share their excitement. Suggest better behaviors when necessary.

Expect their best; don't expect perfection. Respect the choices they make. Give them immediate feedback. Give compliments. Cheer their efforts and applaud their success. Encourage them to help others. Thank them. Have fun together.

Here's a novel communication tool...use your ears more than your mouth. Listen. Welcome their ideas. Learn what they have to teach. Follow them when they lead. Answer their questions.

Communication goes a long way beyond what you say to youth; your words are important, but your actions speak loudly. Remember your role as a 4-H volunteer to nurture youth with good words. Positive communication can bring about desirable outcomes and generate good feelings, improve self-esteem, increase motivation, inspire productivity, increase happiness and success. Your communication in 4-H and life can help make a child's dreams, big and small, feel possible and become a reality.

*Thank you University of Nebraska Extension for providing valuable information.*

**See yourself at Illini Summer Academies – 6/21 – 6/26!**

Illinois 4-H is proud to offer this hi-fidelity college exploratory experience on the University of Illinois campus. Participants attend academy sessions led by university professors and enjoy a variety of engaging activities that provide a taste of just how cool college life can be. This program offers teens the opportunity to explore the U of I campus and many degree programs and careers. Illini Summer



Academies is supported through the Illinois 4-H Foundation and intended to serve youth living in Illinois. Space for each academy is limited on a first-come, first-served basis. Many academies reach capacity before registration closes.

**2020 Academy Choices** - Teens should choose one academy of interest to study throughout the week. The cost for each academy is different. Cost includes lodging in college dorms; organized recreational activities; t-shirt, bag and water bottle; and all breakfast and evening meals. Participants will purchase noon meals on their own.

**2020 Academies include:** Ag Leadership & Communication; Animal Sciences; Beekeeping; Chemistry Around Us; Electrical and Computer Engineering; Game Design: Storytelling and Fabrication; Human Development and Family Studies; Journey from Farm to Table; Meat Judging and Evaluation; Sustainable Summer; Molecular and Cellular Biology; Veterinary Medicine; and Work Hard, Play Hard. Cost varies based on Academy you choose!

The conference is open to youth who will have completed 8<sup>th</sup> thru 12<sup>th</sup> grade by the time of the conference and will be at least 14 years and not yet 19 on Sept. 1, 2020. **Registration opens March 16** at [go.illinois.edu/illini4H](http://go.illinois.edu/illini4H). Additional details on each academy also available at the website. **Check in at 4 – 6 PM Sunday, June 21. The conference ends with checkout 8 – 11 am the morning of Friday, June 26.**

### **Calendar of Events & Activities**

(All events and activities are held at the Logan Extension Office unless otherwise noted)

(If you need a reasonable accommodation to participate in advertised programs, please contact U of I Extension, 732-8289 – early requests are strongly encouraged to allow sufficient time for meeting your access need.)

- **March 1 – 4-H Project enrollment DEADLINE for eligibility to exhibit at 4-H shows**
- March 16 – Online registration opens for Illini Summer Academies, [go.illinois.edu/illini4H](http://go.illinois.edu/illini4H)
- March 16 – 4-H Pie Crust Workshop, 6:30 – 7:30 pm
- March 17 – YQCA Training, 6 – 7:30 pm, Logan County office, register @ [ycqa.org](http://ycqa.org)
- March 21 – Speaking for IL 4-H, Whiteside County Extension, Sterling, IL, [go.illinois.edu/sfi4H](http://go.illinois.edu/sfi4H)
- March 23 – Deadline “4-H Day with Cardinals” ticket orders, <https://go.illinois.edu/4HCardinals2020>
- April 2 – YQCA Training, 6 – 7:30 pm, Sangamon County office, Springfield, register @ [yqca.org](http://yqca.org)
- April 18 – Oral Communications Contest, beginning 9 am, <https://go.illinois.edu/loganspeaking>
- April 20 – 4-H Community Service, 3:30 – 5:30 pm (drop anytime in this timeframe)
- April 20, 27, May 4 – 4-H Beginner Sewing Classes, 6 – 7 pm
- April 27 – YQCA Training, 6 – 7:30 pm, Menard County office, Petersburg, register @ [yqca.org](http://yqca.org)
- May 2 – State Fair Lamb Premiere weigh in/tattooing, 11 am - Noon, San Jose, IL
- May 2-3 – 4-H Fish Camp, 4-H Memorial Camp, Monticello, IL, [go.illinois.edu/4Hfishcamp](http://go.illinois.edu/4Hfishcamp)
- May 9 – 4-H Day with the Cardinals, St. Louis, MO
- May 26 – 4-H Alumni Meeting, 6 pm

### **2020 COUNTY SHOWS/FAIR & STATE FAIR DATES**

Unit Horse Show – June 7, 2020 (Rochester, IL)

Unit Dog Showmanship, Obedience & Rally Show – June 12, 2020 (Orr Building, IL State Fair)

Unit Dog Care Show – Aug. 1, 2020 AND Unit Cat Show – Aug. 1, 2020 (Logan Co Fairgrounds)

Logan Home & Family Show AND Food, Nutrition & Health Show – August 1, 2020

Logan County Fair – August 2 – 9, 2020      Illinois State Fair – August 14 – 23, 2020

Logan County Day/State Fair – August 15, 2020