



* ADVENTURES AWAIT! *

Logan County 4-H Newsletter

National 4-H Week - Creativity Challenge!

Thanks to 4-H members and Cloverbud members who participated in the National 4-H Week Creativity challenge by creating either a "clover" or "4-H" in a creative way and submitting a photo for our Facebook page! Those who participated included: Brantley Conrady, Ryder Conrady, Daniel Crider, Haven Henry, Atlanta Ag Cloverbuds, and Middletown 4-H'ers.

Thanks to all who participated in the Creativity Challenge – all individuals received a gift bag of 4-H items!



<u>4-H ONLINE Enrollment/Re-Enrollment – NEW VERSION – Now Available!</u>



Online enrollment/re-enrollment is now available – please complete this as soon as possible. Thank you for your patience as we awaited the completion of a new version of this online system (Instructions for enrollment emailed to all current 4-H families and are also available from 4-H Leader or 4-H office). All 4-H enrollment is done ONLINE and

http://il.4honline.com

available 24/7! Go to http://il.4honline.com to enroll.

Please refer to last year's showbook

(https://go.illinois.edu/logan4h – under the 4-H Shows heading) or contact the office to find out deadline dates for specific project enrollment (some animal/livestock have early in the year enrollment deadlines). LAST DAY TO ADD 4-H PROJECTS IS MARCH 1, 2021 — NO EXCEPTIONS!! If you are not enrolled in project areas by March 1, you will not be allowed to enter that project in any of our 4-H shows.



http://go.illinois.edu/logan4h www.facebook.com/LMS.4H Logan County Extension Office ● 980 N. Postville Dr. ● Lincoln, IL 62656 Phone: 217/732-8289 ● Fax: 217/735-5837

Attention 8th Graders & Above - Time to JOIN Logan County Ambassadors!

Join us for this year's series of Logan 4-H Ambassadors activities! Ambassadors is open to all 4-H members in 8th grade and older, and you can even bring a non-4-H friend with you. At each Ambassadors meeting this year we will be learning and trying a different strategy for dealing with stress, such as doing something creative or doing something that benefits other people.

Ambassadors activities will be held at 6:00 PM on **December 16**, **February 17** and **April 21**; and we are planning that meetings will take place in-person at the Logan Extension Office. Details about each activity will be sent via email to all members in 8th grade or older, and pre-registration will be required. Please contact Amy Hyde (amyhyde@illinois.edu) if you have questions.



SURVIVOR! 4-H LEADERSHIP ADVENTURE! (4-H OFFICER TRAINING)

4-H Officers, 4-H Club Leaders and Junior Leaders - or any youth having an interest in running for an office in the future, please **register to attend SURVIVOR!!**

Logan, Sangamon and Menard 4-H Officer/Leadership Trainings will be held on: Saturday, December



12th from 9 am – 11:30 am at the Logan County Office (980 N Postville, Lincoln IL) – OR Saturday, January 9th from 9 am – 11:30 am at the Sangamon County Office (700 S. Airport Drive, Springfield, IL) OR Saturday, January 30th from 9 am – 11;30 am, (Virtually). Choose the date that fits your schedule!

4-H LEADERSHIP ADVENTURE will offer <u>NEW</u> special sessions for both Club Officers AND 4-H Leaders. Encounter special leadership challenges, Parli Pro Survivor Edition and construct 4-H meetings with mindboggling themes!

Are you ready to accept the Challenge?

Register online at https://web.extension.illinois.edu/registration/?RegistrationID=22750 (Safety precautions of face coverings and social distancing will be followed at 'in person' locations).



4-H VOLUNTEER CAFÉ CONVERSATIONS!

Register to participate in the **4-H Volunteer Café Conversations**. We are so excited to be launching this new Illinois 4-H opportunity creating a platform for 4-H Volunteers from across Illinois to meet virtually and discuss topics of interest, share both ideas and challenges. Volunteers will gain access to tools & techniques to support their volunteer efforts, strengthening 4-H club and member learning experiences. We will address two topics during each Café Conversation so come with your ideas, questions, and since this is a Café Conversation, feel free to bring a snack as well!

- Thursday, November 19, 2020; 7 PM
 - **TOPICS** will include:
 - 1. Planning Service Learning & Community Service Experiences that Make a Difference
 - 2. Communicating Effectively with 4-H Families

Link to register for the next Volunteer Café Conversation:

https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=22724

- Thursday, February 18, 2021; 7 PM
- Thursday, May 20, 2021; 7 PM

Future 4-H Volunteer Café Conversations are scheduled in February & May! We are excited with our participation so far and will be recognizing volunteers and 4-H members who participate in 75% of the Volunteer Café Conversations with a token of our appreciation! Be sure to save the dates!

4-H VOLUNTEER VIRTUAL TRAINING OPPORTUNITIES

Engaged volunteers are central to a thriving 4-H club program which is why we have developed three new virtual volunteer training opportunities for you this fall!

Effective & Engaging Meetings – Thursday, November 12, 2020 – 7 – 8 pm https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=22664

The 4-H club meeting is typically one of the first experiences for new youth and new families interested in 4-H. This is the place where members get to know one another and share ideas. This means creating engaging and effective club meetings is the first opportunity to capture the interest of the members and the confidence of the parents. Join us to learn key strategies to help you create effective & engaging 4-H experiences in your club.

YQCA (Youth for the Quality Care of Animals) Program/Training ANIMAL SCIENCE PROJECTS (Dairy, Swine, Beef, Sheep & Goat)



ALL 4-H members ages 8-18 who enroll in **Dairy, Swine, Beef, Sheep, and Goat projects** MUST take the online YQCA training **ANNUALLY (new requirement as of 2019-2020 4-H year).** If you do

not complete this Training, you will be DROPPED from the project and NOT be able to exhibit your animals in county 4-H show or Jr. Show at State Fair. Watch for additional details in future 4-H newsletters on small group 'in person' training dates to be scheduled in early 2021 – online training will continue to be an option as well.

ONLINE ETHICS TRAINING REQUIREMENT

Animal Science Projects (Horse, Poultry, Rabbits, Dog/Cat)

All 4-H members age 8-18 who enroll in Horse, Poultry, Rabbits, Dog or Cat projects MUST complete the online Ethics training ONE time in their 4-H career. If you have already completed it a previous year you are fine on the above animal projects. HOWEVER, any 4-H member newly enrolled in these project areas MUST make sure they complete the ethics training. It can be found at http://web.extension.illinois.edu/qaec/ and is "live" and



available to complete at any time. If you are unsure if you have completed Ethics already you can contact our office (732-8289) to see if you are on our Logan County list. THIS ETHICS TRAINING MUST BE COMPLETED BY MARCH 31st, 2021!

Animal Leasing

The **ONLY** animals which are allowed to be leased and then shown in Unit 16 4-H shows and State Fair Jr. Shows are Horses & Dogs. All other animals MUST be **owned** by the 4-H exhibitor (in their OWN name). Horses must be leased by June 1. Dogs vary by division.

CLUB CORNER

Hollanders – We have recently discussed Officers for 2020-2021, donating hygiene products to the 4-H Office for local agencies, and 4-H Ambassador Paint Night.

<u>Photo Opportunity Board Created – BIG</u> THANKS!

A big THANK YOU goes out to Logan 4-H members Rachel Morrow and Murphy Roate for spending hours this summer creating a Photo Opp Board to be used at 4-H events and activities. They did an awesome job with great detailing on the whole design and we can't wait to use it in the future!!

<u>State 4-H Exhibition Policy (Attendance) – REMINDER!!</u>

A youth that enrolls in a 4-H club/group, but fails to attend any meetings, tours, workshops, or other activities sponsored by the club/group cannot be viewed as a 4-H member. Therefore, the youth is NOT eligible to take part in 4-H exhibitions (shows), receive 4-H premiums, or other 4-H awards and recognitions. **What this means:** If you do not attend meetings/tours/activities held by your club (verified by Club Leader) prior to online entry for 4-H show(s), you will



NOT be allowed to exhibit 4-H projects, receive premiums (if available), be considered for 4-H awards, 4-H scholarships, or be part of the Youth Livestock Auction at Fair. Excused absences ARE NOT accepted in lieu of attending actual meetings/tours/activities. Be sure to attend your 4-H club meetings!

SCHOLARSHIP OPPORTUNITY

ILLINOIS ELECTRIC COOPERATIVE SCHOLARSHIPS

Scholarships valued at \$2000 are available for high school seniors whose families are electric cooperative members. Applicants must be a son or daughter of an electric cooperative member who resides in Illinois and is receiving service from the cooperative at the time the scholarship application is submitted. If you meet this requirement, more info and an online application (DUE 12/31/2020) is available at https://www.cornbeltenergy.com/community/educational-support/scholarships.html

Educator Corner ~ Carissa Davis

How to make youth feel they belong in your program

I heard a local high school coach on the radio being asked about how to promote good team dynamics. Her answer was, "It's about the relationships." I couldn't agree more!



As an educator in the area of positive youth development, I truly believe it all boils down to the relationships. Everyone wants to feel that they matter to others and that they belong to something or somewhere. Young people are no exception. Belonging is one of the four essential elements of the 4-H youth development program. We define it as the need of young people to know they are cared about, and to feel a sense of connection to others in a group. As staff members and volunteers, it's our job to create a safe and inclusive environment that will foster positive relationships for the young people we serve. My favorite youth development research comes from the Search Institute. They have some good recent research around actions that make young people's relationships powerful.

They developed a framework for doing so.

- Express care Show young people that they matter to you by listening, encouraging and being trustworthy.
- Challenge growth Push youth to keep getting better by expecting the best, holding them accountable, and helping them to reflect on and learn from their failures.
- Support Help youth complete tasks and achieve goals by helping them to navigate through hard situations, build their confidence and advocate for them when needed.
- Share power Treat youth with respect, give them a say when decisions involve them, create opportunities for them to take action and lead.
- Expand possibilities Connect youth with people and places to broaden their world, exposing them to new ideas, experiences and places. Developmental relationships between youth and adults are an important aspect of any youth development program.

What can caring adults do? I suggest that we start by developing relationships and a sense of belonging among the youth we work with. Over the years, I've come up with ways to do that.

Tips for getting started

- Know each young person's name and call them by it
- Get to know their interests and ask about them
- Ask open-ended questions
- When they do something good (or not so good), tell them you noticed

Thank you to University of Minnesota Extension for providing valuable information.

Head-Heart-Hands - Health

4-H SPARK SHEETS! LEARN MORE AND EXPLORE 4-H PROJECTS

Have you wondered what a certain 4-H project might be like? You can now get an 'overview' of a 4-H project by taking a look at the Illinois 4-H Project Spark Sheet.

These are available at https://go.illinois.edu/4hsparksheets and the majority of projects have one available. It could help you decide if you want to try out that 4-H project for the 2020-2021 year! Check them out!



Calendar of Events & Activities

(All events and activities are held at the Extension Office unless otherwise noted) (If you need a reasonable accommodation to participate in advertised programs, please contact U of I Extension, 732-8289)

- Nov. 12 Volunteer Effective and Engaging Meetings Online Training, 7 8 pm
- Nov. 19 4-H Volunteer Café Conversation (online/virtual), 7 pm
- Nov 26/27 OFFICE CLOSED, THANKSGIVING
- Dec 12 SURVIVOR! 4-H Leadership Adventure (4-H Officer Training), 9 am 11:30 am, Logan Co. Office (Lincoln, IL)
- Dec 16 4-H Ambassador Meeting, 6 pm
- Dec 24 Jan 1 OFFICE CLOSED, HOLIDAYS
- Dec 31 DEADLINE Illinois Electric Cooperative Scholarship applications due
- Jan. 9 SURVIVOR! 4-H Leadership Adventure (4-H Officer Training), 9 am 11:30 am, Sangamon Co. Office (Springfield, IL)
- Jan. 30 SURVIVOR! 4-H Leadership Adventure (4-H Officer Training), (VIRTUAL), 9 am 11:30 am, via ZOOM