



# White County Safety Award

Name \_\_\_\_\_ Club \_\_\_\_\_

Date of Birth \_\_\_\_\_ Your Age on Sept. 1, 2020 \_\_\_\_\_

Years in 4-H \_\_\_\_\_ Sept. 1, 2020 – August 31, 2021 Award Year

There are two divisions for this award:

Junior (age 8-12)

Senior (age 13-18)

Cash prizes are awarded for 1<sup>st</sup> – 3<sup>rd</sup> places in each division.

**INSTRUCTIONS: To apply for the Safety Award:**

1. Complete as many activities listed below as possible and record the date you completed them. The activities should be from this year.

2. Turn in a written report about at least one of the activities you did.

**TOPIC**

**DATE COMPLETED**

1. Take a Safety 4-H Project and show your project at the 4-H Show \_\_\_\_\_
2. Conduct a safety check of your home and make a list of potential dangers. \_\_\_\_\_
3. Learn about child safety seats and write a report or poster. \_\_\_\_\_
4. Make a display about safety at Halloween \_\_\_\_\_
5. Check your bicycle for hazards \_\_\_\_\_
6. Write a report about safe bicycle riding \_\_\_\_\_
7. Conduct a practice fire drill at your home or school \_\_\_\_\_
8. Lock away all dangerous chemicals in your home \_\_\_\_\_
9. Learn about the dangers of drugs and alcohol and write a report \_\_\_\_\_
10. Take a hunter safety class. \_\_\_\_\_
11. Take swimming lessons. \_\_\_\_\_
12. Give a talk in your club about safety \_\_\_\_\_
13. Take a field trip with your club or family to a factory to learn about safety. \_\_\_\_\_
14. Take the First Aid 4-H Project \_\_\_\_\_
15. Make a First Aid Kit for your car, house or classroom \_\_\_\_\_
16. Interview an emergency room worker and write a report. \_\_\_\_\_
17. Learn to do the Heimlich and prepare a poster. \_\_\_\_\_
18. Make a poster or report about Electrical Safety \_\_\_\_\_
19. Baby-proof your home or a friend's home. \_\_\_\_\_
20. Make a brochure or poster about safety goggles \_\_\_\_\_
21. Make a poster or report about safety in the kitchen. \_\_\_\_\_
22. Make a poster about poison look-a-likes \_\_\_\_\_

23. Design a label to put on all household cleansers to warn young children \_\_\_\_\_
24. Check the batteries in your smoke and carbon monoxide detectors. \_\_\_\_\_
25. Interview a firefighter and take his picture. \_\_\_\_\_
26. Look for dangers on the farm and write a report. \_\_\_\_\_
27. Take an ATV safety workshop. \_\_\_\_\_
28. Learn about safety when using a lawnmower. \_\_\_\_\_
29. Assist with a child safety seats inspection. \_\_\_\_\_
30. Conduct a bicycle rodeo. \_\_\_\_\_
31. Conduct a safety hazard checklist on your farm or the farm of a neighbor. \_\_\_\_\_
32. Do a poison look-a-likes workshop for your club. \_\_\_\_\_
33. Prepare a checklist of things to be careful of when babysitting. \_\_\_\_\_
34. Take a defensive driving course. \_\_\_\_\_
35. Conduct a safe driving campaign at your school. \_\_\_\_\_
36. Invite a police officer to your club meeting to discuss safe driving for teenagers. \_\_\_\_\_
37. Use safety goggles when mowing the yard. \_\_\_\_\_
38. Learn how to protect yourself when walking alone. \_\_\_\_\_
39. Take lifeguard training. \_\_\_\_\_
40. Do a school or club demonstration/report about safety around PTO. \_\_\_\_\_
41. Do a school or club demonstration/report about safety around grain elevators. \_\_\_\_\_
42. Take a CPR class \_\_\_\_\_
43. Prepare a display about dangers of pesticides. \_\_\_\_\_
44. Give a report about how to safely work and play around animals. \_\_\_\_\_
45. Do a school or club talk or report about internet safety. \_\_\_\_\_
46. Make a list of ways to protect the elderly from falls. \_\_\_\_\_
47. Do a report about hearing loss in farmers. \_\_\_\_\_
48. Study and do a report on the dangers of texting and driving \_\_\_\_\_
49. Give a talk or demonstration about food safety at picnics \_\_\_\_\_
50. Other \_\_\_\_\_