



★ ADVENTURES AWAIT! ★

July-August 2021

# SANGAMON/MENARD 4-H NEWSLETTER

All information in this newsletter is subject to change, following state and University COVID guidelines.

## Post-Show Survey

If you participated in the Sangamon/Menard General Projects Show or Sangamon Livestock Shows, we would love to hear feedback about the experience. Please take a few minutes to fill out the short 6-question survey at <https://forms.illinois.edu/sec/929440315>. Your comments will help us in planning for next year.



## Treasurer Books & Secretary Books – due August 31

At the end of the 4-H year on August 31, all 4-H clubs are required to turn in their Treasurer Book (unless they do not have a treasury) and Secretary Book to the Extension Office. If you are a Secretary or Treasurer, please be sure you are keeping your records and turn in your completed book to your club leader by August 31. If you are a club leader, please check with your officers to be sure they are on track. Treasurer and Secretary Books can be found on our website at <https://extension.illinois.edu/lms/4-h-club-resources-logan-menard-sangamon-counties>.

## 4-H Records – due September 1

If you're not already working on your 4-H Records for 2020-2021, now is a great time to get started! Completing your Records is the annual process of setting goals and tracking what you did. The type of Records you do each year depends on your age. Examples and blank forms are available at [go.illinois.edu/LMSrecords](https://go.illinois.edu/LMSrecords). 4-H Records include:

- What you accomplished and learned through your 4-H projects
- Participation and leadership in 4-H, school, and community activities
- A narrative about what you learned, challenges you faced, and what you plan to do in the future

## Thank You!

Thank you to all the **volunteers** (Superintendents, Judges, Assistants, Sangamon County 4-H Foundation Board members, setup & cleanup crews, and others) who helped make the Sangamon/Menard General Projects Show, Sangamon Livestock Shows, and Logan/Menard/Sangamon Dog Show successful!

Thank you to the **donors** who generously provided special awards to recognize members who completed outstanding work this year.

Thank you to our **club leaders** who adapted to changing circumstances and guided members throughout this year.

Thank you to **parents** who encouraged their 4-H members to persevere and complete their exhibits.

And *congratulations* to all the 4-H **members** who participated in the Shows held so far. You should be proud of what you accomplished this year!

### Upcoming Shows:

- Menard 4-H Livestock Shows – July 20-25
- Logan/Menard/Sangamon 4-H Cat Show – July 31



**Illinois Extension**  
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Sangamon Office – 700 S. Airport Dr., Springfield, IL, 62707 · 217-782-4617

Menard Office – 420 S. 7<sup>th</sup> St., Petersburg, IL, 62675 · 217-632-7491

<https://extension.illinois.edu/LMS/4-H-youth-development>

College of Agricultural, Consumer and Environmental Sciences · University of Illinois, U.S. Department of Agriculture,  
Local Extension Councils Cooperating. University of Illinois Extension provides equal opportunities in programs and employment.



**Thank You to our 2021 4-H Show Award Sponsors**

**Sangamon/Menard**

**4-H Public Speaking Contest**

Susie Risser

**Logan/Menard/Sangamon**

**4-H Horse Show**

Dr. Mark Hudson of Koke Mill Animal Hospital

Kirsten Green

Larry Wachtel

Maxheimer Excavating (in memory of Alfred Maxheimer)

Mendenhall Ag Services

**Sangamon/Menard**

**4-H General Projects Show**

Don and Linda Hallmark

Amy Rebbe, in Memory of Ashley Bennett

Mary Lou Krueger

James Boarman Family

Cooper Jets 4-H Club

Toni Frank

YLT Alumni, in Memory of Adam Fesser

Capitol Unit HCE

Sugar Creek Pioneers 4-H Club

Fred Gerberding

New Salem Pride 4-H Club

Divernon Seed

In Memory of Joe Rebbe

Rentschler Farms/Stone Seed Group

The Nickelsons

Pleasant Plains Clovers 4-H Club

In Memory of Frances Lange

In Memory of Don Boehm

Carol E. Borecky – CPA

W. Mark Anderson Computer Consulting

Ryan Electrical Solutions

Diane Duewer

Chelsea & Carolyn Gerberding

Auburn/Chatham Unit SCAHCE

Sievers Equipment

Myers Rice Auction & Realty

Pawnee Homemakers Unit

**Sangamon 4-H Livestock Shows**

Mary Lou Krueger

Perry & Rachel Broughton

In Memory of Mary Margaret Krueger

The Buckles Family

Kinner Farms

In Memory of Fritz Krueger

In Memory of Donna Etherton

Barb Krueger

Prairieland FS, Inc.

Richard King Family

Sangamon County Farm Bureau

Ramsey Grain, Inc.

Prairie Creek Angus

US Bank

Sievers Equipment

In Memory of Earl and Marjorie Taft

Farm Credit Illinois

Sangamon County 4-H Beef Committee

Doug McDaniel

Cooper Jets 4-H Club

Myers Rice Auction & Realty

Sangamon Valley Lamb & Wool

Producers

Stremsterfer Farms

BRANDT

Strode Farm Service LLC

Bourne Construction

Pleasant Plains Clovers 4-H Club

Sundown Meadow – Smith Family

The Robert Kane Family

Bradfordton Elevator

The Millburg Family

Sugar Creek Pioneers 4-H Club

Charles Edwards

Pawnee 4-H Club

James Boarman Family

Krone Christmas Tree Farm

Mendenhall Ag Services, Inc.

Dale & Janet Edwards

Dave & Julie Morrison

In Memory of Dale Davis

H. David Bruno & Family

David & Susan Mendenhall

In Memory of Robert W. Etherton

Charles Frazee

Matt and Lynn Buckles

Ryan Buckles Family

Thornridge Farm/Earles Family

**Logan/Menard/Sangamon**

**4-H Dog Show**

Top Flight Grain Western Division

Timbercrest Veterinary Services

Best Friends Animal Hospital

Toni Frank

**Menard 4-H Livestock Shows**

Ron Sanert Auction Service

Jeff and Cheryl Rebbe

Encompass Grain & Rail Coop

The Pile Family

The Schirding Families

Donald & Linda Hallmark

Schneider Crane Service Inc.

Charles K. Smith, Attorney

In Memory of Barb Berkshire

The Doug Gellerman Family

Alliance Community Bank of Petersburg

Sangamon Valley Lamb and Wool

Producers

In Honor of Lewis Agrall

Myers Rice Auction & Realty

Matt Broch, Wells Fargo Advisors

Wankel Farms/Channel Seed

Nikles of Petersburg, Inc.

Watkins Seed Sales

Ag Tech Services

The Brian Bell Family

Elliott Cattle Company

Prairieland FS, Inc.

Brenda's Critter Care

Farm Credit Illinois

**Logan/Menard/Sangamon**

**4-H Cat Show**

Harold Goodman, Inc

Scott Goodman Backhoe Service

Logan County 4-H Alumni Committee



### Summer Job Opportunity

The Sangamon County 4-H Foundation is seeking reliable, hardworking teens and adult Shift Leaders to work in the 4-H Food Stand during the Illinois State Fair. Teen applicants should be age 16-19. 4-H membership and past experience in the food stand are a plus, but not required. Adult applicants for Shift Leaders should have food service experience, be at least 21 years old, and have an Illinois food handler's license or be willing to obtain one. For full consideration, applications must be RECEIVED by June 30 and mailed to: Illinois Extension, 700 S Airport Dr Springfield, IL 62707 or submitted via email to: [sangamon.co.4h.foundation@gmail.com](mailto:sangamon.co.4h.foundation@gmail.com). Contact Angela Gerberding (217-306-3119) or Lindsey Sidles (217-306-3388) with questions. Application is available at [go.illinois.edu/FoodStandApp](http://go.illinois.edu/FoodStandApp). *Hiring will be contingent on the Illinois State Fair being held.*



### Earn Service Hours! – Volunteers Needed – 4-H Food Stand Cleaning

The Sangamon County 4-H Foundation is seeking volunteers to help with cleaning the 4-H Food Stand (located in the Illinois State Fairgrounds on 4-H Lane, near the Orr Building) to get it ready to use during the State Fair this summer! Clean-up sessions will be held Saturday, **July 17**, 8:00 AM-4:00 PM and Sunday, **July 18**, noon-4:00 PM. Volunteers are welcome to come whenever they are available within these times. If you can help, please sign up at [go.illinois.edu/FoodStandCleaning](http://go.illinois.edu/FoodStandCleaning). If you have any questions, please contact David Mendenhall at 217-306-2570 or [davidmendenhall1955@yahoo.com](mailto:davidmendenhall1955@yahoo.com). Many hands make light work!

### Illinois State Fair General Project Exhibit Information

The very best projects exhibited at the 2021 Sangamon/Menard General Projects Show have been chosen to exhibit alongside 4-H'ers from across the state at the 2021 Illinois State Fair. Exhibits chosen from Sangamon and Menard counties will show on **Saturday, August 14**. The 4-H member must be present to exhibit. If he or she cannot be present, the opportunity is given to an alternate. General Project exhibits must be **in place by 9:00 AM and remain on display until 3:30 PM**. Judging times will be posted at check-in and are not related to the order in which you check-in. All projects are displayed in the Orr Building, which is air-conditioned.

The awards will include Champion Medals for the highest score in each project class and Reserve Medals for the second highest score in each class. Cash premiums from the state will be paid to the medal winners. Innovation Awards will be given to exhibits judges find inspiring, innovative, or creative and are not based on scores.

### Illinois State Fair Livestock Entry Information

Illinois State Fair Junior Department classes, requirements, and entry forms are available at <https://www2.illinois.gov/statefair/competitions/premium-books>. State Fair Junior Livestock Department entries must be submitted by the 4-H member TO THE STATE FAIR. **The deadline to enter the Illinois State Fair Junior Livestock Shows is July 15. Entries must have a membership verification signature from the Extension Office before you submit them to the State Fair entry department. Deadline for this verification is July 14 (regardless of date printed on the State's form).** You may want to call in advance of stopping by the Extension Office to make sure a staff person who can verify your enrollment is present.



## **Show What Makes Your Club Great at the Illinois State Fair**

Illinois 4-H is seeking clubs to host an activity or demonstration in the Orr Building during the 4-H State Fair exhibit days. Final table picks and a schedule will be determined by July 12, and Illinois 4-H will provide a \$250 stipend. Two clubs for each day and time slot will be selected. NOTE: Clubs are responsible for supply costs and staffing. If you are interested, fill out the JotForm at <https://form.jotform.com/211745006538049>.

## **Tech Prairie STEAM Expo at Illinois State Fair**

The Illinois Department of Innovation & Technology (DoIT) will debut the Tech Prairie STEAM Expo at this year's Illinois State Fair. The event will provide fairgoers with opportunities to experience the many ways Illinois is advancing the areas of STEAM (Science, Technology, Engineering, Arts and Mathematics). Feature attractions planned include a mobile CNC lab, flight simulator, virtual reality opportunities, health sciences stations, aerospace exhibits, and the Hip Hop Xpress Bus. The Expo will be held **August 18-22** in the Orr Building.

As part of Tech Prairie, the first State Fair drone competition is scheduled for Friday, August 20, in the Multi-Purpose Arena on the Illinois State Fairgrounds. Pilots, age 10 and up, are welcome to compete and there is no fee to enter. The Central Illinois Drone Racers are managing the event and prizes will be awarded to winners. An Esports competition is planned for Saturday, August 21, in the Tech Prairie STEAM Expo. Four separate games will be part of the in-person competition with prize money awarded in each age category and game. There is no fee to enter. The Esports competition is organized by the University of Illinois Extension 4-H.

More information can be found at <https://www2.illinois.gov/sites/doitsteam/Pages/2021-STEAM-Expo.aspx> and those interested in participating as an exhibitor may contact [DoIT.Steam@Illinois.gov](mailto:DoIT.Steam@Illinois.gov).

## **State 4-H Poultry Judging Contest**

The State 4-H Poultry Judging Contest will be held Monday, **August 16**, 4:30-6:30 PM in the Junior Livestock Building at the Illinois State Fairgrounds. Registration will take place that day at 4:00 PM. A county team may be made up of three or four contestants with no limit on the number of teams or individuals. The scores of the three highest scoring individuals from each team will be totaled to determine each team score. All contestants will be eligible for all individual honors. The four highest senior 4-H'ers (age 14-18 as of January 1) will be selected to participate on the state team. The highest scoring individuals will be invited to participate in the National 4-H Poultry and Egg Conference the third week of November in Louisville, KY. Training materials are available at <https://national4hpoultry.ca.uky.edu/poultry-judging-manual>. For more information contact Poultry Extension Specialist Ken Koelkebeck at 217-244-0195 or [kkoelkeb@illinois.edu](mailto:kkoelkeb@illinois.edu).

## **State Fair Volunteers Needed**

The State 4-H Office is looking for volunteer judges and project assistants who are eager to interact with Illinois youth and provide a great state fair experience for them. This event will have face to face judging, and we would love for you to consider assisting us this year.

Dates: August 13-15 (Friday through Sunday)

Location: Orr Building, air-conditioned building at the Illinois State Fairgrounds

Apply online at [go.illinois.edu/statefairhelp](http://go.illinois.edu/statefairhelp). Please feel free to sign up for one or up to all three days. Once you sign up, more information will be forthcoming within the next two to three weeks.



**STATE & NATIONAL OPPORTUNITIES**

**National 4-H Congress – Apply Today!**

4-H members ages 14-18 (as of January 1, 2021) can apply to be one of ten Illinois delegates to National 4-H Congress. This will be the centennial celebration of this event and a once in a lifetime opportunity! National 4-H Congress is a world class event that is diverse, authentic, and challenge oriented. The workshops will be laser focused on the 4-H mission, the service-learning experiences promise to be hands-on, the speakers will be engaging and entertaining, and there will plenty of opportunities for networking and recreational activities. National 4-H Congress will be held November 26-30, 2021, in Atlanta, Georgia. The total cost is \$2,000 per participant. Selected youth will receive a \$1,500 scholarship to the event provided by Illinois 4-H, and they are responsible for the remaining \$500 balance which must be paid prior to the event. **Apply by August 1** at <https://form.jotform.com/211684793089166>. To learn more about National 4-H Congress visit <http://national4-hcongress.com/>.



**Food Advocacy Team Applications**

Are you ready to take your leadership to the next level? Join the Illinois 4-H Food Advocacy Team, dedicated to strengthening you as an advocate for food access for everyone in your community! The COVID-19 pandemic has made food security a more urgent issue for many families. You can be a part of the solution as you educate yourself on issues of community health, assist in the planning of the annual Food Action Summit, and more. **Apply July 1-23** at <https://form.jotform.com/211338226682152>. Applicants will need one reference. Learn more at <https://4h.extension.illinois.edu/programs/food-systems/food-secure-communities>.



**4-H in Space – Mission Command Team**

Are you ready to define, develop, and operate a space mission? Participate in a real satellite program and see your experiments launched into space through the Illinois 4-H in Space Mission Command Team! Becoming a member of the MCT is a serious commitment and will require plenty of dedication and time. The 4-H in Space Mission Command Team is open to youth age 13-18, grades 9-12. **Applications will be accepted July 5-19**. Notifications will made Monday, July 26. More details will be available on July 5 at <https://go.illinois.edu/4hspace>.







**Congratulations to our 2021 4-H Scholarship Recipients!**



**Haley Atwater**  
Menard County



**Wyatt Buckles**  
Sangamon County



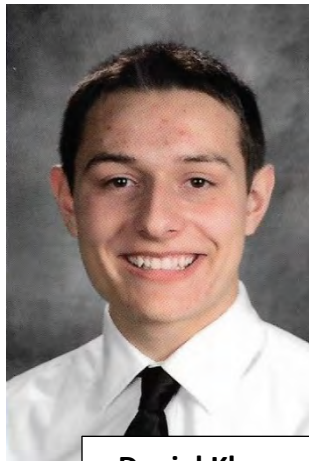
**Zachary Dixon**  
Menard County



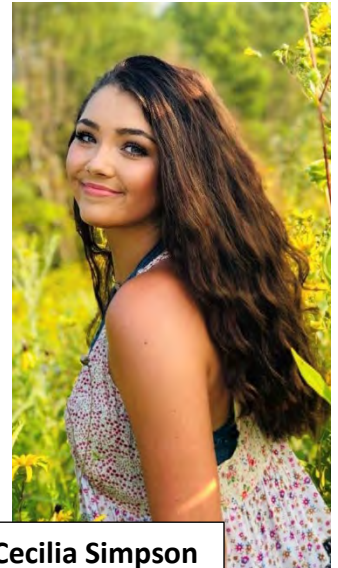
**Drake Fletcher**  
Menard County



**Kylee Furbeck**  
Sangamon County



**Daniel Kloppe**  
Sangamon County



**Cecilia Simpson**  
Sangamon County



## EDUCATOR CORNER – Carissa Davis

### **How to Disagree & Still Be Friends**

Navigating the challenges of disagreement is a part of the 4-H experience. Judges may disagree with members on the completeness of work presented at fair. Disagreements may be present within clubs. Disagreement doesn't elude the 4-H experience. For some individuals, disagreements can be a very uncomfortable experience. It may bring up feelings of nervousness, anxiety, and an overall feeling of being ill at ease. Many individuals do all they can to avoid engaging in disagreements. They censor their comments or affirm decisions they know are wrong simply to eliminate the possibility of engaging in a disagreement. But knowing that disagreement happens, and there are times it simply cannot be avoided, how can we make our disagreements civil and respectful? How can we use disagreements to truly make our best even better?

Here are 5 tips for managing disagreements and using them to create learning opportunities:

#### **Assume good**

When you disagree with a person, be cautious about assigning a negative intention to what that person has said or done. Interacting with the assumption of good intentions creates a positive outlook to disagreement. Assuming good intentions keeps the focus on a collaborative learning environment that benefits 4-H members, their families, volunteers, and 4-H staff. This allows you to focus on the content of the disagreement, and not the person or the relationship. What is the disagreement about? Answering that and keeping it at the center keeps learning at the forefront. The content in question can be discussed without things becoming personal. When it becomes personal, learning about content cannot take place. Assuming persons are acting from places of good intentions eliminates the temptation to make it about the person, and not about the disagreement regarding content or behavior.

#### **Listen**

While listening is a basic requirement in communication, fully listening during disagreements can easily not be seen as a priority. Often the priority becomes to get a point across and win an argument. In these cases, individuals are simply waiting to respond and not fully listening. Take the "edge of the seat" test. If you feel as though you are on the "edge of your seat" eager to respond, it is likely you are not fully listening. If you are relaxed and sitting with your back touching the back of your chair, you are likely fully listening.

#### **Use "I" statements**

Leading with "you do" this or that, invites defensiveness. When individuals are engaged in defensiveness, their focus is not on the content of the disagreement or being able to fully listen. Using "you" can feel like a personal attack, and not a simple disagreement. Utilizing "I" statements keeps the disagreement conversational. It eliminates the argumentative tone, something that is often at the source of ill feelings regarding disagreement. Saying, "I feel" and then describing the situation as you see it invites an engaged response. Learning can occur and the focus can remain on the content of the disagreement.

#### **Ask questions**

During a disagreement, if you are not certain about intentions or meaning within the communication, ask clarifying questions. Asking questions from a perspective of learning as opposed to evaluating is key to keeping the conversation going. Examples include: Will you help me understand? Can you say more about that?

#### **Practice**

Using the above strategies may not be skills you frequently use. As with any skill, you must practice them in order to increase your proficiency. One way to do that is to allow for disagreement within your club meetings and model these skills for the 4-H members. This creates a common language and approach to disagreement that you can rely on in future situations.



### Mark Your Calendar

Information current as of June 30; all activities are subject to change, following state and University guidelines

- June 30 *DEADLINE to submit 4-H Food Stand job applications*
- July 14 *DEADLINE for State Fair Junior Livestock Show paperwork verification*
- July 15 *DEADLINE to enter Illinois State Fair Junior Livestock Shows*
- July 17-18 *4-H Food Stand Clean-up (Springfield)*
- **July 20-25** **Menard 4-H Livestock Shows (Petersburg)**
- July 25-August 1 *State Fair Junior Horse Show (Springfield)*
- **July 31** **Logan/Menard/Sangamon 4-H Cat Show (Lincoln)**
- August 13-15 *State Fair Junior Livestock Shows (Springfield)*
- **August 14** **State Fair exhibit date for General Projects chosen from Sangamon/Menard (Springfield)**
- August 16 *State 4-H Poultry Judging Contest (Springfield)*
- August 18-22 *Tech Prairie STEAM Expo (Springfield)*
- August 28 *State 4-H Dog Show (Dixon)*
- *August 31* *DEADLINE to turn in Treasurer and Secretary Books*
- *September 1* *DEADLINE to turn in 4-H Records*
- September 1 *New 4-H Year begins!*

**Non-Discrimination Statement:** Each 4-H club and, thus, each member is asked to comply with non-discrimination and equal opportunity regulations by law. Since 4-H is part of University of Illinois Extension’s programs and activities, we must not show prejudice against any person because of race, color, national origin, religion, age, sexual preference, sex or handicap.

**If you need a reasonable accommodation to participate, please contact the event coordinator. Early requests are strongly encouraged to allow sufficient time to meet your needs.**



### Clover Spotlight

1. During their May meeting, New Salem Pride 4-H Club embraced their creativity by painting the background of a canvas with a vinyl quote.
2. Town & Country 4-H Club met with Van Grissom from the Illinois Department of Natural Resources to learn about fishing and try it themselves at the pond in the Illinois State Fairgrounds.