



★ ADVENTURES AWAIT! ★

May-June 2021

SANGAMON/MENARD 4-H NEWSLETTER

All information in this newsletter is subject to change, following state and University COVID guidelines.

Retirement Announcements

After more than 30 years with the 4-H program, **Sharon Lounsberry** will be retiring at the end of May. Sharon's commitment and dedication to 4-H has made a difference in the lives of thousands of youth over her career; and her knowledge, experience, and wisdom will be greatly missed. She is looking forward to having more time to enjoy her grandchildren, doing all those odd jobs and hobbies she has put off, and enjoying her first summer free of commitments in 30 years!



Amy Zepp will continue to be the lead staff contact person for families in Sangamon County and can be reached at azepp2@illinois.edu or 217-782-4617. Carissa Davis will be the interim staff contact person for families in Menard County, as well as for Shooting Sports activities, and can be reached at akpore@illinois.edu or 217-732-8289.

At the end of April, our Logan/Menard/Sangamon Extension Unit bid farewell to **Sandy Duncheon**, Office Support Assistant in Menard and Sangamon Counties, and **Patty Huffer**, 4-H Program Coordinator for Logan County. We wish Sharon, Sandy, and Patty well as they enjoy retirement!

Stress-Busting with 4-H Ambassadors

Being outdoors and doing something of service to others are two of the best ways to bust some stress! The next Sangamon/Menard Ambassadors meeting will be held on Thursday, **May 6**, 6:00-7:00 PM outside Building 30 in the Illinois State Fairgrounds (on 8th Street, across from the Swine Barn). We will play some fun games together, and then we'll work with Master Gardener volunteers to dig and divide plants in the perennial garden outside that building. Please wear closed-toe shoes and old clothes that can get dirty; please bring your own gardening gloves and a spade/shovel, if possible. Register by contacting Amy Zepp (azepp2@illinois.edu). Ambassadors is open to all 4-H members in 8th grade and older, and you are welcome to bring non-4-H friends. There is no cost to participate.

Treasurer Books & Secretary Books

At the end of the 4-H year on August 31, all 4-H clubs are required to turn in their Treasurer Book (unless they do not have a treasury) and Secretary Book to the Extension Office. If you are a Secretary or Treasurer, please be sure you are keeping your records and turn in your completed book to your club leader by August 31. If you are not clear about your duties, please ask your club leader for help. If you are a club leader, please check with your officers to be sure they are on track. Clubs that are meeting virtually should record minutes of those meetings. Treasurer and Secretary books can be found on our website at <https://extension.illinois.edu/lms/4-h-club-resources-logan-menard-sangamon-counties>.



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Sangamon Office – 700 S. Airport Dr., Springfield, IL, 62707 · 217-782-4617
Menard Office – 420 S. 7th St., Petersburg, IL, 62675 · 217-632-7491
<https://extension.illinois.edu/LMS/4-H-youth-development>

College of Agricultural, Consumer and Environmental Sciences · University of Illinois, U.S. Department of Agriculture,
Local Extension Councils Cooperating. University of Illinois Extension provides equal opportunities in programs and employment.



2021 County 4-H Shows

The 2021 Show Books are almost done! Families will soon receive an email with a link to the Show Book, show registration instructions, and other important information. Please pay close attention to exhibit requirements and deadlines, and contact 4-H staff with questions.

The Sangamon/Menard General Projects Show schedule has been adapted so fewer people will be at the Fairgrounds and in the General Projects building at one time to allow for social distancing. We will all miss the fun traditional group activities that we are not able to do this year. Families are encouraged to only be at the Fairgrounds during the time(s) they are exhibiting.

Each club will be assigned a time between 9:00 AM and 3:00 PM on Saturday, June 26, for members to bring their General Projects exhibits and meet with judges. After meeting with the judge, members will leave their exhibits on display to allow judges to review all exhibits side-by-side to determine award winners. **Each club will also be assigned a time between 1:30 and 4:30 PM on Sunday, June 27, for members to pick up their General Projects exhibits and awards.** Please see the full schedule in the Show Book for details.

The Sangamon County 4-H Foundation is planning to hold a modified in-person **Sangamon County Livestock Auction** on Sunday, June 27, at 6:00 PM, but they are NOT planning to hold the buyer reception this year. (Plans are subject to change depending on COVID guidelines in effect at that time.) When details are available, information will be mailed to members enrolled in livestock projects. Details for the 2021 **Menard County Livestock Sale** are not yet determined. Livestock members will receive information directly from the Menard County Farm Bureau when it is available.

Understanding Copyright and Trademark Laws

When an author, musician, designer, or artist creates something, it is immediately protected by copyright or trademark laws. For project exhibits, 4-H members cannot use someone else’s design, logo, artwork, words, or music without permission from the original owner. (For example, you can’t draw a picture of a Ford logo, put Micky Mouse ears on your cake, or include a SpongeBob image on a project exhibit board.) This also means that your project exhibit should not look exactly like something that can be found on Pinterest. Combining parts of several different designs – patterns, pictures, photographs, images from the internet or a magazine – with your own ideas can result in an original design, but simply changing the color and/or size of a pattern does not make the design original. We want members to express their own original ideas and creativity!

Sangamon/Menard 4-H Public Speaking Contest

Monday, May 3, 6:00 PM

Exhibit entry registrations due April 19

Logan/Menard/Sangamon 4-H Horse Show

Sunday, June 21

Exhibit entry registrations & paperwork due May 14

Sangamon/Menard General Projects Show

Saturday-Sunday, June 26-27

Exhibit entry registrations due June 1

Sangamon 4-H Livestock Shows

Saturday-Sunday, June 26-27

Exhibit entry registrations due June 1

Logan/Menard/Sangamon 4-H Dog Show

Sunday, June 27, 6:00 PM

Exhibit entry registrations due June 1

Menard 4-H Livestock Shows

Tuesday-Sunday, July 20-25

Exhibit entry registrations due June 15

Logan/Menard/Sangamon 4-H Cat Show

Saturday, July 31, 9:00 AM

Exhibit entry registrations due June 1



Attention – Beef, Swine, Dairy, Goat, and Sheep Exhibitors



All 4-H members who will be exhibiting live animals in these project areas are required to annually complete training through the Youth for the Quality Care of Animals (YQCA) program. This training must be completed prior to making county 4-H show exhibit entries. *This requirement does not apply to members exhibiting only poster/display projects.* **Refer to the email you received April 1 for details and registration information.** If you have questions, contact Carissa Davis (akpore@illinois.edu).

Attention – Horse, Poultry, Rabbit, Dog, and Cat Exhibitors



4-H members who will be exhibiting live animals in these project areas are required to complete Quality Assurance & Ethics Certification (QAEC) training. This training is free and is only required once in the member’s career. It can be completed online at <http://web.extension.illinois.edu/qaec/> and must be completed prior to making county 4-H show entries. (NOTE: Members must use a desktop or laptop computer to complete this training; tablets and phones will not properly notify county staff that the training has been completed.) *This requirement does not apply to members exhibiting only poster/display projects.*

Swine Nomination Form

Sangamon County 4-H members exhibiting swine must complete a Swine Nomination Form and **submit it by June 1.** The form is available at <https://extension.illinois.edu/lms/4-h-sangamon-menard-county>. (Scroll down and click on “Shows”.)

Illinois State Fair Livestock Entry Information



Illinois State Fair Junior Department classes and requirements are available at <https://www2.illinois.gov/statefair/competitions/premium-books>. Junior Livestock animal entry forms are also available at this site and can be filled in online before printing. State Fair Junior Livestock Department entries must be submitted by the 4-H member TO THE STATE FAIR. **The deadline to enter the Illinois State Fair Junior Horse Show is June 1. The deadline to enter the Illinois State Fair Junior Livestock Shows is July 15. Entries must have a membership verification signature from the Extension Office before you submit them to the State Fair entry department. Deadline for this verification is May 14 for Horses and July 14 for all other species (regardless of date printed on the State’s form).** You may want to call in advance of stopping by the Extension Office to make sure a staff person who can verify your enrollment is present.

Illinois State Fair General Project Exhibit Information

The very best projects exhibited at county-level shows will be chosen to exhibit alongside projects from 4-H’ers across the state at the 2021 Illinois State Fair. **Exhibits chosen from Sangamon and Menard counties will show on Saturday, August 14.** The 4-H member must be present to exhibit. If he or she cannot be present, the opportunity is given to an alternate. General project exhibits must be **in place by 9:30 AM and remain on display until 4:00 PM.** Judging times will be posted at check-in and are not related to the order in which you check-in. All projects are displayed in the Orr Building, which is air-conditioned.

The awards will include Champion Medals for the highest score in each project class and Reserve Medals for the second highest score in each class. Cash premiums from the state will be paid to the medal winners. Innovation Awards will be given to exhibits judges find inspiring, innovative, or creative and are not based on scores.



Volunteers Needed – 4-H Food Stand Cleaning

The Sangamon County 4-H Foundation is seeking volunteers to help with cleaning the 4-H Food Stand (located in the Illinois State Fairgrounds on 4-H Lane, near the Orr Building) to get it ready to use during the State Fair this summer! Clean-up sessions will be held Saturday, **June 18**, beginning at 8:00 AM and Sunday, **June 19**, beginning at 11:00 AM. If you can help, please sign up at

go.illinois.edu/FoodStandCleaning. If you have any questions, please contact David Mendenhall at 217-306-2570 or davidmendenhall1955@yahoo.com. Many hands make light work!

Summer Job Opportunity

The Sangamon County 4-H Foundation is seeking reliable, hardworking teens and adult Shift Leaders to work in the 4-H Food Stand during the Illinois State Fair. Teen applicants should be age 16-19. 4-H membership and past experience in the food stand are a plus, but not required. Adult applicants for Shift Leaders should have food service experience, be at least 21 years old, and have an Illinois food handler's license or be willing to obtain one. For full consideration, applications must be RECEIVED by June 30 and mailed to: Illinois Extension, 700 S Airport Dr Springfield, IL 62707 or submitted via email to: sangamon.co.4h.foundation@gmail.com. Contact Angela Gerberding (217-306-3119) or Lindsey Sidles (217-306-3388) with questions. Application is available at go.illinois.edu/FoodStandApp. *Hiring will be contingent on the Illinois State Fair being held.*

4-H Records – Get Started Now!

Join If you're not already working on your 4-H Records for 2020-2021, now is a great time to get started! Completing your Records is the annual process of setting goals and tracking what you did. The type of Records you do each year depends on your age. Examples and blank forms are available at go.illinois.edu/LMSrecords. 4-H Records include:

- What you accomplished and learned in connection with your 4-H projects
- Participation and leadership in 4-H, school, and community activities
- A narrative about what you learned, challenges you faced, and what you plan to do in the future

How do I get started?

1. Set goals of what you want to learn and accomplish in your projects this year.
2. Fill out a *My 4-H Records Information* sheet every month (available at go.illinois.edu/LMSrecords), and keep all your sheets in one place with your written goals. This will help you remember everything you've done when it's time to submit your Records at the end of the 4-H year.

Paper Clover Campaign at Tractor Supply Co

Since 2010, Tractor Supply has partnered with 4-H to help create Opportunity4All and raise more than \$14 million through the Paper Clover campaign. 100 percent of funds raised through the bi-annual Paper Clover campaign directly benefits 4-H youth. 90 percent of donations directly support 4-H youth in the state where the funds were raised, and the remaining 10 percent supports the overall mission and growth of 4-H nationally. Dates for the Spring 2021 Paper Clover Campaign are **April 28-May 9**. Our local store is located at 4241 Schooner Dr, Springfield. Find more information at <https://www.tractorsupply.com/tsc/cms/4h>.



STATE & NATIONAL OPPORTUNITIES

States 4-H International Exchange

Are you curious about daily life, culture, and youth in other countries? Host a Japanese youth this summer through 4-H International OR start planning now for a trip in 2022 to experience a foreign country in a month-long cultural immersion experience. For more information, visit <https://www.states4hexchange.org/> or contact Elisha Hughes at ehugh2@illinois.edu.



Family Camp Retreats at 4-H Memorial Camp

Enjoy your own family cabin for a three-day, two-night retreat at 4-H Memorial Camp in Monticello, IL. While at camp your family can swim, boat, shoot archery, climb the rock wall, make arts & crafts, fish, take hayrack rides, participate in STEM activities, hike, make s'mores over a campfire, and so much more! Sessions will be held June 6-8, June 18-20, and July 9-11. Details and registration information available at <https://go.illinois.edu/4Hcamp21>.

- Cabin Rental Fee (required): \$200
- Participant Fee, 8 years old and older: \$75/person
- Participant Fee, 4-7 years old: \$50/person
- 3 years old or younger: \$0

Scholarship support is available to the first 50 members from Logan/Menard/Sangamon who register. **Each 4-H member will receive a \$40 scholarship to attend 4-H Family Camp.** This will be applied to the registration fee for the member(s) only. When you get to the payment screen in the online registration process, you will select **PAY BY CHECK**. The check can be made payable to "University of Illinois Extension" and mailed to your local Extension Office. Also include a printed copy of the completed registration so we know which member is registered to attend.

For questions about camp, contact Monika Hammerschmidt at hammersc@illinois.edu or Andy Davis at ardavis1@illinois.edu, 217-762-2741. For questions about scholarships, contact Carissa Davis at akpore@illinois.edu.

INFORMATION FOR CLUB LEADERS

National 4-H Day of Service

Did your club complete a service project during April as part of National 4-H Day of Service? We want to hear about it! Please share what you did (with pictures and a short paragraph) to Amy Zepp (azepp2@illinois.edu) by May 3.

4-H Volunteer Café Conversations

Illinois 4-H is hosting a platform for 4-H Volunteers from across Illinois to meet virtually and discuss topics of interest, sharing ideas and challenges. Volunteers will gain access to tools and techniques to support their volunteer efforts, strengthening 4-H club and member learning experiences. The next Conversation will be held Thursday, **May 20**, 7:00 PM. Register at

<https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=22738>.



Join us for 4-H Volunteer
Café Conversations

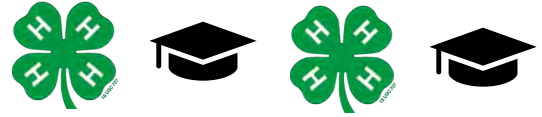


Clover Spotlight!

Your 4-H adventures can be featured too!
Submit articles and/or photos to Amy Zepp (azepp2@illinois.edu).



1. During their April meeting, members of the West Menarders Cloverbuds created bird feeders.
2. For their "True Leaders in Service" activity in April, members of Town & County 4-H Club assembled baskets with snacks, hand sanitizer, lotion, and gloves. They wrote Thank You notes and delivered the baskets to local front-line workers.



Congratulations to our Sangamon/Menard 4-H Seniors!

- Haley Atwater
PORTA High School
- Wyatt Buckles
Tri-City High School
- Melanie Buzzard
Williamsville High School
- Zach Dixon
PORTA High School
- Drake Fletcher
Athens High School
- Kylee Furbeck
Pleasant Plains High School
- Charles Gum
PORTA High School
- Kristina Hemberger
Auburn High School
- Madeleine Luna
Sangamon Valley High School
- Sam Schaadt
Tri-City High School
- Brady Westerfeld
Greenview High School





EDUCATOR CORNER – Carissa Davis

Attitude of Gratitude

This past year gave 4-H members, leaders and the entire 4-H program a lot to consider. The focus was on what we'd lost...traditions, comfortable schedules and expectations of workshops, camps and county fair changes.

To encourage a "4-H Attitude of Gratitude" and get everyone heading in the right direction. Here's a game that might work as an icebreaker for your 4-H group.

4-H Attitude of Gratitude Game

Supplies needed: Full sheets of paper (or game sheets) for each member, pencils or pens, corn kernels or coins as place markers. Bag of inexpensive treats for **Gratitude** prizes.

Method: Have members draw a 5x5 square Bingo type card on their piece of paper. Then have them pick words from the list and write them in their card to make their playing card. You can also add any words that are special to your county or club program. Consider having older members help younger members to make them feel part of the group.

To Play: Read through the Attitude of Gratitude story as the members put a piece of corn or coin on the words mentioned on their card (like Bingo). Then let members take turns naming one word they have on their card (so they and anyone else can mark it off) and tell a little how they are grateful for what this word represents. If someone gets 5 in a row they shout out "**Gratitude!**" Keep playing a few rounds if you have time and ask the members if there are words they would like to add to the gratitude list.



Suggested list of gratitude words:

Fun	Projects	Ribbons	Family	Encourage
Friends	Support	Home	Relaxed Schedule	Good Health
Learn New Things	Animals	Success	Club Meetings	4-H Leaders
Safely Fail	Thank You Notes	Family Camp	Workshops	Slower Pace
Creativity	Teamwork	Belonging	Service	Resiliency

Gratitude Story: (make up your own or adjust this one.)

"Being in 4-H makes me grateful for all the opportunities I have to take different **Projects**, to be with and make new **Friends**, and of course to have **Fun!** I'm also grateful for my **Family** for supporting me. My **4-H Leaders** and to **Learn New Things** in 4-H. They also encourage me to write **Thank You Notes** to all that help me so they know how grateful I am for their **Support**. I know 4-H is a place to **Safely Fail** because everything I do won't always be a **Success** and I need to learn to be gracious whether I win or lose. I want to have an attitude of gratitude!



Mark Your Calendar

Information current as of April 28; all activities are subject to change, following state and University guidelines

- **May 3** **Sangamon/Menard 4-H Public Speaking Contest (Springfield)**
- May 6 Sangamon/Menard Ambassadors (Springfield)
- *May 14* *DEADLINE for 4-H Horse Show entries and paperwork, and State Fair Junior Horse Show paperwork verification*
- *May 15* *DEADLINE to submit non-premier lamb and goat nomination forms/photos*
- May 20 4-H Volunteer Café Conversation #4 (virtual)
- *June 1* *DEADLINE for 4-H exhibit entries for Sangamon/Menard General Projects Show, Sangamon Livestock Shows, and Logan/Menard/Sangamon Dog and Cat Shows*
- *June 1* *DEADLINE to submit Sangamon County Swine Nomination Forms*
- *June 1* *DEADLINE to enter Illinois State Fair Junior Horse Show*
- June 5 State 4-H Public Speaking Contest (Decatur)
- *June 15* *DEADLINE for 4-H exhibit entries for Menard Livestock Shows*
- June 18-19 4-H Food Stand clean-up days
- **June 21** **Logan/Menard/Sangamon 4-H Horse Show (Rochester)**
- **June 26-27** **Sangamon/Menard 4-H General Projects Show & (New Berlin)**
- **June 26-27** **Sangamon 4-H Livestock Shows (New Berlin)**
- **June 27** **Logan/Menard/Sangamon 4-H Dog Show (New Berlin)**
- *June 30* *DEADLINE to submit 4-H Food Stand job applications*
- *July 14* *DEADLINE for State Fair Junior Livestock Show paperwork verification*
- *July 15* *DEADLINE to enter Illinois State Fair Junior Livestock Shows*
- **July 20-25** **Menard 4-H Livestock Shows (Petersburg)**
- July 25-August 1 State Fair Junior Horse Show (Springfield)
- **July 31** **Logan/Menard/Sangamon 4-H Cat Show (Lincoln)**
- August 13-15 State Fair Junior Livestock Shows (Springfield)
- **August 14** **State Fair exhibit date for general projects chosen from Sangamon/Menard (Springfield)**
- August 28 State 4-H Dog Show (Dixon)
- *August 31* *end of 4-H year – DEADLINE to turn in Treasurer and Secretary Books*

Animal Ownership Dates

Beef — <ul style="list-style-type: none"> • Steers 2/1/21 • Cows 1/1/21 • Heifers 6/1/21 	Meat Goats — <ul style="list-style-type: none"> • 5/15/21 (must be tattooed for State Fair) 	Swine, Horses, Dogs — <ul style="list-style-type: none"> • 6/1/21 	Sheep — <ul style="list-style-type: none"> • Wethers 6/1/21 (State Fair 5/15/21) • Breeding Sheep 6/25/21
Dairy — <ul style="list-style-type: none"> • Cows 1/1/21 • Heifers 6/1/21 	Dairy Goats — <ul style="list-style-type: none"> • 6/1/21 (State Fair Milking Does 1/1/21) 	Rabbits, Pygmy Goats, Poultry — <ul style="list-style-type: none"> • Does 6/1/21 • All Others: out of stock owned prior to 6/1/21 	

Non-Discrimination Statement: Each 4-H club and, thus, each member is asked to comply with non-discrimination and equal opportunity regulations by law. Since 4-H is part of University of Illinois Extension’s programs and activities, we must not show prejudice against any person because of race, color, national origin, religion, age, sexual preference, sex or handicap.

If you need a reasonable accommodation to participate, please contact the event coordinator. Early requests are strongly encouraged to allow sufficient time to meet your needs.