



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Knox County 4-H Hilite

November 2022

To Make the Best
BETTER



Lisa Torrance
County Director

Shelby Carlson
4-H Youth Development Educator
srcarls2@illinois.edu

Julian Inniss
4-H Spin Program Coordinator
jinniss@illinois.edu

Sharon Blair
Office Support Staff
smbclair@illinois.edu

Knox County 4-H
180 S. Soangetaha Rd, Ste 108
Galesburg, IL 61401
(309) 342-5108

Monday through Friday
8:00-Noon
1:00 –4:30
extension.illinois.edu/hkmw

COLLEGE OF AGRICULTURAL, CONSUMER &
ENVIRONMENTAL SCIENCES
University of Illinois, U.S. Department of Agriculture,
Local Extension Councils Cooperating
University of Illinois Extension provides equal
opportunities in programs and employment.

Dear 4-H Families and Friends,

Hello 4-H Families, Friends, and Members:

Happy Thanksgiving 4-H Family!!! I am so thankful for all the 4-H members, volunteers, and families who make 4-H a fabulous organization. ZSuite is now open for you to re-enroll. Directions on re-enrolling were emailed out by Shelby. Still have questions? Reach out at srcarls2@illinois.edu. Even though re-enrollment is due December 1, 2022, don't delay. Members who don't re-enroll by December 1st will not be able to show at the 2023 4-H Fair.

As you prepare to celebrate the Thanksgiving holiday, consider what 4-H projects you could explore during this time. Volunteer to make the dinner rolls and try a new recipe from your cooking manual, help decorate using concepts of interior design, or even practice civic engagement by volunteering at a soup kitchen. The sky is the limit when you are in 4-H!

Again, have a wonderful Thanksgiving!

Yours in 4-H,

Shelby R. Carlson

4-H Can Make a Difference

Our clubs do an amazing job helping others in the community! This is a very busy time for community service and every extra helping hand counts. COVID has presented some unique challenges to our 4-H clubs but everyone is rising to the occasion. Please keep us in the loop of any projects you have planned this season so we can help get the word out. You can do so by emailing Shelby at srcarls2@illinois.edu or calling the office at 309-342-5108.

I PLEDGE...MY HEAD TO CLEARER THINKING

What Does It Mean?

Have you ever heard a term in 4-H and thought what does that mean? We are here to help! 4-H is an amazing youth program that has been active for over 100 years. In some families, 4-H is a tradition they pass on to the next generation with excitement. Some families are starting their 4-H journey for the first time this year. To help better understand our “4-H Lingo” we have provided a terms list in each green folder for our 4-H families. You will receive them during your 1st 4-H meeting. We are also going to highlight a few each newsletter as different terms will be used more frequently at different times of the year.

Project Manual: In 4-H, members learn about topics that interest them. These are referred to as members’ “projects.” As you may recall from the October newsletter, that could be anything from learning how to cook, build a robot, or care for the environment. One of the most important aspects of 4-H project work is that the *4-H member* decides what they want to learn and do as they explore their project. One of the resources we are able to provide is a Project Manual; there is one for every project and level. This allows the project to be self-paced, and gives children important skills in setting and working toward their goals. In the pages of each project manual, there are activities for the 4-H member to do on their own, as well as other resources on that specific project topic.

Project manuals do not come automatically when you pick a project during your 4-H enrollment. You will need to order the specific manual needed. We do have manuals at the office if you would like to see one before ordering. Our office will even cover the cost of your first copy of each project manual!

Ordering Your 4-H Project Manuals

Don't forget to order your manuals using the link - go.illinois.edu/OrderProjectManuals

Manuals order by November 18 will be available before your holiday break.

Now Accepting Nominations For The State 4-H Food Advocate Of The Month!

Food insecurity touches every community in Illinois, and our 4-H members have been rising to the occasion to ensure that access to good food is a reality for all. Our Food Advocate of the Month recognition is the perfect opportunity to highlight a young leader in your area who is making a positive impact on food security, food access, and food justice issues where they live. Nominations can be made at the following link:

<https://go.illinois.edu/4HFoodAdvocateoftheMonth>



4-H Enrollment

Time is flying! December 1 will be here before we know it. If you are having troubles re-enrolling, please let us know. We have all had to reset a password (or three) or had trouble remembering if we did something correctly in our lifetimes. Please know that you are always welcome to stop by and use our computers to enroll or re-enroll, ask questions, or simply take a look at the new manuals. For questions about enrolling in ZSuite, please contact Sharon at sdblair@illinois.edu or 309-342-5108. Additional questions can be sent to Shelby at srcarls2@illinois.edu.

Unit-Wide Policies

- The new year began September 1. Please make sure you read and understand the policies. We are trying to keep the deadlines consistent so it is easier for everyone to remember the dates. If a deadline lands on a weekend, the paperwork needs to be turned in the drop box on Monday prior to 7:59 a.m. before the office opens.
- **December 1** - Re-enrollment, project selection, and RISK forms need to be completed in ZSuite. **If you were a member last year, and you miss the December 1 re-enrollment deadline, you will not be eligible to participate in the 2023 4-H shows at the fair.** Check with your club leader about the \$20 program fee. Each club will be invoiced for the total amount due.
- Members will need to **attend at least four meetings** a year to be eligible to participate in your county's 4-H fair. This year attending meetings virtually as well as in person counts for attendance.
- At minimum members must complete a **talk or demonstration**. However, clubs may require both.
- Secretaries are required to **send attendance sheets to the Extension Office monthly** after each 4-H meeting. Attendance reports may be emailed, scanned, mailed, or dropped off. We ask that you use the online Secretary Record Book. You may print it out.
- Treasurers need to make sure they are **balancing accounts monthly** and providing reports during each meeting. Also, make sure you are using the required online Treasurer Record Book.
- **January 1** – Livestock and Companion Animal (dogs & horses) Project Enrollment deadline. This is the last date you may add **ANY livestock project** and still be eligible to show that project at the county 4-H fair.
- **March 1** – General Project enrollment deadline. This is the last date you may add a general project and still be eligible to show that project at the county 4-H fair. Remember that you already turned in your enrollment in December, but if you need to add a **general** project you may do so before this deadline.
- **May 1** - Horse project members' ownership/lease papers and pictures due to the office.
- **May 1** – **Youth for the Quality Care of Animals (YQCA)** yearly certification is required of all livestock project members (aside from cats, dogs, horses, poultry, and rabbits). For all other animals, QAEC will still be required. If you plan to show livestock at the county and/or state fair, this is now a state requirement for all of us at the county level. Ask your local extension office about ways to complete this training online or in person.
- **June 1** – Dog project members' ownership/lease papers due to the office.
- **June 16** – Online entries will be due at the close of the day. This is where you tell us what projects you are bringing to the fair. Keep in mind—do not delay!

Registering for Events:

4-H has so many opportunities for its members to take part in. Did you know the local extension office will help cover the cost of state conferences and events? It's true! Make sure you follow the correct procedure so you don't miss out on any opportunities. The Extension office will cover half of the fee, up to a total of \$300 per year per member. The local 4-H Foundation may choose to cover more of the cost.

- Contact your local program coordinator and let them know about the event
- Register for event and select the "pay by check" or "my county will pay" option
- Let your program coordinator reach out to the 4-H Foundation
- Once the Extension Office has paid their portion and the Foundation has covered the amount they choose, you will be invoiced for the remaining balance
- Please do not pay until you have been invoiced for the total remaining cost

Project Highlight: Visual Arts

Do you want to express yourself, be creative, or make an impression? Visual Arts is for you! It may be messy, fun, strange, or unique. You will get to work with paint, chalk, metal, wood, food, scrapbooking, paper, computers, and much, much more. Be yourself, explore visual arts!

In 4-H, members choose projects that interest them. View our full project guide to explore more projects at <https://go.illinois.edu/ProjSel21-22>



4-H Officer & Leadership Training

Want to learn more about being a 4-H Club officer? Want to strengthen your leadership skills? Join us for the 4-H Officer & Leadership Training on Sunday, November 6 from 4-5:30 at the Warren County Extension Office in Monmouth. Pizza will be provided for all who attend.

Registration is now open through our new enrollment system ZSuite <https://4h.zsuite.org/>



Livestock Skillathon Contest & Workshop

Interested in competing in the Superior Young Producers Contest, or just interested in livestock in general? Join the Livestock Skillathon Contest and Workshop on Saturday, 11/5 from 9am-noon!

This event will be held at the Animal Sciences Lab on the UIUC campus and is open to all 4-H'ers and FFA members ages 8-18! There is a \$5 registration fee, and lunch is provided.

Get ready to compete in a traditional livestock skillathon contest with a workshop immediately following.

More details and registration information is available at: go.illinois.edu/LivestockSkillathon



What is Federation?

The purpose of the 4-H Federation is to cooperate with the University of Illinois Extension 4-H program in unifying and strengthening the 4-H Youth Development program in Knox County. Federation bands together the local 4-H clubs into a central representative body for the improvement of the 4-H club program. Federation makes recommendations regarding the 4-H program, carries out unit-based 4-H activities and events such as camps, contests, fund-raising activities, recreational events and achievement night. Anyone interested in attending Federation is welcome! Please contact Shelby for more information via email srcarls2@illinois.edu.



Youth Mental Health First Aid

One in five teens lives with a mental health condition. Over 5% of youth report having a substance use or alcohol problem. Adolescence is challenging for many young people, and mental health issues can develop during that time of life.

Adults who regularly work with youth ages 12-18 are invited to join a **Youth Mental Health First Aid training** to learn how to identify common signs and symptoms of youth mental illness or substance use. Gain skills to feel confident listening to and supporting a young person in crisis and leave with resources to connect them with appropriate care. The training

is free, open to the public, and appropriate for any adults working with rural youth.

Register online at go.illinois.edu/YMHFA. Participants will complete a two-hour, self-paced, online training before joining the instructor for a live webinar at any of the sessions below. ISBE PD hours available.

- Wednesdays, Nov 30 & Dec 7, 2022 | 6-8:30pm (participants will attend both evenings)
- Monday, Dec 5, 2022 | 9am-3pm
- Wednesday, Jan 11, 2023 | 9am-3pm

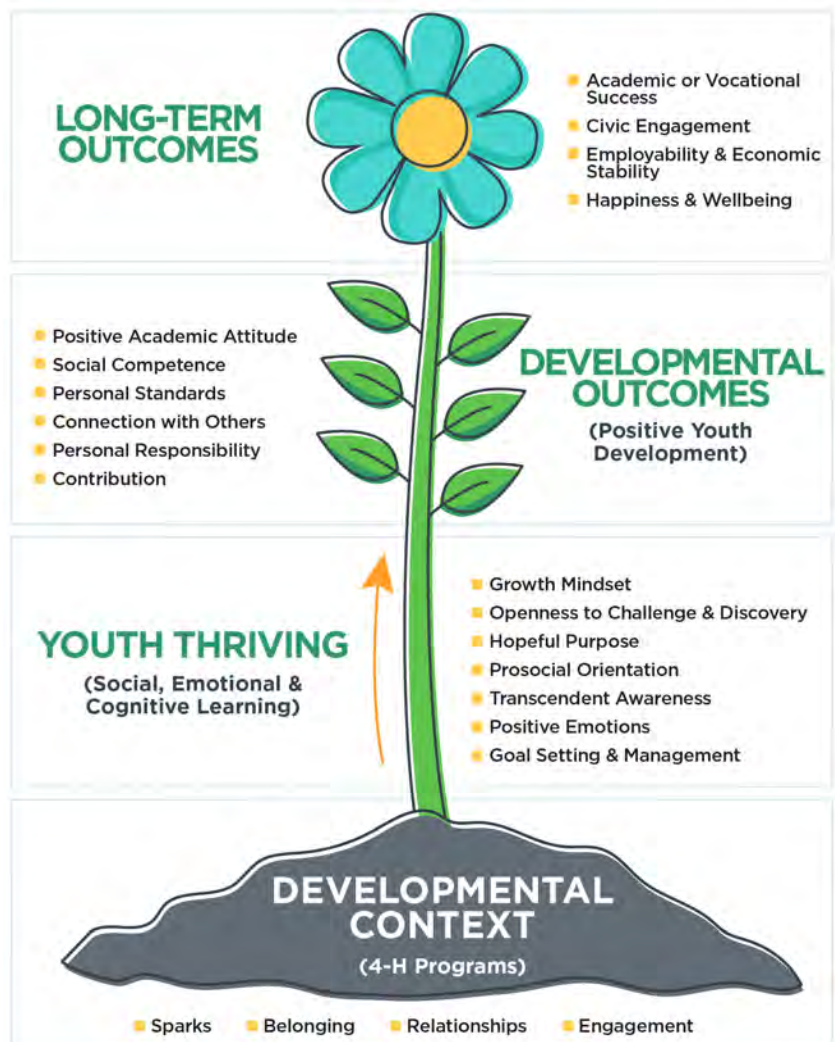
For more information, please contact Shelby at srcarls2@illinois.edu Emily at eschoe@illinois.edu.

Making 4-H an Experience for YOUTH

Is there something you wish 4-H would teach you more about? Do you see a place that 4-H is not doing enough to include your peers? We want to hear about it! In 4-H, we want to help you learn how to speak your mind and express yourself. If you want to talk about workshop ideas, making 4-H more exciting, relevant, inclusive, or more, email Shelby at srcarls2@illinois.edu. Let's get a conversation started!

Why 4-H?

The 4-H Youth Thriving Model tells us that 4-H Programs are soil that helps young people grow into responsible and happy adults.



KNOX COUNTY 4-H AWARDS NIGHT

Graduating Cloverbuds

Rio Livestock

Bryson Hobbs

Walnut Grove

Progressors

Ryker Bowman

Evalie Fleming

Kate Lundeen

Bianca Swanson

Williamsfield

Town and Country

Wallace Hart

Wyatt Johnson

Evelyn Onion

Cane Weaver

First Year

Members

Archery

Taitum Van Winkle

Tinley Van Winkle

Binary Bullets

Grace Manning

John Reed

Cloverleaf

Deikon Vanunnik

Ellery Vanunnik

Delong Livestock

Brylee Onion

Mackenzie Shepherd

Henderson Aggies

Lora Setterdahl

Knox Co. Power

Clovers

Lyla Carr

Hudson Goedeke

Devin Steffen

Nora Swindler

Top Club

Rio Livestock

Membership

Award

Williamsfield

Town and Country

First Year

Members

Rio Livestock

Ridley Hobbs

RoboStorm

Nicholas Flacco

Keyler Heimer

Olivia King

Rusty Spurs

Logan Johnson

Union

Emersyn Rask

Walnut Grove

Progressors

Grady Anderson

Ethan Fleming

Wravenna Johnson

Cooper Main

Rowan Main

Wataga

Trailblazers

Daniel Haney

Evalynne Wojtaszek

Williamsfield

Town and Country

Vincent Alfrey

Abigail Johnson

Jane McCormick

Lily McCormick

Tucker Onion

Corbin Weaver

Club Officer

Awards

Top Secretary

Abbie Cain

Top Treasurer

Trent Stiers

Top Reporter

Dylan Nimrick

Top Historian

Addie Cain

Ten Year | Dare You Award

Members

Cloverleaf

Abigail Cooper

Alex Peterson

Delong Livestock

Kyle Engel

Jack Link

Paige Nimrick

Henderson Aggies

Luke Hawkins

Rio Livestock

Ali Cain

Clara Kuelper

Abigail Lee

Annalyn Lovell

Hannah Maher

Walnut Grove

Progressors

Ethan Main

Wataga

Trailblazers

Ashlyn Murdock

Mason Stone

Williamsfield Town

and Country

Hayden Beard

Blake Meeker

Experience

Awards

Silver Award

Grant Alexander

Drake Nymrick

Dylan Nymrick

Paige Nymrick

Gold Award

Addie Cain

Diamond Award

Candidate

Emma Seiboldt

Emerald Award

Candidate

Ali Cain

Abbie Cain

Abbie Cain

4-H Week

Contests

Treat Jar

1. Walnut Grove

Progressors

2. Wataga

Trailblazers

3. Williamsfield

Town and

Country

Window Display

1. Walnut Grove

Progressors

2. Wataga

Trailblazers

3. Rio Livestock

People's Choice

Walnut Grove

Progressors

Club Excel

Rio Livestock

Wataga

Trailblazers

Illinois 4-H Hall

of Fame

Mike and Kendra

Betz

4-H Alumni Award

Tabitha Beardsley

Meritorious

Service Award

Shelly Nelson

4-H Leader

Milestone Years

First

Blake Hennenfent

Cory Heimer

Hanna Heimer

Angela Bates

Courtney Newell

4-H Leader

Milestone Years

Fifth

Matthew Wetterow

Kimberly Minarik

Koreen Jurgensen

Tenth

Carrie Hawkinson

Kimberly Inness

Fifteenth

Joy Link

Thirtieth

Jeanne Gardener

4-H Leaders

(years of service)

William Kelly, 2

Teresa Welch, 2

Amy Finley, 3

Seth King, 3

Shannon King, 3

Valerie Hawkins, 4

Kara Downin, 4

Leah Newell, 6

Mark Peterson, 7

Melissa Huizenga, 7

Jennifer Ulm, 7

Joe Webel, 7

Tillie Hall, 7

Michael Moody, 8

Lori Engel, 8

Rob Link, 8

Erica Alexander, 8

Kimberly Litchfield, 8

Douglas McGuinnis, 8

Bill Hennenfent, 12

Kendra Betz, 13

Michael Betz, 13

Robert Brown, 13

Jeff Pemberton, 14

Charlie Rodgers, 14

Rebecca Hennenfent, 16

Grant Strom, 19

Rebecca Curry, 22

Christinel Cain, 24

Jarid Cain, 24

Diane Holmes, 39

Pete Holmes, 47

Randy Newell, 47

Happy Birthday To You, Happy Birthday To You.....

A very Happy Birthday to all the 4-H members born in November! We want to celebrate with you! Please stop into the Extension office anytime during this month to pick out a 4-H birthday gift and let us wish you a "Happy Birthday."



November 2022

Sun Mon Tue Wed Thu Fri Sat

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

November 5
November 6
November 25-29
December 1

Livestock Skillathon Contest & Workshop
Officer and Leadership Training School
National 4-H Congress
Re-Enrollment Deadline

2023

January 1
January 13-15
March 1
April 1
April 8
April 22

Livestock Project Deadline
Youth Livestock Conference
General Project Deadline
State Awards Banquet
State Robotics Competition
State Public Speaking Competition



4H_HKMW



4H_HKMW



@Knox4H



extension.illinois.edu/hkmw