

THE MEETING WAS CANCELLED DUE TO UNFORSEEN CIRCUMSTANCES. COUNCIL MEMBERS WERE GIVEN THE ATTACHED REPORTS. Any public comments may be submitted to office staff.



**Illinois Extension**  
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Boone, DeKalb, Ogle Extension Unit 2

## **Extension Council Meeting**

### **Health & Local Foods Subcommittee**

**Tuesday, May 24, 2022 6:00pm**

*Zoom Meeting*

**Boone:** \_\_\_ Ellen Genrich \_\_\_ Megan Johnson

**DeKalb:** \_\_\_ Jessica Brady

**Ogle:** \_\_\_ Jamie Nobis \_\_\_ Sarah Hackbarth \_\_\_ Josh Nelson \_\_\_ Dan Dietrich

**Staff:** \_\_\_ Bruce Black \_\_\_ Karla Belzer \_\_\_ Connie Handel \_\_\_ Judy Hodge

## **Agenda**

### **1. Welcome/Introductions \_\_\_\_:\_\_\_\_**

Ice Breaker Question:

What is one Extension summer activity you are looking forward to?

### **2. Description & Vision of the Committee**

The Health & Local Foods Committee is being formed to address the issues of our communities with a more informed scope from our partner council members. Our partners will help in informing us of the current and future needs in our communities relating to health and local foods. This will allow us to provide program opportunities to address these needs as they arise.

### **3. Minutes**

Review February 2022 minutes. Vote to accept minutes.

### **4. Committee Changes**

Veronica Skaradzinski has resigned from her position with Extension.

New Staff: Cindy Jankiewicz, Ogle County Program Coordinator

## 5. Program Reports (What we've done and what we are working on for the year)

- Local Foods
  - Garden Days:
    - Ready...Set...Grow... Garden Day: March 19<sup>th</sup>: 80 Attendees! Great Success!
    - Gardener's Pathway Garden Day: September 17<sup>th</sup> 8am-Noon; Registration coming
  - Planning for Summer Gardens
    - Judy & Connie
  - Library Programs
    - Seed Swap: Ida Public Library, May 20<sup>th</sup>
    - Tea Garden: Ida Public Library, May 21<sup>st</sup>
    - Kitchen Scrap Propagation: Ida Public Library, June 29<sup>th</sup>
    - Houseplants: Ida Public Library, July 28<sup>th</sup>
  - Boone County Farm Stroll: September 17<sup>th</sup> or 18<sup>th</sup>
- SNAP-Ed
  - See Attached Reports.
  
- Family Life
  - Rock River Center – monthly brain health exercise program, Wits Fitness.
  - Polo Senior Center – monthly brain health exercise program, Wits Fitness.
  - Hub City Senior Center – provided Finding Your Get Up and Go in April; looking at dates for a monthly brain health exercise class.
  - Programming partnership with Boone County Council on Aging. Upcoming programs
    - May 12 – Building Bridges Across the Generations
    - June 29 – Looking for the Funny Side
    - July 19 – Simplify Your Life By Clearing the Clutter

## 6. Program Planning Discussion

What are you hearing in the community as potential programming needs for this year?

## 7. Open Meetings Act (OMA) Training Reminder

Please send certificates to Judy or Connie at your earliest convenience.

8. Next Meeting: September 27 – In-person (more info to come)

November 29 – Zoom 6PM

9. Adjourn \_\_\_:\_\_\_

**Council Roles Summarized:** \* Linking University of Illinois Extension with local leadership, communities, agencies and organizations.

\* Supporting and advocating for Extension programs. Identifying needs and potential resources (human, financial, physical).

\* Advise the program planning and implementation processes. \* Assuring council membership represents all segments in counties served.

\* Assuring program outreach meets equal opportunity and program access guidelines.

### **SNAP-Ed Update for Boone County**

Mid May concluded nutrition education programs for the school districts. Successes include programming for all grade levels at Perry Elementary School, a high needs school. We also did a school garden at Perry which we will continue gardening and nutrition lessons for the months leading up to the next school year. Upcoming summer programs will include IL Jr Chef cooking schools for youth, CATCH programming at the Belvidere Family Y and Perry Gardens, adult programming at community meals, farmers market wellness fair, extension office and WIC clinics. Nutrition information is being supplied to the food pantries each month for distribution.

### **SNAP-Ed Update for DeKalb County**

In DeKalb County, from February moving forward, I have been conducting OrganWise Guys (OWG) sessions at Malta Elementary, serving a total of 94 students each week with the final session being held last week. I have been conducting virtual Eat, Play, Grow (EPG) sessions with Two Rivers Head Start DeKalb, reaching an average of 30 students per session, with 1-2 sessions being held per month. I also conducted a virtual EPG session with Stepping Stones Pre-K in Rochelle. With the circumstances of the programs being virtual I have prepared and pre-delivered various craft supplies and family handouts that accompany each lesson. I also conducted a virtual EPG session with Stepping Stones Pre-K in Rochelle. I have been conducting Eat, Move, Save (EMS) Booths at various locations including the Salvation Army Food Panty in DeKalb and the Mt. Morris Senior Center. I have been collaborating with Barb Food Mart on a grant that they were awarded. Within the circumstances of the grant I have been providing demo videos that are attached to a recipe card via QR Code, along with SNAP-Ed printed resources that they have included into a meal kit box for their patrons. In addition, I have been working with them on a summer collaboration, as they have asked me to provide EMS Booth services with food samples and Direct Education (DE) in a variety of curriculums. I have secured a reservation for a week of DE at the Farm Bureau in DeKalb in which I will be hosting an Illinois Junior Chefs program. I have been working with Youth Services Bureau to provide DE using the EPG curriculum. I have secured a week with their location as well, to host an Illinois Junior Chefs program, in which a waiting list has already been started. I also secured Illinois Junior Chefs programs with Trinity Lutheran Church in Mt. Morris, and have begun planning CATCH sessions for their free summer lunch program. I have been collaborating on the Growing Together Illinois Project as well, in which the University of Illinois Extension has secured a grant that works to connect different departments of our organization as well as community partners. We have been able to offer a large supply of fresh produce to a variety of food pantries in our service area, do to this project.

### **SNAP-Ed Update for Ogle County**

Natalie Coy, SNAP-Ed Community Worker has resigned from her position.