



**2018 IMPACT REPORT** University of Illinois Extension Alexander, Johnson, Massac, Pulaski, and Union Counties

#### **ILLINOIS** EXTENSION COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

University of Illinois Extension provides practical education you can trust to help people, businesses, and communities solve problems, develop skills, and build a better future. Based in the College of Agricultural, Consumer and Environmental Sciences, Extension is the statewide outreach program of the University of Illinois at Urbana Champaign.



# A Message from the Chancellor

The University of Illinois at Urbana Champaign is an economic engine and a driver of innovation, deeply rooted in the Illinois prairie and engaged statewide, from Cook County to Cairo. Illinois Extension brings the

University to your doorstep. Extension educators live and work alongside you in every county, allowing the university to support local leaders, businesses, farmers, and residents to address grand challenges and everyday problems with practical, research-based solutions. As a youth, my own 4-H experience inspired a rewarding career in agricultural research and higher education. Today, it's an honor to lead this great public university and deepen its commitment to serve the people of Illinois.

Robert J. Jones Chancellor, University of Illinois





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# A Note from the County Director

The mission of Extension is "To enable people to improve their lives and communities through learning partnerships that put knowledge to work." Many people do not realize that Extension was originally created to

share research from land-grant universities with citizens who could benefit from it. When the Extension system was created in 1914, the United States was primarily an agricultural economy. Farmers were not getting information needed to help them operate more efficiently. The Extension service was created to deliver that information to the farmers, and it expanded to include information for homemakers, youth, community organizations, and elected officials.

With this broad mission, Extension can be complex. Kim Kidwell, Dean of the College of Agriculture, Consumer, and Environmental Sciences at the University of Illinois, challenged the college's employees to develop simple answers to the following prompts: who we are & what we do. My responses: We are the face-to-face 'Google' that people can trust, and we provide factual research-based information to our stakeholders.

Extension is a source of unbiased answers to today's questions! I hope you enjoy reviewing this years Impact Report covering Alexander, Johnson, Massac, Pulaski, and Union counties!

Mr. Jody A. Johnson County Extension Director

Jody A. Johnson



# Pesticide Applicator Testing

General standards and all category examinations were offered at our test-only sites in Anna and Vienna this year. No fee is charged for test-only sessions.

# Master Naturalist - Trainings

The spring 2018 Master Naturalist class graduated on May 17, with 23 new interns! Six participants represent our unit. These new Master Naturalist interns give back to their communities as volunteers conserving, managing, and interpreting our area's natural resources. After completing 60 hours of volunteer time, they become certified Master Naturalists. Congrats to all!



The fall Master Naturalist training was held at the Cache River Wetlands Center. Eighteen participants, with five from our unit, completed the training and expanded their natural resource knowledge. They have begun volunteering their time. They received twelve weeks of classroom instruction.



# Master Gardener

Congratulations to our spring Master Gardener trainees on finishing training and becoming interns! Of the 10 interns, four represent our unit. We are proud of their hard work and the volunteer projects they have begun. Our new interns have already gardened at the Plant a Row, Watch COPE Grow garden and planted a pollinator garden with Girl Scouts for the Forest Service.



# Vienna Grade School Garden



The Master Gardener mini-grant awarded to expand the Vienna Grade School garden has been put to good use! Under Master Gardener Carmen Dixon's guidance, a trellis arch was

constructed and installed in the garden. This allowed students to grow vining gourds, which flourished this season! In the fall, we build two additional raised beds for the garden with the remainder of the grant funds. In October 2018, Carmen was awarded the WSILTV—3 Unsung Hero award.



# Soil & Water Management Webinar

This webinar was held on February 20, 2018 at the U of I Extension office in Anna, with nine participants receiving 4.5 CCA credits. Topics included soil erosion, effects of extreme weather on nutrient transport, cover crop selection, soil microbes, and soil health tests.

# Summer Youth Outdoor Programs

Two summer youth outdoor programs were held at Vienna City Park. At *Get Outdoors Day*, youth learned about monarchs, caterpillars, and milkweed; invasive species; macroinvertebrates; and birds. They took a walk to the Ranger Station to learn about the Forest Service. At *Citizen Science in the Park*, youth learned how to collect data, made a plant press, learned how to identify trees by their leaves, and had fun catching butterflies with nets.



# Stewardship Week & Ecology Day

Over 175 youth from kindergarten to sixth grade learned about invasive species and how they impact our ecosystems at Stewardship Week at Dixon Springs Ag Center in April. At Ecology Day at Ferne Clyffe State Park in October, 136 youth learned how to identify and measure trees.

# Southern Illinois Conservation Workshop

The first Southern Illinois Conservation Workshop, hosted by Erin Medvecz and Chris Evans, was held on Saturday, September 22, 2018 at Shawnee Community College. The workshop included numerous speakers with expertise on different aspects of landowner conservation, offering an opportunity for local land managers and landowners to learn, make connections, and ask questions. Fifty-five participants attended.



# Smart Grid Outreach Education

U of I Extension received a grant from Illinois Science & Energy Innovation Foundation (ISEIF) to fund the second year of its smart grid outreach efforts statewide. Educator Erin Medvecz has joined the state team to implement the grant in southern Illinois.



Medvecz collaborated with CED Educator Susan Odum to create an "Energy Efficiency is SMART" program, designed to give homeowners tips to save on their energy bill and become more energy efficient. It also covers smart meter education and the two pricing options available for Ameren Illinois customers to save money through making energy efficient choices.

Educator Medvecz used a Smart Grid for School electricity kit to reach youth in our Extension unit. Using this kit, youth hook up a miniature power grid to learn how electricity travels from the power plant to their home. They also learn how the grid is getting "smarter" and why this is important in improving the way their electricity is delivered to their homes. This year, Medvecz reached 186 individuals with her energy programming. This included programs for SIH Second Act, two Pulaski County Electricity Camps, County Fair, Teen Leader Training, 4-H Robotics, two Rotary Clubs, and the FCS Conference.







4-H opens doors to community involvement and prepares people for the future. MICHAEL HILL, 10+ YEAR 4-H MEMBER



















# Shop Local

Shopping locally is exactly the approach University of Illinois Extension Educator Susan Odum wants others to take. Odum has been tracking what she calls "economic leakage" in 16 Illinois counties since 2012. She analyzes and then shares with civic groups and others about the flow of dollars in and out of rural areas.

# Leadership Academy

Joe Griggs from Alexander County participated in the 2018 Leadership Academy. It was developed by U of I Extension in partnership with United



Counties Council of Illinois to provide leadership training on issues important to county officials. Over the course of five interactive sessions, the academy covered topics including fiscal management, leadership in crisis situations, data-driven decision-making, managing economic development, change management, managing conflict, and parliamentary procedure. "The academy provides an opportunity for county officials to learn and practice leadership skills, and develop a network of peers they can call upon," explained Anne H. Silvis, Assistant Dean and Extension Community and Economic Development program leader for Extension. "It is always impressive to see the level of commitment and competence among our leadership academy participants."

# Local Government Education

Each year, government officials and administrators from across the state are invited to professional development opportunities offered by University of Illinois Extension. Participants benefit from the advanced instruction and broad expertise that educators bring to all our programming. Some topics covered include Storm Water 101: How to Address Local Flooding and Water Quality Issues, Solar Energy (Part I and II): Municipal Approaches, International Trade - It's Easy When You Know How, Tax Increment Financing (TIF) in Illinois, Enterprise Zones, and State Legislative Update. Contact your local Extension office to learn about upcoming programs!



ELITE (Educate, Lead, Inspire Tomorrow's Entrepreneurs) summer camp, held at Shawnee College, offers an opportunity for young people to explore the world of entrepreneurship. At this year's event, Dippin' Dots founder and Shawnee Community College alumnus Curt Jones shared his entrepreneurship story with the campers. Each camper presented his or her own business plan on the final day of camp.

This year's ELITE camp winners were Jacey Caudle and Sarah Flick. Jacey Caudle received the best overall business plan honor for her Caudle's Custom Cakes business plan. Sarah Flick received most creative business idea for her business plan called Lifestyle, a smart phone application designed for health and wellness. Each of this year's winners received a \$100 prize for their effort.

There were many sponsors for this year's camp.

"The camp was fantastic this year," Small Business Development Center director Kyle Loyd said. "The campers learned many valuable skills for developing a business plan and how to better understand the financial side of operating a small business. Several of our campers indicated that they intend to take the skills they learned at camp and use them to help start their own business in Southern Illinois in the future."



Pictured in photo (left to right) - Kyle Loyd, Susan Odum, Jacey Caudle, Sarah Flick, and Tabatha Smith.



Welcome to the Real World (WTTRW) The WTTRW program consists of four parts: career exploration, expenditure decision-making, money management, and choice evaluation. The program includes an active, hands-on activity that gives young people the opportunity to explore career opportunities and make lifestyle and spending choices similar to those adults face on a daily basis. In addition, a series of fact sheets provide activities that expand upon the learning that takes place during the simulation. Over 535 youth participated this year!

The participants explore potential careers or occupations that they would like to pursue in the future. After they choose an occupation, they receive a monthly salary for that occupation. They then proceed through the **Welcome to the Real World**! simulation, deducting taxes, determining a savings amount, paying a student loan, if applicable, and spending their salary on rent, food, and other items that reflect their career and lifestyle choices.

# Healthy Living Summit

Our unit was selected to send four teens (Kaitlyn May, Kirstan Goines, Jordi Oliver, and Kaleb Faulkner) to Washington, DC to attend the National Youth Summit on Healthy Living. The team was challenged to come back and implement an activity that would make a difference in the community. The team accepted the challenge and represented southern Illinois well. The team's idea was implemented during March 2018, and was supported by a grant from the Robert Wood Johnson foundation.

The team conducted Cooking 101 at Metropolis Elementary School. The Massac County Rotary Club discovered the program and donated \$4,000 to provide Cooking 101 to all schools in Massac County.

# **International Night**

On March 23, 2018, over 300 4-H members and their families from the 5 southernmost Illinois counties explored their world at the 4-H International Night at Shawnee College. 4-H clubs highlighted countries and brought displays and foods to sample. Thirteen clubs represented ten different countries. The SIUC International Club judged our clubs and asked them questions to establish the Most Knowledge of Country, Most Creative, Best Display, Highest Club Participation, and Best Food Presentation. A great time was had by all.



# Hunger Ambassadors Summit

Four youth from the AJMPU Unit participated in the Illinois 4-H Hunger Summit in Bloomington, in September 2018. Kaleb Faulkner, Jordi Oliver, Madison McDaniel, and Mindy Leek represented our unit. They toured the Midwest Food Bank where they saw items being sent to the Carolinas for hurricane relief. They participated in a meal packaging event for local food pantries. They also created local plans to address food security in our region. Their plans include working with local gardening projects, assisting food pantries, and helping with the Illini Fighting Hunger event planned for November 2019. Our Healthy Living Hunger Ambassador Team continues to meet monthly and promote food security in our counties.



# **Celebrate Youth Conference**

The Celebrate Youth Conference was held at Shawnee Community College on May 15 & 16, 2018, with 752 youth participants. The conference was sponsored by University of Illinois Extension and Shawnee College. Ten workshops were offered each day of the two-day event. Seventh grade youth from Alexander, Johnson, Massac, Pulaski, and Union counties participated. Celebrate Youth is a meaningful program that promotes selfesteem, and career exploration. The program celebrates youth spirit and helps youth realize their potential. Students experienced a variety of workshops that worked to increase their self-esteem and allowed them to learn while having fun.

Workshops had been chosen by 7th grade students that represented each school during a planning meeting held in the fall. Workshop topics included: Careers in AG with AITC, Snacks in a Snap, Wind Your Way Around Your Own DNA, Ag Business, Dirt Detectives: Investigating the Past, Discover Your Superpower, Electricity Safety and Operations, Find Your Wild Side with the US Forest Service, Exploring 3D Printing, Connecting the World Around with Makey Makey, and Monarchs on the Move. Stacey Diaz was the keynote speaker.





# Serving Youth in Alexander, Johnson, Massac, Pulaski, and Union Counties

Wherever you live, 4-H is there. Whoever you are, 4-H is the place where you belong and are part of the club, where you serve in the world where you live, where you act on matters important to you, and where you learn to accomplish the dreams you strive to achieve. Illinois 4-H empowers and prepares youth for success — for today, tomorrow, and a lifetime.

# **Program Reach**



# 81 % Caucasian 13 % African American 6 % Asian, American Indian, Pacific Islander, 2 or more races, or unknown

- 96 % Non Hispanic
- 4 % Hispanic
- ETHNICITY



6 Farm 6 Small Town under 10,000

# AJMPU State Events

- Robotics Competition
- Horse Bowl & Hippology Contest
- Illinois Junior Livestock Show including beef, swine, sheep, and horse
- Superior Young Producer Contest
- 35 Illinois State Fair 4-H Exhibits





# 4-H Health Jam

4-H Health Jam brings health careers alive for youth in a 9week program that introduces youth to a variety of health professions, engages young people in creative exercise, and teaches them how to keep their bodies healthy. Youth also learn how to increase their daily physical activity, including the "Walk Across Illinois." Working in teams of four, youth complete 30 minutes of daily physical activity, which is the equivalent of walking two miles.

Held at Goreville Elementary, Health Jam began in February and ended on April 19. Eighty-eight 4th and 5th grade students participated. The program was funded by a Walmart Foundation grant from National 4-H.

# **Electricity Camps**

Southern Illinois Electric Cooperative collaborated with 4-H Youth Development to host electricity workshops at all four offices in our unit, reaching 112 youth across five counties in summer STEM programming.

The students learned how to be safe in unsafe electrical situations. The students used electricity kits and were able to complete multiple lessons with the lineman. The mentorship of the youth by the lineman is always an important aspect of this workshop. To conclude the workshop, the students were able to wire their own extension cord. This workshop is yet another way that we can provide STEM education and help disseminate safety information to our youth in all five counties of our Extension unit.



# 4-H Tech Wizards

The 4-H Tech Wizards is part of a National 4-H grant. Currently, we have 4-H Tech Wizards in Cobden, Vienna, and Metropolis. The 4-H staff is continually amazed as they watch the 4-H mentors and tech wizards grow and learn to work with each other and incorporate STEM. Our site coordinators - Jason West, Tracie Troutman, and Holly Hurt - are tremendous advocates for making science exciting and building mentoring relationships. In 2019, we will have five 4-H Tech Wizards locations.



Three teens from our unit were sent to Iowa State University to be trained as the Illinois State Leadership Team to present Monarchs on the Move Challenge. This is a National 4-H Grant from Monsanto. McKenzie Reagor, Mindy Leek, and Savannah Meadows represented our unit and will continue to train teens throughout the state of Illinois.

The Illinois State 4-H office provided monarch education supply kits for every county in Illinois. This program reached 1,356 youth and engaged 62 4-H volunteer teen leaders across the state. The AJMPU Unit reached over 1,000 people in 2018.

Because of efforts made by staff, 4-H members, and volunteers, over 800 milkweed plugs were planted in deep southern Illinois.

# **4-H Teen Leaders**

4-H Teen Leaders select, develop, and plan lessons in topics such as STEM, gardening, nutrition, and more, serving as the lead teacher in sustained experiences for younger youth. They collaborate, reflect, and debrief with fellow Teen Leaders and adult mentors. Together, they practice active listening, decision making, and communication skills.

The teen leaders are growing their subject matter knowledge, skills as educators, and self esteem to meet new challenges. The teens' public speaking skills are polished throughout the year.

Three training sessions were held at Shawnee College for our teen leaders.



#### 80 Trained Teen Teachers

Extension values teen leadership and youth-led activities. We believe power is knowledge and knowledge is power. The 4-H Teen Leaders used many skills they learned in training to lead hands-on activities for other youth.

The leadership skills, teaching techniques, and responsibility they learned will continue to enhance their ability to grow up to be capable, caring adults.

Teen leaders also gave talks and demonstrations and received training on Monarchs on the Move, Coding, Honeybee Challenge, 3D Printers and much more!

#### 4-H

Shooting sport sessions were held at Vienna Grade School. Air rifle, air pistol, and archery disciplines were taught in spring 2018. 4-H members from all five counties are invited to participate. Shotgun was held at Tall Tree Lake. Braden May from Massac County participated at the state level for both air rifle and shotgun.





4-H Cooking 101 is a cooking curriculum led by teen leaders, volunteers, and 4-H staff. The curriculum allows youth to learn how to use MyPlate, avoid spreading

germs while cooking, measure and mix ingredients, test baked goods for doneness, brown meat, and set the table for a family meal. Family-style eating is also encouraged and modeled. Each participant that completes 6-10 hour workshop sessions receives a folder holding the loose-leaf curriculum. The book also includes a project activity log, games, recipes, and much more. In addition to the book, the youth are given an apron and a 4 in 1 kitchen tool to take home. The 4-H staff takes pride in the workshops where youth are allowed to chop vegetables, learn knife safety, try new foods, wash dishes, utilize ovens, microwaves, hot plates, and griddles, and read nutrition labels. The 4-H Cooking 101 program is essential for teaching youth life skills. The 4-H team tries to incorporate items commonly found in food pantries to enhance the program and make it as realistic as possible for the youth in deep southern Illinois. Our unit reached 421 youth in 2018.



#### Technology Conference

One hundred students were part of Southern Illinois Technology Conference at Jonesboro School. This conference was led by all youth presenters including several 4-H members. Union County 4-H partnered with Jonesboro School Technology Department and the Code Crackers 4-H club to help make this a great first annual event.

# Illinois Nutrition Education Program (INEP)

Working with national, state, and local partners, INEP provides basic nutrition, food safety, and food budgeting education to limited-resource audiences. Below are success stories from our INEP community workers.

A first grader from Century Elementary told me "Ms. Sarita, I'm drinking more water and less soda" before our OrganWise Guys lesson.—Sarita Sawyer

A participant told me that she has reduced her sodium level and is controlling her blood pressure by diet and does not need to be put on medication.—Patsy Bishop

A participant shared that he had started buying 100% Whole Wheat Bread. He said, "I just never bought whole wheat bread because I didn't think I would like it, but after I heard the benefits of whole grains and tried it, I knew I would start buying it." He also said he always checks the nutrition facts to make sure the first ingredient says whole grain. —Tiffney Stewart

A client shared that since she has been attending the nutrition classes, she is purchasing more fresh fruits and vegetables and eating more whole grain foods. She also stated, "I have gained the skills necessary to better plan my meals and shop for sales at the grocery stores." — Mandy Huckleberry

# IL Jr. Chefs

Illinois Junior Chefs cooking camps are designed to teach youth ages 8-13 about basic food preparation skills, kitchen and food safety, and how to incorporate healthy eating into their lives. Camps were held across the five county unit with participants at eleven locations.



# **Community Kitchen**

Thanks to Family & Consumer Sciences program leader by Jennifer McCaffrey, our unit received special funds to renovate a classroom in Southern 7 Head Start Center in Metropolis. The Community Kitchen will serve as a lab for SNAP-Ed eligible youth and adults to practice healthy recipes provided by our nutrition staff.



#### SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM EDUCATION (SNAP-EDUCATION)

SNAP-Education works with Illinois families in need to make the healthier choice an easier choice where they eat, shop, live, play and learn. Through classes and workshops, and by collaborating with community partners to adopt research-based solutions to encourage healthier nutrition and activity choices, SNAP-Education positively impacts the families and communities we serve.

# Serving Local Families







Identified as Hispanic Identified as Non-Hispanic Unknown

Youth

### RACE OF PARTICIPANTS

- 81.6% White (6,094)
- 15.2% Black (1,132)
- 1.4% American Indian or Alaska Native, Asian, or Native Hawaiian or Pacific Islander (102)

# Our Community Partners



# **FCS Conference**

The 11th annual FCS Conference was held on October 25, 2018 at Shawnee Community College. This year's event had over 35 attendees. The keynote speaker was Phillip Morris.

Lessons presented included: Caregiver Self-Care, Cooking for One or Two, From Ray to Kilowatt: Solar Energy for the Home, Hearty Soups, Herb Gardening Basics; Indoor to Outdoor Herb Care, I'm Positive, I'm Aging!, It's Time for an Upgrade! Understanding the Benefits of the Smart Grid, Smart Meter for Local Residents, Senior Bullying, and Vital Signs—Know Your Numbers.

# **Growing Illinois Food Access**

The Illinois Supplemental Nutrition Assistance Program Education (SNAP-Ed) and University of Illinois Extension Master Gardener Program have combined forces to impact hunger on a local level. Through a new collaboration, funds were provided to local Master Gardener projects that cultivate, coordinate, demonstrate, and educate on expanding healthy food access to limited resource individuals and families. The goal is to provide fresh fruits and vegetables to local food pantries for those who experience food insecurity in Illinois.

Our unit received funds to start the "Plant a Row, Watch COPE Grow" community food donation garden in Metropolis. With the help of Max Russell and the city of Metropolis, we gained access to a location and water source for the garden. Master Gardeners, Extension staff, and volunteers worked to install five raised beds. This summer, we harvested over 70 pounds of produce, all of which was donated to COPE food pantry. We doubled the garden in size in preparation for next season.





# Tri-State Food Bank

As a result of our work to address food safety and security (food deserts), Toni Kay Wright and Lindsey Sadler visited the supplier to our region's local food banks, Tri State Food Bank, in Evansville, Indiana. The food bank began operation in 1982. They service 250 facilities, and work with pantries in 16 counties in Illinois.

Tri-State participates in Feeding America's "Back Pack" program. With the help of volunteers, Tri State's 18 employees supply 9 million pounds of food every year, which equates to roughly 7 million meals.

A second visit to Tri-State is being planned, to include Unit INEP staff, 4-H Hunger & Healthy Living Ambassadors, and local food pantry staff. The intent of the follow-up visit is to strengthen relationships amongst partners to address our food security issues.



# Inter-Agency Network for Limited Resource Populations (INLRP)

INLRP offers a forum for community service agencies and not-for-profit service providers to promote their agency and events, network with other providers, reduce duplication of services, and share their expertise by acting as resource to other members. The meetings are held at rotating locations quarterly. Local agencies are invited to participate. The meeting held in December at the Pulaski-Alexander County Extension office had 10 people attend of the 58 contacts from 38 organizations. The speaker, Gabe Harris, discussed the Alexander Pulaski Action Council and the opioid epidemic. As a result of this meeting, agencies from all 5 Southern Illinois counties made professional connections which will allow for all agencies to work cohesively. Meetings are scheduled to continue quarterly throughout 2019 check your local Extension office to find the date, time, and location of upcoming meetings.





# Safety Day Camp

Every year in September, Extension partners with the Farm Bureau and other agencies to provide a day of safety education. This year, 293 4th graders learned about safety at the Vienna park, with the help of 74 volunteers.

Safety stations were provided to teach youth how to be safe outdoors, in the water, and around the farm & lawn equipment. Youth learned about hazards such as roadways, firearms, electricity, fire, and poison. Volunteers also taught basic first aid, the 911 system, and the importance of physical activity. 4-H staff supplied volunteers with lunch and a much needed break at mid-day.

# My PI

MyPI is a youth disaster preparedness initiative. Participating teens have an opportunity to make a profound difference in their homes and communities by completing a service leadership project called Prep + 6. These students assemble disaster supply kits in their own homes and help six other families do the exact same thing. They also develop a family communication plan for their home and help six others. Students complete a Federal Emergency Management Agency (FEMA) curriculum to become Certified Emergency



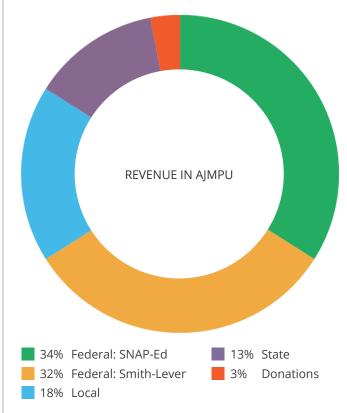
Response Team (CERT) members. The curriculum teaches students basic disaster preparedness, fire science, medical operations, light search and rescue, CERT organization, disaster psychology, and terrorism.

During spring 2018, twenty-seven students started the program, with seventeen graduating. In the fall of 2018, Massac County High School certified nursing assistants (CNA) class participated with eight students. The my PI Illinois team was awarded the 2018 Team Award at the 2018 Extension Annual Conference. Members from our unit included Jody Johnson, Carey Simmons, and Terry Montgomery.

As a result of this program, 175 homes within the five counties are now better prepared for a disaster than before the training.

# **Financial Report**

The graph represents the distribution of dollars (as a percentage of total revenue) that University of Illinois Extension, Alexander-Johnson-Massac-Pulaski-Union Unit collected during the 2018 fiscal year (July 2017 – June 2018). Because of the commitment of local funds by our county governments, Extension administration has allocated more federal Smith-Lever funds to our unit. This has enabled the unit to hire additional staff.







Jody Johnson County Extension Director



Kristi Stout 4-H & Youth Development Educator



#### Program Coordinators

Dena Wood Lindsey Sadler Robin Mizell Vickie Taylor

#### Community Workers

Mandy Huckleberry Patsy Bishop Sarita Sawyer Tiffney Stewart

#### Office Support Staff

Brenda Hileman Carey Simmons Monica Reid Tami Crest



#### PURPOSE OF THE EXTENSION COUNCIL

The Extension council is authorized by the University of Illinois Board of Trustees, in accordance with state law, to be actively involved in the operation of University of Illinois Extension. Extension councils cooperate with Extension staff in planning, promoting, developing, implementing, evaluating, and financing an Extension program designed to meet the needs, interests, and resources of the local communities served.

#### PURPOSE OF THE EXTENSION BOARD

The purpose of the Extension board is to facilitate effective cooperation between the Extension Council and the county governing board.

| Council Members     | County            |
|---------------------|-------------------|
| Alsandra Lewis*     |                   |
| Deborah Johnson*    | Alexander/Pulaski |
| McKenzie Reagor     |                   |
| Rhonda Ray          |                   |
| Richard Grigsby     |                   |
| Phyllis Webb*       |                   |
| Nancy Ford*         | Johnson           |
| Rhonda O'Neal       |                   |
| Jonathan Voelz      |                   |
| Kirsten Goins       |                   |
| Judy Parr           |                   |
| Norma Korte         | Maria             |
| Orlando McReynolds* | Massac            |
| Pearl Meadows*      |                   |
| Chris Boyd*         |                   |
| Margarita Bartolo   | Union             |
| Norman Bauer*       |                   |
| Stephanie Rhodes    |                   |

\* Extension Board Members

#### **OTHER UNIT STATISTICS**



#### **OFFICE LOCATIONS**

Johnson County Extension 208 East Main Street P.O. Box 158 Vienna, IL 62995 (618) 658-5321 Fax: (618) 658-2028 Mon - Fri, 8 am - 4:30 pm Closed Noon - 1 pm

Shawnee College 8364 Shawnee College Road Ullin, IL 62992 (by appointment only)

Alexander/Pulaski County Extension 502 Oakley Lane Mounds, IL 62964 (618) 745-5200 Fax: (618) 745-5201 Mon - Fri, 8 am - 4:30 pm Closed Noon - 1 pm

Massac County Extension 1438 West 10th Street Metropolis, IL 62960 (618) 524-2270 Fax: (618) 524-3948 Mon - Fri, 8 am - 4:30 pm Closed Noon - 1 pm

**Union County Extension** 515 East Vienna Street P.O. Box 604 Anna, IL 62906 (618) 833-6363 Fax: (618) 833-6304 Mon - Fri, 8 am - 4:30 pm Closed Noon - 1 pm



#### ONLINE



/web.extension.illinois.edu/ajmpu



Search: ajmpu extension

Front cover. Top right: 4-H Experience Award Winners Mindy Leek, Kevin Britton, Jacob Ellis, and Michael Hill. Top left: COPE garden. Bottom: SNAP Staff receive 2018 Team Award. Toni Kay Wright, Mandy Huckleberry, Patsy Bishop, Sarita Sawyer, Tiffney Stewart, Lindsey Sadler, Jody Johnson. Not pictured: Carey Simmons.

#### University of Illinois ~ U.S. Department of Agriculture ~ Local Extension Councils Cooperating

University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to participate in any program, please contact the county Extension Office. The Illinois Nutrition Education Program is funded by the Supplemental Nutrition Assistance Program (SNAP). Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the US Department of Agriculture by the Director, Cooperative Extension Service, and University of Illinois.

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