**Alexander County**

**Arrowleaf**1401 Washington Ave, Cairo, IL 62914  
Phone: 618-734-2665, Contact: Sherrie Crabb, [info@myarrowleaf.org](mailto:info@myarrowleaf.org)  
Hours of operation: Monday-Friday 8:30 am – 4:30 pm, Closed on State/Federal Holidays

* Client Choice Pantry
* Currently only 1 visit to pantry per household per month until supplies increase
* Alexander & Pulaski Counties are the PRIMARY focus with Hardin, Johnson, Pope, Massac, and Union Counties as a secondary focus

**Daystar Community Program**909 Washington Ave, Cairo, IL 62914  
Phone: 618-734-0178 or 618-734-9441, Contact: Amy Conway, [daystarcommunityprogram@gmail.com](mailto:daystarcommunityprogram@gmail.com)  
Hours of operation: Monday, Tuesday, Thursday 9:30 am – 1:00 pm

* Soup kitchen, mobile food pantry, Veteran’s program
* Outreach, rent assistance, help with health care bills

**God’s House of Blessing**35559 Grapevine Trail, McClure, IL 62957  
Contact: Sandy Pulley  
Hours of operation: 3rd Friday of the month 10 am – 2 pm

* Must be an Illinois resident

**McClure Pentecostal Church**  
32627 Gladys Ave, McClure, IL 62957  
Contact: Robert Smithey 618-697-0433  
Hours of operation: Every 3rd Tuesday of the month 2:00 – 5:30 pm, within a 25-mile radius

* Food Pantry only
* Request name and phone number
* Will service Alexander and Pulaski Counties

**\*\*\*In case of emergency call the contact number\*\*\***

**Alexander County cont.**

**The Kitchen Table**  
1001 Washington Ave, Cairo, IL 62914  
Phone: 618-734-0178 or 618-734-9441, Contact: Amy Conway, [daystarcommunityprogram@gmail.com](mailto:daystarcommunityprogram@gmail.com)  
Hours of operation: Tuesday – Friday 11:30 am – 12:30 pm

* Soup kitchen, mobile food pantry, Veterans program

**Thebes Food Pantry**413 6th St, Thebes, IL 62990  
Phone: 618-764-2658, Contact: Charlotte Woolfe or Stormy Easton, [villageofthebes@yahoo.com](mailto:villageofthebes@yahoo.com)  
Hours of operation: 2nd Wednesday of the month from 10:00 am – 2:00 pm

* No ID/Income/ Residency required

**Trinity Assembly of God**27186 IL State Hwy 3, Olive Branch, IL 62969  
Phone: 618-697-2204, Contact: Eva Rarrik  
Hours of operation: 1st & 3rd Saturday of each month, 10:00 am - noon

* No ID/Income/ Residency required
* Drive-Thru food pantry

**Pulaski County**

**Bethel Temple Evangelist Ministry**  
424 N Front St, Mounds, IL 62964  
Phone: 618-306-0074, [nomie.whitaker@yahoo.com](mailto:nomie.whitaker@yahoo.com)  
Hours of operation: Saturday after the 2nd Thursday of each month 10:00 am – 2:00 pm

* Food pantry
* Drive-up

**Bibleway Food Pantry**  
460 N Chestnut St, Pulaski, IL 62976  
Contact: Tawanna White, [tmw0837@gmail.com](mailto:tmw0837@gmail.com)  
Hours of operation: 2nd Saturday of each month 10:00 am – 2:00 pm

* Drive-up

**Caledonia Community Church**  
10076 US Hwy 37, Olmsted, IL 62970  
Phone: 618-638-7467, Contact: Tammy Wilson, [tammyswilson29@aol.com](mailto:tammyswilson29@aol.com)  
Hours of operation: 2nd Monday of each month 10:00 am – noon

* No qualifications

**First Baptist Church of Karnak**  
309 E Main St, Karnak, IL 62976  
Phone: 618-638-4676, Contact: Brenda Crockett  
Hours of operation: 1st and 3rd Wednesday of the month 2:00 pm – 4:00 pm

* Food pantry
* Bring Photo ID

**Johnson County**

**Arrowleaf**  
101 Oliver Street, Vienna, IL 62995  
Phone: 618-658-3079, Contact: Marsha Hayes, [info@myarrowleaf.org](mailto:info@myarrowleaf.org)  
Hours of operation: Tuesday – Thursday 8:30 am – 4:30 pm

* Open to anyone residing in the southern seven counties with priority given to Johnson County
* Client Choice Food Pantry
* No income of family size requirements

**Salvation Army**  
906 Tower Square, Plaza Suite A, Marion, IL 62959  
Phone: 618-997-9355, Contact: Cami Horn, [Camilla.hor@usc.salvationarmy.org](mailto:Camilla.hor@usc.salvationarmy.org)  
Hours of operation: Wednesday and Friday 9:00 – 11:30 am

* Serving Johnson and Williamson County
* ID and Proof of residency
* Food pantry

**The Table – Shawnee Worship Center**  
98 Oliver Street, Vienna, IL 62995  
Phone: 309-433-7867, Contact: Casey Pollard, [pastor.swc20@gmail.com](mailto:pastor.swc20@gmail.com)  
Hours of operation: 3rd Saturday of each month 10:00 am

* Food pantry

**Vienna First Baptist Church**  
301 N 7th Street, Vienna, IL 62995  
Phone: 618-658-3741, Contact: Brian Lingle, [vfbc301@gmail.com](mailto:vfbc301@gmail.com)  
Hours of operation: 3rd Saturday of each month 9:00 – 11:00 am

**Massac County**

**COPE**  
1013 North Ave, Metropolis, IL 62960  
Phone: 618-524-3635, Contact: Gene Tilker, [barnes4240@yahoo.com](mailto:barnes4240@yahoo.com)  
Hours of operation: Monday, Wednesday, Friday 9:00 am – 3:00 pm

* Serving Massac County
* Photo ID and Proof of residency
* Must meet income guidelines for senior box program
* Food pantry

**Emmanuel Temple Ministries**509 Broadway, Metropolis, IL 62960  
Phone: 618-638-4071  
Hours of operation: 2nd Tuesday of the month, either noon – 2:00 pm or 2:00 – 4:00 pm

* Please provide contact information so pantry can let client know when it will be open
* If there is a food emergency, please call and make an appointment
* Food pantry

**Feed My Lambs Ministry – Grace Church**102 E 20th Street, Metropolis, IL 62960  
Phone: 618-309-2427, 618-309-2562, Contact: Pat Davis, [patdavis789@yahoo.com](mailto:patdavis789@yahoo.com)  
Hours of operation: Last Saturday of the month 10:00 am – 3:00 pm

* Will operate as needed
* Food pantry

**Lighthouse Assembly of God**  
670 Airport Rd, Metropolis, IL 62960, Phone: 618-524-2256  
Hours of operation: 2nd and 4th Tuesday evenings 6:00 – 7:30 pm

* Drive-thru Food pantry
* Must fill out form with current address, phone number, and number in household

**Massac County Continued**

**The Refuge**714 Filmore St, Metropolis, IL 62960  
Phone: 270-933-3466, Contact: Pastor Tony Morris  
Hours of operation: Food items will be set every day by 10:00 am

* Food pantry

**Tree of Life Church**605 Metropolis Street, Metropolis, IL 62960  
Phone: 217-775-9041, Contact: Mary Ann, <treeoflifemetropolis@gmail.com>  
Hours of operation: Every Wednesday 5-7pm

* Food pantry

**Union County**

**Anna Church of the Nazarene**  
100 Kirk Street, Anna, IL 62906  
Phone: 618-833-6702, [annanazsec@frontier.com](mailto:annanazsec@frontier.com)

* Call for food pick-up (will be given paperwork to fil out to receive pantry items)

**Anna United Methodist Church – Loaves and Fishes**  
111 W Monroe St, Anna, IL 62906  
Phone” 618-833-2234, Contact: Chris Foster, [cafrope@nwcable.net](mailto:cafrope@nwcable.net)  
Hours of operation: 3rd Tuesday of the month 4:30 pm – 5:30 pm or until supplies are exhausted

* Curbside pickup Food Pantry

**Bethany Village**  
414 E Davie St, Anna, IL 62906  
Phone: 618-833-1777, Contact: Bob Braddock, [bethanyvillageinc@gmail.com](mailto:bethanyvillageinc@gmail.com)  
Hours of operation: Tuesday - Thursday 9 am – 4 pm, Closed from noon – 1pm for lunch

* Knock on door and give your information, then pick up food box outside
* Food Pantry

**Cobden School PTO**  
413 N Appleknocker, Cobden, IL 62920  
Phone: 618-697-1794, Contact; Angie Gearhart, [a.gearhart@cusd7.com](mailto:a.gearhart@cusd7.com)  
Hours of operation: Saturday and Sunday 9 am – 5 pm  
Located in portable gray and white building on the back of the elementary school

* Open to community members living within the Cobden School district boundaries
* Food Pantry

**Union County Continued**

**Dongola First Baptist Church**203 E Cross St, Dongola, IL 62926  
Phone: 618-827-4323, Contact: Earnest Rider, [admin@dongolafirst.com](mailto:admin@dongolafirst.com)  
Hours of operation: 1st Wednesday of the month 10 – 11 am

* Call the Church Monday before date of pantry and leave a message wither on the machine or with the secretary
* Can receive assistance once per month
* Food Pantry

**Harvest Deliverance**  
602 E Davie St, Anna, IL 62906  
Phone: 618-923-1911, Contact: Chris Snyder, [hdeliverance1@gmail.com](mailto:hdeliverance1@gmail.com)  
Hours of operation: 2nd & 4th Thursday 11 am – 1 pm

* Open to anyone
* Cleaning supplies, toiletries, and paper products

**Jesus Es El Senor Methodist Church**7780 Old Hwy 51 North, Cobden, IL 62920  
Phone: 618-893-2050, Contact: Alex Uribe (Spanish speaking available), [jeeschurch@hotmail.com](mailto:jeeschurch@hotmail.com)

* Drive-thru food pantry
* May receive food once per month

**Salem Lutheran Church**101 W Market St, Jonesboro, IL 62952  
Phone: Mark Cell 618-833-0704 or Office 618-833-6567, Contact: Red martin, [martinauctioncompany@gmail.com](mailto:martinauctioncompany@gmail.com)  
Hours of operation; 2nd, 3rd, and 4th Tuesday 5 – 6:30 pm, 1st Saturday of the month 10 – 11:30 am

* Food Pantry