Holiday Food Drive

Join our Food Pantry this holiday season in nourishing our neighbors by donating shelf stable items from the five MyPlate food groups.

The following items are especially needed this time of year to make sure everyone has a happy and healthy holiday season.

**PROTEIN**
- Unsalted or lightly salted nuts
- Low-sodium broth
- Ham
- Turkey
- Canned meat (ham, tuna, chicken)

**GRAINS**
- Flour
- Whole grain pasta
- Whole grain bread
- Pie shells
- Boxed stuffing mix

**VEGETABLES**
- Black olives
- Canned yams, sweet potatoes, corn, green beans
- Boxed instant mashed potatoes

**FRUITS**
- Canned fruit in water, light syrup, or 100% juice
- 100% fruit juice
- Canned pineapple, cranberry sauce, pumpkin
- No-sugar-added jam or jelly

**PANTRY STAPLES**
- Pepper
- Garlic powder
- Onion powder
- Nutmeg
- Vanilla
- Cinnamon
- Pumpkin pie spice
- Low sodium broth
- Brown or white sugar
- Canola or olive oil
- Gravy mix packages

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