

I
L
L
I
N
O
I
S



MY 4-H ACTIVITIES

4-H PROGRAM YEAR: 20____ - 20____

Age as of September 1: _____

NAME: _____

CLUB: _____

This form can be used to record things you did in 4-H that did not relate to any project in which you were enrolled. Keeping track of this information now can help you in the future as you apply for awards, scholarships, college, and jobs. You may wish to keep your own memory book or portfolio for pictures, news clippings, ribbons, letters, certificates, and other keepsakes.

Leadership Activities

Summarize your general leadership experiences. Include offices you held, committees worked on, experiences as a Junior Leader, and leadership in county, multi-county or state programs. Designate committees chaired with a "CH." (Ex: Club Reporter; Club tour committee (CH); 4-H Ambassador Secretary; Attended Jr. Leadership Conference; Assisted in obtaining animals for county judging contest)

Community Activities

Summarize what you have done in your school, community and religious group activities. Indicate leadership demonstrated. List honors and recognitions received outside of the 4-H program. (Ex: School Band (3 concerts); Park District baseball, Named Player of the Year; Church Acolyte; Assisted with summer library reading program)

Participation in 4-H Programs

Record your participation in 4-H programs such as camps, conferences, workshops, judging contests, etc. (Ex: 4-H camp; County Foods Workshop; County Judging Contest; Northern Illinois Leadership Conference)

4-H Promotion

Summarize 4-H promotional activities. This could include presentations to groups, TV or radio interviews, website postings, or newspaper articles/photos. If known, give the estimated number of people who attended (Ex: 4-H Project Night at Kiwanis (24); National 4-H Week Radio spots (3 public service announcements); Newspaper articles (4) promoting county 4-H show results; 4-H club website (3 blog entries; 4 photos)

Honors and Recognitions

List exhibit ratings, trophies, medals and other special recognition received in 4-H during the year. (Ex: Outstanding Club Member; Honorable Mention – Cookie Project; Standards of Excellence Recognition; Top Demonstrator Award)

Parent/Guardian:

This year, my son/daughter has learned:

4-H Leader/Helper:

This member has learned:

We certify that we developed and agreed upon the project plans carried out by this member during the past year. We also verify that the information included on this form is correct to the best of our knowledge.

Member: _____ 4-H Leader/Helper: _____

Parent/Guardian: _____