

# Alexander, Johnson, Massac, Pulaski, and Union Counties

## Food Pantry List

Eat. Move. Save. Website for recipes and more information to make healthier choices on a budget:

<https://eat-move-save.extension.illinois.edu>

**EAT.  
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### Alexander County

#### Arrowleaf

1401 Washington Ave, Cairo, IL 62914

Phone: 618-734-2665, Contact: Sherrie Crabb, [info@myarrowleaf.org](mailto:info@myarrowleaf.org)

Hours of operation: Monday-Friday 8:30 am – 4:30 pm, Closed on State/Federal Holidays

- Client Choice Pantry
- Currently only 1 visit to pantry per household per month until supplies increase
- Alexander & Pulaski Counties are the PRIMARY focus with Hardin, Johnson, Pope, Massac, and Union Counties as a secondary focus

#### Daystar Community Program

909 Washington Ave, Cairo, IL 62914

Phone: 618-734-0178 or 618-734-9441, Contact: Amy Conway, [daystarcommunityprogram@gmail.com](mailto:daystarcommunityprogram@gmail.com)

Hours of operation: Monday, Tuesday, Thursday 9:30 am – 1:00 pm

- Soup kitchen, mobile food pantry, Veteran's program
- Outreach, rent assistance, help with health care bills

#### God's House of Blessing

35559 Grapevine Trail, McClure, IL 62957

Contact: Sandy Pulley

Hours of operation: 3<sup>rd</sup> Friday of the month 10 am – 2 pm

- Must be an Illinois resident

#### McClure Pentecostal Church

32627 Gladys Ave, McClure, IL 62957

Contact: Robert Smithey 618-697-0433

Hours of operation: Every 3<sup>rd</sup> Tuesday of the month 2:00 – 5:30 pm, within a 25-mile radius

- Food Pantry only
- Request name and phone number
- Will service Alexander and Pulaski Counties

**\*\*\*In case of emergency call the contact number\*\*\***



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### Alexander County cont.

#### The Kitchen Table

1001 Washington Ave, Cairo, IL 62914

Phone: 618-734-0178 or 618-734-9441, Contact: Amy Conway, [daystarcommunityprogram@gmail.com](mailto:daystarcommunityprogram@gmail.com)

Hours of operation: Tuesday – Friday 11:30 am – 12:30 pm

- Soup kitchen, mobile food pantry, Veterans program

#### Thebes Food Pantry

413 6<sup>th</sup> St, Thebes, IL 62990

Phone: 618-764-2658, Contact: Charlotte Woolfe or Stormy Easton, [villageofthebes@yahoo.com](mailto:villageofthebes@yahoo.com)

Hours of operation: 2<sup>nd</sup> Wednesday of the month from 10:00 am – 2:00 pm

- No ID/Income/ Residency required



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### Pulaski County

#### **Bethel Temple Evangelist Ministry**

424 N Front St, Mounds, IL 62964

Phone: 618-306-0074, [nomie.whitaker@yahoo.com](mailto:nomie.whitaker@yahoo.com)

Hours of operation: Saturday after the 2<sup>nd</sup> Thursday of each month 10:00 am – 2:00 pm

- Food pantry
- Drive-up

#### **Bibleway Food Pantry**

460 N Chestnut St, Pulaski, IL 62976

Contact: Tawanna White, [tmw0837@gmail.com](mailto:tmw0837@gmail.com)

Hours of operation: 2<sup>nd</sup> Saturday of each month 10:00 am – 2:00 pm

- Drive-up

#### **Caledonia Community Church**

10076 US Hwy 37, Olmsted, IL 62970

Phone: 618-638-7467, Contact: Tammy Wilson, [tammyswilson29@aol.com](mailto:tammyswilson29@aol.com)

Hours of operation: 2<sup>nd</sup> Monday of each month 10:00 am – noon

- No qualifications

#### **First Baptist Church of Karnak**

309 E Main St, Karnak, IL 62976

Phone: 618-638-4676, Contact: Brenda Crockett

Hours of operation: 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month 2:00 pm – 4:00 pm

- Food pantry
- Bring Photo ID



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### Johnson County

#### **Arrowleaf**

101 Oliver Street, Vienna, IL 62995

Phone: 618-658-3079, Contact: Marsha Hayes, [info@myarrowleaf.org](mailto:info@myarrowleaf.org)

Hours of operation: Tuesday – Thursday 8:30 am – 4:30 pm

- Open to anyone residing in the southern seven counties with priority given to Johnson County
- Client Choice Food Pantry
- No income or family size requirements

#### **Salvation Army**

906 Tower Square, Plaza Suite A, Marion, IL 62959

Phone: 618-997-9355, Contact: Cami Horn, [Camilla.hor@usc.salvationarmy.org](mailto:Camilla.hor@usc.salvationarmy.org)

Hours of operation: Wednesday and Friday 9:00 – 11:30 am

- Serving Johnson and Williamson County
- ID and Proof of residency
- Food pantry

#### **The Table – Shawnee Worship Center**

98 Oliver Street, Vienna, IL 62995

Phone: 309-433-7867, Contact: Casey Pollard, [pastor.swc20@gmail.com](mailto:pastor.swc20@gmail.com)

Hours of operation: 3<sup>rd</sup> Saturday of each month 10:00 am

- Food pantry

#### **Vienna First Baptist Church**

301 N 7<sup>th</sup> Street, Vienna, IL 62995

Phone: 618-658-3741, Contact: Brian Lingle, [vfb301@gmail.com](mailto:vfb301@gmail.com)

Hours of operation: 3<sup>rd</sup> Saturday of each month 9:00 – 11:00 am



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### Massac County

#### COPE

1013 North Ave, Metropolis, IL 62960

Phone: 618-524-3635, Contact: Gene Tilker, [barnes4240@yahoo.com](mailto:barnes4240@yahoo.com)

Hours of operation: Monday, Wednesday, Friday 9:00 am – 3:00 pm

- Serving Massac County
- Photo ID and Proof of residency
- Must meet income guidelines for senior box program
- Food pantry

#### Emmanuel Temple Ministries

509 Broadway, Metropolis, IL 62960

Phone: 618-638-4071

Hours of operation: 2<sup>nd</sup> Tuesday of the month, either noon – 2:00 pm or 2:00 – 4:00 pm

- Please provide contact information so pantry can let client know when it will be open
- If there is a food emergency, please call and make an appointment
- Food pantry

#### Feed My Lambs Ministry – Grace Church

102 E 20<sup>th</sup> Street, Metropolis, IL 62960

Phone: 618-309-2427, 618-309-2562, Contact: Pat Davis, [patdavis789@yahoo.com](mailto:patdavis789@yahoo.com)

Hours of operation: Last Saturday of the month 10:00 am – 3:00 pm

- Will operate as needed
- Food pantry

#### Lighthouse Assembly of God

670 Airport Rd, Metropolis, IL 62960, Phone: 618-524-2256

Hours of operation: 2<sup>nd</sup> and 4<sup>th</sup> Tuesday evenings 6:00 – 7:30 pm

- Drive-thru Food pantry
- Must fill out form with current address, phone number, and number in household



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### Union County

#### **Anna Church of the Nazarene**

100 Kirk Street, Anna, IL 62906

Phone: 618-833-6702, [annanazsec@frontier.com](mailto:annanazsec@frontier.com)

- Call for food pick-up (will be given paperwork to fill out to receive pantry items)

#### **Anna United Methodist Church – Loaves and Fishes**

111 W Monroe St, Anna, IL 62906

Phone: 618-833-2234, Contact: Chris Foster, [cafrope@nwcable.net](mailto:cafrope@nwcable.net)

Hours of operation: 3<sup>rd</sup> Tuesday of the month 4:30 pm – 5:30 pm or until supplies are exhausted

- Curbside pickup Food Pantry

#### **Bethany Village**

414 E Davie St, Anna, IL 62906

Phone: 618-833-1777, Contact: Bob Braddock, [bethanyvillageinc@gmail.com](mailto:bethanyvillageinc@gmail.com)

Hours of operation: Tuesday - Thursday 9 am – 4 pm, Closed from noon – 1pm for lunch

- Knock on door and give your information, then pick up food box outside
- Food Pantry

#### **Cobden School PTO**

413 N Appleknocker, Cobden, IL 62920

Phone: 618-697-1794, Contact: Angie Gearhart, [a.gearhart@cusd7.com](mailto:a.gearhart@cusd7.com)

Hours of operation: Saturday and Sunday 9 am – 5 pm

Located in portable gray and white building on the back of the elementary school

- Open to community members living within the Cobden School district boundaries
- Food Pantry



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### Union County Continued

#### **Dongola First Baptist Church**

203 E Cross St, Dongola, IL 62926

Phone: 618-827-4323, Contact: Earnest Rider, [admin@dongolafirst.com](mailto:admin@dongolafirst.com)

Hours of operation: 1<sup>st</sup> Wednesday of the month 10 – 11 am

- Call the Church Monday before date of pantry and leave a message wither on the machine or with the secretary
- Can receive assistance once per month
- Food Pantry

#### **Harvest Deliverance**

602 E Davie St, Anna, IL 62906

Phone: 618-923-1911, Contact: Chris Snyder, [hdeliverance1@gmail.com](mailto:hdeliverance1@gmail.com)

Hours of operation: 2<sup>nd</sup> & 4<sup>th</sup> Thursday 11 am – 1 pm

- Open to anyone
- Cleaning supplies, toiletries, and paper products

#### **Jesus Es El Senor Methodist Church**

7780 Old Hwy 51 North, Cobden, IL 62920

Phone: 618-893-2050, Contact: Alex Uribe (Spanish speaking available),  
[jeeschurch@hotmail.com](mailto:jeeschurch@hotmail.com)

- Drive-thru food pantry
- May receive food once per month

#### **Salem Lutheran Church**

101 W Market St, Jonesboro, IL 62952

Phone: Mark Cell 618-833-0704 or Office 618-833-6567, Contact: Red martin,  
[martinauctioncompany@gmail.com](mailto:martinauctioncompany@gmail.com)

Hours of operation; 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> Tuesday 5 – 6:30 pm, 1<sup>st</sup> Saturday of the month 10 – 11:30 am

- Food Pantry



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### **Shawnee Development Council**

1000 N Main St, Anna, IL 62906

Phone: 618-833-7431; Contact: Brandy Sevenski [brandy.s@shawneedevelopment.org](mailto:brandy.s@shawneedevelopment.org)

Hours of operation: Every Tuesday and Wednesday 9-11 A.M. and 1-3 P.M.

\*\*\*Tuesday is Senior Box day only\*\*\*

- Food Pantry



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