

# 4-H News

## It's National 4-H Week—October 1-7, 2023

This week we join over 6 million other 4-H members in celebrating National 4-H Week. You're part of a special group of kids who use their **Head, Heart, Hands, and Health** to make the world a better place.

Our theme for 4-H Week will be "4-H: We Grow More Than Crops!"

There are so many opportunities for community service, workshops, contests, and or just fun things to do mentioned throughout this month's newsletter. Please read through it carefully so you don't miss out on anything.

Lots of activities during Corn Days, please be involved and help us out!

### Mark your calendars

#### September

- 29 Setting up Corn Day Window Display at Botsch & Associates—3:00  
Setting up Window Display at Historical Society—3:30

#### October

- 1-7 National 4-H Week - Activity each day
- 2 Window displays will be judged!
- 5 4-H Week Proclamation Carmi Signing - 3:30pm - Mayor's Office  
Federation - 5:00 - Extension Office  
Unit 24 String Art Workshop - 5:30 - Ext. Office
- 7 Enfield Mule Day Parade
- 12 Farm to Table Dinner - 5:30 - 4-H will be serving
- 14 **Corn Day - Coronation 12:00, Reception 1:00, Parade - 4:00**
- 17 Shooting Sports Shoot - 4:30 - Rifle Club



- 25 Support Committee Meeting 5:00pm  
Livestock Committee Meeting 6:00pm
- 23-31 Pumpkin Decorating Contest
- 28 Hamilton County Haunted Trail - McLeansboro
- 31 Trunk or Treat

#### November

- 2 Federation Meeting - 5:00 - TBA  
T-Shirt Bag Workshop - 6:00
- 4 Evening of Excellence - 5:00 - Emmanuel United Methodist Church
- 5 Shooting Sports Shoot - TBA
- 9 Unit 24 4-H Fall Party - Harrisburg
- 11 Veterans Day
- 14 Tentative - Gingerbread House Making Workshop
- 23-24 Thanksgiving - Office Closed
- 28 Shooting Sports Safety/Cleaning Workshop - 5:30  
Extension Office

If you need a reasonable accommodation to participate in any of these programs, please contact the University of Illinois Extension Office at 618-382-2662.



# October 2023

| Sun   | Mon                            | Tue   | Wed   | Thu   | Fri   | Sat   |
|---|--------------------------------|---|---|---|---|---|
| 1<br><i>National<br/>4-H Week</i>             | 2                              | 3   | 4<br><i>Asher<br/>Lathrop<br/>Andy Sutton</i>   | 5<br><i>Carmi Mayor<br/>Signing 3:30<br/>Federation<br/>5:00<br/>String Art<br/>Workshop<br/>5:30</i> | 6<br><i>Liz<br/>Masterson<br/><br/>Eli Bryant</i> | 7<br><i>Mule Day</i>                            |
| 8<br><i>Grace<br/>McCarty</i>                 | 9<br><i>Columbus<br/>Day</i>   | 10<br><i>Holly Davis</i>  | 11  | 12<br><i>Farm to<br/>Table Dinner</i>   | 13<br><i>Lyla Vinyard</i>                         | 14<br><i>Corn Day</i>                           |
| 15<br><i>Kenna Bond<br/>Hunter<br/>Cronje</i> | 16<br><i>Lennox<br/>Walker</i> | 17<br><i>Shooting<br/>Sports Shoot<br/>4:30</i>                             | 18  | 19<br><i>Katelyn<br/>Garner</i>   | 20  | 21  |
| 22<br><i>Levi<br/>McKinney</i>                | 23                             | 24<br><i>Support 5:00<br/>Livestock<br/>6:00<br/><br/>Henry<br/>Bullock</i> | 25  | 26  | 27  | 28<br><i>Hamilton Co.<br/>Haunted<br/>Trail</i> |
| 29  | 30                             | 31  | <i>Congratulations to Nate Garner for<br/>his highlights being chosen for a<br/>25.00 prize from the<br/>White County 4-H Support<br/>Committee</i> |   |   |   |

# Project Display Opportunity

During National 4-H Week we have the opportunity to show your projects off to the public at the White County Historical Society Windows.

Would love to have projects and ribbons from years past as well as present time.

Please drop off any projects you may have at the Extension Office by **September 28.**



**Service Project Sunday** – Give back to your community today with an individual or club service project.

**Member Monday** – Show that you are a proud 4-H member! Change your temporary profile picture to National 4-H week and post a picture of yourself in your 4-H shirt with five reasons why you love 4-H on socials/stories.

**Time Machine Tuesday** – Share a picture of you at the start of your 4-H career vs. now.

**Why 4-H Wednesday** – Share why someone should join 4-H either in person or on social media/stories.

**Thankful Thursday** – Thank someone who supported you in 4-H!

**Favorite Project Friday** – Share a picture of you with your favorite 4-H project

**Spirit Saturday** - Show your 4-H spirit! Wear your favorite 4-H shirt today or show off your 4-H sticker swag on your computers, water bottles, and more.



# Unit 24 4-H October Club

# FOOD CHALLENGE

**Unit 24 County 4-H Clubs - our Food Pantries need our help.**

**Please consider participating in this unit-wide October Community Service. Each day in the month of October, add an item to your box.**

**Then donate the box of food to a local food pantry in early November.**

**If you cannot participate the entire month, consider collecting the items during National 4-H week, October 1st - 7th.**

**Items in black would help a lot with Thanksgiving meals!**

- |                                       |                                  |
|---------------------------------------|----------------------------------|
| October 1 - stuffing mix              | October 17 - package of pasta    |
| October 2 - canned sweet potatoes     | October 18 - spaghetti sauce     |
| October 3 - boxed potatoes            | October 19 - chicken noodle soup |
| October 4 - canned corn               | October 20 - tomato soup         |
| October 5 - canned green beans        | October 21 - mixed vegetables    |
| October 6 - cranberry sauce           | October 22 - canned carrots      |
| October 7 - dessert boxed - boxed mix | October 23 - canned peaches      |
| October 8 - jar of peanut butter      | October 24 - cornbread mix       |
| October 9 - box of cereal             | October 25 - cake mix            |
| October 10 - jar of applesauce        | October 26 - canned frosting     |
| October 11 - canned tuna              | October 27 - canned pears        |
| October 12 - canned tomatoes          | October 28 - package of rice     |
| October 13 - box of crackers          | October 29 - mushroom soup       |
| October 14 - canned beans             | October 30 - macaroni & cheese   |
| October 15 - canned fruit cocktail    | October 31 - bag of candy        |
| October 16 - package of oatmeal       |                                  |



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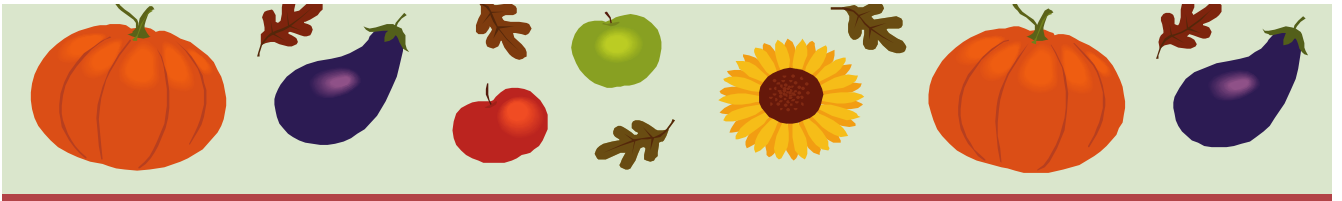
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UNIT 24



# String Art



## WORKSHOP

October 5, 2023

5:30

White Co. Ext. Office

Boards are 15in. x 6.5in.  
perfect for your name or a long  
narrow design.

Please send design to  
[amccarty@illinois.edu](mailto:amccarty@illinois.edu) by Oct. 4  
so she will have it printed.

Boards, nails, and string  
will be provided!!

BRING A HAMMER

**Illinois  
Extension**



# Corn Day's King & Queen Coronation, Parade, and Reception

We hope all of you will be able to attend the coronation of the new 2023 4-H Corn King & Queen. Retiring King & Queen Breyton Sauls & Grace McCarty will be passing the crowns on to the new royalty at **12:00 on Corn Day October 14 at the main stage downtown.**

Queen candidates are:

- Katie Aldrich
- Katelyn Allen
- Kinsey Allen
- Katelyn Davis
- Eva Grogan
- Annsley Healy
- Trinity McCormick
- Aaliya Robinson

King candidates are:

- Aidan Jordan



After the coronation, the candidates and everyone is invited to the reception to congratulate the new King and Queen which will be held at the Center Street Annex immediately following; refreshments will be served. Centerville Ripsnorters and the Grayville Go-Getters 4-H Club's will sponsor the reception which is hosted by the retiring King & Queen.

A huge thank you to Kiwanis for continuing to sponsor this award for the 4-H program. Remember this award is based on points awarded for excelling in all aspects of the 4-H program. All of these candidates have been involved in many 4-H programs and activities and deserve recognition for their efforts.

## 2022 Corn Day Royalty



Grace McCarty



Breyton Sauls

# 2023 Corn King & Queen Candidates



Kaitlyn Aldrich



Katelyn Allen



Kinsey Allen



Katelyn Davis



Eva Grogan



Annsley Healy



Trinity McCormick



Aaliya Robinson



Aidan Jordan

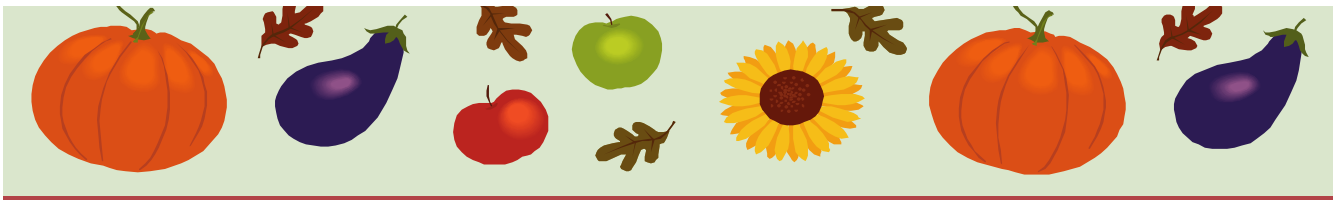


Tickets are now available to be picked up at Peoples National Bank Carmi branch for the 2023 White County Farm to Table Dinner. Thursday October 12, 5:30pm

Make checks payable to: White County Farm to Table Dinner. \$40 per ticket.

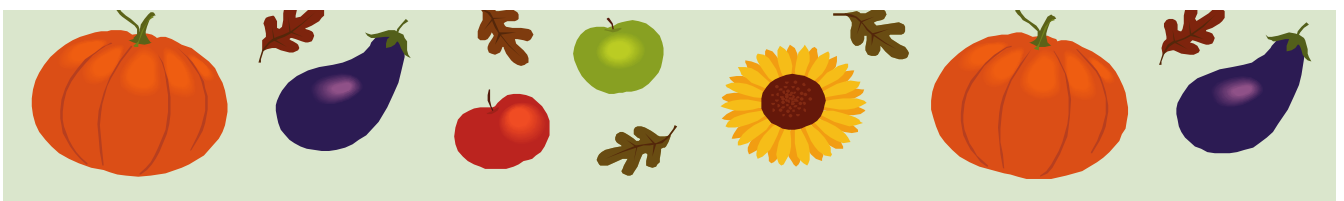
Look forward to seeing everyone!!!!!!

(Will need 10-12 helpers starting at 5:00, Let Amy know ASAP who will be helping)



Volunteers are needed to carry the flag etiquette signs through the parade. It requires no special talent—just walking! We need at least six kids for each parade, and a volunteer/parent to organize the children that day.

**Corn Day Parade on October 14**  
**(If you have let Amy know you wanted to walk,**  
**please reach out to her again)**







# 4-H PUMPKIN CONTEST



Flex your creative muscle and show the community your 4-H spirit by entering the 4-H pumpkin contest. This is the perfect way to have fun AND get the community involved in supporting White County 4-H!

Voting will take place October 23 - 31st  
at  
Tractor Supply Company - Carmi, IL



**Contest guidelines are as follows:**

1. Members may only enter one pumpkin. (More than one may be used to make a display.)
2. Pumpkins should be 4-H audience appropriate.
3. Pumpkins must be decorated and finished at home - then brought to the Extension Office by October 20th.
4. Do NOT put your name on your pumpkin, fill out the below slip and place with your pumpkin.
5. Pumpkins can be painted, decorated, dressed up or a combination - CARVED PUMPKINS WILL NOT BE ACCEPTED.
6. 1st place prizes will be awarded in each category: Cloverbuds (Ages 5-7), Juniors (Ages 8-12) and Seniors (Ages 13-18).
7. Judging Criteria: originality, ingenious use of pumpkin, quality of work and quality of work in light of participants age.
8. Pumpkins MUST BE ORIGINAL! Pumpkins must be painted or dress by the 4-H member. No pumpkins bought pre-painted or created will be accepted!

If you should have any questions, or need a reasonable accommodation to participate in any of these programs, please contact Amy McCarty, Extension Program Coordinator at 618-382-2662 or email [amccarty@illinois.edu](mailto:amccarty@illinois.edu)

ONE SLIP FOR EACH PUMPKIN

4-H Club Name \_\_\_\_\_

4-H Member Name \_\_\_\_\_ 4-H Member Age \_\_\_\_\_

Description of Pumpkin \_\_\_\_\_





# HAUNTED TRAIL

FOX PRAIRIE DISC GOLF COURSE

SAT | OCT 28 | 6-10 PM

7542 GOLF COURSE RD  
MCLEANSBORO, IL 62859

**No scares from 6-7 pm**

**Cost per person \$3**

**Scares from 7 -10 pm**

**Cost per person \$5**

If you need a reasonable accommodation to participate in any of these programs, please contact the University of Illinois Extension office at 618-643-3416



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| DIMENSION                | COLUMN A<br><i># of club / individual experiences</i>                         | COLUMN B<br><i># of county experiences</i>  | COLUMN C<br><i># of unit-wide/ regional experiences</i>   | COLUMN D<br><i># of state/ national experiences</i>              |
|--------------------------|---|---|---|--|
| <b>PARTICIPATION</b>     | Norris City Mayor Signing<br>Grayville Mayor Signing<br>Enfield Mayor Signing | Sept 1 - National 4-H Week Theme Contest<br>Sept 7 - Federation<br>Sept. 7 - 4-H Rally<br>Oct Carmi Mayor Signing<br>Oct 5 - Federation   | Hamilton County Haunted Trail<br>Unit 24 4-H Fall Party   | National 4-H Spirit Week Activities                              |
| <b>COMMUNITY SERVICE</b> |   | Sept 2 - Grayville Days Parade<br>Hygiene Products for CCC<br>Sept. 11 - Serving at Retired Teacher's Dinner<br>Sept 23 - Mule Days Parade<br>October 7 - Enfield Parade<br>Oct 12 - Farm to Table Dinner<br>October 14 - Corn Day Parade | Thank you cards for Southern Illinois Veterans Honor Flight<br>Fall Food Challenge<br>Socks for 4C's Homeless Shelter | National 4-H Day of Service                                      |
| <b>LEADERSHIP</b>        | Club Officers   | PSA's<br>Leadership Role at:<br>Federation Meeting<br>Cloverbud Meetings<br>GIFT Garden Classes<br>Expansion & Review Comm.   |   | National 4-H Conf.<br>Legislative Conn.<br>Speaking for Ill. 4-H |
| <b>PROJECT LEARNING</b>  |   | Shooting Sports SPIN Club<br>GIFT Garden SPIN Club<br>Leather SPIN Club   | String Art Workshop   | State Shotgun Shoot  |

# Evening of Excellence



Evening of Excellence will be on November 4. The awards program will begin at 5 p.m. **It will be held at the Emmanuel Church in Carmi**

I need a club to help set up and a club to tear down. Let me know who will be doing what!

Please call the office ASAP to let us know if you are interested in being a part of the program for the evening. We will need kids to announce the winners, someone to take photos of award winners, and kids to hand out programs the night of the awards.

Lots of awards will be presented that evening - prizes, medals, and cash!

Don't be missing if we call your name!



Illinois 4-H

4-H.illinois.edu

Gallatin-Saline-Hamilton-Hardin-Pope-White Counties  
Unit #24  
White County Office  
1715 College Ave.  
Carmi, Illinois 62821

**Amy McCarty**  
White County 4-H

**Lindsay Adams**  
4-H Youth Development Educator  
Gallatin/Hamilton/Hardin/Pope/  
Saline/White Counties

**Bronwyn Aly**  
Extension Educator, Local Foods/  
Small Farms, Unit 24

**Terra Russell**  
WPP, SNAP-Ed

**Lizz Cooley-Questelle**  
SNAP-Ed Educator  
Unit 24 & 27

**Lindsay McGuire**  
Office Support Assistant

**Angie Messmer**  
County Director  
Unit 24

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Check us out on the web at: <http://web.extension.illinois.edu/ghhpsw/>  
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