







4-H Spotlight: Public Speaking Workshop

Youth in Coles County participated in a 4-H Public Speaking workshop on November 11, 2023. Youth gained an understanding of the Basic Communication Model and explored the four speech options: formal, illustrated, original works, and oral interpretation. Participants put skills they learned into practice as they prepared a brief 45-second speech about an item they selected. The youth walked away with confidence in writing and presenting a speech.







Coles County

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Find other Extension program areas at https://extension.illinois.edu/ccdms/staff

- Family Life
- Horticulture, Natural Resources
- Illinois Nutrition Education Programs



Calendar

December

- 2 Winter Craft Workshop (Visual Arts)Hosted by Federation Club
- 4 Gingerbread Houses drop off @ Cross County Mall 5:30 pm - 6:30 pm
- 13 Deadline 4-H Enrollment (for Incentive Shirt)
- 22 31 HAPPY HOLIDAYS EO Closed

January

- 1- January 1 HAPPY HOLIDAYS EO Closed
- 1 RSVP First Aid Workshop
- 2 RSVP 4-H FarmBot Harvest & Activity Day
- 13 First Aid Workshop, 10 am, *RR
- 22 RSVP for Skating Party
- 22 Superintendents Meeting, 6 pm
- 28 Skating Party, Silver Star, Mattoon 6:00 8:00 pm (Coles, Cumberland, & Mo-Do)

February

3 - Beef weigh-in 8 am- 9 am *FG

EO -Extension Office

*RR= Registration Required



Beef Weigh-in

February 3, 2024 8:00 am - 9:00 am Coles County Fairgrounds



Enrollment is Open!

Go to https://go.illinois.edu/ZSuiteEnrollmentInfo to learn more about Enrolling in 4-H today!

4-H is for youth ages 5- 18 as of September 1, 2023

Kakak kaka

Muli-County (M) 4-H Skating Night

For Youth age 5-18

Coles, Cumberland, Moultrie, & Douglas Counties

Sunday, January 28, 2024 6:00 p.m. - 8:00 p.m. Silver Star Skate Center (1505 US-45, Mattoon, IL)

Registration Required for 4-H members 5 to 18 YO, adults, & guests



See page 4 for registration details.



4-H Project Book Orders



We will have two 4-H project book orders this year. The first order was due **November 30.** You will be notified once your books are ready for pickup.

The second order will be emailed to all members enrolled in ZSuite in **January**.

Please ensure you add your 4-H projects to your project list in ZSuite. This can be found under the club section.











Gingerbread House Contest

The gingerbread house contest has 4 clubs participating! Just to remind you, gingerbread houses are **due Monday, December 4**, at the **Cross County Mall**. Drop-off time is 5:30 pm – 6:30 pm. Meet at the old Radio Shack location.

1st place winner will receive a \$50 prize and will be announced on our Facebook page on December 21.

Be sure to stop by the Cross County Mall and vote for your favorite!





NEED MORE BBQ SPICE?

Stop by the Coles Extension
Office to pick up a bottle today!



Proceeds support the Coles Federation 4-H Club

Stay in the Know





Follow us on Facebook:

@ColesCounty4H
@UniversityOfIllinoisExtensionUnit19

Follow Illinois 4-H on Facebook:

Become a 4-H Volunteer!

Judge Projects

Serve as a judge for 4-H exhibits, competitions, or performances providing encouragement and ways to improve.

Serve on a Board

Sit on a local advisory or governing board. Advise on program priorities and growth strategies to help shape the program's future.

Help with Programs

Volunteer at 4-H programs like after-school, summer, camps, or meetings. Help with one meeting or program, or help for a season -whatever fits your schedule!

Teach a Skill

Whether you have 1 hour or more, you can share your skills! Teach a one-time workshop or series or start a limited time special interest club in an area like sailing, knitting, fishing and more!

Share Your Experiences

Become a guest speaker or shortterm instructor by sharing your experiences. Talk about your career path, share your educational path, or share how you got where you are today.

Lead or Assist a Club

Help make it a great club experience by starting your own club or assisting a leader with organizing meetings, helping to arrange speakers or helping with meeting logistics!

Sign up or learn more about being a volunteer at

https://go.illinois.edu/volunteering

Coles County Extension Website

https://extension.illinois.edu/ccdms/4-h-coles-county





FarmBot Harvest & Activity Workshop

For Youth age 8-18

Thursday, January 11, 2024 3:30 p.m. - 4:30 pm **Cross County Mall Registration Required**

Join Coles 4-H, SNAP Ed, & MG. for an afternoon of fun. Youth will get to harvest Basil, make Pesto, and more.

Free

For Youth age 8-18

Register at: https://go.illinois.edu/Coles4-H-FarmBotHarvestactivityDay

County (C)

Health: First Aid

Register at https://go.illinois.edu/Coles4-HFirstAidWorkshop

Register by 1/1/2024

Saturday, January 13, 2024

10:30 a.m. - Noon 4-H Center

Registration Required

For Youth age 8-18

County (C)

4-H Members

\$8

Non Members

\$ 11

and the same

4-H Skating Night

Coles, Cumberland, Moultrie, & Douglas Counties

Sunday, January 28, 2024 6:00 p.m. - 8:00 p.m. Silver Star Skate Center (1505 US-45, Mattoon, IL)

Registration Required for 4-H members 5 to 18 YO, adults, & guests

Register at:

https://go.illinois.edu/Multi-County4HSkateParty





Muli-County (M)



4-H members must participate in 1 County Workshop or Activity to participate in the upcoming 4-H Fair.

Health: Youth CPR

Saturday, May 18, 2024 10:00 a.m. - 11:30 a.m.

4-H Center

More information coming soon!

County (C)

For Youth age 8-18

4-H Members

\$ TBD

Non Members

\$ TBD

All workshops are for 4-H members and non members.



If you have questions call

217-345-7034.

**All workshops must have a minimum of 5 participants registered.

Record Keeping

Club (L)

County (C) Mult-County (M)

Regional (R)

State (S)

National (N)

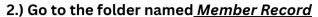
University of Illinois * US Department of Agriculture * Local Extension Councils Cooperating College of Agricultural, **Consumers, and Environmental Sciences**

University of Illinois Extension provides equal opportunities in programs and employment. If you need reasonable accommodation to participate in this program, please contact your local Extension Office. Early requests are strongly encouraged to allow sufficient time for meeting your access needs.

Record Corner

1.) go to https://go.illinois.edu/4-HMembersBoxFile

This Box link requires no account.

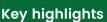


3.) Select the year 2023-2024

Items you will find:

- Record List list of events, workshops, and more
- **Helpful Resources**
- **Livestock Records**
- **Member Record Book**





What has your 4-H Program Coordinator been up to?

Program Coordination & Development

- Achievement Night
- Approved members in ZSuite
- Fair Resources Work Group planning meeting.
- 4-H Club & member Dues Invoices
- 4-H Program Reporting
- Upload Clubs financial Statements to IRS Site.
- Coordinate Gingerbread House **Contest with Cross County Mall**
- 4-H School Programing
 - o Real World
 - Etiquette
 - Walk in My Shoes

Volunteer Recruitment/Training/ **Development**

- Leaders Meeting: Coles 4-H Fair Debriefing Discussion
- Cloverbud Volunteer **Interview & Onboarding**
- Meet with new partner/volunteer site.

Marketing & **Networking**

- Marketing Updates Training & Prep
- Update 4-H Workshop in **Registration System**
- Manage County Facebook Page & Check in on club page/groups.
- 4-H Workshop Flyers

Professional Development

- Attended Illinois **Extension Annual** Conference
- Serving on State 4-H Leadership **Development Work** Group
- Began serving on State 4-H Fair guide committee
- Monthly Staff Meeting
- Weekly Unit 4-H **Program Coordinator** Meeting



Check out Illinois 4-H State Events at

https://go.illinois.edu/ILState4HNewsletter_December





