## Plant List

Many of the plants listed are host plants for various butterflies and moths and are noted with an (H).

### Good perennial & biennial pollinator plants include:

aster (H) beebalm beard tongue bellflower black-eved Susan (H) blazing star butterfly weed (H) coneflower (H) foxglove golden alexander (H) goldenrod hollyhock (H) Joe Pye weed larkspur lead plant (H) lobelia, great blue milkweed (H) monkshood mint native rose white indigo ...and many more bee-utiful flowers



Good annual pollinator plants include:

alyssum cleome (H) cosmos evening primrose flax lantana Mexican sunflower morning glory mullein poppy sunflower (H) snapdragon (H) tomato verbena zinnia

#### Good herb pollinator plants include:

basil borage catnip comfrey dill (H) fennel (H) hyssop lavender mint oregano parsley (H) sweet marjoram rosemary thyme



#### Find more pollinator-friendly garden designs:

go.illinois.edu/Pocket

Learn how to support Illinois pollinators: **pollinators.Illinois.edu** 

Explore bee-friendly gardens and how to construct bee nests with free publications from the Xerces Society: **xerces.org** 

Get involved in citizen scientist bee research and become a BeeSpotter: **beespotter.org** 



# Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

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### Just imagine...

your dining table without the delectable fruits of apples, blueberries, cherries, peaches – or the versatile pumpkin or zucchini. Flowering plants and their associated pollinators are responsible for the vast majority of our food: 35% of global food production is dependent on animal pollination. Pollinators are also crucial, directly or indirectly, for the production of dyes, medicines, and some fibers. Pollinators sustain plant communities by pollinating native plants that provide food, nesting, and shelter for wildlife. In North America, 99% of pollinators are insects, and of those, most are bees; however, pollinators also include butterflies, moths, beetles, hummingbirds, flies, and wasps. **Unfortunately,** pollinators are in perilous decline for a myriad of reasons, including the loss of native areas. Gardeners can positively influence pollinator populations and diversity by planting pollinator-friendly gardens.

A pollinator-friendly garden is also a peoplefriendly garden, as we enjoy many of the same plants. We just need to add a few elements to provide pollinators with food, water, shelter, and a nice place to raise the "kids." Many resources exist to help, and here are a few basics for a pollinatorfriendly garden.

- Food for pollinators is generally provided by flower pollen and nectar. However, some pollinating insects need specific plants during certain stages of their life cycle, such as monarch caterpillars and milkweed. These are called "host plants" and are a great addition to pollinating gardens.
- Opt for native plants whenever possible. Native plants often need less water than nonnatives, do well without fertilizer, and attract and support a diverse range of pollinators. Exotic plants, such as the butterfly bush, can provide food for butterflies and bees but don't sustain the complete life cycle of pollinators. Some exotic plants have become invasive, threatening the biodiversity of both native plants and pollinators.
- Plant clumps of similar flowers and design areas to have a variety of flowers blooming all season.
- Allow spaces between clumps of flowers to provide shelter from wind and cold.
- Avoid using weed cloth barrier and heavy mulch since some pollinators nest in the ground.
- Make your pollinator pocket a pesticide-free zone.

If you are worried about luring something into your garden that can sting, keep in mind that bees are not bullies looking for a fight. A happy bee is like a gardener in a garden center, focused on each flower.

# Let's Get Buzzy!

 The first step is to "Build it and they will come." Convert a section of your lawn into a Pollinator Pocket! A suggested planting plan for an approximately 4 foot by 6 foot space is shown below. Designs were developed for a variety of sun, shade, and moisture conditions (see https://go.illinois.edu/PollinatorPocket). Within this brochure is a list of pollinator plants of which most are available at local or native plant nurseries. 2. Leave dead stems over the winter to provide shelter and nesting areas. Consider adding nesting habitats. Native bees make nests in a variety of places such as pieces of wood, cavities, or in open ground. Many bees will defend their nests so developing a nesting site in an out-of-the-way place will make everyone happier including the bees.

**3.** Ready to go a bit farther with your lawn? Set mower blades higher and let clover, dandelions, and violets grow and flower.

