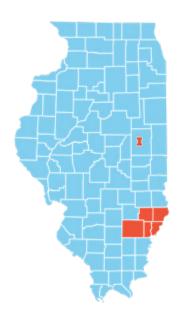




Tara Buerster County Director



A year of growth

On behalf of Illinois Extension, the staff, and volunteers serving Edwards, Lawrence, Richland, Wabash, and Wayne counties, I want to thank the public and our partners for your continued support of Extension this past year. As I sit here and think about 2023, I am pleased to say it was a year of growth for the five-county area we serve.

Some of our successes this past year include moving our Edwards County office to be more accessible to our community, adding a new local foods small farms educator to expand our agriculture education efforts, increasing our adult reach in nutritional programming, and increasing our in-school youth programming.

As we continue efforts to assist our communities, we keep at the forefront our mission of being a land-grant university. Using research and evidence-based practices, we address key issues in everything: community, economy, environment, food, and health. In fulfilling our mission:

- We are adding research plots to our Wayne County location to allow for research and donations to local food pantries.
- We are present in many of our local schools to collaborate with teachers to support thriving youth.
- We are committed to increasing our reach this summer with Illinois Junior Chef cooking schools.
- Our Master Gardener group continues to grow and volunteer in their communities.
- Our unit has over 118 volunteers.

I encourage you to visit our website at **extension.illinois.edu/elrww** for programs and events, news releases, and research-based information you can trust.

We are humbled by the opportunity to continue to provide positive change within our communities, and we thank you for the support you have provided our organization so that we can continue to do so. We hope you enjoy this annual report that provides just a snapshot of some of the wonderful things that happened in 2023.

Tara Buerster County Director



Cover photo: Lawrence County Conservation Day



Illinois Extension Makes an Impact

The University of Illinois Urbana-Champaign's land-grant mission thrives each day through Extension's programs, resources, knowledge, and dedicated staff that are responsive to five grand challenge themes:



Community:

Support Strong and Resilient Residents



Economy:

Grow a Prosperous Economy



Environment:

Sustain Natural Resources at Home and in Public Spaces



Food:

Maintain a Safe and Accessible Food Supply



Health:

Maximize Physical, Mental, and Emotional Health

2023 Engagement

Extension leaders, staff, and stakeholders define priorities that create meaningful, mission-centered outcomes throughout the state:

657 Communities Served	745K+ Program Attendees	12.7M+ Webpage Views	58.5M+ Social Media Impressions	1.8M+ YouTube Views
555 Educational Sessions/Week (28K+ Annually)	90 Online Courses Accessed by 12K+ People	10,158 Local Government Education Webinar Reach	1,799 4-H Clubs	199,400 4-H Experiences

Partnerships

Resource Generation

5,682
Program
Volunteers

274 Community Gardens 2,634
School and
Community
Partners

\$15,259,785 Value of Volunteer Contributions \$463,368

Value of Donated

Produce Grown or

Facilitated

\$4M+ External Funds Secured for SNAP-Ed Partners





Regional program offers local resources to farmers

The Embarras Grazing Partnership (EGP) is an informal collaboration between representatives of the Illinois Soybean Association, Champaign County Soil and Water Conservation District, Terra Elossa LLC, The Land Connection, Pasture Project, and University of Illinois. This group of passionate individuals includes Extension Educator Katie Bell and Watershed Outreach Associate Nicole Haverback, who both serve counties in and around the Embarras Watershed, including Richland and Lawrence counties.

The goal of the EGP is to provide regenerative grazing resources and education to local farmers and agriculture professionals. Field days, pasture walks, and in-person education have been provided in locations across the state, including Hamilton, Moultrie, and Montgomery counties. Additionally, the group created a checklist of grazing cover crops for farmers and a six-part webinar series on various grazing topics. Overall, the team provided education to 91 participants, 40 of whom were agriculture professionals who reported an intent to use the knowledge and skills gained in their professions.

After the training, several participants began providing education and support to farmers and grazers in their local areas. In the future, the EGP will continue to provide regenerative grazing outreach and education across the state of Illinois.

Bell also provides grazing education and support locally to the counties of Edwards, Lawrence, Richland, Wabash, and Wayne.





Wayne County youth excels

Wayne County is very fortunate to have a Youth Leadership Team Member and a National 4-H Shooting Sport Ambassador. Alex Paul who is a member of the Enterprisers 4-H Club, Federation Team and the Wayne County Shooting Sports Club has been a member of both of these teams this year. The Illinois State 4-H Youth Leadership Team 4-H members and recent 4-H alumni who coordinate and assist with various area and statewide 4-H activities.



National 4-H Shooting Sports Ambassador Program is designed to promote 4-H and 4-H Shooting Sports. Youth who serve as Ambassadors receive training that allows them to return to their homes and advocate for the program at the county, regional, and state level. The Ambassador's further develop their skills in leadership, public presentation, citizenship, community service, public relations, and team building. In September, Alex Paul competed in the 4-H State Shotgun Competition and placed 8th out of 60 competitors. Alex was then invited to shoot on the Illinois 4-H Shotgun team at the 2023 4-H Shooting Sports National Competition.





10 years of memories

Aly Williams is beginning her 10th year as a member of the Yankees 4-H Club. Her parents are Cody and Derra Williams.

She is beginning her second term as club president. She's also been active over the past few years in the Edwards County Senior Federation and holds the office of President for this year. Her projects have included cooking, preserving jams and jellies, horses, and showing livestock such as sheep, swine, and beef cattle. Aly serves on the county committees for sheep and cooking. She lends a helping hand whenever it's needed by volunteering to help with workshops, programs, and serving the community.

Aly is also a member of the Wabash County 4-H Livestock
Judging team. She has been the recipient of several county
4-H awards over the years including Junior Member of the Year,
Clean Pen Awards, Cream of the Crop, and 4-H'er of the Year.
4-H has been a huge part of her life and has taught her how
to work with others, be a leader, be an active member of the
community, and to make the best better!



Creating candles and sugar scrubs engages youth creativity

Candle-making has become a viral activity, and 4-H'ers in Lawrence County got hands-on experience in creating their own candles. In addition to candle-making, they were even able to make sugar scrubs to take home. Participants left with the recipe cards so they could make new creations at home.



Reid Hamilton and Alaina Tewell work on melting candle wax to create their own special candles.



Summer time fun

Summer in Wayne County is full of fun, including summer camps, the fair, sports, and swimming. To help keep youth learning and bridge the gap from the end of one school year to the next, Wayne County 4-H staff taught multiple programs at the Kids in Motion summer program. Youth in grades K-8 learned about how farmers feed their animals, how pollinators help grow our food, the science of bees with beekeeping, growing a garden, how fireworks are made, and the science of wind. Youth created different projects they could take home and teach their family about.



Summer club sparks interest in reading

The summer reading club "Find Your Spark" successfully supported interest in reading throughout the summer. Fifteen area youth attended the weekly reading club held at the Edwards County Extension office and the West Salem park. The younger kids enjoyed a book and an activity each week, while the older youth read chapter books. Great reading sessions and discussions were held with these youth.

The Dollar General Literacy Grant funded the reading club. The youth were able to take new books home to add to their collections and enjoy for years to come. Local schools in our district were also given books for their class libraries for the students to enjoy.

We hope to continue this program in the future to foster growth in reading and to help youth "Find Their Spark."



Having a good time jammin' out

During this workshop, kids learned the fundamentals of proper canning. Not only did they learn how to can, but they also learned why canning is important and what can happen if it is not done correctly. During this lesson, the kids made their own jar of strawberry jam to take home with them.



Extension Educator Mary Liz Wright teaches members the safe way to make and can delicious strawberry jam.





Airplane pool noodles were a big hit during one of the Spark lessons.

V

SPARK ignites creativity

Creating a spark and finding your pathway in 4-H doesn't have to start at the club level. That is why Olney Public Library and Lawrence Public Library partnered with 4-H to bring one-hour programs to the youth of their communities. These interactive spark lessons were a great introduction to the

endless possibilities of projects youth can enroll in through 4-H. Fifteen youths explored junk drawer robotics, visual arts, electricity, and weather.

This program allowed first-time members to see what 4-H offers

and attracted youth not currently involved in 4-H to participate. Out of this program, we gained three new members, and the libraries had more youth checking out books about the topics we discussed. Lawrence and Richland Counties will continue these hands-on projects to help youth find their spark and eventually their pathway in 4-H.



Walking horses "raced" during one session.

4-H'ers Fly to the Sky in Richland County

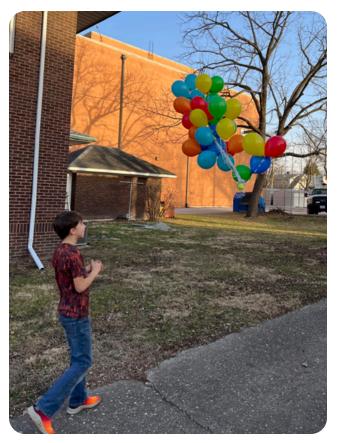
The demand for workers in science, technology, engineering, and mathematics-related fields is increasing. According to the U.S. Department of Labor, in 2021, there were nearly 10 million workers in STEM-related occupations, and the need for more qualified workers is expected to grow. By 2031, the total is projected to grow by almost 11%, so now is the time to begin developing the next generation of STEM students to avoid a shortfall of qualified workers. Developing interest in STEM programs and education among youth today will ensure that the U.S. is prepared to meet the demands of the future.

Richland County 4-H is doing its part by helping youth find their SPARK through the presentation of "Fly to the Sky!" an aeronautics STEM program. The program is an aerospace and flying adventure where youth:

- Learn the fundamentals of Newton's laws of motion.
- Discover how planes and rockets can fly.
- Understand how hovercrafts operate.

The events conclude with an egg drop where students apply what they have learned by putting it into action and observing the results.

It's too soon to tell how many of the attendees will be our STEM workers of the future, but we hope this program inspired some to take the next step. We can't wait to see how high these members fly!







Kids take over the kitchen during Illinois Junior Chef cooking school

Illinois Junior Chefs is an award-winning program developed by University of Illinois Extension's Illinois Nutrition Education Program, where each day is focused on one of the five MyPlate food groups and the development of cooking skills.

The cooking skills included measuring, mixing, peeling, cutting, grating, juicing a lemon, and cracking an egg. This program was held in two of our counties and reached 30 children.

The parents shared that the kids who participated are now trying more foods and finding fun ways to eat more fruits and vegetables. Not only are they observing and learning cooking skills, but they are also getting hands-on experience that will help give them confidence in the kitchen.

Adalyn is not a brave taster! This class has helped her to try a lot of new foods. Adalyn's Mom





SNAP-Ed outreach



/ Partnerships with K-12 Schools



Partnerships with Early Childhood Centers



Partnerships with Emergency Food Sites



Partnerships with Other Types of Organizations



Nutrition Education Classes



2,41 Nutrition Education Participants

PARTNERSHIPS CREATE CHANGE

Illinois Extension's "Eat. Move. Save." nutrition education program in Wayne County partnered with Fairfield's Feed My Sheep Soup Kitchen to provide a unique learning environment for local community members. Participants created individualized dishes utilizing the Create Better Health curriculum. Using a basic recipe model, the participants learned how to individualize a dish using supplies on hand rather than thinking a recipe must be ingredient-specific. This approach taught them the value and importance of creating meals on a budget with limited resources. Participants stated the classes were fun, allowed for food preferences, and taught them new ways to eat a variety of foods. MyPlate nutrition guidance was taught throughout the sessions, along with learning the benefits of becoming more active to maintain a healthy weight. Thanks to partnerships such as this, community members learn to make little changes to their health habits that bring long-term benefits.





A group from Community Support Systems enjoyed a Create Better Health class at the Olney Public Library. Participants learned about making healthy, tasty meals with things they have on hand. They created a wrap and tasted some new foods.

CHILDREN LEARN ABOUT NUTRITION THROUGH EatPlayGrow PROGRAM

Children aged six and under and their caregivers enjoyed an EatPlayGrow class where they learned about the five senses.

They used their five senses as they created a face using collage materials, tasted various salty, sour, crunchy, and sweet foods, and then smelled a not-so-good smell! They also listened to a story titled "My Five Senses" by Aliki.



Edita wif and activation and a factor with a factor with

NUTRITION EDUCATION HELPS RESIDENTS MAKE BETTER CHOICES

Illinois Extension continues to provide nutrition education to residents at the Wayne County Housing High Rise apartments in Fairfield. The Healthy Cents curriculum offers residents the opportunity to discuss topics including healthy eating, smart shopping, budgeting, community resources, meal planning, and more. The residents enjoy tasting healthy recipes and leave with educational hand-outs and goals to work toward. Group discussions help residents to support each other as they work on their personal goals to make healthy and affordable choices. Participants relay that they learn something new at each class about eating healthier and managing food expenses. All agree that small changes can make a difference.



New Hope Lucky Clovers Cloverbuds "Make the Best Better"

The 4-H motto "To Make the Best Better" is a daily phrase that 4-H staff and volunteers help youth apply to their lives every day. The New Hope Lucky Clovers Cloverbud Club goes above and beyond to teach its members how to make the best better. The Flowers for Friends program was created by leaders Debbie Webb, Annie Buckles, and Emily Snidle, where Cloverbud members, with the help of Mark and Tina Turner and the crew at Blacks Flower Shop in Fairfield, create flower bouquets.

Cloverbud members then decided which friend to take the flowers to later. Family members, fellow church members, and even family friends have their day brightened by these personal creations.



Drake Gray serves his great-grandma her pancakes.



Cayley Barton delivers her bouquet of flowers to her friend Amy Hart.

The Cloverbud members do something each season for their local community, from feeding farmers in the field to a summer carnival and free pancake breakfast, Boo Baskets at Halloween, and holiday caroling with hot chocolate and cookies for all who come.

The sense of belonging and love for helping others and making the best better in this club teaches their members and continues past their Cloverbud years. New Hope Lucky Clovers 4-H Club members enter their 4-H careers ready to step up and change the world around them.



Kadence Thomason delivers a meal to her favorite farmer, her grandpa Jim Rush, during their Feed the Farmer activity.



Taking a break from caroling for a quick picture





Trying to add a little green to the bleak mid-winter, the Edwards County Master Gardeners hosted a succulent workshop for 20 participants. During the workshop, speaker Mandi Spier identified several popular types of succulents, provided information on the best growing conditions, and covered basic plant care. She also explained to attendees how succulent plants show signs of needing specific care, such as water and sunlight, and demonstrated how to propagate succulents. Each participant was able to select a couple of succulent plants and create their own potted design to take home with them.

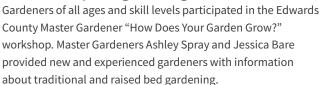


Elaine Harris, Mandi Spier, and Debbie Smith pick out the succulents they want for their pots.



Master Gardener Darla Bradham and Debbie Smith

How does your garden grow?





Workshop attendees explored the differences and similarities between traditional gardening and raised bed gardening by exploring the topics of planning and plotting their gardens, selecting seeds and plants, watering and weed control, and soil maintenance.

Jessica Bare demonstrated the lasagna method of soil preparation for raised bed gardening that she will be using at the West Salem Community Garden, which a Know More, Grown More grant partially sponsors.







Welcome to the Real World program teaches life lessons

A 2022 third-party report that surveyed 500 high school graduates from 2019-2022 found that 75% do not feel prepared for college or the workforce. To help address these types of feelings, University of Illinois Extension offers programs like Welcome to the Real World to junior high and high school youth.

The counties of Lawrence, Richland, and Edwards explored this program with eighth graders through high school seniors. Between the three counties, 146 youths pretended they were 25, had a career, and had a monthly salary to spend on utilities, food, clothing, and more. This real-world simulation is eyeopening at any age. Of the youth surveyed, 68% said they were surprised with the outcome of the simulation. Comments had a common theme: "Things were a lot more expensive than I thought" or "I didn't expect my money to go that quick."

Red Hill High School teacher Amy Moan stated, "This is a great opportunity for my students to see first-hand what it is like spending a paycheck for a month, whether it is a good experience or a bad one."

County Director Tara Buerster teaches one of the valuable lessons

Many youth felt that if they were to go through the simulation again, they would pick less expensive options and put more money in savings to help them in emergencies. No matter the simulation outcome, youth learn how to write a check, open a savings account, keep track of savings, balance income and expenses, and explore career possibilities through this program.

The goal is to reach students early to help prepare them for a variety of real-world settings and situations, whether in college or the workforce.





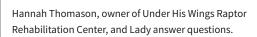
Nature detectives hard at work in Edwards County

West Salem and Albion fourth grade classes took part in the Birds signature program from Illinois 4-H. The students in Edwards County had four weeks of learning about birds and their habitats. The classes were pleased to have Master Naturalist Bob Shelby visit their schools and speak on his involvement with the prairie chickens at the Jasper County Prairie Chicken Sanctuary in Newton.

The students learned about the greater prairie chicken's physical traits and behavioral characteristics. Bob shared with the classes about the decline of the bird's population and what is being done to sustain their population. Between 1852 and 1862, it was estimated that Illinois had as many as 14 million birds. Fewer than 100 prairie chickens remain in Illinois. Efforts to save the prairie chickens began in 1959 with the organization of the Prairie Chicken Foundation of Illinois. The nature preserve is dedicated to maintaining a population of endangered animals. Illinois has two sanctuary systems: one in Jasper County and one in Marion County, where a grassland habitat is being maintained for prairie chickens.



Jacque Cullison and Bob Shelby talk about what the kids will see when they go on their hike.



In 2012, the number dropped to just 50 birds. This decline prompted a recovery program to help the struggling population and ensure genetic diversity. Illinois Department of Natural Resources biologists went to Kansas and trapped and relocated prairie chickens to Prairie Ridge in Illinois. At this point, they are maintaining habitat protection and management to try to increase the prairie chicken population in Illinois.

Hannah Thomason, with Birds of Prey and the owner of Under His Wings Raptor Rehabilitation, also talked with the classes. Students learned about rehabilitating injured birds of prey and were able to engage in a question-and-answer session with Hannah and meet Lady, her red-tailed hawk.

The fourth grade students in Edwards County also had four weeks of learning about birds and their habitats. One week, the students made bird feeders from pine cones by putting peanut butter and bird seeds on them. They also used pipe cleaners and put cheerios on them for the birds. Students could take these home and see what type of birds were attracted to the feeders.

During the final week, students took a nature hike at Beall Woods State Park in Wabash County. Jacque Cullison, natural resource coordinator at the park, and Master Naturalist Bob Shelby split the groups and took them on an hour-and-a-half hike. While hiking, they stopped at various points of interest in the woods. Participants learned about wildflowers, birds, trees, and the park's natural habitat.



Poverty simulations educate local educators

Poverty is not a game for the 12.1% of Illinois residents who currently live in poverty. Many Illinois residents do not understand the impact on one's daily life while living in poverty.

Illinois Extension has provided four poverty simulations locally to 199 teachers and staff in area school systems.

At the completion of the poverty simulations, participants commented on how eye-opening the simulation was to the daily issues their students and families face.

Participants left with a new understanding of their student's needs and a goal to help their families successfully navigate their children's education and daily life.



Volunteers discuss the options that are available in the simulation.







Know More, Grown More grant helps West Salem community garden

As an active community member, Jessica Bare had a vision for a community garden in West Salem that would be a place for the community to come together to provide fresh produce to underserved members of the community as well as provide educational opportunities for adults and kids in the community to learn about gardening. The Village of West Salem agreed to provide a portion of land near the village hall for the site of the garden.

Along with community member and business donations, Jessica applied for and received a Know More, Grown More grant this year to help with some of the start-up costs of building the raised beds. The 644-square-foot raised bed garden was plotted and planted in the late spring.

Not only did the garden provide fresh vegetables to the community and food pantry, but Jessica was also able to offer learning opportunities to local church groups and 4-H clubs.

Jessica believes the first year for the garden went well and is happy with the amount of produce they were able to donate. She looks forward to offering more educational opportunities next year and seeing how the garden flourishes in the coming years.

With the help of many community volunteers, the garden flourished, and around 180 pounds of produce was donated to the food pantry in West Salem.







FOURTH GRADERS LEARN ALL ABOUT PUMPKINS

Everyone loves a good pumpkin to carve to make the scariest jack-o-lantern for the Halloween season, but what is the best pumpkin to make pumpkin pie on Thanksgiving? Fourth graders at Center Street Elementary in Fairfield explored the best pumpkins for cooking and decorating. Local Foods and Small Farms Educator Katie Bell brought several varieties for the youth to touch, see and smell. She taught the youth that there are several different kinds of pumpkins that people put out for decoration that are great for cooking. The students got to look inside a jack-o-lantern and a processing pumpkin to determine the difference. 4-H Youth Development Educator Samantha Gaither created pumpkin pie in a bag with the youth to taste what they had just learned about. The connection of each ingredient and how it relates to agriculture was discussed. A generous donation of small pumpkins was provided so that each youth could take one home.



Illinois Extension Westerfor the Austral Columbia Columbia Westerfor the Austral Columbia Wes

ROBOTS ON MISSION TO SAVE THE OCEAN

Could you imagine a completely autonomous world? Al and robots are the future, and 4-H members are ready to jump into robot maintenance and operation careers. How will they get there? By finding their SPARK in 4-H Robotics.

Richland County 4-H and Richland County
Middle School partnered to create a robotics
team that competed in the Illinois 4-H Robotics
competition. The competition challenged teams
to create a hydrobot that could save the ocean.
Congratulations to our Reserve Champion and
Best Overall Design winning teams.



MYPI DISASTER PREPAREDNESS PROGRAM PREPARES YOUTH FOR EMERGENCIES

Emergency preparedness is a concern of many rural communities in Southern Illinois. Illinois Extension was approached by community members in Richland County asking for assistance in bringing a disaster preparedness program to the area for local teens. Illinois Extension partnered with local agencies and Illinois Eastern Community College's Upward Bound summer program to bring the MyPI Disaster Preparedness for Teens program to the college.

Emergency Management Specialist for Carle Richland Memorial Hospital Jessica Clark coordinated and taught the course. The program's goal was to foster emergency preparedness, civic responsibility, and leadership in teens. During the six-week program, teens learned disaster preparedness, fire safety and suppression, lifesaving skills, search and rescue, and disaster psychology.

During the program's last meeting, students participated in a mass causality event simulation presented by Carle Richland Memorial Hospital. During the event, the students were required to triage patients and prepare them for transport to the hospital location. The overall program was very successful, resulting in more young members of the area learning these valuable skills to assist their communities and be prepared to help in the event of a disaster.







Wabash County third graders hatch chicks

What is more exciting than seeing a fully developed baby chick emerge from an egg that you have been watching over for 21 long days? That is exactly what 3rd graders in Wabash County got to experience this past year. They learned the parts of chicken eggs, the chicken embryo life cycle and about the poultry industry. They also had fun naming each of the baby chicks as they hatched.



4-H remains resilient as we grow our reach



837 Club Members



4-H Clubs



107 Volunteers



7,038 4-H Experiences



3,299 Fair Exhibits



Strength in Numbers



11 Master Gardeners



107 4-H Volunteers



118 Total Number of Volunteers



273 Master Gardener Volunteer Hours



8,544 4-H Volunteer Hours



8,817 Total Number of Volunteer Hours

Value of Volunteer Time



\$8,925 Master Gardeners



\$279,217



\$288,142 Total Number of Volunteer Hours National value of volunteer time = \$32.68/Hour





MEET LOCAL FOODS SMALL FARMS EDUCATOR KATIE BELL

As a local food systems and small farms educator, Katie Bell develops and delivers research-based programs that address a variety of issues related to the local food system. Bell collaborates with Extension educators, campus-based specialists, and various other agencies to provide timely and relevant programming focused on agronomic and horticultural crop production, including cover crops, pest management, soil and nutrient management, and food safety and security.



MEET RICHLAND COUNTY 4-H YOUTH DEVELOPMENT EXTENSION PROGRAM COORDINATOR ALLISON KOCHER

Allison Kocher is the 4-H Program Coordinator for the University of Illinois Extension in Richland County. She has an extensive knowledge of working in the agriculture industry, especially with animals. She grew up in Richland County and was a 4-H member before becoming a club leader.

Locally, Allison serves as the co-chair for Richland County Farm Bureau Young Leaders. She is also an alumnus of the Olney FFA and is involved in various organizations and committees within the community. Her other personal hobbies and interests include animals, being outdoors, and spending time with family and friends.

Allison is excited about serving Richland County 4-H youth and volunteers. She hopes to continue to enhance the youth's knowledge with her unique views and ideas.



MEET WABASH COUNTY OFFICE SUPPORT ASSISTANT ALIZAH HARPER

Alizah Harper joined our team as an office support associate in Wabash County in June 2023. She holds a bachelor's degree in biology, an associate degree in chemistry, and is pursuing a master's degree in public health. Alizah grew up in Indiana where she enjoyed participating in the local 4-H's Horse and Pony Club.

Alizah lives in Albion with her husband, Caleb. Her hobbies include hiking, gardening, cooking, and listening to audiobooks. She loves learning new things and looks forward to getting to know and serving her new community.

Her outgoing personality will be a delight as she welcomes 4-H members, parents, volunteers, and community members into the Wabash Office.



















STAFF

Katie Bell Educator, Local Food Systems

& Small Farms

Debbie Buchanan Office Support Assistant

Tara Buerster County Director

Debra Collier Program Coordinator, 4-H

Sam Gaither Educator, 4-H Youth Development

Alizah Harper Office Support Assistant Dana Hart Office Support Assistant

Kirby Hunt Community Worker, SNAP-Ed

Jane Jones

Community Worker, SNAP-Ed

Logan Kennard Program Coordinator, 4-H

Allison Kocher Program Coordinator, 4-H

Ryan Littlejohn Program Coordinator, 4-H

Maisie McClure Program Coordinator, 4-H Sheri Pitts Office Support Assistant

Theresa Reid Office Support Associate, Fiscal

Jessica Simpson Office Support Assistant

Carol VanMatre Community Worker, SNAP-Ed Extra Help- Office Support

Lydia Anderson

Annie Buckles

Beatrice Kibler

Lauren Russell

Rene Smith

Deb Sterchi

Debbie Webb

OFFICE INFORMATION

Edwards County Extension Office

7 N 5th St Albion, IL 62806 (618) 445-2934

Monday-Friday, 8 AM to 4:30 PM

(Closed Noon - 1 PM)

Wabash County Extension Office

738 N. Market Mt. Carmel, IL 62863 (618) 262-5725 Tuesday-Thursday, 8 AM to 4:30 PM (Closed Noon - 1 PM)

Lawrence County Extension Office

10722 Cherry Blvd. Lawrenceville, IL 62439 (618) 943-5018 Monday-Friday, 8 AM to 4:30 PM (Closed Noon - 1 PM)

Wayne County Extension Office

#2B Frontier Drive Fairfield, IL 62837 (618) 842-3702 Monday-Friday, 8 AM to 4:30 PM (Closed Noon - 1 PM)

Richland County Extension Office

306 South Fair Street Olney, IL 62450 (618) 395-2191 Monday-Friday, 8 AM to 4:30 PM (Closed Noon - 1 PM)

ONLINE



Edwards County 4-H Lawrence County 4-H Richland County 4-H Wabash County 4-H Wayne County 4-H Master Gardener Main Office Page facebook.com/EdwardsCounty4H facebook.com/4HLawrenceCounty facebook.com/RichlandCounty4H facebook.com/WabashCounty4H facebook.com/wayne.county.il.4h facebook.com/MasterGardenerELRWW facebook.com/UIExtELRWW



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

If you need a reasonable accommodation to participate, please contact the event coordinator. Early requests are strongly encouraged to allow sufficient time to meet your needs.

College of Agricultural, Consumer & Environmental Sciences

University of Illinois, U.S. Department of Agriculture, Local Extension Councils Cooperating. University of Illinois Extension provides equal opportunities in programs and employment.

The Illinois Nutrition Education Programs are funded by the Supplemental Nutrition Assistance Program (SNAP) and Expanded Food and Nutrition Education Program (EFNEP). Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the US Department of Agriculture by the Director, Cooperative Extension Service, and University of Illinois.