



My 4-H Project Record

Food Systems



Name: _____

4-H Year: _____

4-H Club: _____

Age: _____

Please circle the project(s) you are taking:

Corn

Small Grains

Veg. Gardening

Plants and Soils

Soybeans

Floriculture

Cover Crops

Goals: What do I want to do?

Examples of Goals:

Learn about corn germination

Plant a themed garden

Talk or demonstration

List your own goals:

What did I do in Food Systems?

Size & Growth

List how many times you practiced your project, items made, items needed for project, and any income or expenses. Example: cost of plants \$50, created 5 bouquets for a bridal party.

What did I learn?

Knowledge & Skills: List what you learned this year related to your project area. Examples: make a worm box, grow new plants from plant parts.
I learned to:



Reflection on Project Area

Knowledge & Skills: List challenges you encountered and memories you made, and what you learned from them.

Participation in Food Systems

List participation related to your project area(s). Examples: toured local grain farm, attended workshop related to project area.

Leadership in Food Systems

List activities in this project area only, where you led others; include the number of people you led. Examples: organized plant sale where 30 people attended and we sold \$150 in plants; taught younger club members how to plant a terrarium (5 members).

Community Service in Food Systems

List activities that you participated in and where you helped others in your project area(s). Example: planted a garden for a nursing home.