

Use this form to keep track of your 4-H participation and experience. Try to make a habit of tracking your activities at least once a month, perhaps at the beginning of each monthly club meeting. This tracking sheet will assist you when filling out your end of year records.

Suggestions for Success: Participation, Service, Leadership, & Project Learning Strive to complete at least one in each area! New types of activities should be attempted each year to show growth.

Sample Goals

Participation

- participate in at least one club activity
- participate in at least one activity at the county level or beyond

<u>Service</u>

- offer to organize a service project for your club
- identify a community partner who might assist with a fall collection drive

Project Mastery

- give a talk/demonstration to your club about your project
- look for online learning opportunities that are project related
- complete at least 3 activities in your project manual
- find a community expert and ask them some questions about your project
- ask 4-H staff about sharing your project knowledge with the county via a project workshop

<u>Leadership</u>

- run for an officer position or serve on a committee
- submit a testimonial video, sharing the 4-H experience with others
- invite a friend to a club meeting or county activity







University of Illinois, U.S. Department of Agriculture, Local Extension Councils Cooperating. University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to participate, please call 618-327-8881.





2024-2025

SEPTEMBER (Example: worked in the Wheat Festival funnel cake stand 9/15, helped build a float for the parade 9/11, attended the kick off event at the lake with my club 9/24)

OCTOBER Example: Attended the county open house event 10/13, wore a 4-H shirt to school for 4-H week 10/7, gave a talk about cooking 10/20, was elected president of my club)

NOVEMBER

Example: served on the scarecrow committee, invited a friend to attend out meeting 11/15, attended the painting workshop 11/20)





DECEMBER

JANUARY

FEBRUARY





MARCH

APRIL

MAY



