



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

4-H NEWSLETTER

University of Illinois
Extension
Wayne County
2B Frontier Drive
Fairfield, IL 62837
Phone: 618.842.3702

Office Hours:
Monday-Friday
8:00 a.m. to 4:30 p.m.
Closed 12 p.m. to 1:00 p.m.

OCTOBER 2024

Extension Staff

Tara Buerster
County Extension Director

Samantha Gaither
4-H Youth
Development Educator

Ryan Littlejohn
4-H Program Coordinator

Jessica Simpson
Office Support Assistant

Find us on 

**University of
Illinois Extension -
Wayne County 4-H**



October 2024 Newsletter

This year we want to recognize the amazing things our 4-H members and clubs are doing in Wayne County. We hope this inspires YOU as a 4-H member to try new things this year. Wayne County 4-H does some amazing things are we are so proud to recognize you!

October's recognition goes to Lily Simpson, Jakeb Paul, Kamden Vaughan and Alex Paul who competed on Saturday, September 28 at the 4-H State Shotgun shoot. There were a total 82 shooters on what was a very windy day. Alex won the event and Jakeb brought home 2nd place. As a team they placed 2nd. Congratulations!



New for this 4-H year, you can find in each newsletter community service projects at the county level and different activities for you to add on to your Experience Award application. You will be able to take pictures of the projects and activities you do and upload them to the box folder for us to share! Scan the QR Code or go to go.illinois.edu/WayneCountyPhotos to upload your accomplishments! This month's activities can be found at the end of newsletter. Hispanic Heritage Month is observed each year September 15th – October 15th.



College of Agricultural, Consumer and Environmental Sciences
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University of Illinois Extension provides equal opportunities in programs and employment.
If you need reasonable accommodation to participate, please contact your local office.
Early requests are strongly encouraged to allow sufficient time for meeting your access needs.

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 End of Year Records Due by 4:30 pm	2	3	4	5
6	7 6:30 PM Country Kids 4-H Club Meeting	8 Office Closed for Staff Meeting	9 5:30 PM Enterprisers 4-H Club Meeting 6:30 PM Wayne City 4-H Club Meeting	10	11	12
13 2-4 PM Shooting Sports Club Meeting	14 Crochet Workshop 9-11 am Ambassador Training 1-3 pm	15 New Hope Lucky Clovers 4-H Club Meeting 6 PM	16 Federation Meeting-6 PM	17	18	19 7:00 PM 4-H Country Club Meeting
20	21 Foundation Meeting- 7 PM Achievement Night RSVP Deadline	22	23	24 Office Closed for Staff Meeting	25	26
27	28	29	30 Trick or Treat Enrollment Night 4:30-7:30 pm	31		

November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Barn Quilt Workshop 1-3 PM	6	7	8	9
10	11 Country Kids 4-H Meeting @ 6:30 PM	12 6:30 PM Enterprisers 4-H Club Meeting	13 6:30 PM Wayne City 4-H Club Meeting	14	15 Achievement Night 6 PM	16 7:00 PM 4-H Country Club Meeting
17	18	19 New Hope Lucky Clovers 4-H Club Meeting 6 PM	20 Federation Meeting-6 PM	21	22	23
24	25	26	27	28 OFFICE CLOSED HAPPY THANKSGIVING	29	30



4-H Clubs or 4-H Families can donate Candy for the Trick Or Treat Enrollment Night at the Extension office! Please bring bags of Candy to the Office by October 26th!

4-H members and those interested in 4-H are encouraged to stop by the office to Trick or Treat and if you still need to enroll in 4-H for the 2024-2025 year you can do that as well. We will have everything you need to enroll in ZSuites that evening. Each NEW MEMBER that enrolls will get a special 4-H giveaway while supplies last.



Enrollment Information

You will receive information in the mail and in your email for instructions for re-enrolling. Zsuite opens for enrollment in October.

You will also receive a green packet for ordering project manuals. This is due December 1 or March 1. Those are the only 2 orders we will be placing.

You will not be approved and considered active until the \$20 program fee is paid.

If you have questions while going through the enrollment process, please call Jessica at the office before proceeding.

If you are a returning member you will not create a new account.



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Wayne County 4-H

BARN QUILT WORKSHOP



In this workshop, you'll dive into the art of creating your own barn quilt. Whether you're familiar with barn quilts or new to the craft, this workshop is designed to inspire and guide you through the entire process.

DATE: NOVEMBER 5, 2024

TIME: 1:00-3:00 PM

AGES: YOUTH 8 - 18 AS OF SEPT. 1 2024

LOCATION: WAYNE COUNTY EXTENSION OFFICE
2B FRONTIER DR, FAIRFIELD, IL 62837

REGISTRATION: OPEN 9-30-24 CLOSING 10-29-24

TO REGISTER GO TO **[GO.ILLINOIS.EDU/WAYNEBARNQUILT](https://go.illinois.edu/waynebarnquilt)**
OR SCAN THE QR CODE!



QUESTIONS OR WANT MORE INFORMATION?
CONTACT RYAN LITTLEJOHN, WAYNE COUNTY EPC
AT RCLITTLE@ILLINOIS.EDU OR 618-429-0708

NATIONAL 4-H WEEK

OCTOBER 6-12, 2024

This year for 4-H week we are sending out ideas for 4-H Members and their clubs to participate in. Please take time to bring 4-H into your communities and show those who support members in their 4-H career. We hope you will help us promote 4-H as we recruit new members for the 4-H Year!

- Make 4-H Week Appreciation baskets and pass them out in teachers lounges, hospitals, first responder buildings, etc. This is a great way to show service learning and appreciation AND look for interested volunteers
- Take a plate of 4-H cookies to local businesses that support 4-H, your Leaders or Extension Staff with an appreciation poster or card.
- Challenge each member of your club to invite to friends to your next club meeting
- Organize a Bring A Friend day at your club! Plan a special event for the meeting you invite friends to!
- Have a club community service day and have the members all report back what they did, then prepare an impact story about how important 4-H service is. Partner with your local Extension office to send out a media advisory for coverage of your event.
- Carve pumpkins with a 4-H logo and take them to area homes, businesses or have a photo contest to see which ones get the most likes
- Participate in our Online Sprit Week and share your photos! Tag @illinois4H on Instagram or send us your post in Facebook messenger for a chance to be featured on our stories/feed
- Do you know any alumni you could ask to post a sign in their yard or business as well?
- Write letters to your congressional leaders or local legislators about how important 4-H is to you

Follow along with our 4-H Week Journey on our Facebook Page University of Illinois Extension - Wayne County 4-H

Illinois Spirit Week schedule:

- Service Project Sunday – Give back to your community today with an individual or club service project.
- Member Monday – Show that you are a proud 4-H member! Post a picture of yourself in your 4-H shirt with five reasons why you love 4-H on socials/stories.
- Time Machine Tuesday – Share a picture of you at the start of your 4-H career vs. now.
- Why 4-H Wednesday – Share why someone should join 4-H either in person or on social media/stories.
- Thankful Thursday – Thank someone who supported you in 4-H!
- Favorite Project Friday – Share a picture of you with your favorite 4-H project.
- Spirit Saturday - Show your 4-H spirit! Wear your favorite 4-H shirt today and organize a fun get-together with your club!



NEW 2024-2025 PROJECTS

4-H

2024-
2025



COSTUME DESIGN

Use creativity, along with sewing and construction skills, to design and create costumes for yourself, or others!

CLOTHING EMBELLISHMENT

Decorate or modify your clothing and clothing accessories using embellishment methods like dyeing, painting, embroidery, beading, distressing, and more.



GLOBAL GOURMET

Create rich and delicious meals from Mexico, Africa, Japan, India, Italy, Greece, and Germany as you explore food history, customs, and nutrition to better understand our world.



KITCHEN BOSS

Kitchen Boss is designed for advanced-level youth interested in developing cooking skills at home or exploring cooking as a profession!



EVERYDAY FOOD AND FITNESS

Learn how to prepare healthy and hearty snacks using MyPlate as a guide, and discover how powerful healthy food can be for your body and mind.





SCIENCE FUN WITH DAIRY FOODS

In this project, your kitchen will become a laboratory as you observe and experiment with dairy products.



SCIENCE FUN WITH KITCHEN CHEMISTRY

Join the Terrestrial Alien Defense Academy and figure out how to outsmart the aliens by doing experiments in your kitchen!



YOUR FEELINGS MATTER

This project lets you explore what emotions are, how to express them, and how to react to them positively. After this project, you'll have tools and techniques to help you through any emotional situation.



HEALTH EXPLORATION AND INNOVATION

Health Project Learning for topics not covered in the project offerings. Use the NEW Project Learning Resource and the Activities for ideas.



A few projects got a new names! Child Development is now Babysitting and Natural Resources is Exploring Your Environment

HEAD TO [GO.ILLINOIS.EDU/PROJECTSELECTIONGUIDE](https://go.illinois.edu/projectselectionguide) TO VIEW ALL OF OUR PROJECTS OR TO [4H.EXTENSION.ILLINOIS.EDU](https://4h.extension.illinois.edu) TO LEARN MORE ABOUT EACH NEW PROJECT!



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HISPANIC

HERITAGE MONTH

¡celebramos! Let's celebrate!



¡Feliz Mes de la Herencia Hispana! Hispanic Heritage Month is observed each year September 15th - October 15th. This month celebrates not only the histories and cultures, but also the contributions of American citizens whose ancestors come from the Caribbean, Spain, Mexico, and Central/South America. Ready to celebrate? Here are some ideas of how you and your club can get involved!

1

Learn

Learn more about Hispanic Heritage Month, why it is celebrated, who celebrates it, and its history and impact at <https://www.hispanicheritagemonth.gov/>

2

Read

There are millions of books by talented Hispanic/Latino authors waiting to be discovered. Ask for recommendations at your local library. Make it a mini book club and discuss your pick with friends or at your club!

3

Watch

We can learn a lot through film and cinema. Choose movies to watch that help celebrate the Hispanic culture and experience. Host a viewing party with your club!

4

Give

Choose a service project for yourself or your club that benefits a non-profit in your area that serves the Hispanic community!



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5

Cook

Prepare a traditional Hispanic recipe for dinner. Make it as authentic as possible by researching the dish's origin and different versions of the recipe.

6

Experience

Head to a museum or cultural exhibit in your area to learn more about Hispanic history and cultures. Don't have a museum close by? Check out an online exhibit and explore it with your club!

7

view

Have a Hispanic Heritage Awards viewing party! View clips at <https://hispanicheritage.org/> to learn about the incredible impact and influence of Hispanic/Latino communities.

8

Get Involved

Partner with a group in your area like La Casa at the University of Illinois. Find out what you can do to volunteer and help lift up the voice of the organization!

These activities can be considered an individual or club experience on the Experience Award Application

¡Listo para más? Ready for more?

Hispanic heritage celebrates a diverse range of countries, cultures and languages that you can help celebrate and honor! Pick a new country to explore every week!

Author: Roxana Cejeda, University of Illinois Extension

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