

Washington County 4-H Goals



4-H Program Year: _____

Name: _____

Club: _____

Age as of September 1 of current 4-H Year: _____ Grade: _____

The 4-H experience should include a continuous learning cycle of goal setting, project/experience completion, and evaluation.

Setting and evaluating your success in reaching these goals will be a required part of the awards and recognition process each year.

What do you want to do in 4-H this year? Think about the steps it might take to reach these goals and who might assist you. Be specific about what you want to accomplish. We encourage you to set 1-3 goals (depending on your age level) for each part of the 4-H learning experience:

- Participation
- Service
- Leadership
- Project Learning

DEADLINES:

- February 1: Goals set and submitted to Extension office
- August 31: Goal completion dates filled in and submitted with final Year End Records

For office use only:

**This document can be downloaded and filled out on your computer or printed and hand-written. If you choose to complete it manually, please print each page on a separate sheet of paper so they can easily be added to your Year End Records.*

College of Agricultural, Consumer & Environmental Sciences

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Illinois Extension

Participation Goals

Here are a few examples of goals for participation (*adjust according to age level*):

Attend 75% of club meetings | Participate in at least 3 club activities | Participate in at least 2 activities at the county level or beyond

Goal #1: _____

What steps will you take to achieve this goal? Complete

1. _____

2. _____

3. _____

Goal Completion Date: _____

Goal #2: _____

What steps will you take to achieve this goal? Complete

1. _____

2. _____

3. _____

Goal Completion Date: _____

Goal #3: _____

What steps will you take to achieve this goal? Complete

1. _____

2. _____

3. _____

Goal Completion Date: _____

Did you achieve all of your goals? (*"No" is an okay answer.*) Yes No

If you did not achieve all of your goals, explain why and if you will try again:



Service Goals

Here are a few examples of goals for service (*adjust according to age level*):

Participate in two group service activities organized by my club (or county/unit)

Plan a group service activity for my club | Plan a service activity using skills specifically related to my project area

Goal #1: _____

What steps will you take to achieve this goal? Complete

1. _____

2. _____

3. _____

Goal Completion Date: _____

Goal #2: _____

What steps will you take to achieve this goal? Complete

1. _____

2. _____

3. _____

Goal Completion Date: _____

Goal #3: _____

What steps will you take to achieve this goal? Complete

1. _____

2. _____

3. _____

Goal Completion Date: _____

Did you achieve all of your goals? ("*No*" is an okay answer.) Yes No

If you did not achieve all of your goals, explain why and if you will try again:



Leadership Goals

Here are a few examples of goals for leadership (*adjust according to age level*):

Serve as a club officer, Jr. Leader or 4-H Buddy | Serve on a committee | Be an active member of the county Teen Leadership Team
Attend a 4-H leadership training or event | Collaborate with community partners to achieve a 4-H goal
Plan an event for other 4-H members or work at a 4-H event | Plan and teach a workshop for 4-H members

Goal #1: _____

What steps will you take to achieve this goal? Complete

1. _____
2. _____
3. _____

Goal Completion Date: _____

Goal #2: _____

What steps will you take to achieve this goal? Complete

1. _____
2. _____
3. _____

Goal Completion Date: _____

Goal #3: _____

What steps will you take to achieve this goal? Complete

1. _____
2. _____
3. _____

Goal Completion Date: _____

Did you achieve all of your goals? (*"No" is an okay answer.*) Yes No

If you did not achieve all of your goals, explain why and if you will try again:



Project Learning Goals

It is highly encouraged to complete goals for each Project Area (see lists below).

Project Learning goals can be general or specific to the project.

Here are a few examples of general goals for project learning (*adjust according to age level*):

Exhibit my project at the county 4-H Show or other culminating event | Give a talk/demonstration about my project
Complete 3 activities in my project manual | Participate in a 4-H group learning experience/field trip related to my project
Design and teach a 4-H learning experience for others related to my project

Here are a few examples of specific goals for project learning (*adjust according to age level*):

Complete 6 recipes from my Cooking 101 manual | Build a birdhouse for my woodworking project

Animal Science

- Beef
- Cats
- Dairy Cattle
- Dairy Goats
- Dogs
- Horse
- Meat Goats
- Poultry
- Rabbit
- Sheep
- Small Pets
- Swine
- Vet Science

Career & Leadership Development

- Babysitting
- Build Your Future
- Communications
- Entrepreneurship
- Journalism, News & Social Media
- My Financial Future
- Leadership
- Public Speaking

Civic Engagement

- Civic Engagement
- Service Learning
- Collectibles
- Exploratory
- Family Heritage
- Passport to the World
- Diversity & Cultural Awareness

Creative & Cultural Arts

- Creative Writing
- Interior Design
- Photography
- Visual Arts (*Chalk/Carbon/Pigment, Clay, Computer Generated Art, Fiber, Food Decorating, Glass & Plastic, Heritage Arts, Leather, Metal, Nature, Paper, Quilting, Scrapbooking, 3-Dimensional Mixed Media, Wood*)
- Theatre Arts
- Sewing
- Costume Design
- Clothing Embellishment
- Shopping in Style
- Video

Environmental Sciences

- Entomology
- Beekeeping
- Forestry
- Geology
- Exploring Your Environment
- Outdoor Adventures
- Sportfishing
- Wildlife
- Weather
- Shooting Sports

Gardening, Agriculture & Food Access

- Crops
- Floriculture
- Vegetable Gardening
- Cover Crops
- Plants & Soils

Healthy Living

- Cooking
- Food Science
- Food Preservation
- Global Gourmet
- Science Fun with Dairy Foods
- Science Fun with Kitchen Chemistry
- Your Thoughts Matter
- Your Feelings Matter
- Everyday Food & Fitness
- Sports Nutrition
- Health Exploration & Innovation

STEM

- Aerospace
- Bicycle
- Computer Science
- Electricity
- Robotics
- Small Engines
- Maker
- Esports
- Drones
- Tractor
- Welding
- Woodworking



General

Goal #1: _____

What steps will you take to achieve this goal? Complete

1. _____

2. _____

3. _____

Goal Completion Date: _____

Goal #2: _____

What steps will you take to achieve this goal? Complete

1. _____

2. _____

3. _____

Goal Completion Date: _____

Goal #3: _____

What steps will you take to achieve this goal? Complete

1. _____

2. _____

3. _____

Goal Completion Date: _____

Did you achieve all of your goals? (*"No" is an okay answer.*) Yes No

If you did not achieve all of your goals, explain why and if you will try again:



Animal Science

Please check the project areas you are enrolled in for this program year:

- | | | | | |
|---------------------------------------|--------------------------------------|-------------------------------------|-------------------------------------|--------------------------------------|
| <input type="checkbox"/> Beef | <input type="checkbox"/> Dairy Goats | <input type="checkbox"/> Meat Goats | <input type="checkbox"/> Sheep | <input type="checkbox"/> Swine |
| <input type="checkbox"/> Cats | <input type="checkbox"/> Dogs | <input type="checkbox"/> Poultry | <input type="checkbox"/> Small Pets | <input type="checkbox"/> Vet Science |
| <input type="checkbox"/> Dairy Cattle | <input type="checkbox"/> Horse | <input type="checkbox"/> Rabbit | | |

Goal #1: _____

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Goal Completion Date: _____

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Goal Completion Date: _____

Goal #3: _____

What steps will you take to achieve this goal? Complete

1. _____
2. _____
3. _____

Goal Completion Date: _____

Did you achieve all of your goals? ("No" is an okay answer.) Yes No

If you did not achieve all of your goals, explain why and if you will try again:



Career & Leadership Development

Please check the project areas you are enrolled in for this program year:

- Babysitting Communications Journalism, News & Social Media My Financial Future
 Build Your Future Entrepreneurship Leadership Public Speaking

Goal #1: _____

What steps will you take to achieve this goal? Complete

1. _____

2. _____

3. _____

Goal Completion Date: _____

Goal #2: _____

What steps will you take to achieve this goal? Complete

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Goal #3: _____

What steps will you take to achieve this goal? Complete

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Goal Completion Date: _____

Did you achieve all of your goals? ("No" is an okay answer.) Yes No

If you did not achieve all of your goals, explain why and if you will try again:



Civic Engagement

Please check the project areas you are enrolled in for this program year:

- Civic Engagement
- Service Learning
- Collectibles

- Exploratory
- Family Heritage
- Passport to the World

- Diversity & Cultural Awareness

Goal #1: _____

What steps will you take to achieve this goal? Complete

1. _____
2. _____
3. _____

Goal Completion Date: _____

Goal #2: _____

What steps will you take to achieve this goal? Complete

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Goal Completion Date: _____

Goal #3: _____

What steps will you take to achieve this goal? Complete

1. _____
2. _____
3. _____

Goal Completion Date: _____

Did you achieve all of your goals? (*"No" is an okay answer.*) Yes No

If you did not achieve all of your goals, explain why and if you will try again:



Creative & Cultural Arts

Please check the project areas you are enrolled in for this program year:

- Creative Writing Theatre Arts Costume Design
 Interior Design Video Clothing Embellishment
 Photography Sewing Shopping in Style
 Visual Arts: Chalk/Carbon/Pigment Clay Computer Generated Art Fiber Food Decorating Glass & Plastic
 Heritage Arts Leather Metal Nature Paper Quilting Scrapbooking 3-D Mixed Media Wood

Goal #1: _____

What steps will you take to achieve this goal? Complete

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Goal Completion Date: _____

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Goal Completion Date: _____

Did you achieve all of your goals? ("No" is an okay answer.) Yes No

If you did not achieve all of your goals, explain why and if you will try again:



Environmental Sciences

Please check the project areas you are enrolled in for this program year:

- Entomology
- Beekeeping
- Forestry
- Geology

- Exploring Your Environment

- Outdoor Adventures
- Sportfishing
- Wildlife

- Weather
- Shooting Sports

Goal #1: _____

What steps will you take to achieve this goal?

Complete

1. _____
2. _____
3. _____

Goal Completion Date: _____

Goal #2: _____

What steps will you take to achieve this goal?

Complete

1. _____
2. _____
3. _____

Goal Completion Date: _____

Goal #3: _____

What steps will you take to achieve this goal?

Complete

1. _____
2. _____
3. _____

Goal Completion Date: _____

Did you achieve all of your goals? ("No" is an okay answer.)

Yes

No

If you did not achieve all of your goals, explain why and if you will try again:



Gardening, Agriculture & Food Access

Please check the project areas you are enrolled in for this program year:

Crops
 Floriculture

Vegetable
Gardening

Cover Crops
 Plants & Soils

Goal #1: _____

What steps will you take to achieve this goal? Complete

1. _____

2. _____

3. _____

Goal Completion Date: _____

Goal #2: _____

What steps will you take to achieve this goal? Complete

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Goal #3: _____

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2. _____

3. _____

Goal Completion Date: _____

Did you achieve all of your goals? (*"No" is an okay answer.*) Yes No

If you did not achieve all of your goals, explain why and if you will try again:



Healthy Living

Please check the project areas you are enrolled in for this program year: Health Exploration & Innovation
 Your Thoughts Matter Your Feelings Matter Everyday Food & Fitness Sports Nutrition
 Food & Nutrition: Cooking Food Science Food Preservation Global Gourmet
 Kitchen Boss Science Fun with Dairy Science Fun with Kitchen Chemistry

Goal #1: _____

What steps will you take to achieve this goal? Complete

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3. _____

Goal Completion Date: _____

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What steps will you take to achieve this goal? Complete

1. _____
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3. _____

Goal Completion Date: _____

Did you achieve all of your goals? ("No" is an okay answer.) Yes No

If you did not achieve all of your goals, explain why and if you will try again:



STEM

Please check the project areas you are enrolled in for this program year:

- | | | | |
|---|--|----------------------------------|--------------------------------------|
| <input type="checkbox"/> Aerospace | <input type="checkbox"/> Electricity | <input type="checkbox"/> Maker | <input type="checkbox"/> Tractor |
| <input type="checkbox"/> Bicycle | <input type="checkbox"/> Robotics | <input type="checkbox"/> Esports | <input type="checkbox"/> Welding |
| <input type="checkbox"/> Computer Science | <input type="checkbox"/> Small Engines | <input type="checkbox"/> Drones | <input type="checkbox"/> Woodworking |

Goal #1: _____

What steps will you take to achieve this goal? Complete

1. _____
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Goal Completion Date: _____

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