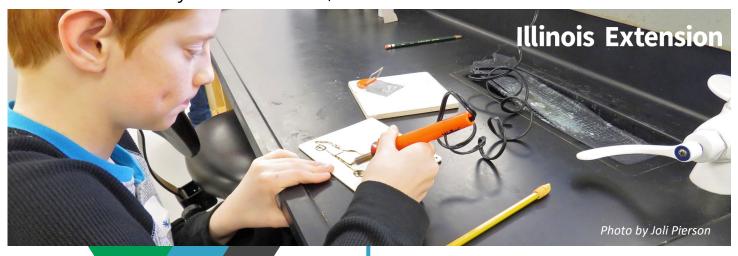
4-H CLOVER CLINIC

go.illinois.edu/4-HCloverClinic

February 15, 2025 ~ 9 a.m. to 3:45 p.m. Illinois Central College, East Peoria

Hosted by U of I Extension, Fulton-Mason-Peoria-Tazewell Unit



Participants select their class schedule from the following fun, hands-on workshops:

MORNING

- Build a Birdhouse
- Charcuterie Cups
- Fossils Rock
- German Stars
- Glass Etching
- Hydroponic Fun
- Needle Felting
- No Sew T-Shirt Bag
- Paper Quilling
- Paracord: A Sportman's Best Friend

Open to youth ages 8 to 18.

Cost—\$20, includes 4-H drawstring bag

Schedule includes 4 workshops with a lunch break. Bring a sack lunch.

Register online at

go.illinois.edu/4-HCloverClinic

(deadline January 20th)

Classes are filled on a first come, first served basis. Full class descriptions available within the online registration.

AFTERNOON

- Art Journals
- Beading Around with Jewelry
- Buzz, Flutter and Fly
- Crafty Card Creations
- Is It Magic, No, it's Kitchen Science
- Let's Explore Field Guides

- Mini Terrarium
- Natural Dye
- Origami
- South Korean Gimbap
- Tissue Paper on Canvas Art

4-H Clover Clinic is a large multi-project workshop day for youth ages 8 to 18. This is a great event for 4-H members and youth who are new to 4-H. It is designed to give participants a chance to experience many different project areas. Classes are hands-on and taught by volunteers with expertise in their areas.





4-H CLOVER CLINIC 2025

Register online at go.illinois.edu/4-HCloverClinic (deadline Jan. 20).

Classes are filled on a first come, first served basis.

MORNING WORKSHOPS

Build a Birdhouse – Learn some basics of woodworking and build a small birdhouse.

Charcuterie Cups – Learn the art of creating charcuterie cups. Explore many meats, cheese, fruits and crackers!

Fossils Rock – Learn about the rock cycle and identify fossils using microscopes. Everyone will take a rock with a fossil home.

German Stars – Make traditional German Star ornaments using only strips of paper and some simple repeated folds.

Glass Etching - Design a vase or glass with your own design using tape, stickers, and etching cream.

Hydroponic Fun – Learn how plants can grow in water without soil and take home a seed hand!

Needle Felting – Learn how to needle felt and make your own needle felted watermelon coaster.

No Sew T-Shirt Bags – Upscale an old t-shirt into something new! Learn how to turn a t-shirt into a bag.

Paper Quilling – Learn how to use various paper quilling tools to make this 3-D type of paper art.

Paracord - A Sportsman's best Friend – Learn several essential knots and weave a custom paracord bracelet.

AFTERNOON WORKSHOPS

Art Journals – Decorate a special journal to keep all your drawings and sketches together.

Bead'n Around with Jewelry –Make your own beads from clay and then make bracelets with our beads! (Double session)

Buzz, Flutter and Fly, Our Beloved Pollinators in Action

 Learn about bees, butterflies and hummingbirds and create crafts about pollinators!

Crafty Card Creations – Get creative and design your very own greeting cards at this card-making workshop!

Is it Magic? No, it's Kitchen Science! – Make and take a sweet microwave treat, while exploring kitchen science.

Let's Explore Field Guides – Create your own field guide with pre-printed information and images from rubbings of flowers, insects or leaves.

Mini Terrarium - Make your own mini terrarium with a plant, bark, and rock. Learn all the steps to create a fabulous tiny plant world.

Natural Dye – Learn all about the art and chemistry of plants and natural dying while using ancient Japanese shibori folding techniques. **Origami** – Learn the basics of origami and make something to take home.

South Korean Gimbap – Learn about South Korean culture and learn to make Gimbap

Tissue Paper on Canvas Art – Combine tissue paper, plus glue and paint to create a one of a kind



Schedule of the Day

Feb. 15, 2025, ICC

9 a.m.—Registration 9:40 a.m.—Welcome 10 a.m.—Workshop #1 11:10 a.m.—Workshop #2 12:10 p.m.—Lunch, Bring a sack lunch.

1 p.m.—Workshop #3
2:10 p.m.—Workshop #4
3:15 p.m.—Wrap up
3:30 p.m.—Sign out in cafeteria



Serving Fulton, Mason, Peoria, and Tazewell Counties.

extension.illinois.edu/fmpt