



Greetings 4-H families,

**Illinois Extension office suspends regular office hours: McHenry and Lake Counties**

As the University of Illinois continues to address the impacts of COVID-19, the safety and well-being of our staff and communities remain our top priorities. Following [Centers for Disease Control and Prevention \(CDC\) guidelines](#), campus leadership has implemented social-distancing protocols that include most faculty and staff working remotely, effective March 17, 2020.

What does this mean in our community?

- University of Illinois Extension has suspended normal office hours at our office located in Woodstock and Grayslake. While our staff will still be working, they will largely be doing so remotely, in most cases from their homes.
- ALL face-to-face events organized by Illinois Extension have been cancelled, suspended, or transitioned to online delivery. This will apply to all events previously scheduled through May 31, 2020. Please check our event calendar at <https://extension.illinois.edu/lm/events> to learn more about the status of any of our events. (See below for 4-H events.)

We will do our best to address your needs in a timely manner. We appreciate your patience and understanding as we manage through these challenging times. If you have a question about a 4-H event/program listed below, contact Michele Aavang at [maavang@illinois.edu](mailto:maavang@illinois.edu). If you have an urgent situation, please contact James Reaves at [jereaves@illinois.edu](mailto:jereaves@illinois.edu).

**Illinois Extension event cancellation notice: McHenry County 4-H**

- Effective immediately, ALL face-to-face events organized by Illinois Extension have been cancelled, suspended, or transitioned to online delivery. This means that all 4-H club meetings are cancelled through May 31, 2020 unless otherwise notified.
- During this time, we are committed to supporting you in your continued 4-H project experience at home. Right now, we are preparing a series of statewide 4-H Online engagement opportunities through our Facebook page (Illinois 4-H). Please check there for updates. As additional resources are identified, we will share through social media and e-newsletters.
- We know that you may also have questions and concerns about summer events. We will be actively monitoring the situation and providing updates as they are available. We know that you have put a lot of work into your 4-H projects. Be assured that we are exploring all possibilities for providing continued judging, exhibit, and showcase opportunities.

**Resources for Responding to COVID-19:** <https://extension.illinois.edu/global/resources-responding-covid-19>

We are working to support all 4-H families at this time. We appreciate your support and understanding as we navigate this situation.

I wish you good health,  
Michele Aavang  
*Program Coordinator, 4-H and Youth Development*

## SEE EVENT CANCELLATIONS BELOW:

- March 28 – Regional Horse Bowl & Hippology – *postponed or canceled – contact coach Lisa for more information*
- March 29 – “Just Wing It” Pollinators –  *canceled*
- April 15 – Dog Registration **DEADLINE *changed***
- April 15 – Shooting Sports Registration **DEADLINE *changed***
- April 1 – Ambassadors – *Canceled – virtual meeting information coming next week*
- April 4 – Public Presentations judging – *Postponed*
- April 14/15 – Dog classes begin – *TBD - start date postponed*
- April 18 – Robotics Showcase, College of Lake Co.  *canceled*
- **April 18 – MC4-HY Foundation Annual String Tie- *postponed – See Foundation statement below***
- **April 23 – Leaders fair info meeting - *TBD – may be moved to an online meeting – email to come***
- April 25 – Small Pet & Reptile Clinic - *postponed*
- April 27 – Federation meeting -  *canceled*
- **April 30 - *Last day to enter projects in 4HOnline to be eligible to show at fair – Date changed***
- **May 1 – Fair entry opens - *TBD***
- May 9 – Sheep Weigh-in - *postponed*
- May 9 – Cooking 101 SPIN Club begins - *postponed*
- May 12-14 – Shooting Sports Archery & Air rifle  *postponed*

## All further event/activities are to be determined

- June 3 – Shooting Sports shot gun begins
- July 11 – Dog Fun show, Computer Tech judging
- July 18 - Dog show
- July 24, 25 – Sewing, General project judging
- Aug 3 – Foods, Horticulture, Food decorating
- Aug 4-9 – McHenry County Fair

Please be sure to check the website for more information: <https://extension.illinois.edu/lm/4-h-mchenry-county>

Follow us on **Instagram**: [https://www.instagram.com/mchenry\\_county\\_4h/](https://www.instagram.com/mchenry_county_4h/)

Follow us on **Facebook** [@4HMcHenryCounty](#)

See the **Illinois 4-H** website for more information: <https://4h.extension.illinois.edu/>

## 4-H Staff

Dr. Michelle Cox, Unit 3 4-H Educator, [mcx@illinois.edu](mailto:mcx@illinois.edu)

Michele Aavang, 4-H Program Coordinator, [maavang@illinois.edu](mailto:maavang@illinois.edu)

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***This message was sent to our Ambassador & Federation members earlier this week, but I would like to extend this to ALL!***

To 4-H youth and families,

I hope you are all studying hard at home and enjoying some good quality family time! (*Parents, that goes for you too!*) If you are feeling isolated, don't hesitate to reach out. I might not be in the office but I am still working online from home.

While everyone is going to be spending time at home, I thought maybe we could come up with some positive, creative ideas to keep our 4-H community informed and participating in 4-H. While clubs may not be meeting for a while, maybe we could do some things to keep everyone's spirits up while capturing some 4-H activities to post virtually. We could also help to educate the public and shine some light on what we do in 4-H for those that don't know much about us.

I am looking for ideas (beyond my own thoughts) so I am calling on YOU! This is YOUR program, what do YOU think we can do to keep 4-H families involved?

Here are just a few things I was thinking... We could post some videos or photo stories from the "field" (*wherever you are*) about true Ag Education from first-hand experience. If you have livestock, are getting ready for planting season, hatching eggs, planting seeds for you garden or anything other projects you are working on, this could be a great opportunity to capture your story. We could showcase other projects that emphasis the 4-H is not just agriculture but so much more! Sewing, knitting, robotics, electricity, welding, hiking, wildlife, drawing, beekeeping, woodworking, staining, or whatever your interests are, we want to hear from YOU! Send in pictures of your favorite past projects, from previous fairs or activities so we can show you in action!

These are the platforms we have to work with so far:

**Instagram:** [https://www.instagram.com/mchenry\\_county\\_4h/](https://www.instagram.com/mchenry_county_4h/)

**Facebook** @4HMcHenryCounty

Short 2-3 minute videos of a tour of your farm, a 4-H project activity or teaching a skill would be a great place to start. Send a link to a video or a file (if it's not too big) to me by email or share it to the Facebook page. If you don't want to make a video, send us some pictures with captions or a short write-up about what you are doing. Or just one photo with a short caption for an Instagram post. Be sure that if you are sending in a picture of yourself, you and your parents MUST have agreed to the Photo Release in 4HOnline. *Login and review if you are unsure.*

If you have a suggestion, please let me know and we will Make It Happen!

I want to send a HUGE Thank you to those that have been sending some things in over the past week! WE appreciate your call to action! Keep watch on our Instagram & Facebook pages for your post. Quincy has been working very hard to keep up with all the activities. The two of us will be coordinating an effort to showcase everything we receive.

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**The following message is from the [MCHENRY COUNTY 4-H YOUTH FOUNDATION:](#)**

*Your continued support of our McHenry County 4-H Youth is sincerely appreciated. In light of the coronavirus (COVID-19) situation and in respect of our youth, supporters and communities health and well-being, we are postponing our annual String Tie Affair event currently scheduled for Saturday April 18, 2020 at Jameson's in Huntley, IL. The new date for the String Tie Affair year 2020 is yet to be determined. We will advise as more information unfolds.*

*The String Tie Affair is the primary fundraising event held to support our McHenry County 4-H Youth program. This events success acts as each year's financial catapult for the foundations support of extension, youth scholarships and other funding.*

*Any monetary donations continuing during this turbulent historic time are very much appreciated.*

- *Via check, mail to; McHenry County 4-H Youth Foundation, P.O. Box 1430, Woodstock, IL 60098*
- *Via electronic, donate on; <https://mc4hfoundation.wixsite.com/mysite>*
- *Kindly hold on to your silent auction basket donations until further notice as we will need and appreciate them for the new String Tie date.*

*Thank you for being a part of our McHenry County 4-H Youth support team.*

*Stay well.*

*McHenry County 4-H Youth Foundation*

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## **HORSE SENSE: Horse Bowl & Hippology**

### **SUSPENDED UNTIL FURTHER NOTICE**

HORSE SENSE is the study group that gathers to study for Horse Bowl and Hippology.

NEW to 4-H members are welcome to JOIN! Contact Lisa Kunzie for more information: [lisa.kunzie13@gmail.com](mailto:lisa.kunzie13@gmail.com)

## **“Just Wing It” Pollinators Club: *Canceled***

Both NEW & RETURNING members are welcome. New to 4-H members should enroll in **4HOnline.com** to become a member of McHenry County 4-H. Contact Randy Mead if you are interested in becoming a member: [rmeadtoys@gmail.com](mailto:rmeadtoys@gmail.com)

## **4-H Dog Class registration: *Deadline changed: April 15, 2020***

See the Dog Packet for information on:

- Dog show requirements
- Dog SPIN Club
- Dog Obedience Classes
- Dog Showmanship Classes
- Clinics
- Ethics requirements

ALL youth ages 8-18 as of September 1, 2019 are welcome to join! Contact Dog program coordinator, Lisa Lillie for questions: [lapdogs31@gmail.com](mailto:lapdogs31@gmail.com).

**Dog class registration:** <https://web.extension.illinois.edu/registration/?RegistrationID=21595>

**Dog packet with required forms:** [https://extension.illinois.edu/sites/default/files/dog\\_packet\\_2020.pdf](https://extension.illinois.edu/sites/default/files/dog_packet_2020.pdf)

## **4-H Shooting Sports REGISTRATION : *DEADLINE Changed: April 15, 2020***

1102 McConnell Rd. Woodstock

Please complete a SEPARATE registration for EACH 4-H Youth member enrolling in the Shooting Sports program.

Members may register for more than one disciple.

Open to McHenry and Lake County Youth ages 8-18

- Air Rifle - ages 8-18
- Archery - ages 8-18
- Shot Gun - ages 12-18

**Shooting Sports class registration and payment:** <https://web.extension.illinois.edu/registration/?RegistrationID=21351>

**Registration form:** [https://extension.illinois.edu/sites/default/files/2020\\_shooting\\_sports\\_registration\\_form\\_mchenry.pdf](https://extension.illinois.edu/sites/default/files/2020_shooting_sports_registration_form_mchenry.pdf)

**Health Form:** <https://4h.extension.illinois.edu/sites/4h.extension.illinois.edu/files/Health%20Emergency%20Medical%20Form.pdf>

**Shooting Sports packet:** [https://extension.illinois.edu/sites/default/files/2020\\_shooting\\_sports\\_handbook.pdf](https://extension.illinois.edu/sites/default/files/2020_shooting_sports_handbook.pdf)

## **Ambassador meeting – *CANCELED***

Please call or email Michele Aavang for questions.

[maavang@illinois.edu](mailto:maavang@illinois.edu)

## **Federation meeting –*CANCELED***

Please call or email Michele Aavang for questions.

[maavang@illinois.edu](mailto:maavang@illinois.edu)

## **4-H Communication: *POSTPONED – DATE TBD***

### **Public Speaking and Horse Speaking Contest**

- McHenry County Farm Bureau in the Auditorium
- Sign in begins 9:00am. Presentations begin 9:15am.
- Members must be enrolled in Communications: Public presentation OR Horse projects in **4HOnline**

One of the most important skills that 4-H members can learn is to speak in front of a group. In 4-H, members have many opportunities to practice this skill. Besides doing presentations at the club meetings, members have the opportunity to participate in the Public Presentation contest.

This contest is open to all youth interested in presenting in the following categories: formal speech, illustrated speech, oral interpretation, or an original work.

Horse project members are eligible to participate in Horse Speeches for points toward Horse Master.

### **COMMUNICATIONS: PUBLIC PRESENTATIONS**

1. **Formal Speeches** (4-8 mins) share the presenter's own unique view and are intended to motivate, persuade, or inform an audience and may include a call to action. Youth deliver a speech on any topic they wish (Original Oratory), or choose one of the four topics on which to speak (Topical Response)
2. **Illustrated Speeches** (4-8 mins) may be used to inform, persuade, or motivate the audience while using a visual aid. Visual aids may be two dimensional, three-dimensional, or digital. Youth may include audience participation.
3. **Original works** (4-8 mins) must be written entirely by the presenter. It may be presented as an individual or a two-person team entry. Manuscripts must be sent in advance to the contest. Presentations may be designed for TV, radio, or online media and must be presented live.
4. **Oral Interpretation** (4-8 mins) must be published works, and manuscripts or transcripts must be submitted prior to the event. They may be presented as an individual or a two-person team entry.

**HORSE SPEECHES** - *Horse Project members may earn points towards the 2020 Horse Master Competition*

1. **Original individual formal speech** - *Junior 5-10 minutes, Senior 7-10 minutes*
2. **Original individual presentation: 9-12 mins.** either demonstration (step by step process) or illustrated talk on an idea or topic; both use visual aids.
3. **Original team presentation: 10-15 mins.** either demonstration (step by step process) or illustrated talk on an idea or topic; both using visual aids.
4. **Interpretive Reading 3-5 mins** is the art of reading aloud from a printed page. The reading must be published works that are horse-related. They may be prose, poetry, short stories, play cuttings, narratives, book or review, or theatrical.

For more information, see the following 4-H STATE websites:

IL 4-H State: <https://4h.extension.illinois.edu/members/projects/communications>

IL 4-H State contest information and scoresheets: <https://4h.extension.illinois.edu/events/illinois-4-h-state-public-speaking-contest>

IL 4-H Horse Speaking Contest Information and scoresheets: <https://4h.extension.illinois.edu/events/illinois-4-h-horse-speaking-contest>

## **4-H Fair Leaders Meeting – ONLINE INFORMATION MEETING IS BEING SCHEDULED**

### **WHERE DO WE GO FROM HERE???**

I will send a link via email as soon as I receive more information. Each club should plan to have at least ONE leader or volunteer on the call. Please contact Michele Aavang for questions: [maavang@illinois.edu](mailto:maavang@illinois.edu)

## **4-H Cooking 101 SPIN Club**

**Saturdays TBD** Extension office in the Auditorium

Join the 4-H Cooking 101 SPIN Club to learn more about: Snacks, Side Dishes, Main Dishes, Quick Breads, Desserts, Food safety, Kitchen safety, Measuring, Introduction to cooking, Food preservation. The club will also review planned projects for the fair so you can put your best foot forward in competition!

**TWO classes are being offered:**

- **Beginning** Cooking 101 members @ 9:00-10:15 am
- **Returning** Cooking 101 members @ 10:30-12:00pm

Current members and NEW to 4-H youth WELCOME! This is a great opportunity to try 4-H!

**NEW and Returning members register here:** <https://web.extension.illinois.edu/registration/?RegistrationID=21979>

## **CLUB NEWS:**

Send your club news to

- Michele at [maavang@illinois.edu](mailto:maavang@illinois.edu) or
- Quincy at [quincys@illinois.edu](mailto:quincys@illinois.edu)

## **ANNOUNCEMENTS:**

**7th Annual Lake & McHenry 4-H Robotics Showcase - *CANCELED***

### **About *YQCA* or Youth for the Quality and Care of Animals**

**For members enrolled in dairy cattle, beef cattle, swine, sheep, and goats:** All 4-H exhibitors of these animals will be required to certify in the YQCA program by attending either a **face to face class** (*pre-registration required*) or certify on-line via the website: <http://yqca.org>. The cost for the face-to-face training will be \$3 and \$12 for the online version.

**PRINT A COPY FOR YOU RECORDS. You may need this for fair, especially STATE FAIR!**

### **About *QAEC* or Quality Assurance and Ethics Certification**

**For members enrolled in horses, rabbits, poultry, dogs, and cats:** The **Quality Assurance and Ethics** training is still required for youth in horses, rabbits, poultry, dogs, cats & small pets. You only need to take it once in your lifetime. Those who do not complete the training will be removed from the animal science project and will not be eligible to exhibit at county fairs. The website is open year round @ <http://web.extension.illinois.edu/qaec/>.

**NOTE:** Youth must be logged on to a computer for this program, either **a desktop or laptop; not an iPad or iPhone.**

### **Goats for SALE!**

One fainting goat – free. Two Alpine goats for \$250 a piece. Any serious inquiries should email Sheridee for more info. [Mesenbrinks@gmail.com](mailto:Mesenbrinks@gmail.com)



### **Looking for Club Officer Resources?**

See the **Illinois 4-H website:** <https://extension.illinois.edu/global/club-resources>

- **4-H Officers Handbook** and other resources are available through the Extension office. See attached packet for more helpful resources.
- **Online Video trainings** that may be helpful:
  - Volunteer trainings: <https://4h.extension.illinois.edu/volunteers/training>
  - Parliamentary procedure: [https://www.youtube.com/watch?time\\_continue=4&v=AaHckDiTxZE](https://www.youtube.com/watch?time_continue=4&v=AaHckDiTxZE)
  - Officer Videos: <https://ohio4h.org/officerresources>



**4HOnline:** <https://www.4honline.com>

- **TIP: Firefox and Chrome** work best. *Internet Explorer does NOT work!*
- See the **2019 Illinois Pick Your Project Guide** to for details on new projects such as Child Dev, Family heritage, Leather –Visual Arts, Sports Nutrition: <https://4h.extension.illinois.edu/members/projects>
- Use the **Project Selection Form** to help record your favorite projects when you enroll in **4HOnline**.
- **New to 4-H?** Please follow the instructions to create your 4-H Family and enroll in 4HOnline.
- Add additional projects for the new 4-H year.
- If you would like to order projects books for your project, please make sure to click the arrow in the drop down box below the project selection box – called “select project materials”.
  - If you do not complete this step, no book will be ordered for you.
  - If you click in this box and nothing appears, then there is no project book available for that particular project or it is *only* available online.
- **Select Payment:** Families may pay by Credit/Debit card or choose to pay by check.
  - \*If paying by CREDIT CARD, please review card expiration date and 3-digit code.
- All Members and Volunteers must submit the “*Extension Participant Volunteer Agreement to Assume Risk...*”.
- **IMPORTANT TO NOTE:** ALL previous members and adult volunteers **MUST RE-ENROLL** to participate in 4-H club meetings, activities and workshops.

**To receive Emergency TEXT alerts:**

- Type in your "Cell Phone" number where indicated
- Check the box "You wish to receive notices via text message:"
- Select Cell phone carrier service.

*\*NOTE – you may need to click the “Continue” button at the bottom of the page in order for the information to save*