



Greetings 4-H Families,

Fair Entry has been postponed after June 1. Please expect more details to come soon. You should have received an email from the University early this week. For details, see the **May 4, 2020 Press Release**:

<https://extension.illinois.edu/news-releases/extension-continues-transition-online-webinars-4-h-shows-events>



NEW YouTube video from one of our very own 4-H members, **Abbie Heidtke**, of Legendary Pioneers! Need an idea for something to do for **Mother's Day**? Check out this demonstration video on how to create a beautiful floral arrangement for Mother's Day or any day!

<https://www.youtube.com/watch?v=4wRzFr8FMYg&feature=youtu.be>

4-H Media Share Box: <https://web.extension.illinois.edu/registration/?RegistrationID=22277>

Do you have a video demonstrating a 4-H project skill you would like to share with others? Want to make a fun 4-H video like "pass the clover" or give a tour of your farm? How about tell YOUR 4-H story and what 4-H means to YOU! We want to share it with the WORLD! Register a bit of information about you and your video below. You will receive the upload link in the confirmation email. **Instructions can be found on the registration description.**

Virtual classes to begin in late May! While we know it will not be the same, instructors for our summer 4-H programs, like **Dogs, Shooting Sports, Horses, Cooking and more**, are working hard to put together some fun, educational and safe programs while we are all social distancing. **Watch your emails for leader communication!** We will determine the status of our local programs after the **June 1** University decision is shared regarding events after July 5.

Virtual 4-H Office Hours on Fridays –Join us on Fridays from **NOON to 1PM via ZOOM** for virtual 4-H office hours throughout the month of May or until we return to regular office hours. Private conference times or call back are available by request. Anyone can register to receive a ZOOM link to the open Q&A or chat forum:

<https://web.extension.illinois.edu/registration/?RegistrationID=22222>

Calling all 4-H Alumni! – Check out the **Illinois 4-H Alumni** page: <https://4h.extension.illinois.edu/about/alumni> . Share your 4-H memories, join the 4-H Alumni Association, and get 4-H Alumni news and more!

SEE EVENT SCHEDULE BELOW:

- May 8 – Virtual 4-H Friday Office Hours 12-1pm
- May 8 - 4-H "I Think Green" Day on ZOOM
- May 9 – Virtual Regional Hippology Contest
Good Luck to our McHenry County participants!
- May 11 – MCVTT – Tech Team ZOOM meeting
- May 15 – Public Presentation registration Deadline
- May 16 – video submissions for Public Presentations begin through June 1
- May TBD - Virtual Dog, Shooting Sports classes begin
- May/June – Week Night Horse Clinics online begin
- May – July 5 – *In-person events including meetings canceled or transitioned to an online delivery format.*
- June - Fair Entry opens for General Projects
- June –Cooking 101 online
- June 1 – *decision shared from campus about Extension events for July 6-July 31*

- July 1 – *decision shared from campus about Extension events for Aug 1-15*

All further event/activities are PENDING

- July 11 –Computer Tech judging
- July 18 - Dog show – *maybe postponed*
- July 24, 25 – Sewing, General project judging
- Aug 3 – Foods, Horticulture, Food decorating
- Aug 4-9 – McHenry County Fair

Please be sure to check the website for more information:

<https://extension.illinois.edu/lm/4-h-mchenry-county>

Follow us on **Instagram**:

https://www.instagram.com/mchenry_county_4h/

Follow us on **Facebook** **@4HMcHenryCounty**

4-H Staff

- Dr. Michelle Cox, Unit 3 4-H Educator, mcx@illinois.edu
- Michele Aavang, 4-H Program Coordinator, maavang@illinois.edu

****See Illinois 4-H Newsletter– APRIL News Shorts for more state news and STATE calendar**



Proud to be #4HGROWN Class of 2020

Help us celebrate our McHenry County 4-H 2020 Graduates!

We will be featuring both High School & 8th grade graduates for the month of May! Please include: Name, Club, Graduate level, School graduating from, Photo (in cap & gown if possible), feature plans if High School graduate. Email Michele details maavang@illinois.edu or Facebook [@4HMcHenryCounty](https://www.facebook.com/4HMcHenryCounty)

See the recent submissions at the end of the newsletter!

YouTube Channel

Yoga with Dana McNamara going to YouTube! Need to clear your mind and stretch your body after a full day of studying? You may soon be able to tune in on your own time to

Watch for “**I think Green**” videos with Miss Kelly soon! Kelly Sadowski will be presenting part of the “I Think Green” virtual program in a series. Tune in to the YouTube Channel for more videos!

NEW! McHenry County 4-H Youth Foundation Scholarship information

Attention all eligible 4-H members! If you are 17 or 18 year of age as of September 1, 2019 and in your last year or one year out of high school, you are eligible to apply for The McHenry County 4-H Youth Foundation Scholarship. The application can be accessed by clicking the following link. The complete application is due to the McHenry County Extension Office by June 1, 2020 to be considered for the scholarship. Please read complete instructions. *Copy may also be downloaded from the Extension website beginning Monday or email Michele for pdf copy if you have difficulty accessing the files.*

To access the application:

1. Click on https://docs.google.com/document/d/1Rinn-xH1_vQgwQPt_fd73LDd4eORxk25n-WhCRbYVG0/edit?usp=sharing
2. If you have a gmail and Google Drive: Click "File" Click "Make a Copy"
A new copy of the application will be created on your Google Drive that you will be able to begin editing by adding your information straight to the document.
3. If you do not have gmail: Click "File" Click "Download" Click "Microsoft Word"
This will save the document onto your computer where you will be able to add your information to the document.

When completing the application, you should only be adding information to answer the questions. Please **do not modify** the application format. If you have any questions please let us know. We look forward to receiving your applications. Good Luck!

4-H Club meetings – Virtual meetings are

HAPPENING! Contact me if you would like me to set up a ZOOM meeting using the University account to add some extra security for your club meeting. I am happy to “pop-in” to answer any questions or concerns you might have before handing the additional “Host” option benefits through the university’s paid subscription. Please contact your leader to see if this might be an option for your upcoming May meeting.

2020 4-H Fairbook now on the website:

https://extension.illinois.edu/sites/default/files/2020_mc4h_fairbook_final.pdf

Please see Fairbook posted on the website for more information about individual fair projects. Although the Fair book has tentatively been approved by the state office, it is still being edited for changes.

ALL DATES ARE TENTATIVE DUE TO THE IMPACT OF COVID-19.

**Disclaimer- Please continue to check the website for the latest version of the 2020 4-H Fair book as updates will be made to certain sections. Any changes or errors in the rules and regulations will be posted online and will be the FINAL AUTHORITY. Therefore, any errors in this program book will not excuse failure to comply with current rules and regulations.*



4-H Cooking 101 SPIN Club

Virtual classes coming soon!!!

Join the 4-H Cooking 101 SPIN Club to learn more about: Snacks, Side Dishes, Main Dishes, Quick Breads, Desserts, Food safety, Kitchen safety, Measuring, Introduction to cooking, Food



preservation. The club will also review planned projects for the fair so you can put your best foot forward in competition!

TWO classes are being offered:

- **Beginning** Cooking 101 members @ 9:00-10:15 am
- **Returning** Cooking 101 members @ 10:30-12:00pm

Current members and NEW to 4-H youth WELCOME!

NEW and Returning members register here:

<https://web.extension.illinois.edu/registration/?RegistrationID=21979>

Looking for Project resources:

If you have project resource books, now would be a great time to use them! Read through them, find some great ideas for projects, answer questions or puzzles, do experiments, try out recipes or creations and much more. If you do not already have manual(s), you may be able to find some of them online.

Check out the **Project selection guide** to find a link or the title of the project book:

https://extension.illinois.edu/sites/default/files/2019-20_project_selection_reference_price_guide_updated_december_2019.pdf

You may also purchase resources from **Shop 4-H Mall:**

<https://shop4-h.org/>.

We are working to put more resources together for you. Here are just a few to get you started...

Illinois 4-H Facebook page – Livestock videos

Livestock – Right From the Start, Safety Basics:

https://www.youtube.com/channel/UCRgk3ryTcY8Wcwwv_ulZgmA

Illinois 4-H Chick Embryology:

- <https://uofi.box.com/s/g46tkod75lm3ickvd2h58w84vmmo8lgg>

Washington State University - Learning Links:

- <https://extension.wsu.edu/king/learning-links-4-h-and-more/>

Iowa 4-H Project Hot Sheets: 2-page pdf for just about every project you can download.

- **Hint:** *Illinois 4-H may be going to something like this soon! Let me know if you like them...*
- <https://store.extension.iastate.edu/Topic/4-H-Youth-Development/Project-Hot-Sheets?S=0&A=0&F=0>

OSU 4-H: <http://4h.okstate.edu/literature-links/lit-online>

NDSU Project Sheets:

https://www.ndsu.edu/4h/member_information/projects/project_sheets/

Oregon 4-H videos:

- <https://www.youtube.com/channel/UC2KISOTMhFgWmf74sgDzgNg>

Dog Training:

- **AKC:** <https://akc.tv/watch/19/2372/video-3/sit/?ctx=/watch//4/2367/series/akc-training-tips>
- **4-H Dog training:** <https://www.youtube.com/playlist?list=PLCBDCD7B57BA95063>
- **4-H Minnesota:** <https://www.youtube.com/playlist?list=PLTxzQQIZCk4zZcfrkcwKQzY5Y0HVYkOS6>
- **Zak George Dog training videos:** <https://www.youtube.com/channel/UCZzFRKsgVMhGTxffpzgTJlQ>
- **Nebraska Virtual Dog Club:** <https://4h.unl.edu/virtual-dog-club>
- **Dog videos:** <https://www.youtube.com/playlist?list=PL42A6FB1633ED450E>
- **Oregon Obedience:** <https://www.youtube.com/playlist?list=PL5F613829F9AD3A5A>
- **Oregon Showmanship:** <https://www.youtube.com/watch?v=05NGAoSoF7I&list=PL63E4740A35EF4E7E>

Extension Horses - Free online courses through mid-April:

- <https://www.extensionhorses.org/>

Vet School 101:

- <https://www.youtube.com/watch?v=J3GJQyrRPG8>

Sewing: <https://www.youtube.com/playlist?list=PLO-TOuC-MO2RqNVK5AhGVwXZuNb1TwDLD>

“Just Wing It” Pollinators Club

May Meeting - via ZOOM TBD

Both NEW & RETURNING members are welcome. New to 4-H members should enroll in **4HOnline.com** to become a member of McHenry County 4-H. Contact Randy Mead if you are interested in joining the call Sunday:

rmeadtoys@gmail.com

4-H Dog Class: Virtual meeting coming soon!

Class schedules will be sorted and you will be contacted by the instructor.

See Project resources for LONG list of training videos to start interacting with your furry friend!

AKC has some new materials coming out just for 4-H!

4-H Shooting Sports:

Online resources coming soon. Class schedules will be sorted and you will be contacted by the instructor next week. Virtual Archery classes may begin the week of May

Ambassador virtual meeting – via ZOOM

June 3 -Please email Michele Aavang for questions.

maavang@illinois.edu

Be sure to check the email sent out today. Lots of information for Ambassador members!

Federation virtual meeting –via ZOOM

TBD - Please call or email Michele Aavang for questions.

maavang@illinois.edu

4-H Communication:

THIS EVENT IS WILL BE VIRTUAL

You will receive instructions and a link to upload your video after **May 15 registration deadline**. Upload should be complete by **June 1**

<https://web.extension.illinois.edu/registration/?RegistrationID=21954>



Public Speaking & Horse Speaking Contest

Members must be enrolled in Communications: Public presentation OR Horse projects in **4HOnline**

One of the most important skills that 4-H members can learn is to speak in front of a group. In 4-H, members have many opportunities to practice this skill. Besides doing presentations at the club meetings, members have the opportunity to participate in the Public Presentation contest.

This contest is open to all youth interested in presenting in the following categories: formal speech, illustrated speech, oral interpretation, or an original work. Horse project members are eligible to participate in Horse Speeches for points toward Horse Master.

COMMUNICATIONS: PUBLIC PRESENTATIONS

1. **Formal Speeches** (4-8 mins) share the presenter's own unique view and are intended to motivate, persuade, or inform an audience and may include a call to action. Youth deliver a speech on any topic they wish (Original Oratory), or choose one of the four topics on which to speak (Topical Response)
2. **Illustrated Speeches** (4-8 mins) may be used to inform, persuade, or motivate the audience while using a visual aid. Visual aids may be two dimensional, three-dimensional, or digital. Youth may include audience participation.

3. **Original works** (4-8 mins) must be written entirely by the presenter. It may be presented as an individual or a two-person team entry. Manuscripts must be sent in advance to the contest. Presentations may be designed for TV, radio, or online media and must be presented live.
4. **Oral Interpretation** (4-8 mins) must be published works, and manuscripts or transcripts must be submitted prior to the event. They may be presented as an individual or a two-person team entry.

HORSE SPEECHES - Horse Project members may earn points towards the 2020 Horse Master Competition

1. **Original individual formal speech** - Junior 5-10 minutes, Senior 7-10 minutes
2. **Original individual presentation:** 9-12 mins. either demonstration (step by step process) or illustrated talk on an idea or topic; both use visual aids.
3. **Original team presentation:** 10-15 mins. either demonstration (step by step process) or illustrated talk on an idea or topic; both using visual aids.
4. **Interpretive Reading** 3-5 mins is the art of reading aloud from a printed page. The reading must be published works that are horse-related. They may be prose, poetry, short stories, play cuttings, narratives, book or review, or theatrical.

For more information, see the following 4-H STATE websites:

IL 4-H State:

<https://4h.extension.illinois.edu/members/projects/communications>

IL 4-H State contest information and scoresheets:

<https://4h.extension.illinois.edu/events/illinois-4-h-state-public-speaking-contest>

IL 4-H Horse Speaking Contest Information and scoresheets:

<https://4h.extension.illinois.edu/events/illinois-4-h-horse-speaking-contest>

CLUB NEWS:

Send your club news to

- Michele at maavang@illinois.edu or
- Quincy at quincys@illinois.edu

ANNOUNCEMENTS:

About YQCA or Youth for the Quality and Care of Animals

For members enrolled in dairy cattle, beef cattle, swine, sheep, and goats: All 4-H exhibitors of these animals will be required to certify in the YQCA program certifying online via the website: <http://yqca.org>. The cost for the online training is \$12. **PRINT A COPY FOR YOU RECORDS. You may need this for fair, especially STATE FAIR!**



About **QAEC** or Quality Assurance and Ethics Certification

For members enrolled in horses, rabbits, poultry, dogs, and cats: The **Quality Assurance and Ethics** training is still required for youth in horses, rabbits, poultry, dogs, cats & small pets. You only need to take it once in your lifetime. Those who do not complete the training will be removed from the animal science project and will not be eligible to exhibit at county fairs. The website is open year round @ <http://web.extension.illinois.edu/gaec/>.

NOTE: Youth must be logged on to a computer for this program, either **a desktop or laptop; not an iPad or iPhone.**

We Want YOU! Adult or Teen Volunteers needed!

Do you have a passion, skill, or talent that you would like to share with young people? As a 4-H volunteer, you can share your skills and experience to help transform a new generation of confident, young leaders. To learn more:

<https://4h.extension.illinois.edu/volunteers>

- Start a SPIN Club. SPecial INterest Clubs can be short-term commitments for as little as six meetings. Whether 6 Days/weeks/months are up to you.
- Older youth members can start their own clubs with a screened adult after Teen Teacher training.
- Club minimum is five 4-H members.
- Additional SPIN Club leaders needed for the following possible clubs:
 - Aerospace, Astronomy, Edible Science, Fitness Club, Family Heritage
 - *Rain to Drain – Slow the Flow*
 - Solar Sprint Car challenge
 - Got a suggestion of your own? Send it in!
- Email Michele maavang@illinois.edu for details or to submit your idea!

Looking for **Club Officer Resources?**

See the **Illinois 4-H website:**

<https://extension.illinois.edu/global/club-resources>

- **4-H Officers Handbook** and other resources are available through the Extension office. See attached packet for more helpful resources.
- **Online Video trainings** that may be helpful:
 - Volunteer trainings:



<https://4h.extension.illinois.edu/volunteers/training>

- Parliamentary procedure: https://www.youtube.com/watch?time_continue=4&v=AaHckDjTxZE
- Officer Videos: <https://ohio4h.org/officerresources>



4HOnline: <https://www.4honline.com>

- **TIP: Firefox and Chrome** work best. *Internet Explorer does NOT work!*
- See the **2019 Illinois Pick Your Project Guide** to for details on new projects such as Child Development, Family heritage, Leather –Visual Arts, Sports Nutrition: <https://4h.extension.illinois.edu/members/projects>
- Use the **Project Selection Form** to help record your favorite projects when you enroll in **4HOnline**.
- **New to 4-H?** Please follow the instructions to create your 4-H Family and enroll in 4HOnline.
- Add additional projects for the new 4-H year.
- If you would like to order projects books for your project, please make sure to click the arrow in the drop down box below the project selection box – called “select project materials”.
 - If you do not complete this step, no book will be ordered for you.
 - If you click in this box and nothing appears, then there is no project book available for that particular project or it is *only* available online.
- **Select Payment:** Families may pay by Credit/Debit card or choose to pay by check.
 - *If paying by CREDIT CARD, please review card expiration date and 3-digit code.
- All Members and Volunteers must submit the **“Extension Participant Volunteer Agreement to Assume Risk...”**.
- **IMPORTANT TO NOTE: ALL previous members and adult volunteers MUST RE-ENROLL** to participate in 4-H club meetings, activities and workshops.

To receive Emergency **TEXT** alerts:

- Type in your "Cell Phone" number where indicated
- Check the box "You wish to receive notices via text message:"
- Select Cell phone carrier service.

*NOTE – you may need to click the “Continue” button at the bottom of the page in order for the information to save

National Honor Society, Buddies Club, and member of Trinity Lutheran Church.

I ILLINOIS

Extension

Illinois 4-H Newsletter:

Be sure to see the **APRIL Newsletter Shorts** for important info on happenings in our county and around the state in 4-H.



Congratulations to the Class of 2020!

We are very PROUD of our graduates who are [#4HGrown](#) in McHenry County!



Dana McNamara is an early Huntley High School graduate in December 2019.

Dana began her 4-H career as a 4-H Cloverbud at age 5 and been a member of McHenry County 4-H ever since! Her 4-H club membership includes Community Cloverleaves 4-H Club, Ambassadors, Federation, McHenry County 4-H Youth Foundation Youth Director, Speaking for Illinois 4-H team.

Dana plans to attend Drake University in Des Moines, Iowa this fall. Dana’s major will be majoring in Pre-Law; with a minor in psychology. Drake University has a 3 + 3 program that Dana intends to enter into; 3 years undergraduate school with 3 years in Drake’s Law School.

Some of Dana’s other interests and membership include competitive dance, dance instructor, volunteering,



Jacob Stewart of Community Builders 4-H Club will be celebrating his 8th grade promotion from Creekside Middle School this May. He will be attending Woodstock High School in the fall. Jacob is very active in both his club and county activities including Robotics, Federation, and Shooting Sports. Some of his project interests include Animal Science, Civic Engagement, Cooking, Photography, Visual Arts, Robotics and Shooting Sports, Air Rifle. Jacob also enjoys showing livestock such as Sheep, Goats and Rabbits.



Ben Fossmeier of Community Cloverleaves 4-H Club will be celebrating his 8th grade promotion from Marlowe Middle School this May. He will be attending Huntley High School in the fall where he will join the Marching Red Raiders. Jacob is a six-year member of his club and participates in the Visual Arts – Glass/Plastic project area.



Andrew Schwartz is a McHenry East High School Graduate. Andrew was a member of the Trail Blazers 4-H club for 9 years, but has been attending 4-H meetings and activities since he was born. He is currently a member of the Legendary Pioneers. His main project is Mya Crone is an 8th grade graduate from Harvard Junior High School and will be attending Harvard High School. She has been a member of New Wave 4-H club for 6 years and enjoys showing swine, beef and goats. She is active in Student Council, National Junior Honors Society, Cheerleading and Theater. She looks forward to joining FFA and participating in the high school musical in the fall. Woodworking, but other project areas include Visual Arts and Models. Andrew has volunteered to help with recording for the judges at fair time and has learned valuable leadership skills from his 4-H experience.

Andrew will be graduating a Distinguished Warrior. He has been active in Cross Country, Track, Surround Sound Choir and was "Mr Photogenic" in the Mr. McHenry East Contest. He is a clown at times, loves sports, loves to sing and to drive his 87' Lincoln. He was also active in baseball and has been an umpire at the VFW for the McHenry league for the past 5 years. And he loves hanging with his niece/Goddaughter!

Andrews plans are to join the Army after his graduation. Currently, it has been put on hold until they are given the ok to continue.



Mya Crone is an 8th grade graduate from Harvard Junior High School and will be attending Harvard High School. She has been a member of New Wave 4-H club for 6 years and enjoys showing swine, beef and goats. She is active in Student Council, National Junior Honors Society, Cheerleading and Theater. She looks forward to joining FFA and participating in the high school musical in the fall.

Happy Mother's Day

"Before you are a mother,
success is all about
growing yourself.
When you become
a mother,
success is all about
growing others."



#MothersDay