

Winnebago County 1040 N. 2nd Street Rockford, IL 61107 P:(815) 986-4357 F: (815) 986-4329 Website: go.illinois.edu/jsw

• <u>Margaret Larson</u> County Extension Director

• <u>Becky Gocken</u> Program Coordinator 4-H and Youth Development

> • <u>Tammy Bene'</u> Office Support Associate





Find us on Facebook! May 6, 2021

#Opportunity4All

#### Good afternoon,

I hope this Newsflash finds you and your family in good spirits! We have lots of fun programming coming up quick for our area youth to take advantage of! We also have a Bass Fishing SPIN Club that will be out at Torstenson Youth Conservation Center in Pecatonica the week of June 7-11 and led by our YLT group and volunteer Tony Grotto. More info to come on that!

All of the flyers should be a clickable link to the registration for those that are interested! Reminder– Saturday is our last YQCA in person training. After then, you will be on your own to complete it (see below).

I am off tomorrow, but will be back in the office on Monday and our leader's meeting is Monday!

Thank you!

Becky Gocken

Attention 4-H Swine, Sheep, Goats, Beef and Dairy Show Participants:

The YQCA annual training is required by the state 4-H office this year to show in any 4-H Swine, Sheep, Goat, Beef or Dairy livestock show. You many take the in-person training with me on Saturday, May 8 at 2:30 pm at Prince of Peace Church, Rockton for \$3 per member, or on your own for \$12 per member.

You must p r e-r egist e r using your 4-H Online Family email and password by May 8 and pay via credit card at:

#### https://yqca.learngrow.io/Account/Login

All other livestock shows still require the QAEC training which can be found at <u>https://web.extension.illinois.edu/qaec/</u>.

These trainings must be completed by June 1, 2021!

#### WINNEBAGO COUNTY 4-H INFORMATION:



AGES & STAGES OF CHILD DEVELOPMENT

COST \$5

CHOKING PREVENTION AND FIRST AID

03 BUILDING YOUR BUSINESS

01

02

OPEN TO ALL YOUTH 11+ YEARS OLD \* MUST HAVE COMPLETED STH GRADE TO REGISTER CALL \$15.986.4357 OR REGISTER ONLINE @ <u>ge.illinois.edu/jsw</u>

## PRINCE OF PEACE CHURCH, ROCKTON FRIDAY, JUNE 4, 2021 9 AM-NOON DEADLINE TO REGISTER IS MAY 28, 2021

A MASK MUST BE WORN AT ALL TIMES PARTICIPANTS WILL BE SOCIALLY DISTANCED HAND SANITIZING STATIONS WILL BE AVAILABLE

If you need a reasonable accommodation to participate in this program, please contact the Extension Office at 815-986-4357 Early requests are strongly encouraged to allow sufficient time for meeting your access needs.



**Illinois Extension** 

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

University of Illinois Extension provides educational programs and research-based information to help Illinois residents improve their quality of life, develop skills and solve problems. If you need a reasonable accommodation to participate in this program, please call the U of I Extension office. University of Illinois Extension provides equal opportunities in programs and employment. University of Illinois College of Agricultural, Consumer and Environmental Sciences – United States Department of Agriculture – Local Extension Councils Cooperating

#### WINNEBAGO COUNTY 4-H INFORMATION:







# Kitchen Scrap Gardening Kits

Kitchen Scrap Gardening is a great way to get youth of all ages interested in gardening while also teaching them about reusing and recycling. This project can even be used to teach about plant parts!



## Registration Deadline is June 9!

University of Illinois Extension has a great opportunity for you to learn about kitchen scrap gardening through these kits that we are offering!

Kits will be \$5 a piece and will include an information packet on kitchen scrap gardening, romaine lettuce, a plastic cup, a small pot, and soil.

Register for your kits at go.illinois.edu/jsw or by calling the Winnebago County Extension Office at 815-986-4357

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4-H CAMP IS OUT OF THIS WORLD 2021

## Life at 4-H Camp

We are very thrilled to announce that we will be hosting 4-H Camp - day camps this year! While we are unable to host an overnight due to COVID policies, we are excited to host three days of 4-H Day camp. These three days will give campers a similar experience to past 4-H camp without the overnight. We will again be attending Rock River Christian Camp, in Polo, Illinois. 4-H Day Camp will offer a variety of safely-led activities such as: archery, crate stacking, arts and crafts, hiking, zip-line, team building and large group games, as well as end each day with a camp evening program.

4-H Camp is open to a total of 75 youth each day that are between the ages 8-14 by June 15, 2021. Campers do not have to be a 4-H member to attend 4-H Camp. Youth may choose to attend, one, two or all three days for 4-H day camp. Camp runs from 9:00 a.m. to 8:00 p.m. with check-in and check-out procedures.

### Camp Location

4-H Camp is at Rock River Christian Camp in Polo, IL. Rock River Christian Camp has 94 acres that have been transformed over the years into a beautiful facility for youth and adults.

Staff at RRCC are certified in First Aid, CPR and AED. There is a qualified first aid person at camp at all times. Campers select their own activities, and are supervised at all times. 4-H Youth Development staff extensively train all camp counselors. We strive to maintain an environment that both encourages personal growth and creates an unforgettable summer experience.



#### Illinois Extension UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

## **Northern Illinois 4-H Summer Camp**

(4-H Camp without the overnight)

## Rock River Christian Camp | Polo June 15-16-17 | 9AM-8PM



## Cost: \$60 per day

Options to choose 1, 2 or all 3 days Includes boxed lunch, dinner and snack Must pay in full by credit card



#### Registration Information:

Register by May 3, 2021 Limited space so sign up today! go.illinois.edu/4Hsummercamp



#### Contact Information:

Martha Ebbesmeyer, (Carroll, Lee, Whiteside) Youth Development Educator (815) 632-3611, ebbesmey@illinois.edu

Johnna Jennings, (Boone, DeKalb, Ogle) Youth Development Educator (815) 758-8194, jbjennin@illinois.edu

Angela Miller, (Jo Daviess, Winnebago, Stephenson) 4-H Program Coordinator (815) 858-2273, amillr11@illinois.edu

Covid restrictions and safety quidelines will be followed to ensure a safe camp experience. Campers will need to be dropped off/picked up each day. Adults/guardians will NOT be allowed to stay.





COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES University of Illinois | U.S. Department of Agriculture | Local Extension Councils Cooperating University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to attend contact the registration office at 815-732-2191

**REGISTRATION IS STILL OPEN FOR WEDNESDAY & THURSDAY!** 

Register early to reserve your place at camp!

Register at: https://go.illinois.edu/4HSummerCamp

More Information at: https://extension.illinois.edu/bdo/northern-illinois-4-h-camp

#### WINNEBAGO COUNTY 4-H INFORMATION:

#### We Want You!

We are looking for individuals to help with the following:

- 4-H Dog Show Superintendent
- Holiday Light Display Committee
- Leadership & Awards Committee

Please email Becky at rgocken@illinois.edu

SUMMER SHOWS: 4-H staff across Illinois are excited about the possibility of stepping back into face-to-face judging this summer. WC 4-H is planning for in-person Summer Shows. Although I do not have all the answers at this time, I can say with certainty that things will look different. The decisions that will be made in the upcoming months will be based on local conditions and will reflect the requirements of the Illinois Department of Public Health and University of Illinois event guidelines. These mitigation protocols may also be modified to reflect any requirements of the local public health department (based on local conditions at the time of the event).

This is an evolving situation. Please keep in mind that Illinois 4-H reserves the right to adjust or cancel events in the case of identified risk, such as changes in local COVID conditions or known instances of non-compliance with safety guidelines. I will be sending more information in the upcoming months. You will be responsible for reading, understanding, and complying with all guidelines. Here are some dates for you to begin thinking about (keep in mind these may change).

TENTATIVE:

Public Speaking Contest– April 21

Dog Show– July 23

Cat, Rabbit, Reptiles & Small Pets Show– July 24 \*New animals added– see Program Book

General Projects Judging and Cloverbud Show– Friday, July 30

Horse Show– August 7

Food Decorating & Demonstrations- August 4

Livestock Shows– Tuesday, August 17

## WINNEBAGO COUNTY IMPORTANT DATES TO REMEMBER

MAY 202	21	
8		YLT Meeting, Extension Office, 11 am
8		YQCA in-person training—Our Prince of Peace Church– 2:30-3:30 pm
10		4-H Key Leaders Meeting, 6:30 pm, Winn-Boone Farm Bureau
15		Ownership for Sheep Wethers and ALL Meat Goats
15		2021 Illinois 4-H Food Summit, Zoom
15		Fair Entry Opens for registering ALL 4-H PROJECTS for 4-H shows
25		Meat Box Sales & Payments due to Extension Office
31		Extension Office closed for Memorial Day
JUNE 20	21	
1		Ownership/ Lease Deadline for Dog Show- Due to Extension Office
1		Ownership deadline: Beef Heifers, Beef Bucket Calves, Dairy Goat Kids, Dairy Goat Yearling (not in milk), *ALL Pygmy Goats, Dairy Calves & Heifers, All Poultry, Rabbits & Cavies (No paperwork to Ext. Office)
1		YQCA and/or QAEC Certification Deadline
4	9-12 pm	Babysitting Clinic Prince of Peace Church, Rockton
5		Illinois State 4-H Public Speaking Contest, Richland Community College, Decatur
5		4-H Shooting Sports Leader Certification Training
7-11	11am-12 pm (longer on Friday)	4-H Bass Fishing SPIN Club, Torstenson Center, Pecatonica
13		Meat Box Pick Up, Noah's Ark Drop Off, Chalk the Walk Event, Ext. Office
15		Fair Entry Enrollment Deadline for ALL 4-H SHOWS
15-17	9am-8pm	4-H Day Camp- no overnight, Rock River Christian Camp, Polo
25		Breeding Sheep Ownership deadline
30		Wizarding World of 4-H Day Camp*Tentative*, Location TBD
JULY 202	21	
23		4-H Dog Show, Forrest City Dog Training Club, 9 a.m.
24		4-H Cat Show, St. Mary's Building– Fairgrounds, 8:30 a.m.

#### **4-H Shooting Sports Leader Certification Training**

Two 4-H leader certification trainings are scheduled for June and July. Shotgun, Rifle, Archery, Pistol, Hunting/Outdoor Skills, and Coordinator disciplines offered. These are one-day only!

HOOTING SPORTS

June 5, 2021 at 4-H Memorial Camp, Monticello, IL (central IL)

July 24, 2021 at Gardner Camp, Hull, IL (western IL)

Contact your local U of I Extension Office for registration information. <u>https://4h.extension.illinois.edu/programs/shooting-sports/4-h-shooting-sports-volunteers</u>



## WINNEBAGO COUNTY 4-H & EXTENSION FOUNDATION, INC.

1925 South Meridian Road . Rockford, Illinois 61102

BOARD OF DIRECTORS

Mary Ann Arenson, President 4-H Volunteer

Richard Koch +H Volunteer

Roger Christin Winnebago Cty. Farm Bureau (Ret)

Kathy Palmer 4-H Volunteer

Reita Baird 4-H Volunteer

Chelly Harkness Swedish American Health System (Ret)

John Gardner T-Shirtz, Etc.

Connie Gleasman 4-H Volumteer

Tim Russo 4 H Volunteer

Winnebago County 4-11 & Extension Foundation, Inc. is a charitable 501(c)(3) organization, and donations are tax deductible Spring has sprung, and Mother's Day is just around the corner. Are you looking for that special gift? Do not know what to get? We have the perfect thing! Easy to get, easy to use.

Winnebago County 4-H & Extension Foundation is having a spring fundraiser. We have partnered with Didier Greenhouses (4601 West State Street, Rockford) to bring you \$20 gift cards. They are perfect for that Mother's Day gift, flowers or veggies for the summer garden.

Winnebago County 4-H & Extension Foundation helps support the University of Illinois Extension in its efforts and programs—such as 4-H—through acquiring and managing funds and assets. Your continued support and donation to our 501(c)(3) non-profit foundation help us support local youth and local programs.

Purchasing your gift card is as easy as filling out the order form below, and send with your cash or check to:

Winnebago County 4-H & Extension Foundation 1925 S. Meridian Road Rockford, IL 61102

We will mail you your gift card for you to enjoy! Remember to visit us on Facebook, or you can email us at winnebagofoundation2011@gmail.com Thank you for your continued support.

#### Sincerely,

Winnebago County 4-H & Extension Foundation

-	<ul> <li>Please cut along dotted line-</li> </ul>

\_\_\_\_ # of gift cards

MAIL CARDS TO:

Name

x

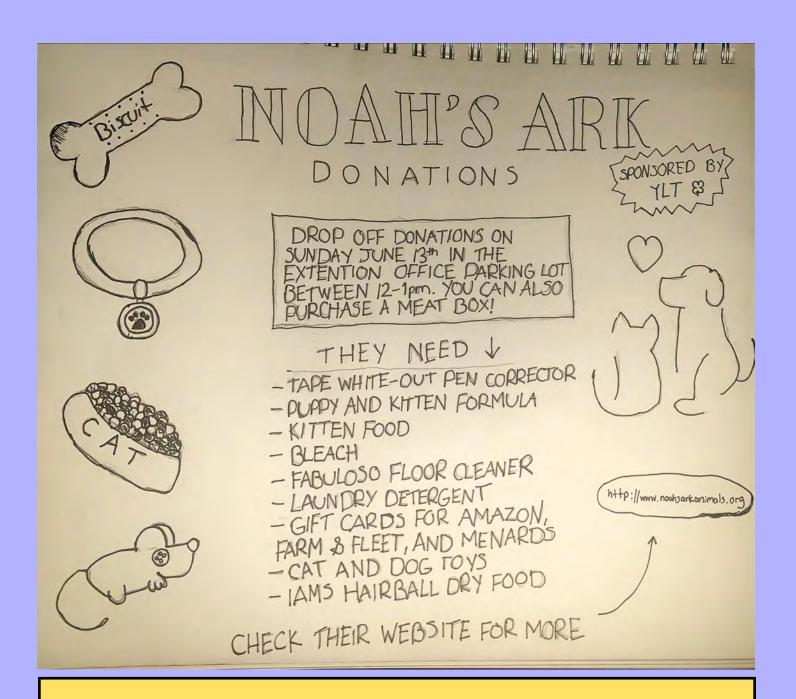
\$20 -

Address

City\_\_\_\_\_State\_\_\_\_Zip\_\_\_\_

S

TOTAL



Winnebago County Youth Leadership Team

**Noah's Ark Donation Drive** 

Drop Off Location: Winnebago County Extension Office When: June 13, 12-1 pm During the Meat Box Pick up



Please email Becky at rgocken@illinois.edu if your club is planning to attend!

Masks & social distancing required by all in attendance.



University of Illinois Extension—Winnebago County 1040 N. Second Street—Rockford, IL 61107

May 2021

#### **4-H SUMMER SIZZLER SALE**



Winnebago County 4-H SHOWBOARD is holding its 10th Annual 4-H Fundraiser called the **"4-H Summer Sizzler Sale"**. This fundraiser helps support the 4-H program in Winnebago County. Our hope is that each family will either purchase for themselves or sell at least 1-2 boxes to make this a successful fundraising event. Last year we raised over \$4,400 in profit and our goal is to increase that amount by at least 10% this year!

Please see the attached ad flyer and order form for information about what is included in each box of meat. The boxes sell for \$40 each. This really is a terrific value for all the different products in the box! All the meat products are locally grown and processed at Eickman's Processing in Seward, IL.

Members should begin taking orders now and collect the money at the time of order. Order forms and payments can be turned into the Extension office anytime between now and the end of the sale, but ALL ORDERS MUST be submitted by May 25, 2021. Checks should be made payable to "U OF I EXTENSION—Showboard" and meat boxes can be picked up on Sunday, June 13, 2021 from Noon until 1 pm at the Extension office—1040 North Second Street, Rockford.

Members are responsible for pick-up of their ordered boxes (or they may arrange to have the buyer pick up their own box). If the buyer would like to pick up his/her own box, please confirm the pick-up date and time with the buyer and make sure he/she knows your name and the 4-H Club you belong to. They will need to know this information in order to pick up their box. Please make a note of this on your order form when you turn it in.

Pick-up of boxes will be Sunday—June 13, 2021 from Noon-1 pm at the Extension Office—1040 N. Second Street. All orders need to be picked up at this time. All checks should made payable to <u>U OF I EXTENSION—Showboard</u>

A straight donation option of \$15 is also available for families that cannot purchase or opt not to purchase or sell a box of meat. Please contact Becky at the Extension Office (815) 986-4357 if you have any questions.

Multiple random boxes will include Special Coupons for a FREE HAM!



- \$50 for the 4-H Member who sells the most number of Boxes
- Sell 5 boxes—get your name in a drawing for \$100
- Clubs will receive 10% of profit generated from their total sales

#### WINNEBAGO COUNTY 4-H SHOWBOARD SUMMER SIZZLER SALE

Member Name:\_\_\_\_\_

#### PICK UP BOXES: Noon- 1 pm

Sunday, June 13th-Extension Office Parking Lot

Club	Name:
------	-------

1040 N. Second Street

SOLD TO: (Please write Name & Phone Number)	# of Boxes	(Check # or Cash) Payment Form	Total Amount
			1
-			
			_
			-
	-		
TOTALS:			
Orders, Payment, and Forms Due to Extension O Make checks payable to "U of	ffice NO LAT	ER than May 2	5, 2021.



Parents, Grandparents, and 4-H Youth

Compeer Financial has been a longtime supporter of 4-H youth through donations and actively attending the county 4-H Livestock Auction in the past. We would like to continue to support our local youth's 4-H experience by broadening our approach and providing all 4-H members in our area a donation.

In order to qualify, 4-H members must submit an essay describing their 2021 project, what they learned completing their project and knowledge gained. We ask that the essay be at least 150 words and picture of the member with their project when possible. The 4-H member's name and address must be included with the essay. Essay form is attached and needs to be submitted to Compeer Financial by September 1<sup>st</sup>, 2021. The amount of each award will be determined by the final number of applicants and will be delivered by mail.

Please mail your essay to:

Compeer Financial c/o 4-H Awards 651 W Meadows Drive PO Box 719 Freeport, IL 61032

## **Compeer Financial 4-H Award**

	Name:	
	County:	
	Address:	
	Project:	c .
Essay:		
·		
	Please submit to:	
	Compeer Financial	
	c/o 4-H Awards	
	651 W Meadows Drive	

PO Box 719 Freeport, IL 61032



I-Pollinate is a citizen science initiative and will be offering \$100 to each of 54 small "study" gardens established by Illinois 4-H members this spring if they agree to report back on-line their observations of which annual, ornamental flowers pollinators prefer on their gardens. The task at hand though is to spread these gardens out statewide – so only one garden per county will be allowed until all 54 are registered. Leaders can apply for funding by completing a training and registering their garden. These are small garden plots with specific plants – literally only 4' x 6' in size.

A detailed training will open April 26<sup>th</sup>, and data collection won't start until National Pollinator Week June 21<sup>st</sup> but I wanted to give

you a teaser now! Be thinking of who to invite from your local areas! Along with the \$100 reimbursement for supplies and materials, 4-H members completing the reporting observations will receive an I-Pollinator Certificate; permanent sign for their garden; and an honorary pin! Good stuff for a future entomology project display!

This project is designed by Dr. Alex Harmon-Threatt of the UofI with the support of the Illinois Farm Bureau and Illinois extension. More information can be found at **ipollinate.illinois.edu** 

#### 4-H Family Camp

#### Experience the fun of summer camp right along with your kids!

Enjoy your own family cabin for a three-day, two-night retreat right in central Illinois. While at camp your family can swim, boat, shoot archery, climb the rock wall, make arts & crafts, fish, take hayrack rides, participate in S.T.E.M. activities, hike, make s'mores over a campfire, and so much more!

Ready to camp? Sign up for the June 6-8, June 18-20 or July 9-11 sessions at 4-H Memorial Camp in Monticello, IL here:

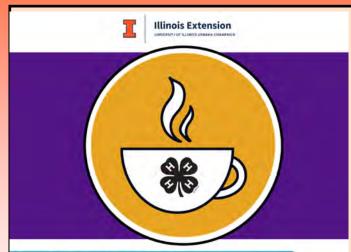


https://go.illinois.edu/4Hcamp21



We want to hear how you are impacting your community!

Register your service outreach efforts (or outreach plans!) for the months of **March**, **April**, **May and June** that demonstrate support of your communities. Register <u>here</u>.



Join us for 4-H Volunteer Café Conversations Thursday, May 20, 7 PM Register to participate in the **4-H Volunteer Café Conversations** Thursday, May 20 at 7pm. Volunteers meet to discuss topics of interest, share both ideas and challenges. Volunteers will gain access to tools & techniques to support their volunteer efforts, strengthening 4-H club and member learning experiences. Bring your ideas, questions, and since this is a Café Conversation, feel free to bring a snack! Head here to register.

Remember – 4-H volunteers and members in leadership roles who participate in 75% (3 of the 4) Volunteer Café Conversations will receive their very own limited edition 4-H Volunteer Café Conversations Ceramic mug!

#### Travel abroad with 4-H

Start planning now for a trip in 2022.

Are you curious about daily life, culture, and youth programs in other countries? Travel abroad with 4-H and experience foreign countries for a month-long cultural immersion experience. Delegates live with volunteer host families and engage in experiential learning about a new way of life.

TRAVEL PERIOD: 4 –8 weeks (dates vary by program June-August 2022)

REQUIREMENTS: Youth ages 12-18 (some programs 15-18)

Cost: \$2700-5000\* Based on previous years (price varies by year, program and length of stay) RECRUITMENT PERIOD: September-November

https://www.states4hexchange.org/apply/go-abroad/

 $Costa\ Rica \cdot Japan \cdot Korea \cdot Norway \cdot Finland \cdot Romania \cdot Taiwan \cdot Argentina$ 

\*Country availability changes each year

For more information, visit h
p://www.states4hexchange.org or contact us by email: Miriam Rosenbohm at <u>rosenbohm07@comcast.net</u> or Elisha Hughes at ehugh2@illinois.edu <u>https://www.facebook.com/illinoisstates4hexchange/</u> Instagram @states4hinternatonal



June		Horse	Show Events :	at the Illinois	State Fair G	rounds
Sun	Mon	The	Wed	Thu	Fri	Sat
		1	2 Region XI Arabian Show	3 Region XI Arabian Show	4 Region XI Arabian Show	5 Region XI Arabian Show
			Non Fair Show	Non Fair Show	Non Fair Show	Non Fair Show
6 Region XI Arabian Show Non Fait Show	7	8	9	10	11	12
13	14 Set up for Midwest Charity	15 Set up for Midwest Charity	16 Set up for Midwest Charity	17 Midwest Charity show starts	18 Midwest Charity Show	19 Midwest Charity Show
	Non Fuir Show	Non Fair Show	Non Fair Show	Non Fair Show	Non Fair Show	Non Fair Show
20 Take down Midwest Charity Døcor	21 Western Show Appaloosa & POA Show Move in	22 Western Show Appaloosa & 7 POA Show	23 Western Show Appaloosa & ? POA Show	24	25	26 Centerline Dressage Show
Non Fair Show	State Fair Show	State Fair Show	State Fair Show	Non Fair Show	Non Fair Show	Non Fair Show
27 Centerline Dressage Show	28	29 Western Paint Show Move in	30 Western Paint Show			0001
Non Fair Show	Non Fair Show	State Fair Show	State Fair Show			2021

July		Horse Show Events at the Illinois Fair Grounds						
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
			-	1 Western Paint Show AQHA move in	2 Western AQHA Show	3 Western AQHA Show Barrel Racing in MPA		
	-			State Fair Show	State Fair Show	State Fair Show		
4 Barrel Racing in MPA	5 Palomino World Show Move in	6 Palomino World Show	<b>7</b> Palomino World Show	8 Palomino World Show	9 Palomino World Show	10 Palomino World Show		
State Fair Show	Non Fair Show	Non Fair Show	Non Fair Show	Non Fair Show	Non Fair Show	Non Fair Show		
11 Palomino World Show	12 Palomino World Show	13 Palomino World Show	14 Palomino World Show	15 Palomino World Show	16 Palomino World Show	17 Palomino World Show		
Non Fair Show	Non Fair Show	Non Fai Show	Non Fair Show	Non Fair Show	Non Fair Show	Non Fair Show		
18 Clean Stalls	19 Western Reining Show move in	20 Western Retring Show	21 Western Reining Show	22 Western Reining Show	23 Western Reining Show	24 Western Reining Show		
A start of the	State Fair Show	State Fair Show	State Fair Show	State Fair Show	State Fair Show	State Fair Show		
25 Jr Horse Show Schooling over jumps. In the After noon 4:00 to 8:00	26 Jr Horse Show English Dressage, Jumping Hunt Seat Saddle Seat	27 Jr Horse Show English Showmanship Conformation Equitation	28 Jr Horse Show Tail Class, Traditional &Stock Patten Costume Class Scholarship Class	29 J Horse Show Western Ranch Riding & Pleasure & Horsemanship	<b>30</b> Jr Horse Show Western Horsemanship Gymkhana in the MPA in the afternoon	31 Jr Hose Show Western Conformation Showmanship, Egg & spoon Versatility		

2021

A	ugust	IIIIse	Show Events		State Fair G	
Sun	Mon	Tue	Wed	Thu	Frt	Sat
I Ir Horse Show Western Pleasure Reining State Fair Show	2	3	4	5	6 Society Horses mave in	
8	9 1ª Session Society Horse Show	10 1" Session Society Horse Show	11 1ª Session Society Harse Show	12 I* Session Society Horse Show State Fair Starts	13 I" Session Society Horse Show Draft Horse move in	14 Draft Horses move in Livestock show of champion
15 Draft Horse Show	16 Draft Horse Show	17 Draft Horse Show Livestock Sale	18	19 2 <sup>nd</sup> Session Society Horse Show	20 2 <sup>nd</sup> Session Society Horse Show	21 2 <sup>nd</sup> Session Society Horse Show
22 Draft Horse Pull in the afternoon	23	24	25	26	27	28 Western Mounted Shooting
29 Western Mounted Shooting State Fair Show	30	31				2021

#### 2021 Illinois 4-H Dates

- May 15th Illinois 4-H Food Action Summit
- May 20 Virtual Volunteer Café Conversations
- May 31 DEADLINE: State 4-H Public Speaking Contest Submissions Due
- June 4 State 4-H Livestock Judging Contest
- June 5 4-H Shooting Sports Leader Training at 4-H Memorial Camp
- June 5 State Public Speaking Contest
- June 27 July 1 Illini Summer Academies (Virtual)
- July 11- 23 Discovering STEM in ACES is a two-week virtual experience
- July 24 4-H Shooting Sports Leader Training at Camp Gardner in Hull

July 25 – August 1ISF Junior Horse ShowJuly – AugustIn-Bound Summer 2021



Hunters Donate Deer Survey

> Illinois Extension

go.illinois.edu/HuntersDonateDeerSurvey

#### WHAT'S HAPPENING AT THE EXTENSION:

Learn to eat healthy as you support local growers in a monthly series by University of Illinois Extension experts. Each webinar begins at noon and lasts 30 minutes. Nutrition experts will be available to answer questions. Topics will include: Community Supported Agriculture (CSA), Farmers Markets, Preserving and Storing your Harvest. For more information visit go.illinois.edu/jsw.





University of Illinois Extension will hold a web-based Certified Food Protection Manager, May 10, 11 and 12, from 9 a.m. to noon. This online course will be held over a period of three days, with the exam

given in-person on the fourth day, May 13, 9 a.m. to noon. Participants must be present for all three days to be eligible to take the exam. This course will be taught using Zoom, and participants will need a web-camera.

Visit us at go.illinois.edu/jsw



Raised beds and containers have become increasingly popular in the last couple of years. Both can work well for growing almost all vegetables with some troubleshooting while also producing vegetables for you if you do not have space.

This virtual class on Thursday, May 6 from 6 to 7:30 PM with Illinois Extension Local Foods and Small Farms Educator, Grant McCarty, will

go into the basics of creating a raised bed, selecting material, and general management. Container vegetable gardening will further be addressed and revisited from last year's Get Growing webinar to include suggestions of varieties that work well in containers, selecting the right size, and weekly management.

This Zoom webinar is offered free of charge, but donations are accepted to help offset the cost of Extension programming. To register or for more information visit us online at <u>go.illinois.edu/jsw</u> or call 815-858-2273

### LIVING with ARTHRITIS

TUESDAY MAY 25, 2021 1 - 3:00 PM

**Illinois Extension** 



Learn how diet, physical activity, and maintaining a healthy body weight can help manage arthritis symptoms. For more information visit us at <u>go.illinois.edu/jsw</u>

#### WHAT'S HAPPENING AT THE EXTENSION:



## UNIVERSITY OF ILLINOIS EXTENSION

To stay up to date on all of our programs, visit our web page: <u>extension.illinois.edu/isw</u> and follow us on Facebook @<u>UnitOneExtension</u> and <u>YouTube</u>



Get Growing Webinar Series Thursdays

6:00 - 7:30 PM

#### May 6 - Raised Bed and Container Vegetable Gardening

The basics of creating a raised bed, selecting material. And container vegetable gardening to suggestions of varieties, selecting the right size, and management.

#### May 13 - Weed Management in the Vegetable Garden

Basic recommendations on weed management, IDing some very common weeds, and preparing your growing area to keep weeds from becoming a problem.



Eat Fresh | Eat Local Series\_\_\_\_\_ May 19 - Noon - Sample the Season

Learn how to prepare the fruits and vegetables from the farmers market, and get inspiration for ways to use them at the dinner table.

June 16 - Noon - What to Expect at Farmers Market Learn why it's better for you and your local economy to shop at the Farmers Market first

July 21 - Noon - Preserve Like a Pro This session will cover the pros and cons of canning, freezing, drying and fermenting your favorite foods.

August 18 - Noon - Storing Your Bountiful Harvest Learn how to cure squash and the best conditions for storing your root vegetables, winter squash, and apples.



Living With Arthritis May 25, 2021 1:00 - 3:00 PM

During this workshop, we will provide insights into the most common forms of arthritis. You will also learn how diet, physical activity, and maintaining a healthy body weight can help manage symptoms.



May 11, 2021

1:30 pm

Explore different design elements, some good species for creating screening, and design considerations for creating a green fence or screen successfully.

GARDENING QUESTIONS? Our Master Gardener Helpline is open and ready to help. Fill out our online form to help us serve you better. Or call us with your question.

University of Illinois, U.S. Department of Agriculture, Local Extension Councils Cooperating. University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to participate, email uie-jsw@illinois.edu. Early requests are encouraged to allow time to meet individual requests.

o Daviess County 04 N Vine, Elizabeth 815-858-2273

Stephenson County 2998 W Pearl City Rd, Freeport 815-235-4125 Winnebago County 1040 N Second St, Rockford 815-986-4357



Northern Illinois 4-H Camp

June 15 - 17, 2021 9:00 am - 8:00 pm

We are thrilled to announce that we will be hosting 4-H Camp- 'Day Camps' this yearl While we are unable to host an overnight camp due to COVID-19 policies, we are excited to host three days of 4-H Day Camp. Camp is open to a total of 75 youth each day that are between the ages 8-14 as of June 16.



I Made That: Youth Mediterranean Cooking Kit Register by May 3

We are putting together educational cooking kits designed to inspire the inner chef and educate youth about the Mediterranean eating plan.



Shade Gardens May 13, 2021 1:00 pm

Join Energy and Environmental Stewardship Extension Educator Erin Garrett to learn the ecological benefits of planting natives underneath trees and to explore your options when it comes to choosing shade tolerant native plants. Learn what steps to take to replace your existing vegetation with natives that are both aesthetically appealing and help support wildlife Four-State Dairy Nutrition and Management Conference goes virtual on June 9 & 10

Learn the latest information in dairy nutrition and management by attending the virtual 2021 Four-State Dairy Nutrition and Management Conference on June 9-10. The new format is designed to improve the participant experience.

June 9 and 10 will feature live morning sessions designed to promote interaction and discussion between participants and the speakers. All presentations will be pre-recorded and will be made available to participants for viewing before the conference and for 60 days after the conference. General sessions will also have a live component with speakers providing a 5-minute live summary of their recorded presentation. This will be followed with a 45 minute to one hour question and discussion period between session speakers and participants. We encourage participants to watch the recorded presentation before the conference and come with your questions. Breakout session will not have a live component, but you will be able to contact speakers directly with your questions.

The June 9 morning session will feature Dr. Bill Weiss, Ohio State University discussing updated energy systems for dairy cows. Dr. Jim Drakley, University of Illinois will be explaining a new system for determining the nutrient requirements of young dairy calves. This will be followed by a panel discussion featuring Bill, Jim and nutritionists sharing their ideas of how we will be feeding cows in the future.

The June 10 session will feature a discussion on hypocalcemia treatment and prevention featuring Dr. Jesse Goff, Iowa State University and Dr. Laura Hernandez, University of Wisconsin. Another morning session will focus on improving lactation performance using high digestible forage featuring Dr. Kan Kalscheur, USDA Forage Research Center discussing their lactation research on reduced lignin alfalfa. Dr. Luiz Ferreretto, University of Wisconsin will discuss corn silage fiber digestibility.

#### For details and to register, visit <u>http://</u>

<u>fourstatedairy.org/</u>, conference registration fee is \$100. This conference is a collaborative effort of Iowa State University Extension, University of Illinois Extension, University of Minnesota Extension and University of Wisconsin-Extension.





will apply to this event. Thank you! Upcoming 2021 2nd Sunday events: June: Carpentry July: Heritage & Native American Gardens



MACKTOWNLIVINGHISTORY.COM or CALL 815-624-4200

- SATURDAY WORKSHOP SERIES -Prehistoric Artifact Identification taught by Dr. Rochelle Lurie & Peter Czyzewski May 22, 2021 • 1-4PM Macktown Living History • 2221 Freeport Rd., Rockton, IL

MACKTOWN

Dr. Rochelle Lurie and avocational archeologist Peter Czyzewski will explain and illustrate how to locate, identify and record prehistoric artifacts: chipped stone tools and the debris from their manufacture, groundstone artifacts and ceramic sherds. You will learn how and when were these items made, how they were they used, and why were they discarded. Want to to learn more about artifacts that you have found? Bring them with you, and we'll try to answer your questions!

Materials to bring: any artifacts that you may have

Workshop cost is: \$15.00/person for non-members • No cost for MLH members NOTE: There is a maxumim of 10 people for this workshop.

Registration and payment is required. Registration form is available online at macktownlivinghistory.com

Online payment can be made with PayPal at macktownlivinghistory.com. Payment by check is payable to: Macktown Living History, P.O. Box 566, Rockton, Illinois 61072 NOTE: Payment and registration MUST be made 10 days before the workshop is to take place

lease note that social stancing and masking tocols will apply to this event. Thank you!

Please contact our event coordinator if you have any questions: rmj5288@gmail.com