

Alexander, Johnson, Massac, Pulaski and Union Counties Food Pantry List

**EAT.
MOVE.
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Eat. Move. Save. website for recipes and more information to make healthier choices on a budget:

<https://eat-move-save.extension.illinois.edu/>

Alexander County

Arrowleaf

1401 Washington Ave

Cairo, IL 62914

Phone: 618-734-2665

Contact: Sherrie Crabb

info@myarrowleaf.org

Hours of operation: Monday - Friday 8:30 am - 4:30 pm

Closed on State/Federal Holidays

- Client Choice Pantry
- Currently only 1 visit to pantry per household per month until supplies increase
- Alexander & Pulaski Counties are the PRIMARY focus with Hardin, Johnson, Pope, Massac, and Union Counties as a Secondary focus

Daystar Community Program

909 Washington Ave. Cairo, IL 62914

Phone: 618-734-0178 or 618-734-9441

Contact: Sherry Miller

daystarcommunityprogram@gmail.com

Hours of operation: Monday, Tuesday, Thursday 9:30 am- 1:00 pm

- Soup kitchen, mobile food pantry, Veteran's program
- Outreach, rent assistance, help with health care bills

God's House of Blessing

40842 State Rt 3, McClure, IL 62957

Contact: Jamie and Jessica Meyers

momof3ts2015@gmail.com

Hours of operation: 3rd Friday of each month 10 am - 2 pm

- Must be an Illinois resident

McClure Pentecostal Church

32627 Gladys Ave

McClure, IL 62957

Contact: Robert Smithey 618-697-0433

Hours of operation: Every 3rd Tuesday of the month

2:00 pm - 5:30 pm

- Food Pantry only
- Request name and phone number
- Will service Alexander and Pulaski Counties or anyone within a 25 mile radius

In case of emergency call the contact number



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Alexander County

The Kitchen Table

1001 Washington Ave, Cairo, IL 62914

Phone: 618-734-0178 or 618-734-9441

Contact: Amy Conway or Sherry Miller

daystarcommunityprogram@gmail.com

Hours of operation: Tuesday, Wednesday, Thursday, Friday

11:30 am-12:30 pm

- Soup kitchen, mobile food pantry, Verteran's program

Thebes Food Pantry

413 6th St, Thebes, IL 62990

Phone: 618-764-2658

Contact: Charlotte Woolfe or Stormy Easton

villageofthebes@yahoo.com

Hours of operation: 2nd Wednesday of the month

from 10 am - 2 pm

- No ID/Income/Residency Required



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Pulaski County

Bethel Temple Evangelist Ministry

424 N Front St, Mounds, IL 62964

Phone: 618-306-0074

nomie.whitaker@yahoo.com

Hours of operation: Saturday after the 2nd Thursday of each month

10 am - 2 pm

- Food pantry
- Drive-up

Bibleway Food Pantry

460 N Chestnut St, Pulaski, IL 62976

Contact: Tawanna White

tmw0837@gmail.com

Hours of operation: 2nd Saturday of each month 10 am - 2 pm,

- Drive-up

Caledonia Community Church

10076 US Hwy 37, Olmsted, IL 62970

Phone: 618-638-7467

Contact: Tammy Wilson

tammyswilson29@aol.com

Hours of operation: 2nd Monday of each month 10 am - 12 pm

- No qualifications

First Baptist Church of Karnak

309 E Main St, Karnak, IL 62976

Phone: 618-638-4676

Contact: Brenda Crockett

Hours of operation: 1st and 3rd Wednesday's of each month

2 pm - 4 pm

- Food pantry (Drive - Up only)
- Bring Photo ID



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Johnson County

Salvation Army

906 Tower Square, Plaza Suite A

Marion, IL 62959

Phone: 618-997-9355

Contact: Cami Horn

camilla.horn@usc.salvationarmy.org

Hours of operation: Wednesday and Friday 9 am - 11:30 am

- Serving Johnson and Williamson County
- ID and Proof of residency
- Food pantry

The Table

Shawnee Worship Center

98 Oliver St, Vienna, IL 62995

Phone: 309-433-7867

Contact: Casey Pollard

pastor.swc20@gmail.com

Hours of operation: 3rd Saturday of each month 10 am,

- Food pantry

Vienna First Baptist Church

301 N 7th St, Vienna, IL 62995

Phone: 618-658-3741

Contact: Travis Wilson

vbc301@gmail.com

Hours of operation: 3rd Saturday of each month 9 am - 11 am



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Massac County

COPE

1013 North Ave, Metropolis, IL 62960

Phone: 618-524-3635

Contact: Gene Tilker

barnes4240@yahoo.com

Hours of operation: Monday, Wednesday, Friday 9 am - 3 pm

- Serving Massac County
- Photo ID and Proof of residency
- Must meet income guidelines for senior box program
- Food pantry

Emmanuel Temple Ministries COGIC

509 Broadway, Metropolis, IL 62960

Phone: 618-638-4071

Hours of operation: 2nd Tuesday of the month

either 12 pm - 2 pm or 2 pm - 4 pm

- Please provide contact information so pantry can let client know when it will be open
- If there is a food emergency please call and make an appointment
- Food pantry

Feed My Lambs Ministry

Grace Church

102 E 20th St, Metropolis, IL 62960

Phone: 618-309-2427, 618-309-2562

Contact: Pat Davis

patdavis789@yahoo.com

Hours of operation: Saturday 10 am - 3 pm

- Will operate as needed
- Food pantry

Lighthouse Assembly of God

670 Airport Rd, Metropolis, IL 62960

Phone: 618-524-2256

Hours of operation: 2nd and 4th Tuesday evenings 6 pm - 7:30 pm

- Drive-thru
- Must fill out form with current address, phone number, and number in household
- Food pantry



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Union County

Anna Church of the Nazarene

100 Kirk St, Anna, IL 62906

Phone: 618-833-6702

annanazsec@annanaz.com

- Grocery Giveaway once a month in the parking lot
- Can call for food pick-up

Anna United Methodist Church

Loaves and Fishes

111 W Monroe St, Anna, IL 62906

Phone: 618-833-2234

Contact: Chris Foster

cafrope@nwcable.net

Hours of operation: 3rd Tuesday of each month

4:30 pm - 5:30 pm or until supplies are exhausted

- Curbside pickup
- Food Pantry

Bethany Village

414 E Davie St, Anna, IL 62906

Phone: 618-833-1777

Contact: Bob Braddock

bethanyvillageinc@gmail.com

Hours of operation: Tuesday, Wednesday, Thursday 9 am - 4 pm

Closed from 12 noon - 1 pm for lunch

- Knock on and give your information, then pick up food box outside
- Food Pantry

Cobden School PTO

413 N Appleknocker, Cobden, IL 62920

Phone 618-697-1794

Contact: Angie Gearhart

a.gearhart@cusd17.com

Hours of operation: Saturday and Sunday 9 am - 5 pm

Located in portable gray and white building on the back of the elementary school

- Open to community members living within the Cobden School district boundaries
- Food Pantry



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Union County Cont.

Dongola First Baptist Church

203 E Cross St, Dongola, IL 62926

Phone: 618-827-4323

Contact: Earnest Rider

admin@dongolafirst.com

Hours of operation: 1st Wednesday of each month 10 am - 11 am

- Call the church Monday before date of pantry and leave a message either on the machine or with the secretary
- Can receive assistance once per month
- Food Pantry

Harvest Deliverance

602 E Davie St, Anna, IL 62906

Phone: 618-923-1911

Contact: Chris Snyder

HDeliverance1@gmail.com

Cleaning supplies, Toiletries, and paper products

- Open to anyone

Jesus Es El Senor Methodist Church

7780 Old Hwy 51 North, Cobden, IL 62920

Phone: 618-893-2050

Contact: Alex Uribe (Spanish speaking available)

Email: jeeschurch@hotmail.com

Hours of operation: 3rd Saturday of each month 10 am - 12 noon

- Drive thru
- May receive food once per month
- Food pantry

Salem Lutheran Church

101 W Market St, Jonesboro, IL 62952

Phone: Mark Cell 618-833-0704 or

Office 618-833-6567

Contact: Red Martin

martinauctioncompany@gmail.com

Hours of operation: 2nd and 3rd Tuesday 4 pm - 5 pm

- Free meal last Wednesday of the month 5:00 pm - 6:00 pm
- Food pantry

Shawnee Development Council

Choate Mental Health

1000 N Main St, Anna, IL 62906

Phone: 618-833-7431 or 618-634-2201

Contact: Brandy Sevenski

brandy.s@shawneedevelopment.org

Hours of operation: Every Wednesday of each month

9:30 am - 11:30 am and 12:30 pm - 2:30 pm

- Senior box on 2nd Tuesday of the month
- Holiday boxes
- Food pantry serving Union County
- Must bring a Photo ID
- May receive food once per month



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