

Basil Pesto Bruschetta



1 French bread baguette, sliced at a 45-degree angle about 1/2-inch thick
2 cups prepared pesto

6 Roma tomatoes, seeded and chopped
1/2 cup freshly grated Parmesan cheese

Instructions: Arrange bread slices on an ungreased baking sheet. Spread each slice with about a Tablespoon of pesto. Top with chopped tomatoes and cheese. Broil 4 inches from heat for 3-5 minutes until edges are lightly browned.

Yield: 18 servings

Nutrition Facts (*per serving*): 110 calories, 2 grams fat, 260 milligrams sodium, 19 grams carbohydrate, 1 gram fiber, 5 grams protein