



UNIVERSITY OF ILLINOIS
EXTENSION

4-H Club GO TO Resources



November 2017

Lesson Objectives:

Club members and parents will:

- Build speaking skills and connect with club members while having fun at meetings.

Time: varies

Equipment and supplies:

- It varies on the activity. Read each individual activity to see what supplies are need.

Preparations:

- Review Lesson
- Gather equipment and supplies if needed

Fun with Speaking

Activity: Silent Speakers

Objective: Self confidence

Time: 5 minutes

Materials: None

Directions: Each member comes to the lectern, or to the front of the room, makes eye contact with the entire group, smiles and walks back to his chair.

Source: *Public Speaking...4-H Style* Texas Agricultural Extension Service

Activity: Spider Web

Objective: Get acquainted, self confidence

Time: 15 minutes

Materials: Ball of yarn

Directions: The group stands in a circle. The leader starts and says one thing that he has learned in 4-H and throws the yarn to someone across the circle while holding on to the end. The person with the ball of yarn says something she has learned and hangs on to her string while tossing the ball of yarn to someone else. Don't throw the ball to someone twice. The game continues until all have had a turn and a web of string connects all participants. The game can be played in reverse to rewind the ball of yarn and a new topic is selected for each participant to comment on in a sentence or two.

Variations: This can be a get-acquainted game by having each participant say his name in addition to a response to the topic.

The game could be used for subject matter review. The leader would have a list of questions and the person receiving the toss would have to answer the questions.



Activity: String Talk

Objective: Expressing self

Time: 10 minutes

Materials: String or yarn and scissors

Directions: Each member cuts a piece of string as long as he is tall (younger members could use arm length for measurement). Each member comes to the front of the room, established eye contact, smiles and wraps the piece of string around his index finger as he tells his name and talks about his favorite 4-H project. When the string is completely around the finger, the speaker stops.

Interpreting: Speed is up to the individual, some who like to talk will wrap the string very slowly, and others will wind the string up very fast.

Source: *Public Speaking...4-H Style*, Texas Agricultural Extension Service



Activity: Noodle Game

Objective: Using a loud voice and expression

Time: 10 minutes

Materials: Half of a foam swim noodle, or any non breakable object in the room

Directions: Group stands in a circle. Tell everyone they need to use a loud voice and be convincing. Leader shows everyone the swim noodle (or other object) and says in a loud emphatic voice, *This is not a noodle, it is a puppy dog!* Leader passes the noodle to the next person who denies it is a puppy. *This is not a puppy dog, it is a _____.* Continue on around the circle with each person trying to convince the leader the object is something else. Hint: Tell group the object cannot be a person.

Source: Cindy Osterlund, Oregon State University Extension Service



Activity: Oreo Cookie Eating Demonstration

Objective: Presenting steps in sequence

Time: 20 minutes

Materials: Oreo cookies

Directions: Divide the group into teams of two. Give each team several Oreo cookies. Ask each team to create a sequence of steps to demonstrate a good way to eat an Oreo cookie. The method must have at least 3 steps. Allow time to practice before asking teams to demonstrate their method to the group.

Optional: Have teams include an introduction to the presentation.

Example: Ladies and Gentlemen! There is only one true way to eat an Oreo cookie. Today my partner Joe Brown and I, Jack Smith will demonstrate the way to get full satisfaction from eating an Oreo cookie. First you twist the Oreo cookie apart. Second you lick off the filling on one side of the Oreo and place it on your head. Third you eat the second half of the Oreo cookie all in one bite. Finally you take the cookie off of your head and eat it using teeny tiny bites. That's how you eat an Oreo cookie.

Activity: On The Spot Presentation Introductions

Objective: To create a presentation introduction

Time: 25 minutes

Materials: Index cards

Directions: Tell the group "In a minute we are going to be doing some simple presentations. When you pick your topic card I want you to think of an interesting way to introduce your presentations. For example listen to these introductions and tell me which you like best."

(Say in slow monotone voice) "Hi my name is Joe and I'm going to show you how to put on a belt."

(Deliver this introduction with lots of expression and drama.) Oh no! You're late for school! You jump out of bed, put on your jeans and rush toward the breakfast table when SLAM you trip over your pants! To prevent this from happening, let me demonstrate a handy little item called a belt.

Pass around the topic cards. Allow 5-10 minutes for presenters to create an introduction for their imaginary presentation.

Sample topics:

How to tie your shoe

How to drink a class of water

How to say the 4-H pledge

How to sing *Row Row Row Your Boat*

How to make a ponytail

Five facial expressions to show displeasure

How to do a fashion model turn

How to put on your socks

How to do a push up

Five ways to smile

Demonstrate good posture

How to sit in a chair

How to do a somersault



Activity: Emotion Skits

Objective: Using vocal expression, teamwork

Time: 30 minutes

Materials: A short reading selection, copies of emotion word list, one emotion word list cut into individual words and placed in a paper sack.

Directions: Select a short passage from a novel or a short poem. Ask the group to listen to you read and determine which reading is more interesting. Read the selection the first time in a monotone voice. Reread the selection with as much expression as possible. Discuss with the group why they liked one reading more than the other. (Putting emotion into your voice is using emotion to act out the words. This makes the reading more interesting and more understandable)

Cut apart feeling words and faces and place in an envelope. Ask for volunteers to select an emotion and give an example sentence using that emotion in their voice. Leader should plan several examples to demonstrate.

Divide the group into teams of two. Let teams select an emotion word blindly from the paper sack. (You may let teams redraw if they don't like the first selection.) You may want to write all the emotions on a flip chart or pass out a copy of the entire list. Allow five minutes for teams to create a short (3 or 4 sentence) skit to present in front of the group. The whole group tries to guess the emotion being portrayed.

Be aware that some children may not be able to read the word they select.

Variation: Have each participant tell the story of “Mary had a Little Lamb” or other common nursery rhyme portraying the selected emotion. Participants don't have to use exact words of the rhyme. Example: The emotion is *anger*. Why did Mary have to bring that lamb to school? It is disgusting to have an animal in school. What if it poops here?! Mary! Take that lamb back to the barn now!

Source: Cindy Osterlund Oregon State University Extension Service



Confidant



Joyful



Shocked



Enraged



Shy



Hot



Lovestruck



Exasperated



Hurt



Cold



Disappointed



Exhausted



Surprised



Disapproving



Frightened



Suspicious



Bored



Frustrated



Relieved



Disgusted



Sad



Thoughtful



Guilty



Jealous

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Sources & Additional Lesson info:

4-H Club GO TO Resources is being offered to 4-H clubs in Boone, DeKalb and Ogle Counties as a way to enrich and enhance 4-H experiences and programming at the club level. It is the goal of the Extension staff to assist 4-H leaders and officers in providing simple hands-on activities on a monthly basis that can broaden the 4-H club experience and as a result heighten positive youth development.

Sources: Public Speaking...4-H Style, Texas Agricultural Extension Service

Mays, George C., Professor, Communication, *Advanced Public Speaking*, University of Tennessee Agricultural Extension Service

Utah 4-H Public Speaking, Cooperative Extension Service, Utah State University

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