

Autumn Health Picks

BLOCK THE BITE



November 4, 2020

Key Takeaways

1. Be familiar with the common tick species in your area and their active seasons.
2. Use effective repellent/protection on people and pets.
3. Make frequent tick checks a habit when outdoors.
4. Remove attached ticks immediately and safely with pointy tweezers.
5. Save that tick!

Safe Tick Removal

Do **NOT** apply petroleum jelly, matches, rubbing alcohol, nail polish remover, dish soap, etc. etc. etc. to the tick.

