

Facts about 4-H Camp

Activities:

Early bird activities are held for campers who like to get up early - before the normal 7 a.m. wake-up bell. These early bird activities include games and nature hikes. Early birds will return to camp in time for breakfast. Campers will get to choose 2-3 other activities during the day and then participate in a group evening activity led by 4-H Youth Development staff and counselors.

Typical daily activities include:

<i>Arts & Crafts</i>	<i>Archery</i>
<i>Crate Stacking</i>	<i>Hiking</i>
<i>High Ropes</i> (Must be 5' tall)	<i>Zipline</i> (Must be at least 45 lbs)
<i>Team Building</i>	<i>Pool</i>
<i>Sports & Games</i>	<i>and more!</i>

In all activities, campers are encouraged to try their best and develop their skills throughout the week. Curious about what else RRCC has to offer or interested in what it looks like? Check out their website at: www.rockriverccc.net



Illinois Extension

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For questions and/or more information, please contact the following 4-H Youth Development Staff:

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4-H CAMP- 2023

Rock River Christian Camp

Polo, IL

Sunday, June 11—

Thursday, June 15, 2023



University of Illinois Extension

Boone, Carroll, DeKalb, Jo Daviess, Lee, Ogle,
Stephenson, Whiteside, and Winnebago Counties

Who Can Attend 4-H Camp?

4-H Camp is open to all youth, ages 8-14 by June 11, 2023. Campers do not have to be a 4-H member to attend 4-H Camp. Youth need to be interested in and excited about having a week of outdoor fun, away from television and technology, where they can make new friends and try new things.



Camp Fee Schedule

Register by March 1:

\$300 (4-H Members)

\$320 (non 4-H Members)

Must be paid in full by March 1 or price goes up.

Register after March 1:

\$350 (4-H Members)

\$370 (non 4-H Members)

Must be paid in full by May 15 or spot not held.

Contact your local Extension Office prior to registration to see if financial assistance opportunities are available.

Applications for 2023 Camp and online registration can be found at:

<https://go.illinois.edu/4HSummerCamp>

We look forward to seeing you at Rock River Christian Camp for 4-H Camp this year!

Check-In/Check-Out & Leave Policy

Campers and their families will need to check-in on SUNDAY between 6:00 -6:30 p.m. - No Exceptions!

Parents should return to camp check-out on THURSDAY between 6:00 - 6:30 p.m. Parents will be asked to provide a photo ID at check-out. Early departures are not allowed.

4-H Camp does not permit campers to leave during the camp week for activities such as sports, vacations, etc. Making special arrangements for individuals to leave can compromise the safety and services being provided for the group as a whole.

Speaking of Safety

Staff at RRCC are certified in First Aid, CPR and AED. There is a qualified first aid person at camp at all times. Campers select their own activities, and are supervised at all times. If there is an accident, or a problem with a camper, the parent/guardian is contacted immediately. Except in emergency situations, campers and counselors are not allowed to make or receive phone calls. 4-H Youth Development staff extensively train all camp counselors.

We strive to maintain an environment that both encourages personal growth and creates an unforgettable summer experience.



Want to Know About the Location?

Thank you for your interest in 4-H Camp at Rock River Christian Camp in Polo, IL. Rock River Christian Camp has 94 acres that have been transformed over the years into a beautiful facility for youth and adults.

Life at 4-H Camp

At 4-H Camp, youth will have new experiences while in a safe environment where they can develop skills like crate stacking or archery. With the great outdoors as a background, staff, in cooperation with 4-H Camp counselors, have designed activities to teach life lessons, using creative problem solving and teamwork to achieve a common goal. The cabin atmosphere shows campers how to live cooperatively by sharing chores and respecting each other's differences.

At camp, **EVERYONE** belongs!

So youth can be completely engaged at camp, cell phones and electronic devices are not permitted.