

Coles County 4-H October *News* 2019



Federation members promote 4-H at the 18th Street Fall Festival

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Coles County 4-H



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Calendar of events

(Dates are tentative and subject to change)

October

- 1.....Leader's Meeting, Extension Office, 6pm
- 6-12.....4-H Week
- 6.....Federation Meeting, Extension Office, noon-2pm
- 7.....Robotics SPIN Club Starts, 4-H Center, Mondays 6-7:30pm
- 10.....RSVP Hike
- 12-13.....State 4-H Rifle & Pistol Shoot, Bloomington
- 14.....Fall Hike, Fox Ridge SP, 9am-11am
- 19.....Shooting Sports Volunteer Training, Monticello
- 23..... RSVP Achievement Night**
- 25.....Trunk-or-Treat, Downtown Mattoon, 5-8pm

November

- 1.....DEADLINE: All state scholarships
-Achievement Night - details are being determined
- 2.....Officer's Training
- 9.....Speaking for Illinois 4-H Training, Adams County, Quincy
- 10.....Federation Meeting, Extension Office, 2-4
- 28-29.....Happy Thanksgiving - Extension Office Closed

December

- 7.....Winter Craft Day
- 13..... DEADLINE: 4-H Re-Enrollment (backpack)**
- 24.....Extension Office Closed through January 2

January

- 1..... DEADLINE: 4-H Re-Enrollment in order to show at 2020 Fair**
- 19.....Skating Party, Silver Star Mattoon, 5:30-7:30pm
- 21.....Superintendents Meeting, Extension Office, 6pm

February

- 1.....Beef Weigh-in
- 22-23.....II 4-H Jr. Leadership Conference, Effingham



I pledge my HEAD to clearer thinking
My HEART to greater loyalty,
My HANDS to larger service, and
My HEALTH to better living,
for my club, my community, my country and my world.

New 4-H Year

September 1 was the official start date for the new 4-H year for Coles County. Club leaders will meet to discuss updates on new year enrollment/re-enrollment and plans for this 4-H Year. New year paperwork and step-by-step instructions for re-enrolling in the 4-H Online system will be distributed by your club leader. Leaders will also have copies of the 2019-2020 'Project Guide' for each family to check out the 100+ projects available to members.

When completing enrollment/re-enrollment in 4-H Online, be sure to fill in all required fields and accept the 4-H Youth Behavior Guidelines, Photo Release, and Liability Waiver. These must be checked and completed before Extension staff can approve member enrollment. Also be sure to sign the Lifetime Assumption of Risk and Release form provided by your leader.

To ensure that your family receives the monthly newsletter and updates regarding 4-H activities, events, and deadlines, please be sure to provide a current email address for an account you check regularly. Also be sure to like our Facebook page Coles County 4-H. There you will see upcoming events, important announcements, and fun/interesting information about our local and state 4-H program.

We hope this 4-H year will be your best yet!

4 or More 4-H'ers?

Does your family have more than three 4-H'ers enrolling in 4-H this year? Your family is entitled to a discount. Families will only need to pay for the first three 4-H'ers, each additional child is free. Please contact the office to receive your discount.

Trunk-or-Treat

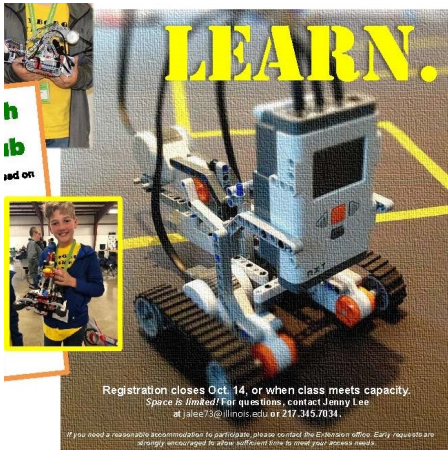
4-H has, once again, been invited to participate in the Trunk-or-Treat Festival downtown Mattoon on Friday, October 25 from 5-8p.m. This is a great opportunity to let others know what 4-H is all about! 4-H themed trunk decorating and activity ideas are needed. If you would like to help with this event, please contact Jenny at the office. If your club would like to donate one bag of Tootsie Pops, you may drop them off at the office by October 19.



2019-20 Enrollment is Now Open

Coles County 4-H Online enrollment is open and ready for families! Members who enroll and have paid the enrollment fee by **December 13** will receive a 4-H backpack. **In order to participate in the 2020 4-H Fair, returning members must be re-enrolled and paid enrollment fee by January 1.** Instructions on how to enroll can be found on our website <https://extension.illinois.edu/global/4h/how-enroll>

Coles County 4-H - October 2019



Robotics SPIN Club

Join the Robotics SPIN Club. Learn how to build and program a Lego EV3 robot. Learn basic robotics design, programming, and principles. Meetings will be held Mondays, October 7 - December 9, 6-7:30pm at the 4-H Center in Charleston. Space is limited! Contact Jenny at the Extension office to join. Registration closes October 14.

Achievement Night

The 2018-2019 4-H Achievement Celebration will be held on Monday, November 11, 6 p.m. at Broadway Christian Church in Mattoon.

The 4-H Federation will be hosting a night filled with celebration. This event gives us an opportunity to recognize our 4-H'ers and all of their hard work, and the dedication of our Club Leaders.

Join us for an evening of celebration and fun: with door prizes, games, trivia, and food provided by Neimerg's.

Please RSVP no later than October 23 by calling 345-7034, or by reserving your spot on our Facebook event. Limited seats remain. Reserve yours today!

New 2019 4-H members are welcome!



Officer Training

Attention 4-H Club officers! There will be an Officer Training workshop held on Saturday, November 2 from 9 to 11 a.m. at the 4-H Center. Both new and veteran 4-H Officers may attend to learn how to successfully run a 4-H meeting, while having fun too! Each club officer will receive information and the helpful tips they need to be a successful officer. Please RSVP to the Coles County Extension Office by Monday, October 29.

4-H Winter Craft Day

Mark your calendar for 4-H Craft Day, Saturday, December 7. Pre-registration is required by November 19. Check-in time will be from 8:45 to 9:00 a.m. Crafts will start at 9 a.m. and end at 11:30 a.m. A \$5 fee for 4-H members and \$7 fee for non-4-H'ers will be charged to help cover the cost of materials. More details to come next month.

Older 4-H members are welcome to assist with this event. Call if you would like to help.

4-H Week

Inspired to Lead - Called to Serve. That is the theme for this year's National 4-H Week and Coles County is jumping on board. 4-H Week is an opportunity to showcase 4-H and to show the community how great 4-H is and how 4-H inspires kids to do so many different things! As you go about "doing" this week, be sure to take photos and post them on Facebook and Instagram using #Colescounty4Hweek, #inspiredby4H and #inspiredtoLEAD.

October 6 - Awareness Sunday - Hand out bags of green & white jelly beans or M & Ms at your church, community park or sporting event as a way to start a conversation about 4-H. Include a little information about 4-H.

October 7 - Recognize Leaders Monday - Tell your leaders thank you for all of their hard work. Give them a shout out on Facebook or Instagram, write them a thank you card, send them some flowers or give a small gift to let them know they are appreciated.

October 8 - Take Cookies Tuesday - Bake cookies or some kind of treat, write a thank you note and take them to a business/4-H supporter in your community. These supporters can be a local business, board members, churches, anyone that has shown support to the 4-H program or your club.

October 9 - Spread the Word Wednesday - Pass out invitations to your friends for your next club meeting. This can be handwritten or an evite. Include our website on your invite so they can learn more about 4-H. Federation will be providing bookmarks and flyers to businesses to pass out to customers.

October 10 - Chris Clover Thursday - Think "Flat Stanley" meets scavenger hunt. Create a Chris Clover, take him to the following places, snap a photo and put it on our Facebook page. Be sure you wear your 4-H shirt or hat in the photos.



1. In front of our new office 2. With Abe Lincoln 3. With a farm animal 4. In front of any business that supports 4-H 5. With another clover 6. With a human alphabet "4-H" 7. With 4-H parents making silly faces 8. With your leader 9. With 4-H Ribbons 10. In front of 4-H Center sign at the fairgrounds Have fun!

October 11 - 4-H Shirt Friday - Wear your 4-H shirt to school and/or work, or wear green from head to toe.

October 12 - Service Day Saturday - Participate in a community service project with your club. Organize a blood drive, host a bingo night at a nursing home, volunteer at the animal shelter, organize a book drive and donate the books to the library.

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One day is all you need

Become a certified 4-H shooting sports instructor

Help ensure young people are exposed to everything the outdoors and shooting sports has to offer by becoming a certified 4-H shooting sports volunteer.

- Your first stop is the local Extension office where staff will discuss the current program in our county.
- Complete the required application and background checks. Volunteers must be at least 21 years of age.
- Pay the \$60 registration cost that covers three meals, snacks, instructor curriculum, hat, and all necessary equipment and materials for the training.
- Staff will complete your registration. Registration is due October 9.
- Attend certification training from 9 a.m. to 7 p.m. Saturday, October 19 at 4-H Memorial Camp near Monticello. Do not bring firearms or bows. Do bring eye and ear protection.
- Complete additional online training.
- Check back in with the county Extension staff to begin volunteering.

There are six concentrations of study, and volunteers must choose only one discipline: archery, rifle, shotgun, pistol, and hunting and outdoor skills, as well as the overall county coordinator training. Remember, volunteers will work with their local Extension 4-H staff to establish or add to an existing shooting sports program in the county. Learn more about the Illinois 4-H Shooting Sports program at: <https://4h.extension.illinois.edu/programs/shooting-sports>.



Who will win \$5,000?

The Youth in Action Award honors four 4-H members who have gained critical life skills through their 4-H experience and have used those skills to overcome a challenge or challenges they have faced. Each of the honorees epitomize 4-H youth empowerment and leadership. In

addition, the winners have demonstrated the positive impact they've made with their family, peers, and community through their 4-H experiences.

Nominate outstanding 4-H members in four different categories: Agriculture, Civic Engagement, Healthy Living, and STEM. Each winner will receive a \$5,000 scholarship for higher education, be featured as the 4-H youth spokesperson for their pillar area, receive an all-expenses paid trip to Washington, D.C. to be recognized at National 4-H Council's Legacy Awards, and network with celebrities and prominent 4-H alumni. Learn more at <https://4-h.org/parents/4-h-youth-in-action-awards/>. Deadline for application is October 21.

It's about being **part** of *something* **more than** *yourself*

Coles County 4-H - October 2019

Records!



4-H Records update—

The following are this month's records update.

September events:

- ★ Fall Festival Promotion - section 3 (C), other, 9/28

Any club activities/community service projects you may have participated in - section 3/section 6 (L) include dates. Each activity/community service project should only be listed once.

Leader's Digest

- Please plan on attending Achievement Night, Monday, November 11, 6pm, Broadway Christian Church, Mattoon
- New 4-H Year - Online enrollment is open. Be sure to re-enroll yourself!
- Turn in Club Information & Officer/Committee forms.
- Turn in Risk and Release forms as completed.
- Please encourage at least one member of your club to be active in Federation this year!
- Encourage members to read the newsletter for important deadlines and activities.
- Send in your club news!

Federation News

Federation Who We Are

Federation is a youth-driven team of the local 4-H clubs that band together for the improvement of the 4-H club program. Federation makes recommendations regarding the 4-H program, and assists with fun 4-H activities and events such as workshops, 4-H BBQ, Barnyard Bash, and achievement night. Federation members must be at least 13 years of age to join.

Why should you join? It's fun and it helps youth in developing great leadership and mentoring skills. Federation gives members confidence when leading activities and helps members gain public speaking skills. Members who are active, earn a free trip.

How do I join? Read the newsletter and watch for monthly meeting notices or contact Jenny at the Extension office. We look forward to meeting you! Represent your club! Join today!

Upcoming Federation Events

October 6 - Meeting, Extension Office, noon-2 pm
October 6-12 - 4-H Week
November 2 - Officer Training
November 11- Achievement Night
December 7 - Winter Craft Day





Just the help you need for your 4-H club

The Illinois 4-H Website has all of the resources and forms needed to guide 4-H club officers, committees, and members as they plan for the new 4-H program year.

- Go to go.illinois.edu/IL4H
- Click on the **Clubs** tab.
- Scroll to Meeting Resources near the bottom of the page
- Find these helpful documents:

Club Meeting Agenda— this fillable form is a useful fill-in-the-blank form your club officers can use as they plan each section of the meeting. This useful form provides them with the meeting structure they can use to identify who from the club should be in charge of each potential item that may be included in a meeting.

Club Committee Planning Worksheet – the Committee Planning Worksheet is an excellent tool to give to committee members as they plan club events and activities.

Club Yearly Program Plan – this helpful tool guides the club officers and club members as they identify club goals to work toward during the year and brainstorm what programs, events and/or activities to plan for the club to engage members in fun, hands-on learning experiences throughout the program year.

More – Don't forget to download your new secretary book, treasurer book, tips for good club meetings, tips for using the 4-H name, and more other important resources.

Take a trip across the globe

Visit exciting new places as part of the 2020 States' 4-H International Exchange program. Check out this line-up:



Costa Rica: June 18 – July 17. Cost \$1,775 (plus airfare \$800 to \$1,300). Ages: 15 – 18.
Japan: July 8 – August 6. Cost \$2,725 (plus airfare \$1,700 to \$2,600). Ages: 12 – 18.
Japan: June 18 – August 6. Cost \$3,875 (plus airfare \$1,700 to \$2,600). Ages: 12 – 18.
Norway: June 24 – July 24. Cost \$2,200 (plus airfare \$1,300 to \$2,000). Ages 15 – 18.
South Korea: July 15 – August 13. Cost \$2,430 (plus airfare \$1,300 to \$2,300). Ages 12 – 18.
Taiwan: June 28 – July 28. Cost \$2,200 (plus airfare \$1,300 to \$2,300). Ages 12 – 18.
Romania: June 24 – July 24. Cost \$1,775 (plus airfare \$1,300 to \$2,000). Ages 15 – 18.

The first deposit and application are due December 1. Second deposit is due February 1. For more information, check out their website @ states4hexchange.org/.



National 4-H Week is our time to tell the world about 4-H. This year's theme, INSPIRED to LEAD | CALLED to SERVE, captures what it means to be a 4-H member. You are encouraged to find ways to celebrate October 6 – 12. Use the hashtag #inspiredby4H and #inspiredtoLEAD as you share your 4-H activities on social media. Watch our Facebook page for contests all week long.

Join the *Speaking for Illinois 4-H* Team

We're looking for 4-H members interested in spreading the great news about 4-H. 4-H members 14 years of age or older can join the *Speaking for Illinois 4-H* team. The training is **Saturday, November 9** at the Adams County Extension Office in Quincy.

The day-long training, provided by the Illinois State 4-H Youth Leadership Team, gives you the chance to explore your own 4-H history and why you are involved, put that story into words, and learn the best ways to approach donors, civic groups, elected officials, and others to talk about 4-H. Learn why 4-H believes in Positive Youth Development and how we emphasize the essential elements of Belonging, Independence, Generosity and Mastery. All of this – and more – is a part of *Speaking for Illinois 4-H*! Once you're trained, you'll receive an invitation to be a part of our Legislative Connection events at the State Capitol. There is a \$12 fee to attend the training which helps cover the cost of lunch and supplies. Use the following link to register and get additional details: go.illinois.edu/sfi4H.

Join inspiring Illinois 4-H teen in service to others

Illinois 4-H member and 2020 Miss Central Illinois Outstanding Teen Elizabeth Weidner of Effingham County is inviting members and clubs to help with an amazing service project. Elizabeth wants to provide needed personal items to families whose children are being treated at Children's Miracle Network hospitals and Ronald McDonald houses. She is asking your help collecting:

- Shampoo and conditioner
- Shower gel/soap/moisturizer
- Deodorant
- Razors and shaving cream
- Toothbrush/toothpaste/mouthwash
- Combs/brushes
- Baby wash

These items will be stocked in nurse stations and available to families who need items. In addition, Elizabeth is collecting:

- Pre-packaged snacks, cereals, oatmeal, chocolates, and hard counties
- Small packets of teas, coffee, creamer, sugar, sweetener
- Packages of hot chocolate, teas, juice boxes

Learn more @ <https://www.facebook.com/crownsfightcancer>. Elizabeth is a stage IV high risk neuroblastoma cancer warrior survivor and patient of Children's Miracle Network hospitals. For more information, one may call 217-925-5700. Elizabeth wants to deliver her items in late fall, so plan your campaigns soon!

Get money for college

The deadline for **state scholarship** has also been changed to November 1. Apply online @ go.illinois.edu/4Hscholarships for these scholarship opportunities:

- **Legacy of Leadership Scholarship:** Fifteen \$1,000 scholarships are offered to members who have demonstrated overall mastery and leadership in the 4-H program. You must have been a member for at least 5 years and attending either a 4-year university, community college, or trade school. The scholarship is open to high school seniors and college freshmen. Applications are due November 1. Download the application @ go.illinois.edu/4Hscholarships. Finalists must submit a video of your 4-H accomplishments.
- **Livestock Scholarship:** \$1,000 scholarship opportunity for youth who have demonstrated project mastery in their livestock area. Open to current high school seniors who have completed a minimum of 3 years in a Livestock Project and plan to pursue a college degree in the agriculture industry. Download the application @ go.illinois.edu/4Hscholarships.



COLLEGIATE 4-H

College isn't the end of your 4-H career

If you are a 4-H'er or know a 4-H member heading to University of Illinois, Champaign-Urbana campus, check out Collegiate 4-H! Collegiate 4-H is a registered student organization that provides opportunities to continue strengthening your leadership skills and be engaged in service to others. In addition to the leadership and service benefits, Collegiate 4-H also creates an opportunity for positive social engagement with other college students who, like you, have been a part of 4-H. One may contact Collegiate 4-H Club President Brittney Muschetto @ uiuccollegiate4h@gmail.com.

New certification required for youth exhibiting livestock

4-H members exhibiting animals entering the food production system, swine, sheep, goats, and cattle, will be required to complete the **Youth for the Quality Care of Animal** certification (YQCA). It will replace former trainings: PQA and QAEC. This program is the industry-standard certification. Coles County will offer classroom training in the spring of 2020. The training will last approximately 60 minutes and will cost \$3.00 per person. Any member who does not attend will need to complete the \$12.00 online course. The training must be completed each year.

Horses, dogs, cats, rabbits, and poultry will still be required to take the **Quality Assurance and Ethics** (QAEC) training. This training is only required once in the member's career.



INSPIRED TO LEAD CALLED TO SERVE