



January 2021

IMPACTING YOU

Serving Coles, Cumberland, Douglas, Moultrie, and Shelby Counties

Wishing You a Happy New Year! May the New Year bring you happiness, peace, and prosperity in 2021!

Shelby 4-H Cookie Decorating Workshop



Shelby County 4-H held a Cookie Decorating Workshop in early November. The workshop was led by Carrie Downs of Moweaqua. Carrie shared her knowledge and love of cookie decorating with 4-H'ers showing them a variety of basic decorating skills. 4-H'ers decorated 3 cookies. Shelby County 4-H Federation purchased tips, couplers and decorating bags for 4-H members to take home with them so they could continue practicing their skills

Coles and Cumberland 4-H Holiday Workshop

Coles and Cumberland collaborated and had their first virtual workshop in December. The Holiday Workshop had 12 participants and they made three crafts, a snowman, a large snowflake out of craft sticks, and a 4-H ornament. We are looking forward to more virtual workshops in the upcoming 2021 year!



Coles Office 217-345-7034

- Pam Vaughan-Sturgeon, County Director
- Kim Morrison, 4-H Educator
- Jenny Lee, Master Gardener and Master Naturalist Coordinator
- Elizabeth Hartke, SNAP-Ed Community Worker
- Jessica Hays, 4-H Coordinator
- Liz Mason, Office Support Assistant

Cumberland Office 217-849-3931

- Jaylynn Schober, 4-H Coordinator
- Kathy Deters, Office Support Associate

Moultrie and Douglas County Office 217-543-3757

- Cheri Burcham, Family Life Educator
- Angie Welker, 4-H Coordinator
- Susan Stollard, SNAP-Ed Community Worker
- Teri Boehm, Office Support Specialist

Shelbyville Office 217-774-9546

- Mary Beth Massey, SNAP-Ed Program Coordinator
- Penny Hood, SNAP-Ed Community Worker
- Yolanda Nation, 4-H Coordinator
- Diana Litteral, Office Support Assistant

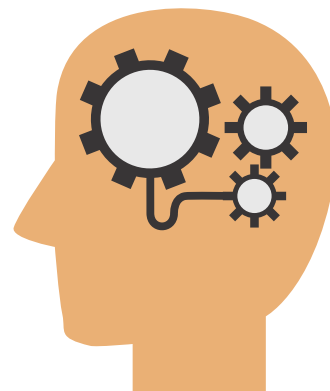
Shelby County 4-H Collects Donations for Pride Packages



Shelby County 4-H Federation, which is the youth leadership team for Shelby County 4-H, challenged Shelby County 4-H members to donate a variety of items to the Pride Packages Organization, which is ran by Pat Garlick in Shelbyville. 4-H members brought items to the annual Achievement Night on November 7 and 8. Items were also collected at 4-H meetings. 4-H members rose to the challenge and donated over 325 boxes/items, which Pat will use for her Christmas Pride Packages. Coldspring Copperheads also collected Halloween candy to share with troops. For every five items donated, 4-H member's names were put in a drawing for a \$25 gift card of their choice sponsored by Federation.

Wits Brain Fitness Online Class

Join University of Illinois Educator Cheri Burcham as she leads participants online through interactive activities designed to exercise the brain to maintain and enhance cognitive function and memory. You are never too young or too old to get started training your brain, so join Cheri in these upcoming FUN online classes: January 11, 2021 at 2:00PM
Class is FREE and open to the public. Virtual class will be hosted on Zoom. The class may also be accessed by phone, so participants will not see the screen but may listen in and also verbally participate. To register and receive class access instructions, please e-mail Cheri Burcham at cburcham@illinois.edu or call and leave a voicemail at 217-543-3755 and she will get back to you.



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