

# CHANGE YOUR HABITS\$

## No-Cost

Turn off lights when you leave a room

Use sunlight for light or heat whenever practical

Match pot size to burner size and cover with a lid

Set hot water heater no higher than 120o F

Laundry clothes in cold or warm water

Use Energy Star qualified computer sleep feature

Turn off electronics and unplug chargers when not in use

Use window blinds or shades to keep out cold or heat

Fully load dishwashers, clothes washers, and dryers

Adjust your thermostat when leaving home for an extended time

## Low-Cost

Replace burned out bulbs with Compact Fluorescent Lamp bulbs

Replace furnace and air conditioning filters monthly

Caulk between window/door frames and walls

Weather strip between doors and frames

Add storm windows or use plastic film kits to improve single-pane windows.

Purchase an insulating blanket for the hot water heater

Install motion sensors, dimmers, and timers for indoor and outdoor lighting

Plant trees to shelter your home from the elements

Install ceiling fans to reduce air conditioning costs

Fix leaky faucets

## New Purchases

Upgrade to a high-efficiency furnace/air conditioner or heat pump

Install a programmable thermostat

Install double-pane windows with low e-coatings to reflect thermal radiation

Completely convert to compact and other fluorescent light bulbs

Purchase an energy-efficient refrigerator

Purchase a dishwasher that saves water and energy

Purchase a clothes washer that saves water and energy

Purchase a clothes dryer with moisture sensor

Select efficient home office equipment and electronics

Insulate attic, exterior walls, basement, and crawl spaces

# CHANGE THE WORLD

...on any budget