



# 4-H FAST FACTS



A Newsletter for **Macoupin County** 4-H Families

November 2020

**4-H  
ENROLLMENT  
2020 IS  
NOW OPEN!**

Enroll today at:  
[il.4honline.com](http://il.4honline.com)  
Macoupin County 4-H

**ILLINOIS**  
Extension  
COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

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University of Illinois | U.S. Department of Agriculture | Local Extension Councils Cooperating  
If you need reasonable accommodation to participate in this program, please contact your local Extension Office.

## UNIT 18 - *Serving:*

*Christian, Jersey,  
Macoupin &  
Montgomery Counties*

### OFFICES

**Christian County Extension**  
1120 N. Webster Street  
Taylorville, IL 62568  
Ph.: 217-287-7246 Fax: 217-287-7248

**Jersey County Extension**  
201 West Exchange, Suite A  
Jerseyville, IL 62052  
Ph.: 618-498-2913 Fax: 618-498-5913

**Macoupin County Extension**  
#60 Carlinville Plaza  
Carlinville, IL 62626  
Ph.: 217-854-9604 Fax: 217-854-7804

**Montgomery County Extension**  
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**Enrollment is now open for the 2020-2021 4-H program year!** We appreciate your patience as we have rolled out an updated version of our online enrollment system, 4-H Online 2.0.

Use the link below to access the new 4-H Online 2.0 enrollment system.

→ [il.4honline.com](http://il.4honline.com)

**📌 Your program fee is being waived locally for the 2020-2021 program year.** When enrolling, you will still click through the payment screens for the usual \$20 fee. Please select the 'pay by check' option, but please know you will not be required to pay this year.

Call the Extension office at 217-854-9604 or email Kate at [harding@illinois.edu](mailto:harding@illinois.edu) with any questions.

To keep up with 4-H happenings in Macoupin County, including workshops, check us out on Facebook at <https://www.facebook.com/macoupin4h>



**Illinois Extension**  
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

[extension.illinois.edu/cjmm/4-h-macoupin-county](http://extension.illinois.edu/cjmm/4-h-macoupin-county)



**MACOUPIN COUNTY  
4-H VIRTUAL  
ACHIEVEMENT NIGHT  
2020**

**YOU'RE INVITED!**

Join us live via Zoom on Friday,  
November 13 at 7pm for our  
2020 Virtual 4-H Recognition &  
Awards Program

Register online to get your Zoom  
link for the event:  
[go.illinois.edu/cjmm/events](https://go.illinois.edu/cjmm/events)  
or call 217-854-9604

**SAVE THE DATE!**  
**FRIDAY  
NOVEMBER  
13**

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**You're Invited!! RSVP to 4-H Virtual Achievement Night at Link Below:**

**<https://web.extension.illinois.edu/registration/?RegistrationID=22722>**





**ILLINOIS EXTENSION**  
COLLEGE OF AGRICULTURAL, CONSUMER  
& ENVIRONMENTAL SCIENCES

**THANK  
YOU**

**FOR ATTENDING 4-H VIRTUAL  
OFFICER'S TRAINING 2020!**



November 2020

[extension.illinois.edu/cjmm/4-h-macoupin-county](http://extension.illinois.edu/cjmm/4-h-macoupin-county)



## Cloverbud Craft Pinecone Turkey

Make your very own pinecone turkey and show off what you are thankful for this year! Kit will include: Directions and all the supplies needed to make your turkey decoration. The only thing you need is the glue!

**Ages 5-7 FREE**

REGISTER ONLINE AT:  
[go.illinois.edu/cloverbudturkeykit](http://go.illinois.edu/cloverbudturkeykit)

Kits will be available for pick up on Monday, November 16 from 8 a.m. - 4 p.m. at your local Extension office or call to make other pick-up arrangements.

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If you need a reasonable accommodation to participate in this program, please contact your local Extension office.  
Early requests are strongly encouraged to allow sufficient time for meeting your access needs.



## Pumpkin Pie in a Bag

Create a no-bake pumpkin pie in a bag! Kits will include: pumpkin pie recipe, non-perishable ingredients, instructional video and fun facts about pumpkins.


REGISTER ONLINE AT:  
[go.illinois.edu/pumpkinpiekit](http://go.illinois.edu/pumpkinpiekit)

**FREE!**

Kits will be available for pick up on Monday, November 23 from 8 a.m. - 4 p.m. at your local Extension office.

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## 4-H'ERS HELPING 4-H'ERS IN DISTRESS


Bunker Hill Livewires 4-H Club is looking for some help to show support for Quail Creek and Redwood Valley 4-H Clubs in California! Each club has faced devastating losses in the recent California wildfires.

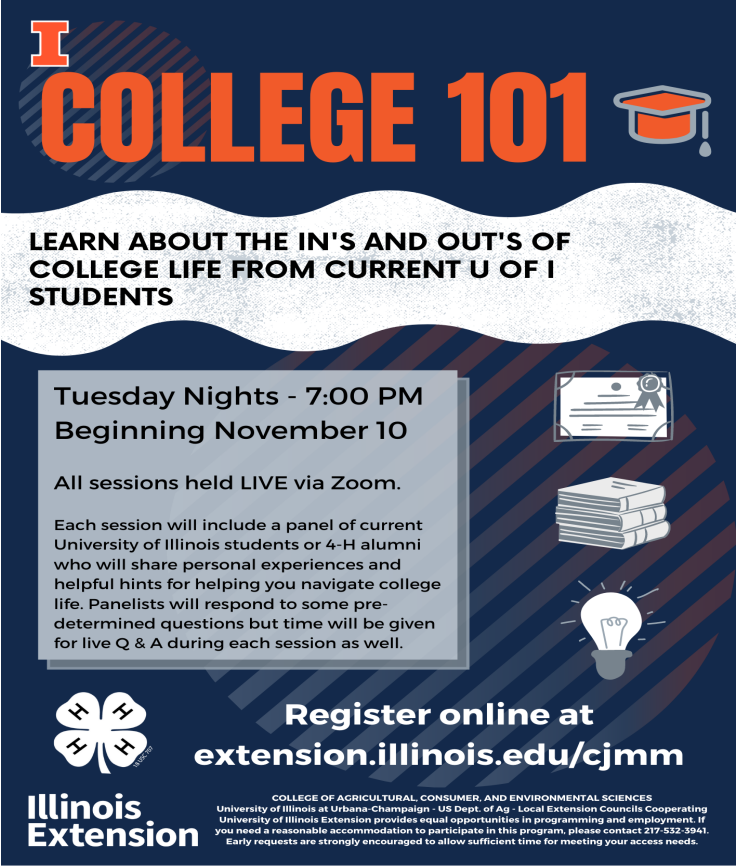
**Items to donate:**

- **Homemade cards**
- **Gift cards:** Walmart, Target, Costco, Lowes, or Home Depot

These items will help them recover from the total loss of possessions that they have endured. Donations will be sent directly to Julie Katawicz, Santa Cruz County 4-H Program Coordinator, who will distribute them to families in need.

Donations can be dropped off at the Macoupin County Extension Office Nov 1-30 during office hours.

**Illinois Extension** 



## COLLEGE 101


**LEARN ABOUT THE IN'S AND OUT'S OF COLLEGE LIFE FROM CURRENT U OF I STUDENTS**

**Tuesday Nights - 7:00 PM**  
**Beginning November 10**

All sessions held LIVE via Zoom.

Each session will include a panel of current University of Illinois students or 4-H alumni who will share personal experiences and helpful hints for helping you navigate college life. Panelists will respond to some pre-determined questions but time will be given for live Q & A during each session as well.

**Register online at**  
[extension.illinois.edu/cjmm](http://extension.illinois.edu/cjmm)

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Early requests are strongly encouraged to allow sufficient time for meeting your access needs.



# NOV 2020

## 4-H Gratitude Challenge



SUN	MON	TUE	WED	THU	FRI	SAT
<b>01</b>	<b>02</b>	<b>03</b>	<b>04</b>	<b>05</b>	<b>06</b>	<b>07</b>
Start a gratitude journal. Each day write down something you are thankful for.	Write a thank you note to your 4-H advisor.	Think of someone you are grateful to know. Tell them.	Complete one random act of kindness today.	Send a text to someone who makes you smile and tell them why.	Handwrite a letter and mail it to a friend.	Create a piece of art that shows what you are thankful for.
<b>08</b>	<b>09</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Spend time with someone you care about.	Compliment at least 5 other people today.	Think of someone you are proud of. Tell them!	Thank a veteran for their service.  <b>Veteran's Day</b>	Volunteer to do an unpleasant task, like taking out the garbage or doing the dishes.	Write a thank you note to a special teacher.	Bake a treat for your neighbors.
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Gather 10 items from your closet to donate.	Make a social media post highlighting a person you are grateful for.	Write a thank you note to a coach or mentor.	Color a picture and give it to a friend.	Do a family member's chores for them today.	Set time aside to play a game with your family.	Share a photo of something you are grateful for on social media.
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Think of a creative way to Pay It Forward today.	Leave a note of encouragement for a friend.	Call a relative you haven't spoken to recently.	No complaining day! Each time you want to complain, say something you are grateful for instead.	Spend time with family and friends.  <b>Thanksgiving</b>	Give a small gift to someone for no reason at all.	Write a letter or note to your parents or grandparents.
<b>29</b>	<b>30</b>					
Donate one canned food item for each day you forgot to write in your gratitude journal	Read over your gratitude journal and spend time reflecting on the challenge.					

**4-H wants you to take our 2020 Gratitude Challenge!** 2020 has not been an easy year, but we still have plenty of reasons to give thanks. Print this calendar and complete each daily task to help show gratitude to your Club, Community, Country, and World.

Use **#4HGrowsHere**, **#Grateful4Her**, and **#4HGratitudeChallenge** to spread an attitude a gratitude to all of your social media friends and followers.

 **4-H GROWS HERE**

November 2020

[extension.illinois.edu/cjmm/4-h-macoupin-county](http://extension.illinois.edu/cjmm/4-h-macoupin-county)



COLLEGIATE 4-H

## JOIN COLLEGIATE 4-H AT U OF I

A great way to meet people at U of I is by joining C4-H, the registered student organization for 4-H alums attending University of Illinois. For more information, contact Brittney Muschetto at [uiucollegiate4h@gmail.com](mailto:uiucollegiate4h@gmail.com).

## 4-H SHOOTING SPORTS FALL UPDATE

4-H shooting sports members age 11 and up are still eligible to register and participate in the virtual Illinois 4-H Shooting Sports 2020 Shoot! Disciplines offered include shotgun, archery, and rifle with scores entered online until the end of December.

Register at: <http://go.illinois.edu/20204Hregistration> and learn more at: <https://4h.extension.illinois.edu/events/illinois-4-h-virtual-shoot-fall-2020>

Contact Curt Sinclair at [sinclair@illinois.edu](mailto:sinclair@illinois.edu) with any questions!



## TRUE LEADERS IN SERVICE – SHARE YOUR STORY!

4-H members and clubs have continued to demonstrate they are **True Leaders in Service**, as they have worked independently to support both their personal and club goals of making a difference in their community by focusing their energies on the 4<sup>th</sup> “H” and pledge their HANDS to larger service! Illinois 4-H members and clubs have demonstrated how to **Make the Best Better**, during the COVID-19 crisis by developing plans and taking action collecting and donating food to stock shelves at local food pantries; reaching out vulnerable populations who may not have family members close to pick up needed supplies; and by making hundreds of face masks face masks to distribute to medical facilities; local businesses; and in communities.

If you did not register your plan for serve outreach, please use this link to share what your plan <https://4h.extension.illinois.edu/clubs>. Be sure to also follow-up and report what you accomplished on through your service project. The accomplishments of both individual members and clubs will be highlighted on the Illinois 4-H Website so make sure you go use the reporting link located in the middle of the page where it says, **CLICK HERE** to report your 4-H Community Service Activity to provide your club update!



## 4-H VOLUNTEER CAFÉ CONVERSATIONS!

Register to participate in the *4-H Volunteer Café Conversations*. We are so excited to be launching this new Illinois 4-H opportunity creating a platform for 4-H Volunteers from across Illinois to meet virtually and discuss topics of interest, share both ideas and challenges. Volunteers will gain access to tools & techniques to support their volunteer efforts, strengthening 4-H club and member learning experiences. We will address two topics during each Café Conversation so come with your ideas, questions, and since this is a Café Conversation, feel free to bring a snack as well!

- **Thursday, November 19, 2020; 7 PM**

TOPICS will include:

1. **Planning Service Learning & Community Service Experiences that Make a Difference**
2. **Communicating Effectively with 4-H Families**

Link to register for the next Volunteer Café Conversation:

<https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=22724>

Future 4-H Volunteer Café Conversations are scheduled in February & May! We are excited with our participation so far and will be recognizing volunteers and 4-H members who participate in 75% of the Volunteer Café Conversations with a token of our appreciation! Be sure to save the dates!

- **Thursday, February 18, 2021; 7 PM**
- **Thursday, May 20, 2021; 7 PM**

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## 4-H VOLUNTEER VIRTUAL TRAINING OPPORTUNITIES

Engaged volunteers are central to a thriving 4-H club program which is why we have developed three new virtual volunteer training opportunities for you this fall! Please hold the following dates and watch your email for an email for a registration details so you can participate in the following training opportunities!

### **It's Not Scary...It's Parliamentary Procedure – Thursday, October 29, 2020**

*Just because it's spooky season doesn't mean you have to be spooked by parliamentary procedure! Join us as we dive into the 4-1-1 on parliamentary procedure. We will explore officer roles, general parli-pro history, simplifying parliamentary procedure, and share ideas to help make parli-pro fun! Grab your ghouls and ghosts and save this date!*

It may not be too late to register! Use this link to sign up today:

<https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=22663>

### **Effective & Engaging Meetings – Thursday, November 12, 2020**

*The 4-H club meeting is typically one of the first experiences for new youth and new families interested in 4-H. This is the place where members get to know one another and share ideas. This means creating engaging and effective club meetings is the first opportunity to capture the interest of the members and the confidence of the parents. Join us to learn key strategies to help you create effective & engaging 4-H experiences in your club!*

If you have not registered there is still time, use this link and sign up today:

<https://web.extension.illinois.edu/registration/default.cfm?RegistrationID=22664>