🛞 4-H FAST FACTS 🛞

A Newsletter for Macoupin County 4-H Families



2021 4-H Showbook Cover Contest

Congratulations to

Maddie Rosentreter of the Lucky Birds 4-H Club for 1st Place in the 2021 4-H Showbook Cover Contest! We had 17 entries and many wonderfully creative designs! Thanks to everyone who participated in this year's contest!

UNIT 18 - Serving:

Christian, Jersey, Macoupin & Montgomery Counties

OFFICES

Christian County Extension 1120 N. Webster Street Taylorville, IL 62568 Ph.: 217-287-7246 Fax: 217-287-7248

Jersey County Extension 201 West Exchange, Suite A Jerseyville, IL 62052 Ph.: 618-498-2913 Fax: 618-498-5913

Macoupin County Extension #60 Carlinville Plaza Carlinville, IL 62626 Ph.: 217-854-9604 Fax: 217-854-7804

Montgomery County Extension #1 Industrial Park Drive Hillsboro, IL 62049 Ph.: 217-532-3941 Fax: 217-532-3944

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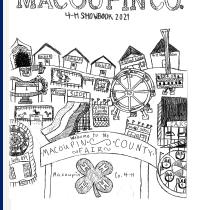
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Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN



2nd Place: Charlee Dugger



2021 4-H SHOW BOOK

3rd Place: Wyld Gilmore

4th Place: Anna Cloninger



All 4-Showbook Cover Submissions will be featured in the 2021 Macoupin County 4-H Showbook. The 4-H Showbook will be ready this March!

To keep up with 4-H happenings in Macoupin County, including workshops, check us out on Facebook at https://www.facebook.com/macoupin4h

Like us on Facebook

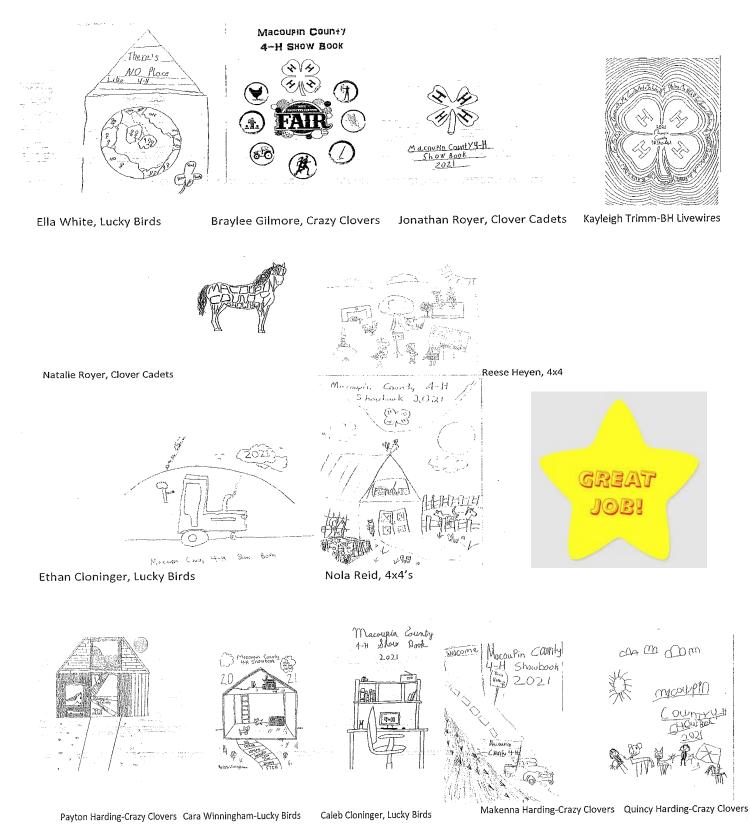
extension.illinois.edu/cjmm/4-h-macoupin-county

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2021 Showbook Cover Contest Entries





March 2021

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Illinois 4-H outlines safety requirements for in-person events

We're looking forward to seeing you in 2021! As Illinois 4-H staff plan for the 2021 show and event season, our top priority will continue to be the safety of all involved, combined with a commitment to creating positive youth development experiences for our 4-H members.

The opportunity for face-to-face judging for Macoupin County will require that all participants, spectators, and volunteers adhere to Illinois 4-H event guidelines. We are counting on our 4-H members, their families, and our staff and volunteers to do their part to help make our upcoming events as safe as possible. By working together, we hope to return to face-to-face judging, but it only works if we are all equally committed to following essential COVID-19 mitigation strategies.

The following COVID-19 social distancing and safety practices reflect requirements of the Illinois Department of Public Health and University of Illinois event guidelines. These mitigation protocols also may be modified to reflect any requirements of the local public health department based on local conditions at the time of the event.

- Face coverings are required for all youth, spectators, volunteers, and staff.
- Everyone in attendance will practice social distancing during the event, including maintaining six feet of separation (both indoors and outdoors) from those who are not in their households. To allow for social distancing, building and spectator capacity may be limited based on current public health department guidelines.
- Handwashing and sanitizing stations will be provided throughout the venue.
- Anyone who has experienced COVID-19 symptoms within the previous seven days is asked to stay home. COVID-19 symptoms include fever, cough, loss of taste or smell, or shortness of breath.

If any of these guidelines presents a challenge for you, please contact us directly at 217-854-9604. We are happy to discuss what accommodations are possible so that we can look for ways that all youth can safely participate in this event.

As excited as we are about the chance to step back into face-to-face judging, we also recognize that this is a continually evolving situation. Illinois 4-H reserves the right to adjust or cancel events in the case of identified risk, such as changes in local COVID conditions or known instances of non-compliance with safety guidelines.

Please reach out if you have any additional comments or questions at this time.

Thank you!

Sara Marten marten1@illinois.edu

Need help remembering important dates?

Go to go.illinois.edu/cjmmcalendar to see events & deadlines for all activities within Christian, Jersey, Macoupin, & Montgomery Counties!





extension.illinois.edu/cjmm/4-h-macoupin-county

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Become a Hunger Ambassador

Illinois Extension

Learn about food insecurity & hunger in your community and work with others to help those in need. REGISTER BY MARCH 12 Saturday, March 20 9:00 AM - 3:00 PM

> Macoupin County Extension Office

COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES University of Illinois at Urbana-Champaign - US Dept. of Ag - Local Extension Councils Cooperating University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accomodation to participate in this program, contact 217-854-9604.][

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March 2021

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Macoupin County 4-H Public Speaking Contest

Monday, April 26, 2021

enforced. The total number of spectators will be limited to meet safety requirements for this contest. More details to follow.

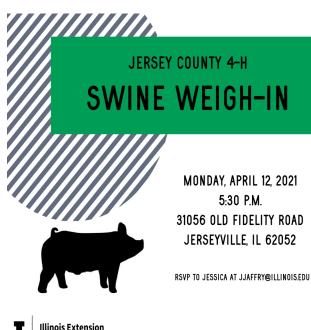
Divisions include:

- Formal Speech
- Illustrated Speech
- Original Works
- Oral Interpretation

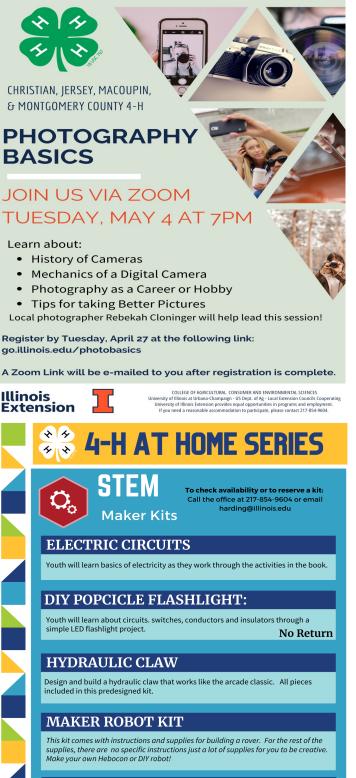
Register online: extension.illinois.edu/4-h-macoupin-county

See Macoupin County 4-H Show Book for complete guidelines Must be a current 4-H member, enrolled in public presentations to te. Contact the Extension office at 217-854-9604 with questions.









MARSHMALLOW CATAPULT

Construct your own catapult out of everyday items. Then use it to hurl marshmallows at a friend or family member. How many can they catch with their mouth.

Illinois Extension

COLLEGE OF AGRICULTURAL CONSUMER & ENVIRONMENTAL SCIENCES University of Illinois | U.S. Department of Agriculture | Local Extension Councils Cooperating eed reasonable accommodation to participate in this program, please contact your local Extension Office If you ne





March 2021

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Celebrate 4-H Volunteers

National Volunteer Week/Macoupin County 4-H Week

April 18-24, 2021



Illinois 4-H will celebrate the more than 11,000 4-H adult volunteers supporting and guiding 4-H members during National Volunteer Week, April 18-24. 4-H volunteers are the caring adults who are empowering and preparing youth for success as 4 -H members provide service to others and in their communities. Today's 4-H youth are engaged in diverse learning experiences where they practice skills employers want; grow and distribute food to communities in need; steward our natural resources; identify local issues and initiate positive change in local, state, national, and global issues; and they make and influence positive choices for healthy living. All of these things happen because of engaged volunteers in local communities.

National Volunteer Week is an opportunity to celebrate the impact of volunteer service and the power of volunteers to tackle society's greatest challenges, to build stronger communities and be a force that transforms the world. Each year, we shine a light on the people and causes that inspire us to serve, recognizing and thanking volunteers who lend their time, talent and voice to make a difference in their communities.

National Volunteer Week was established in 1974. Today, as people strive to lead lives that reflect their values, the expression of civic life has evolved. Whether online, at the office, or the local food bank; whether with a vote, a voice, or a wallet – doing good comes in many forms, and we recognize and celebrate them all.



2021 Robotics Challenge –Our Story (Virtual)

This year's competition will be held virtually and will require teams to upload videos of their table performance, technical/design rationales, and story (formally Teamwork) to be judged by our team of virtual judges **by Sunday, June 20th, 2021**

Winners will be announced in a Live Virtual Awards Ceremony at **5pm on Friday, July 2nd (online venue to be determined)**. Team registration **will open March 1, 2021** and will **close April 30, 2021**. There will be NO entry fee to participate in this year's competition.

For details about the challenge, and other FAQs please refer to the Always Up to date, challenge direct download link: <u>https://go.illinois.edu/2021CHALLENGE</u>

Register Here Starting March 1: <u>https://go.illinois.edu/4HR2021</u>

UPCOMING MEETING DATES 2021

2021 4-H Shows & Fair Info Coming Soon!

4-H Federation Meeting–Sunday, April 18 at 2:30

4-H Committee Meeting– April 12 at 6:30pm



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4-H Cloverbuds Farm Animal Kit





Cloverbuds received farm animal facts, coloring sheets, a book, and farm animal crafts to complete at home. They joined together via Zoom Feb 25 with 4-H Federation members Braylee and Claire for a story, game, and some fun! Thanks!









4-H Carnivorous Plant Kits

Over 60 4-H members took part in the Carnivorous Plant Program this March. Participants received a Venus Fly Trap Plant, care sheet, craft, and an educational Zoom Call on carnivorous plants!



March 2021

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4-H Memorial Camp

4-H Memorial Camp is currently working on summer programming plans for 2021. Different programming options are being developed to align with Phase 4 and Phase 5 of the Restore Illinois Plan. The <u>camp website</u> will be updated with information concerning both camping and summer employment as decisions are made.

We're Looking for New Members!



Youth Leadership Team

You see them at state 4-H events in their bright green shirts. Now YOU can become an Illinois State 4-H Youth Leadership Team member.

Eligibility: Age 16 to 19 Length of service: Two years Apply online: <u>go.illinois.edu/4HYLT</u>. Look for the "application" at the bottom of the page. Deadline: March 15, 2021

The State Youth Leadership Team plans and implements the state Jr. Leadership Conference, plans and teaches the Speaking for Illinois 4-H program, and assists (behind the scenes and in front of the audience) for many other statewide events. Team members have the opportunity to serve on statewide planning committees and advisory groups, including the Illinois 4-H Foundation Board of Directors, Illinois Farm Bureau Youth Education Committee, Illini Summer Academies planning committee, and Teen Leadership Conference planning committee. Members also have the first opportunity to attend National 4-H Conference in Washington, D.C. each spring.



A number of states expressed an interest in participating in the MN 4-H Black and White Photography Challenge. We have worked out the registration process.

If states would be willing to verify the status of their youth, then we can use this zlink for registration; the zlink is: <u>https://z.umn.edu/BlackandWhitePhotos</u>. This **new registration process** is laid out in the photography challenge's <u>communications tool kit</u> for your use and adaptation. You will notice that the toolkit language has been updated to reflect that this is a multistate event. Here is the <u>photography challenge guidelines and information</u>.

If you have any questions, please contact Extension Educator Crystal Reith at mohrh002@umn.edu.



March 2021

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Illini Summer Academies!

The Illini Summer Academies will be virtual this summer! With the recent risks of COVID 19, Illinois 4-H is bringing the University of Illinois campus to our youth across the state! **Registrations open on Wednesday, February 17, 2021.**

Visit our website for more information: For more information, visit our <u>website</u> at https://4h.extension.illinois.edu/events/illini-summer-academies or contact us at illini-4h@illinois.edu.



Celebrate Teens In Your Community With \$5K

We're proud to join the Invisalign[®] brand in their search for 100 deserving teens dedicated to making a difference in their communities to be recognized as Invisalign[®] ChangeMakers!

Each of these teens will be celebrated at a virtual event and awarded \$5,000 cash to fund their service projects or help support their educational or personal goals. Help us celebrate those making a difference by sharing with the teens and parents in your life!

All teens ages 13 – 19 can apply now through March 31, 2021 by sharing how they're creating positive change in their communities, schools and world.

Apply here: https://invischangemakers.smapply.io/prog/invisalign_changemakers/



March 2021

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States 4-H International Exchange

Host an international student: Host a Japanese youth this summer through 4-H International! Expand your family's cultural understanding, learn about new foods and customs, and possibly learn a new language all while sharing your own. Your children will build lifelong friendships and will gain new perspectives on their own country too!

SCHEDULE: Hosting takes place mid-July through mid-August.

REQUIREMENTS:

• Families hosting a youth must have a child the same gender and approximate age (12-18) as the incoming youth.

- · Youth must have a separate bed; a separate room is not required.
- Host family selection is dependent on completion of an application and screening process, as well as student availability and personality compatibility.

RECRUITMENT PERIOD: January- May or until all placements are made

Apply Today https://www.states4hexchange.org/apply/host/

Travel abroad with 4-H

Start planning now for a trip in 2022.

Are you curious about daily life, culture, and youth programs in other countries? Travel abroad with 4-H and experience foreign countries for a month-long cultural immersion experience. Delegates live with volunteer host families and engage in experiential learning about a new way of life.

TRAVEL PERIOD: 4 –8 weeks (dates vary by program June-August) REQUIREMENTS: Youth ages 12-18 (some programs 15-18) Cost: \$2700-5000* Based on previous years (price varies by year, program and length of stay) RECRUITMENT PERIOD: September-November <u>https://www.states4hexchange.org/apply/go-abroad/</u> Costa Rica · Japan · Korea · Norway · Finland · Romania · Taiwan · Argentina *Country availability changes each year

For more information, visit https://www.states4hexchange.org/ or contact us by email: Miriam Rosenbohm at <u>rosenbohm07@comcast.net</u> or Elisha Hughes at ehugh2@illinois.edu

April 15 is the Add/Drop Date for all 4-H projects in order to exhibit at fair.

4-H Showbooks should be printed in March, so be on the look out for more information! There will also be a online link.





Mar	March 2021	021		Macoupin C	upin County 4-H Dates	ates
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	4	2 4-H Carnivorous Plants Zoom Call 3:30pm	ω	4 4-H Healthy Habits Zoom 5pm	J	Ø
7	8 Cloverbud Farm Animal 4pm-445pm VQCA-Carlinville6-7:30 pm Wellness Through Cannection 530-7pm	Q	10	11 4-H Healthy Habits Zoom 5pm	12	13
14	15 Deadline to Order 4-H Paint Kits	16	17	18 4-H Healthy Habits Zoom 5pm	19	20 4-H Hunger Ambassadors Training 9am (Carlinville Extension Office)
21	22 Cloxecbud Farm Animal 4pm-445pm Pick-Up 4-H Paint Kits	23 YQCA-Jerseyville 3-4:30 pm 5-6:30 pm	24	25 4-H Healthy Habits Zoom 5pm	26	27 YQCAHiilsboro 9-10:30 am
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25	18 National Volunteer Week/Mac Co 4-H Week April 18-24	11	4 Easter		Ĩ	Apri
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27 YQCA-Jerseyville 3-4:30 pm 5-6:30 pm	20 4-H Salsa Garden Zoom-3:30pm	13	6 4-H Leader's Meeting 7pm		Ĩ	21
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30	23	16	9 YQCA-Jerseyville 3-4:30 pm	N	F	Macoupin County 4-H Dates
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