



4-H FAST FACTS



A Newsletter for **Macoupin County** 4-H Families

October 2020



4-H State Virtual Public Speaking Contest Held

Jaxson Strader earned an Award of Excellence for his formal speech!

Great job!

UNIT 18 - *Serving:*

Christian, Jersey, Macoupin & Montgomery Counties

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4-H State Dog Show

Braylee Gilmore and Blaze earned an Award of Excellence for dog obedience at this year's dog show. Nice job!



To keep up with 4-H happenings in Macoupin County, including workshops, check us out on Facebook at <https://www.facebook.com/macoupin4h>



Find us on Facebook

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4-H FAST FACTS

October 2020

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NATIONAL 4-H WEEK

OCTOBER 4-10, 2020

- "Make a 4-H Sign Sunday" Oct 4**
Display the sign all week in your yard or window!
 - "Social Media Monday" Oct 5**
Thank a 4-H volunteer on social media today!
 - "Tasty Tuesday" Oct 6**
Have a family meal together!
 - "4-H Spirit Wear Wednesday" Oct 7**
Wear Green or a 4-H T-shirt
 - "Thankful Thursday" Oct 8**
Write a thank you note to a 4-H supporter, Alumni, or volunteer
 - "Friendship Friday" Oct 9**
Reach out to a friend today and tell them about 4-H!
 - "Community Service Saturday" Oct 10**
Do something helpful for your community today!
- #OPPORTUNITY4ALL

MACOUPIN COUNTY 4-H

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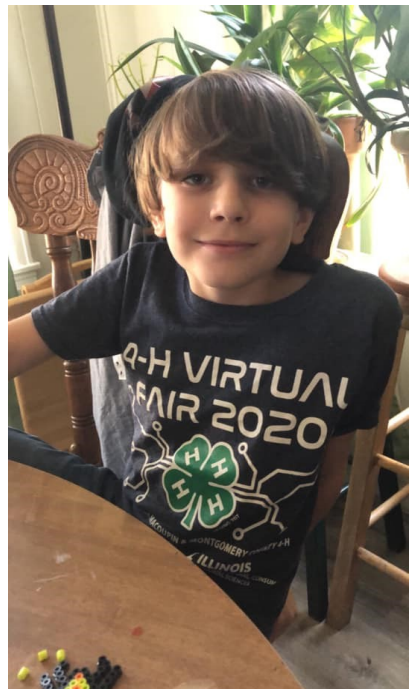
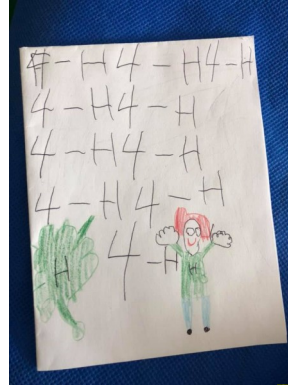
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THIS WEEK WE CELEBRATE 4-H!
THANK YOU!

#Opportunity4ALL



4-H FAST FACTS

October 2020

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4-H COOK & CONNECT CRATE

For Families

COST \$5
Fee Waiver Available

Let 4-H provide your next family fun night! Each crate will include a recipe and non-perishable supplies for a family-friendly recipe as well as instructions and supplies for a game or activity to play together.

REGISTER ONLINE AT:
go.illinois.edu/cookconnect

Crates will be ready on Friday, October 23 from 8 AM - 4 PM at your local Extension Office. Crates must either be picked up by families or can be shipped directly to you for an additional \$5 fee.

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If you need a reasonable accommodation to participate in this program, please contact 217-532-3941.
Early requests are strongly encouraged to allow sufficient time for meeting your access needs.

AT-HOME 4-H SERIES

CAREER & LEADERSHIP DEVELOPMENT

Building Blocks of Leadership

For ages 8-12

Explore leadership and communication topics and build the skills you need to be a leader in your family, school, clubs, and beyond!

Thursdays @ 3:30 PM
October 15, 22, 29
November 5 & 12

All participants will receive supplies needed for at-home activities. Sessions will be held online via Zoom.

Cost \$5
Fee Waiver Available

Sign up online at go.illinois.edu/cjmmbuildingblocks or by calling 217-532-3941
Deadline to register: Friday, October 9

4-H AT HOME SERIES



STEM

Maker Kits

To check availability or to reserve a kit:
Call the office at 217-854-9604 or email harding@illinois.edu

ELECTRIC CIRCUITS

Youth will learn basics of electricity as they work through the activities in the book.

DIY POPCICLE FLASHLIGHT:

Youth will learn about circuits, switches, conductors and insulators through a simple LED flashlight project.

No Return

HYDRAULIC CLAW

Design and build a hydraulic claw that works like the arcade classic. All pieces included in this predesigned kit.

MAKER ROBOT KIT

This kit comes with instructions and supplies for building a rover. For the rest of the supplies, there are no specific instructions just a lot of supplies for you to be creative. Make your own Hebocon or DIY robot!

MARSHMALLOW CATAPULT

Construct your own catapult out of everyday items. Then use it to hurl marshmallows at a friend or family member. How many can they catch with their mouth.

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More 4-H Virtual Workshops, 4-H Project Spark Kits, and 4-H Programs Coming Soon! Keep a Look out!!

4-H FAST FACTS

October 2020

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IMPORTANT ANNOUNCEMENT REGARDING ENROLLMENT

September 1st has always marked the beginning of a new 4-H year in Illinois. This means both new and returning members enroll in the program and select their projects.

Our online enrolment system—4-H Online—is in the process of getting updated to a newer version, 4-H Online 2.0. We hoped this update would be ready by the start of the 4-H year. However, as of October 1st, **we are still not able to log in and use the 4-H Online system to enroll or re-enroll members for the 2020-2021 4-H program year.** In addition, we do not have a clear timeline as to when it will be ready. We are hopeful to have information to our families by the end of the month, but please continue to be patient as we wait on updates at both the state and national levels.

We realize that many clubs are beginning or have already started meeting. We encourage clubs to continue to do so—provided that all local and Extension-wide safety guidelines are being followed— but please keep your local 4-H staff involved in any and all plans, moving forward. There are still some restrictions to group size and allowable events that can change quickly.

We know this is not ideal, but we want you to know that we are committed to keeping you updated and engaged in the 4-H program while we wait for enrollment to open.

Thank you for your continued dedication to 4-H!

Sara Marten

Extension Educator, 4-H Youth Development

4-H Project Guide

Illinois 4-H Project Guides are available! Check with your club leader or stop by the Extension office at 60 Carlinville Plaza to get your copy! Use this guide to help select projects for 2020-21!



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October 2020

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4-H HELPING HANDS

FALL MULTI-COUNTY 4-H COMMUNITY SERVICE

ORGANIZED BY CHRISTIAN, JERSEY, MACOUPIN, MONTGOMERY COUNTY 4-H

OCTOBER 1-31, 2020

Join fellow 4-H members and volunteers by donating supplies and items for displaced youth in Christian, Jersey, Macoupin, and Montgomery Counties.

Items Requested:

Baby Wipes, Diapers (Sizes 3-5), Pull-Ups, Face Masks, Soft Duffel Bags, New Hats and Gloves, Full Size Shampoos, Lice Kits, New Blankets, Juice Boxes, Individual Snacks

(All items should be dropped off at your local Extension office by October 29)

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4-H FAST FACTS

October 2020

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4-H OFFICER TRAINING

**Open to any current 4-H officers or any members
who are interested in becoming an officer!**

TWO SESSIONS - 9:00-10:00 AM VIA ZOOM

OCTOBER 17 – BEING A BETTER OFFICER
(TOPICS INCLUDE: COMMUNICATION/PUBLIC SPEAKING,
KEEPING MEETINGS ENGAGING)

**OCTOBER 24 – OFFICER ROLES &
RESPONSIBILITIES**
(OFFICER ROLES & RESPONSIBILITIES; HOW TO RUN A
MEETING/PARLIAMENTARY PROCEDURE)

**Register at go.illinois.edu/cjmm4-Hofficertraining
or call Montgomery County Extension Office at
217-532-3941**

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4-H FAST FACTS

October 2020



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National 4-H Week – October 4-10, 2020

Theme: Opportunity4ALL

National 4-H Week is our time to tell the world about 4-H. This year's theme, **Opportunity4ALL**. We are lifting up youth voices and helping kids get equal access to the resources they need to thrive. You are encouraged to find ways to celebrate October 4 – 10. 4-H Spirit Day will be held Wednesday, October 7. Encourage your clubs to show their #Opportunity4All or #National4HWeek as you share your 4-H



4-H pride and wear a clover! Use the hashtag activities on social media.

Other dates to consider for October 2020

- October 1-31 – STEM Challenge Month
- October 4-10 – National 4-H Week
- October 7-18 – Tractor Supply Company Paper Clover Promotion



COLLEGIATE 4-H

JOIN COLLEGIATE 4-H AT U OF I

A great way to meet people at U of I is by joining C4-H, the registered student organization for 4-H alums attending University of Illinois. For more information, contact Brittney Muschetto at uiuccollegiate4h@gmail.com.

END OF YEAR AWARD TIME IS APPROACHING

Whether you are a first-year 4-H member or a longtime member, it's time to focus on pulling together information for your 4-H award applications. Even younger members can submit the 4-H Experience Application and be eligible for 4-H recognition. Older members can submit both the 4-H Experience Application and the Illinois 4-H Scholarship Application to be eligible for state recognition, scholarships, and/or trips.



The **Illinois 4-H Experience Award Application** focuses on all of those events and activities that you have experienced during the 4-H year in four areas: *Participation*, *Community Service*, *Leadership*, and *Project Learning*. Depending upon the type and number of experiences you can report on, members can receive recognition on the Bronze, Silver, Gold, Diamond or Emerald Clover Award level. Your family calendar, 4-H notes or county summary, checkmarks, and a few written details are all that's needed for even the youngest members to submit this application. This application can be found @ <https://4h.extension.illinois.edu/members/awards>.

The **Illinois 4-H Scholarship** is a merit-based scholarship to award outstanding work in project areas. Five \$1,000 scholarships will be awarded in each of the following categories: Animal Science, Civic Engagement/Global Living, Creative Performing Arts & Communication, Food Systems, Healthy Living/Nutrition, Leadership, Natural Resources & Environmental Science, Personal Growth and STEM/Robotics. The deadline to apply is November 1. Apply online @ go.illinois.edu/4Hscholarships.

Each 4-H member has a story to tell and are eligible for our 4-H awards program – tell YOUR stories and see where they take you!

4-H FAST FACTS

October 2020



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4-H INTERNATIONAL EXCHANGE OUTBOUND 2021

Application for summer 2021 Outbound Exchange is now open. Programs range from 2 weeks, 4 week or 8 weeks abroad. The countries on the 2021 list are: Argentina, Costa Rica, Japan, Korea, Norway, Romania and Taiwan. See flyers for more details on each program <https://uofi.box.com/s/zgx9zcmnypz60695nyy4ty5ksga8saxd>

All applications must be submitted online by November 1, 2020.

Application link: <https://smr.to/p66312>

APPLICATION TIMELINE

November 1 - application submitted online

November 1 - 15 State coordinator interview with applicants

November 15 - first deposit sent to the State coordinator (*see flyer for program amount*).

January - accepted applicants are notified and deposit checks are cashed. (*If you are not accepted into the 2021 program, your deposit check returned*).

If you have questions you can email Elisha Hughes at ehugh2@illinois.edu or call Miriam Rosenbohm at 309-339-8282

4-H SHOOTING SPORTS FALL UPDATE

4-H shooting sports members age 11 and up are still eligible to register and participate in the virtual Illinois 4-H Shooting Sports 2020 Shoot! Disciplines offered include shotgun, archery, and rifle with scores entered online until the end of December.

Register at: <http://go.illinois.edu/20204Hregistration> and learn more at: <https://4h.extension.illinois.edu/events/illinois-4-h-virtual-shoot-fall-2020>
Contact Curt Sinclair at sinclair@illinois.edu with any questions!



TRUE LEADERS IN SERVICE – SHARE YOUR STORY!

4-H members and clubs have continued to demonstrate they are **True Leaders in Service**, as they have worked independently to support both their personal and club goals of making a difference in their community by focusing their energies on the 4th “H” and pledge their HANDS to larger service! Illinois 4-H members and clubs have demonstrated how to **Make the Best Better**, during the COVID-19 crisis by developing plans and taking action collecting and donating food to stock shelves at local food pantries; reaching out vulnerable populations who may not have family members close to pick up needed supplies; and by making hundreds of face masks face masks to distribute to medical facilities; local businesses; and in communities.

If you did not register your plan for serve outreach, please use this link to share what your plan <https://4h.extension.illinois.edu/clubs>. Be sure to also follow-up and report what you accomplished on through your service project. The accomplishments of both individual members and clubs will be highlighted on the Illinois 4-H Website so make sure you go use the reporting link located in the middle of the page where it says, **CLICK HERE** to report your 4-H Community Service Activity to provide your club update!

4-H FAST FACTS

October 2020



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Junior Leadership Conference

November 7 | Virtually held on ZOOM

You'll laugh. You'll make new friends. You'll even learn cool ideas to take back to your own 4-H Club at this year's Illinois 4-H Junior Leadership Conference. The conference is open to 4-H members in 7th and 8th grade. Registration closes when we reach 250 participants, so don't wait to the Oct. 24 deadline. Do it now! REGISTER: go.illinois.edu/4Hjlc. This year's conference will be held virtually on ZOOM. Links for sessions, workshops and activities will be send in advance to participants.

In addition to cool things to do, you'll each have the opportunity to select two of these workshops to attend:

Bouncin' Back: Resilient Me: Have you ever received a bad test grade? Maybe you did not get the 4-H Officer position you ran for or you just had a bad day. We all face hardship or adversity in our daily lives, but do not let it be something that stops you! Join us as we learn how to build our resilience through a series of games and challenges!

From Leading to Succeeding: Has the idea to become a successful leader ever crossed your mind? If so, this is the workshop for you! You will learn how to be a better leader in your county and hear about various 4-H opportunities at the state and national level.

Inspire Others to Serve: A fun and interactive way to learn how to plan and run your own community service project in your community! We will begin giving you ideas, tips, and tricks to help you be successful in leading a project, then we will create and run mock projects. You'll leave knowing how to involve yourself in your community, and the ability to implement your own community service project.

Mind Matters: Do you feel stressed out all the time? Maybe you can't help but procrastinate? Then this is the workshop for you! In this workshop, we will be going through time management skills and techniques to help you manage stress. So don't stress, you got the time to join this workshop!

Speak Out: Learn to listen, effectively share thoughts, and speak out! In this workshop we will also talk about confidence, how to send positive body language and provide constructive feedback. Improve your communication skills through games and activities with us!

Teaming Together to Lead the Fun: Are you ready to take action? Join us and begin to learn some creative ways to gain communication and leadership skills through our fun virtual team building games! With both small groups and the entire team, collaborate together to solve problems and create stories that enhance your teamwork skills.

Link to Register: <https://web.extension.illinois.edu/registration/?RegistrationID=22579>

Event Page: <https://4h.extension.illinois.edu/events/illinois-4-h-junior-leadership-conference>

4-H FAST FACTS

October 2020

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4-H VOLUNTEER CAFÉ CONVERSATIONS!

Register to participate in the *4-H Volunteer Café Conversations*. We are so excited to be launching this new Illinois 4-H opportunity creating a platform for 4-H Volunteers from across Illinois to meet virtually and discuss topics of interest, share both ideas and challenges. Volunteers will gain access to tools & techniques to support their volunteer efforts, strengthening 4-H club and member learning experiences. We will address two topics during each Café Conversation so come with your ideas, questions, and since this is a Café Conversation, feel free to bring a snack as well!

- Thursday, November 19, 2020
- Thursday, February 18, 2021
- Thursday, May 20, 2021

SAVE THE DATE! Registration link will be provided soon.

4-H VOLUNTEER VIRTUAL TRAINING OPPORTUNITIES

Engaged volunteers are central to a thriving 4-H club program which is why we have developed three new virtual volunteer training opportunities for you this fall! Please hold the following dates and watch your email for an email for a registration details so you can participate in the following training opportunities!

#OMG Did That Just Happen? 4-H Code of Conduct Training – Thursday, October 15, 2020 at 7 PM

Illinois 4-H is dedicated to providing positive, engaging and safe environments for youth. Fundamental to creating that space for youth is to understand and be prepared to practically apply the Illinois 4-H Code of Conduct in real time situations. Join with Extension Youth Development staff and other volunteers as we explore life situations that you could potentially encounter in your role as a volunteer and develop skills to navigate those situations successfully!

It's Not Scary...It's Parliamentary Procedure – Thursday, October 29, 2020

Just because it's spooky season doesn't mean you have to be spooked by parliamentary procedure! Join us as we dive into the 4-1-1 on parliamentary procedure. We will explore officer roles, general parliamentary history, simplifying parliamentary procedure, and share ideas to help make parliamentary fun! Grab your ghouls and ghosts and save this date!

Effective & Engaging Meetings – Thursday, November 12, 2020

The 4-H club meeting is typically one of the first experiences for new youth and new families interested in 4-H. This is the place where members get to know one another and share ideas. This means creating engaging and effective club meetings is the first opportunity to capture the interest of the members and the confidence of the parents. Join us to learn key strategies to help you create effective & engaging 4-H experiences in your club!