



**Illinois Extension**  
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN



**University of Illinois Extension  
Macoupin County  
#60 Carlinville Plaza  
Carlinville, IL 62626**

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### **4-H Foods Show held June 21**

Macoupin County 4-H held their annual 4-H Foods Show at Cross Church in Carlinville on Monday, June 21. 4-H members exhibited their foods projects. 4-H members participated in a variety of categories such as Food Science, Food Preservation, Sports Nutrition, and all levels of 4-H Cooking. Some of the food products exhibited included coffeecake, cookies, muffins, cake, sweet rolls, yeast breads, scones, and pie crust.

Each member presented their project to a judge and completed conference judging where they explained what they made, what they learned from taking the project, and further explained their required learning activity. The judges for the 4-H Food Show were Kathy Thomas of Springfield, Carol Strohbeck and Becky Root of Carlinville, and Lisa Peterson of Hillsboro. 4-H Show Superintendent was Kim Pence of Palmyra.

Top food honors were awarded to the following youth for their food projects: Cooking 101 Best of Show- Liz Hammann of Carlinville (Coffeecake), Ethan Cloninger of Plainview (Cookies); Best of Show Cooking 201- Paige Heyen of Gillespie (Cheese Muffins), Anna Cloninger of Plainview (Nut Bread); Best of Show 301 Saralynn Joiner of Carlinville (Tea Ring); Best of Show 401- Allie Helling of Bunker Hill (French Bread); Best of Show Food Science- Libby Knes of Mt. Olive; Best of Show-Food Preservation- Carly Rhodes of Chesterfield; Best of Show-Sports Nutrition-Braylee Gilmore of Carlinville; Overall Best of Show and Little Rosie Award-Reese Heyen of Gillespie (Yeast Bread).

4-H members, eight and above, who were chosen to represent Macoupin County at the State Fair Foods Show are those members who must exhibit an outstanding project and be thoroughly knowledgeable in their project area. 4-H Members selected may choose to compete at the State Fair show on Saturday, August 14. Macoupin County 4-H Members chosen for State Fair were as follows: Liz Hammann (Coffeecake), Paige Heyen (Nut Bread), Libby Knes (Food Science), Reese Heyen (Yeast Bread), Saralynn Joiner (Tea

Ring), Allie Helling (French Bread), and Braylee Gilmore (Sports Nutrition). State Fair Alternates were as follows: Carly Rhodes (Food Preservation), Josiah Schuette (Focaccia Bread), Reese Heyen (Food Science), Alli Rhodes (Food Preservation), Ethan Cloninger (Cookies), Anna Cloninger (Nut Bread), Katelyn Barber (Sponge Cake), Clayre Hampton (Cheese Muffins), Lexi O'Shea (Nut Bread), and Carter Joiner (Scones).

All awards for the 2021 4-H Foods Show were given in honor of Rosie Huff of Chesterfield. Rosie was a valued volunteer for Macoupin County 4-H for over thirty years. The Overall Best of Show Winner was given the Little Rosie Award for their efforts in the 4-H Cooking project. The Little Rosie Award Winner was Reese Heyen of Gillespie.

For more information on this event or any other 4-H programs, please contact the University of Illinois Extension Office at 217/854-9604.

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Source: Kate Harding  
4-H Program Coordinator  
[harding@illinois.edu](mailto:harding@illinois.edu)

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