



# 4-H FAST FACTS



A Newsletter for **Montgomery County** 4-H Families

September 2019

## 2019 4-H Week



Help promote 4-H during National 4-H Week in October! You can help by hanging up flyers, writing letters, doing community service and posting on Facebook. You can win cash prizes and 4-H items! Get a sign up form from your leader or at the Extension office.

### UNIT 18 - Serving:

*Christian, Jersey,  
Macoupin &  
Montgomery Counties*

#### OFFICES

**Christian County Extension**  
1120 N. Webster Street  
Taylorville, IL 62568  
Ph.: 217-287-7246 Fax: 217-287-7248

**Jersey County Extension**  
201 West Exchange, Suite A  
Jerseyville, IL 62052  
Ph.: 618-498-2913 Fax: 618-498-5913

**Macoupin County Extension**  
#60 Carlinville Plaza  
Carlinville, IL 62626  
Ph.: 217-854-9604 Fax: 217-854-7804

**Montgomery County Extension**  
#1 Industrial Park Drive  
Hillsboro, IL 62049  
Ph.: 217-532-3941 Fax: 217-532-3944

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To keep up with 4-H happenings in Montgomery County, including workshops, check us out on Facebook at <https://www.facebook.com/montgomery4h>



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[extension.illinois.edu/cjmm/4-h-montgomery-county](https://extension.illinois.edu/cjmm/4-h-montgomery-county)

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Kick off party September 13 6:30pm @ Ext Office

Open to 4-H members ages 13-18

- Make new friends
- Be Recognized
- Gain leadership skills
- Career Exploration Trips
- Be a leader



## JOIN THE YOUTH LEADERSHIP TEAM



FOR ADULTS & YOUTH

Cost:  
Adults \$25  
Youth \$10 members  
\$20 non members

## QUILTING CLASS

EQUIPMENT AND MACHINES PROVIDED

Sept 23, 30  
October 7, 14, 21, 28  
6:30-8pm  
Extra days built in just in case you miss.

Held at the Extension office in Hillsboro  
To Register Go Online :  
[web.extension.illinois.edu/cjmm](http://web.extension.illinois.edu/cjmm)  
Or call (217) 532-3941

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University of Illinois Extension provides equal opportunities in programs and employment.  
If you need reasonable accommodations to participate in this program, please contact  
Montgomery County Extension at 217-532-3941. Early requests are strongly encouraged  
to allow sufficient time for meeting your access needs.

## BEGINNER SEWING CLASS

HOME DECOR SEWING CLASS FOR YOUTH & ADULTS

Meeting Dates:

Sep 26  
Oct 3, 10, 17, 24  
6:30-8pm Thursdays  
Some dates may change

Cost \$25 Adult  
Youth \$10 Members  
\$20 Non Members

Equipment and machines will be provided.

What you need to bring to the first class:

2 different cotton materials 3/4 yard of each.  
These will be on a pillow, so make sure they complement each other. Held at the Extension office in Hillsboro

To Register Go Online :  
[web.extension.illinois.edu/cjmm](http://web.extension.illinois.edu/cjmm)  
Or call (217) 532-3941

Proceeds from this class go to the 4-H Foundation to support our youth sewing projects.

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## COLLEGE CARE PACKAGES

CHRISTIAN • JERSEY • MACOUPIN • MONTGOMERY  
COMMUNITY SERVICE PROJECT



Saturday, October 19  
9:00 - 9:30 AM  
Lincoln Land Community College - Litchfield, IL

Help us create care packages that will be sent to recent 4-H alumni that are in college during their midterm exams!

### SUPPLIES NEEDED:

FUN SIZE CANDY BAR/SNACKS    INDIVIDUAL DRINK MIXES  
USB DRIVES    \$10 GIFT CARDS    CELL PHONE CHARGERS

Drop off donated items at your local Extension office by Oct. 17 or bring Saturday morning.

Register online at <https://extension.illinois.edu/cjmm>

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## 4-H SHOOTING SPORTS ARCHERY AND AIR RIFLE



A parent or guardian must stay with youth.

1:30pm - 3:00pm  
At 4-H Park in Butler  
Sep 15,  
Sep 22,  
Sep 29,  
Oct 6,

Cost—\$10 for Members annually  
Or \$20 for Non-Members  
(includes the member fee)

New members will need to fill out forms before participating.

Register here: <https://extension.illinois.edu/cjmm/4-h-montgomery-county>, Look for 'Montgomery County Archery'

## 4-H Officer & Leaders Training

Open to all 4-H volunteers and 4-H club officers in Christian, Jersey, Macoupin and Montgomery Counties

Learn more about your role and take home helpful information to improve your clubs throughout the new 4-H year!

.....  
INSPIRED TO LEAD  
CALLED TO SERVE



HEAD



HEART



HANDS



HEALTH

Register by October 17th  
online at:  
[go.illinois.edu/cjmm](http://go.illinois.edu/cjmm) or call  
217-532-3941

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Saturday,  
October 19th

9:30 - 11:30 AM  
Lincoln Land Community  
College - Litchfield  
Campus

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October 6-12

## 4-H Week

### Window/Display Contest (Individual or club entries) —

Window display should relate to the theme, promote 4-H, display contact info to join and be placed where the public will see it. Displays must be up from October 6 -12. **Winning clubs will receive \$50 and an award certificate.**

### Inspired by 4-H (Individual or club entries)

*How has 4-H Inspired you to lead and serve?*

Promote 4-H on social media October 7-12 by posting a photo of you in a leadership role or doing a service activity. Use the hashtag **#inspiredby4h** and a short description about how 4-H has inspired you to lead or serve. 1 entry will be made per post. A winner will be chosen each day.

### Media Contest (Individual)

Any 4H member may participate in this contest. Participants may create original news articles, letter-to-the editor, proclamations, Digital signs, hang 4-H posters or flyers, Videos and car art. Participants will need to supply copies/pictures/sound bites/videos by October 7 to the Extension office. **1st place - \$15; 2nd place - \$10; 3rd place \$5.**

### Called to Serve (Individual or club entries)

Got a community service idea?

**Clubs-** Do an approved community service idea and your club will **receive \$50 to help with the cost of the activity.** Ideas: Deliver cookies to service persons, do a 4-H celebration at a nursing home, beautify an area downtown, etc.

**Members-** Do a service activity during 4-H week and post it on Facebook with Montgomery 4-H tagged. You could win prizes for having the best idea, making a big impact and more.

Montgomery County 4-H must be tagged in your post to be eligible. . **1st place - \$25; 2nd place - \$15; 3rd place \$10; 4th place \$5.**

Monetary prizes provided by Montgomery County 4-H Foundation

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## 4-H Week October 6-12

### 4-H Week Promotion sign up

Name Club/Individual : \_\_\_\_\_

Window/Display Contest: \_\_\_\_\_

Location of display (name of building and address) :

\_\_\_\_\_

Inspired by 4-H : *no need to sign up.*

Media Contest: \_\_\_\_\_

What will you do?: \_\_\_\_\_

Where?: \_\_\_\_\_

Called to Serve \_\_\_\_\_

What will you do?: \_\_\_\_\_

Where?: \_\_\_\_\_

Return this form to the Extension office by September 16, 2019

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*Hello 4-H families,*

I wanted to let everyone know that I will be out of the office September 21-October 14. I have the opportunity to attend a Global 4-H Leadership camp held in South Korea. During the week long camp, I will hear global leaders talk about food insecurity, youth in leadership, creating a global network and 4-H around the world. I'm honored to have been selected to attend the camp and look forward to bringing new ideas back to our program. I will have limited access to email so I may not respond as quickly as you would hope. Lisa White, at the front desk, will be able to help with event questions-217-532-3941. Any 4-H questions in which you need a quick response, can be sent to Sara Marten [marten1@illinois.edu](mailto:marten1@illinois.edu).

*Elisha Hughes*



National 4-H Week is our time to tell the world about 4-H. This year's theme, **INSPIRED to LEAD | CALLED to SERVE**, captures what it means to be a 4-H member. You are encouraged to find ways to celebrate October 6 – 12. Use the hashtag

## Just the help you need for your 4-H club

The Illinois 4-H Website has all of the resources and forms needed to guide 4-H club officers, committees, and members as they plan for the new 4-H program year.

Go to [go.illinois.edu/IL4H](http://go.illinois.edu/IL4H)

- Click on the **Clubs** tab.
- Scroll to Meeting Resources near the bottom of the page
- Find these helpful documents:
  - ◇ **Club Meeting Agenda** – this fillable form is a useful fill-in-the-blank form your club officers can use as they plan each section of the meeting. This useful form provides them with the meeting structure they can use to identify who from the club should be in charge of each potential item that may be included in a meeting.
  - ◇ **Club Committee Planning Worksheet** – the Committee Planning Worksheet is an excellent tool to give to committee members as they plan club events and activities.
  - ◇ **Club Yearly Program Plan** – this helpful tool guides the club officers and club members as they identify club goals to work toward during the year and brainstorm what programs, events and/or activities to plan for the club to engage members in fun, hands-on learning experiences throughout the program year.
  - ◇ **More** – Don't forget to download your new secretary book, treasurer book, tips for good club meetings, tips for using the 4-H name, and more other important resources



## Information to make your new year sparkle!

It's the new 4-H year, and we've got lots of things to get the new year started! We've added four new projects: Child Development, Sports Nutrition, Family Heritage, and Visual Arts Leather! Our theme for the year and National 4-H Week is **Inspired to Lead | Called to Serve**. Download the new Project Guide @ [go.illinois.edu/4Hprojectguide](http://go.illinois.edu/4Hprojectguide). 4-H Online new year enrollment begins September 7.

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## Register today for fall shooting sports contests

This is the final call for youth wishing to compete in the 2019 State 4-H Shooting Sports contests.

- State 4-H Shotgun Contest will be held Sept. 14 at Brittany Shooting Park near Bunker Hill. Register @ [go.illinois.edu/4Hshotgun](http://go.illinois.edu/4Hshotgun) before Sept. 6.
- State 4-H Archery Contest will be held Sept. 21 at the Pekin Archers near Pekin. Register @ [go.illinois.edu/4Harchery](http://go.illinois.edu/4Harchery) before September 6.
- State 4-H pistol and rifle contest will be held October 12 & 13 at CIPS near Bloomington. Register @ [go.illinois.edu/4Hpistol](http://go.illinois.edu/4Hpistol) or [go.illinois.edu/4Hrifle](http://go.illinois.edu/4Hrifle) before September 20.

### Age Requirements for the State Shoots:

- Participants must be enrolled members of an active 4-H Shooting Sports Club for the 2019-20 year, so it is important youth re-enroll as soon as the new year begins in September.
- Youth may only compete in the discipline for which they have received instruction from a certified 4-H volunteer instructor. For example, youth who are members of a shotgun club led by a state-certified shotgun instructor cannot register for the pistol contest unless they have also participated in supervised instruction from a state-certified 4-H pistol instructor.
- Minimum Age: Youth must be at least 14 years of age by Jan. 1, 2020 to compete.
- Maximum Age: Youth must be no older than 18 on Sept. 1, 2019 to participate.
- To be selected for the national competition team, youth must not turn 19 before Jan. 1, 2020. Thus, youth in their final year of 4-H who turn 19 in September, October, November, or December 2019 may participate in the state contest but cannot be selected for the national contest.

## Become a certified 4-H shooting sports instructor

Help ensure young people are exposed to everything the outdoors and shooting sports has to offer by becoming a certified 4-H shooting sports volunteer.

- Your first stop is the local Extension office where staff will discuss the current program in our county.
- Complete the required application and background checks. Volunteers must be at least 21 years of age.
- Pay the \$60 registration cost that covers three meals, snacks, instructor curriculum, hat, and all necessary equipment and materials for the training.
- Staff will complete your registration. Registration is due October 9.
- Attend certification training from 9 a.m. to 7 p.m. Saturday, October 19 at 4-H Memorial Camp near Monticello. Do not bring firearms or bows. Do bring eye and ear protection.
- Complete additional online training.
- Check back in with the county Extension staff to begin volunteering.

There are six concentrations of study, and volunteers must choose only one discipline: archery, rifle, shotgun, pistol, and hunting and outdoor skills, as well as the overall county coordinator training. Remember, volunteers will work with their local Extension 4-H staff to establish or add to an existing shooting sports program in the county. Learn more about the Illinois 4-H Shooting Sports program at: <https://4h.extension.illinois.edu/programs/shooting-sports>.

## Who will win \$5,000?

The Youth in Action Award honors four 4-H members who have gained critical life skills through their 4-H experience and have used those skills to overcome a challenge or challenges they have faced. Each of the honorees epitomize 4-H youth empowerment and leadership. In addition, the winners have demonstrated the positive impact they've made with their family, peers, and community through their 4-H experiences.



Nominate outstanding 4-H members in four different categories: Agriculture, Civic Engagement, Healthy Living, and STEM. Each winner will receive a \$5,000 scholarship for higher education, be featured as the 4-H youth spokesperson for their pillar area, receive an all-expenses paid trip to Washington, D.C. to be recognized at National 4-H Council's Legacy Awards, and network with celebrities and prominent 4-H alumni. Learn more at <https://4-h.org/parents/4-h-youth-in-action-awards/>. Deadline for application is October 21.

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## Inspire your club to promote 4-H during National 4-H Week

- Have a flag-raising ceremony at a local bank, park, business, veterans club or school.
- Attend a city council meeting and have the mayor/councilmen sign the Proclamation.
- Give presentations at schools, home school organizations, and youth-serving agency boards.
- Have members bring projects and speak at local civic organizational meetings.
- Host a project fair for the community to see work of 4H members and recruit new members.
- Have a poster contest with your members, then display them in local business windows.
- Ask banks to include a bookmark or flyer about 4-H at their drive-thru facilities.
- Host a special interest workshop open to the community sponsored by 4-H:
  - ⇒ Emergency Preparedness Meeting
  - ⇒ CPR
  - ⇒ Weather Spotters
  - ⇒ Bicycle Safety
  - ⇒ Internet Safety
  - ⇒ Teen Driver Safety
- Host a quiz night—Are You Smarter than a 4-Her?
- Sponsor a dance for Jr. High youth.
- Promote 4-H livestock projects at the feed store.
- Promote 4-H foods projects at the grocery stores.
- Promote 4-H entrepreneur projects at the banks.
- Promote 4-H family projects at the doctor offices. .
- Promote 4-H technology projects at the electronic/phone/computer stores.
- Host a “My 4-H Word Is \_\_\_\_\_” event in your community.
- Promote 4-H on local advertising signs, billboards, church message boards.
- Present a puppet show about how good it feels to be in 4-H.
- Start an email chain letter—What did you gain in 4-H? and distribute it to your contacts lists, then watch it spread.
- Take a plate of 4-H cookies to local businesses with an appreciation poster for them to post.
- Write letters to your congressional leaders about how important 4-H is to you.
- Take thank you flowers to all your club leaders.
- Hold a 4-H talent show and invite the public.
- Host a 4-H fun day with games and prizes for families.
- Have a day to wear a 4-H shirt to work or school.
- Have a county-wide community service day and have the members all report back what they did, then prepare an impact story about how important 4-H service is.
- Plant a tree in honor of 4-H.
- Have your 4-H flag displayed with the American flag at sporting events during the week.
- Carry groceries for customers at a store.
- Create a county 4-H alumni club and solicit names through the paper and newsletter.
- Hold a dinner where everything made must come from a 4-H Food Project Manual.
- Hold a health fair where all the exhibits have something from a 4-H project or activity –for example, nutritional food labels, fitness, safety goggles when mowing, anti-bullying, safe driving.
- Carve pumpkins with a 4-H logo and take them to area homes, businesses.
- Post 4-H alumni signs, National 4H week signs, or join 4-H signs in the yards of current or past 4-H members.



**INSPIRED TO LEAD | CALLED TO SERVE**  
NATIONAL 4-H WEEK

**I ILLINOIS EXTENSION**  
#inspiredby4H



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## Take a trip across the globe

Visit exciting new places as part of the 2020 States' 4-H International Exchange program. Check out this line-up:

- Costa Rica: June 18 – July 17. Cost \$1,775 (plus airfare \$800 to \$1,300). Ages: 15 – 18.
- Japan: July 8 – August 6. Cost \$2,725 (plus airfare \$1,700 to \$2,600). Ages: 12 – 18.
- Japan: June 18 – August 6. Cost \$3,875 (plus airfare \$1,700 to \$2,600). Ages: 12 – 18.
- Norway: June 24 – July 24. Cost \$2,200 (plus airfare \$1,300 to \$2,000). Ages 15 – 18.
- South Korea: July 15 – August 13. Cost \$2,430 (plus airfare \$1,300 to \$2,300). Ages 12 – 18.
- Taiwan: June 28 – July 28. Cost \$2,200 (plus airfare \$1,300 to \$2,300). Ages 12 – 18.
- Romania: June 24 – July 24. Cost \$1,775 (plus airfare \$1,300 to \$2,000). Ages 15 – 18.

The first deposit and application are due November 1 to your local Extension Office. Second deposit is due February 1. For more information, check out their website @ [states4hexchange.org/](http://states4hexchange.org/).

## SALUTE TO EXCELLENCE

### Nominate an outstanding volunteer

The Illinois 4-H program is built on the work of amazing volunteers, and we look forward to recognizing our volunteers for what they do! The National 4-H



Council sponsors the Salute to Excellence Award Program that targets 4-H volunteers who demonstrate exemplary service to 4-H, while promoting service through volunteerism. Nominate outstanding local volunteers for consideration by contacting the Extension office.

The award categories are:

- **Volunteer of the Year** – recognizing individuals who have served as 4-H volunteers for less than 10 years at the local, county, region, and state level.
- **Outstanding Lifetime Volunteer** – recognizing individuals who have served 10 or more years at the local, county, region or state level.

Nominations are due to the State 4-H Office by **Friday, October 18, 2019**.

## State award deadlines moved up to October 28

**IMPORTANT:** The state deadline for the following awards has been changed to October 28 to the local office. Don't miss your chance to apply. Award applications are available online at [go.illinois.edu/4Happly](http://go.illinois.edu/4Happly) for:



- Key Award
- State 4-H Award
- Vet Science Award
- 4-H Leadership, Citizenship, and Professionalism Award

The deadline for **state scholarship** has also been changed to November 1. Apply online @ [go.illinois.edu/4Hscholarships](http://go.illinois.edu/4Hscholarships) for these scholarship opportunities:

- Legacy of Leadership Scholarship
- Livestock Scholarship

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## mark your calendar!



September 13	YLT kick off party 6pm, Guest Speaker
September 20	DEADLINE: Rifle and Pistol registration due
October 5	State 4-H Awards Reception, by invitation only
October 6 – 12	National 4-H Week: Inspired to Lead } Called to Serve
October 18	DEADLINE: Salute to Excellence nominations due
October 19	Officer Leader Training, LLCC Litchfield
October 21	DEADLINE: Youth in Action award applications due
October 28	State 4-H Award Applications due to local office.
November 8	Achievement night, Must RSVP
November 14	4-H Committee Meeting 6pm
December 7	Holiday workshops

## 4-H Committee Meeting– November 14. Youth and Adult members needed.

6pm– Livestock committee:

Swine barn changes and schedule a workday

Changes to the show

Other livestock topics

6:30– Expansion Review

7:15— 4-H Committee

Discuss new changes to the fair schedule and location

Survey Results

Achievement for 2020– new awards

Let us know you are coming by emailing Elisha at: [ehugh2@illinois.edu](mailto:ehugh2@illinois.edu)