

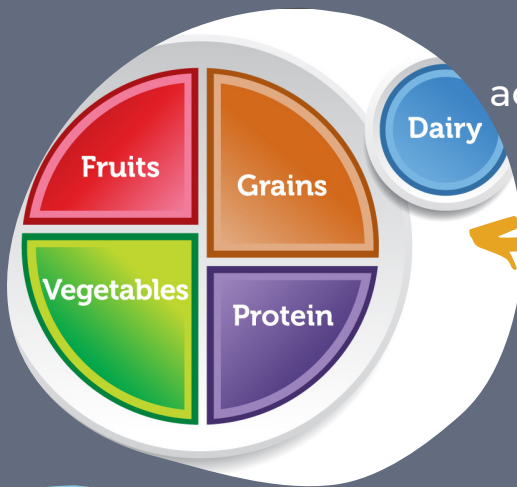


# Cooking 101 Workshop

Open to all youth 8 years and older



Practice measuring!



Complete MyPlate activity so it's ready for the fair!

Make cereal marshmallow bars!



Proper handwashing instruction and food safety steps!

May 15  
3 PM  
FREE!

4-H membership is not required to attend.

Register by May 12 at  
[go.illinois.edu/OKOcooking101](http://go.illinois.edu/OKOcooking101)

Old King's Orchard Community Center  
815 N Church St  
Decatur

Contact Jenna Ward (she/her) at [jrward@illinois.edu](mailto:jrward@illinois.edu) or call 217.877.6042 with questions.



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