

Cooking

Under Pressure

Using Air Fryers & Pressure Cookers

I ILLINOIS
Extension
COLLEGE OF AGRICULTURAL, CONSUMER
& ENVIRONMENTAL SCIENCES

Date: Thursday, January 30, 2020

Time: 1:00 - 3:00 PM

Location: Stephenson County Senior Activity Center, 216 E. Stephenson Street, Freeport

Registration: Program fee is \$5 per person
Pre-registration is requested due to limited seating.



Join us as we learn helpful tips on using air fryers and pressure cookers, the pros and cons of using each as well as receive tasty recipes.

Registration Deadline:
Monday, January 27, 2020

To register or for more information:

Call our office at (815) 235-4125

or visit us online at web.extension.illinois.edu/jsw

University of Illinois Extension

Serving Jo Daviess, Stephenson, &
Winnebago Counties

2998 W. Pearl City Rd, Freeport, IL

Call us at: (815) 235-4125

Check out up-coming events



University of Illinois Extension

University of Illinois Extension provides educational programs and research-based information to help Illinois residents improve their quality of life, develop skills and solve problems. If you need a reasonable accommodation to participate in this program, please call the U of I Extension office. University of Illinois Extension provides equal opportunities in programs and employment. University of Illinois College of Agricultural, Consumer and Environmental Sciences – United States