Diversify Master Naturalists Project Monthly Discussion Guide 2021

Discussion Guide Overview

Program Overview

The Diversify Master Naturalist program is a collaboration between the University of Illinois Natural Resources and Environmental Sciences Department, University Extension, and the Office of the Vice Chancellor for Diversity, Equity & Inclusion. The program is designed to make the Master Naturalist program more inclusive for all residents of Illinois through

1) Developing a community of practice around diversity issues and barriers to inclusion for leaders of the Master Naturalist program.

2) Engaging with leaders in communities of color in the areas served by the program to understand how the program can better serve those communities and invite some of those leaders to serve as members of an advisory board to the program. Building these relationships should allow us to develop more culturally responsive and intentional recruitment strategies for the program.

3) Develop a continuing education module to provide trained Master Naturalists with a foundational knowledge of diversity issues in natural resource conservation, tools for working with diverse communities, and resources for growth.

4) Modify the Master Naturalist manual, a central piece of the training program, so that it is more accessible and relevant to diverse communities in Illinois.

These objectives support the Extension mission, helping make the Master Naturalist program more accessible to a wider array of people, while also attracting more diverse participants to solve natural resource conservation problems.

Community of Practice Overview

The community of practice was formatted with self-guided monthly discussions in small groups, quarterly trainings as a community of practice, and cumulating in a 3-day retreat in December.

Monthly Discussions

These monthly discussions are an opportunity for you to engage with your peers to better understand strategies for improving the diversity of the Master Naturalist program. During the next year several months, participants in the Diversify Master Naturalist (DMN) program will be teamed into monthly discussion groups, to provide a safe space for deeper dialogue on the topics. DMN teams are provided with this discussion guide to help provide structure for the monthly dialogues. While the DMN teams are encouraged to utilize the readings and activities provided in this guide, the DMN organizers also understand that each discussion will be unique to the team. Please use this document as a suggestion for a step-by-step approach to engaging in conversations about race, racism, and nature.

This discussion guide is a way for your group to focus your discussion on the readings and various topics. Each monthly session plan is written linearly, but each DMN team should feel free to hop around to the questions as they come up.

Monthly Discussion Recommendations

During the first session, your team will devise your own community guidelines to maintain a respectful, honest, and engaged environment. Below are some recommendations for your group:

- Please take this time to be present over the next hour and respect the members of the group.
- Please allow space for everyone in the group to speak on each of the questions if they feel so inclined.
- Listen to understand new perspectives

Discussion Summaries

It is not required to "document" or record your discussions. However, the DMN organizers ask that each group submit the summary questions (See Appendix A) on Moodle after each meeting. Please submit the group's summary questions by the last day of the month (i.e. March's meeting will be due by March 31st). The entire group only needs to submit one discussion summary in total, not one per group member.

March Discussion

Goals

- Spend time getting to know one another and understand your motivations for participating in the Diversify Master Naturalist program
- Identify community guidelines to help promote engaged dialogue together
- Begin to consider the forces that have limited the racial/ethnic diversity of programs like the Master Naturalists

Reading

• Introduction (pp. 1-20) from *Black Faces, White Spaces* by Carolyn Finney

Optional Activity: Hopes & Fears

• Google Jamboard of Hopes and Fears of everyone in the group

Discussion Questions for March:

- What are some ways you and your group can ensure you are present and active in the meetings? (videos on, agreement not to be working on other things while you meet, etc.)
- What are some norms your community can establish to ensure this space is comfortable for all to share opinions and discuss?
- What is the place of this training for diversifying the Master Naturalist Program?
- What are your personal goals for this community of practice? Why did you want to participate and how do you hope to use this information? (What is your interest in participating in this Community of Practice and what do you hope to get out of it?)
- Why do you think there is a lack of representation among Master Naturalists?
- The introduction to Black Faces, White Spaces is quite dense, what are your thoughts on the introduction? (do you think it's necessary, did it place things in context)
- What does land mean to you?

April Discussion

Goals

- Understanding race & racism
- Discussion of personal experiences of race and racism
- Reading accounts from folks of color

Reading

- Black Faces, White Spaces; Chapter 2 by Dr. Carolyn FInney
- "<u>Meet the Chicagoan Who's Working to Change the Face of Urban Ecology</u>" by Patti Wetli in the Chicago News on June 15, 2020
 - o https://news.wttw.com/2020/06/15/meet-chicagoan-deja-perkins-urban-ecology
- "<u>Being very frank about our history</u>: As Sierra Club acknowledges racist past, Indigenous communities look for reckoning</u>" by Debra Utacia Krol in the AZ Central Newspaper on June 26, 2020
 - https://www.azcentral.com/story/news/local/arizona-environment/2020/07/26/sierraclub-confronts-its-racist-history-tribes-see-reckoning/5494294002/
- To Feel Safe in a Forest- Writeup by Cook Co, IL MN Intern

Discussion Questions and Activities

- 1) In the book and additional readings, we have begun to hear more about perspectives of individuals in relation to the natural world. When you think about "nature," what are some of the words that come to mind? Write these in the chat or share them aloud.
- 2) In the second chapter of Black Faces, White Spaces, Dr. Finney discusses the distance between the Civil Rights Act and the Wilderness Act, both of which were passed into law in 1964. Can you imagine a law that merges the two Acts into one? What elements would be critical for such a law?
- 3) Dr. Finney argues that the lack of access to natural spaces, whether public or private land, has a direct link to societal racism in America. The same argument is made in the Sierra Club's "Being Very Frank About Our History" article. Thinking of neighborhoods in the areas where you work, what are some examples of disparities in resources or access to spaces that are "wild" that might relate to racism?
- 4) In "Meet the Chicagoan..." Deja Perkins notes there was some pushback from the birding community at large when the Audubon Society and other groups promoted #BlackBirdersWeek. Why might conservationists bristle at highlighting the contributions of birders who are people of color?
- 5) Thinking back on the first question, what words or phrases might these authors use to describe "nature" (or their relationship to the natural world)? Generate as many words or phrases as you can.
- 6) Compare your list and the authors' list. How might race (or specifically our experiences related to race) affect how we experience nature? Which perspectives or values do you see reflected in the Master Naturalist program?

Quarterly Training Sessions

End of April

Diversify Master Naturalist Quarterly Training Agenda- Understanding Racism

- Land Acknowledgment
- Welcome & Agenda
- My First Realization: Race and Nature (Small Group)
 - "What is your earliest memory that people might have a different relationship (or experiences in) nature based on race?"
- Danger of a Single Story- Ted Talk by Chimamanda Adichie
 - https://www.ted.com/talks/chimamanda_ngozi_adichie_the_danger_of_a_single_story
 ?language=en
 - Lee Ann Bell's Storytelling for Social Justice model
- Understanding Racism, Power & Privilege in the US
 - Barriers to Discussing Race & Racism
 - Defining Race & Racism- which came first and what does it look like?
 - Understanding types of Racism- structural and systemic racism, internalized racism, racism without racists
 - o Defining and Understanding white supremacy- three pillars of white supremacy
 - Privilege & Intent
 - Anti-racism- Developing and committing to our anti-racism personally and organizationally
- Perspective Taking & Communication Skills: Hearing Stories from People of Color in Our Communities
 - Listening to Communities of Color- who aren't we seeing?
 - o Building relationships with communities of color- asking good questions
 - Challenges for white folks
 - o Intercultural communication, knowledge, competence
 - o Ethnocentrism to ethnorelativism
 - o Cultural empathy & understanding empathy
 - Next Steps & Closing
 - o Our work
 - Commitments to take before next meeting
 - Updates and next steps

May Discussion

Goals

- What are messages I have learned about race/racism?
- What are some challenges (I have to overcome?)
- Do some introspection about race/racism

Readings

- Black Faces, White Spaces; Chapters 3 & 4 by Dr. Carolyn Finney
- "<u>Where We Belong: Is there room for African Americans Outdoors?</u>" by Nicole Anderson Cobb by Smile Politely in September 28, 2018
 - http://smilepolitely.com/opinion/where_we_belong_is_there_room_for_african_ameri cans_outdoors/
- Optional: "Ecological and evolutionary consequences of systemic racism" by Schell et al, 2020

- As a white person, what do you notice about your experiences with race? What in your opinion does it mean to be white? How do your experiences with race shape how you approach your work?
- In Chapter 3, Finney discusses the concept of "collective memory," that are "borrowed, inherited, and learned [as] part of a common experience kept alive by individuals, communities, cultures, and nations." (55) How do you think collective memory impacts how people interact with nature? How does racial collective memory impact how people of color in your community experience nature?
- Finney also offers that reclaiming processes must both honor a "sense of history' while fostering a sense of peace." (56) How have you seen local or (inter)national communities honor the collective memory while building something new?
- One of Finney's sources in Chapter 4 says, "People of color don't see themselves in the picture." (79). Nicole Anderson Cobb also talks about this experience in her article about participating in a Master Naturalist training. How can you – as Master Naturalist coordinators – ensure that people of color "see themselves" in this program?
- Finney also talks about reactions that some African American participants identified when engaging in environmental education, specifically anger, fatigue, and mistrust. (65) Talk about a time when you encountered these reactions. How did you make sense of the interaction at the time? How do you make sense of it now?

June Discussion

Goals

- Discuss experiences of folks of color with nature. How does racism impact relationships with nature?
- Consider ways that you can create more racially inclusive programming
- Investigate racial/ethnic diversity in your Extension unit

Readings

- Black Faces, White Spaces; Chapter 5 by Dr. Carolyn Finney
- <u>Nine Rules for the Woke Birdwatcher</u> by J. Drew Lanham in Orion Magazine, Dec 3, 2020
 https://orionmagazine.org/article/9-rules-for-the-woke-birdwatcher/
- <u>Things I Wish My White Outdoorsy Friends Knew</u> by Eugene Pak on Melanin Basecamp, Feb 7, 2021
 - https://www.melaninbasecamp.com/around-the-bonfire/2021/2/7/things-i-wish-mywhite-outdoorsy-friends-knew
- <u>Ways to Build a More Racially Inclusive Hiking Community</u> by David Robles on Melanin Basecamp, Sept 30, 2020
 - https://www.melaninbasecamp.com/trip-reports/2020/9/29/5-ways-to-build-a-moreracially-inclusive-hiking-community
- <u>http://racialdotmap.demographics.coopercenter.org/</u> from the University of Virginia, the Racial Dot Map
- Census Quick Facts Race Estimates-(https://www.census.gov/quickfacts/fact/table/IL/PST045219)

- In Chapter 5, Finney says "[R]acism is a process that at best limits opportunities and stifles
 potential collaborative efforts and at worst creates a negative space of hatred and mistrust that
 can lead to violence and even death." (94) What do you imagine are some of the direct and
 indirect impacts of racism on the Master Naturalist program? How can you counter and address
 the impact of racism?
- Finney also talks about the importance of listening to multiple stories about how communities of color create spaces of resistance and reconnection to the environment. Where do you see these stories in your communities? How could you make more connections and learn more about your local communities of color relationship to the environment?
- The articles talk about enhancing awareness about the experiences of people of color in nature. What surprised you in reading these? What are some tips that you found useful? How could you incorporate these insights into your work?
- We've provided data on the racial/ethnic diversity in your unit's area from US census data, as well as a dot map showing diversity by household across the United States. Examine the data for your unit area and discuss with your peers in this group. Are there any surprises in the data or areas you think you could target for any future Extension programming?

Quarterly Training

End of June

- Looking Back & Reflecting Together- small group & whole group discussions
 - Reflecting on DMN project so far
 - Barriers to involvement
 - Current strategies for Diversifying Master Naturalist program
 - Looking forward to address these barriers & future goals
- Strategies for Building Relationships
 - Exploring communities: <u>http://racialdotmap.demographics.coopercenter.org/</u>
 - Mapping publicly available natural spaces and pollution/negative environmental factors
- Create an Eco-Network Map
 - List community specific resources and organizations within under-served communities in your area
 - o Draw lines to show relationships between organizations
 - List people you know and potential connections between them
- Homework: Build Intentional Relationships
 - Select 1-2 people on this list to speak with
 - Interview them to find out more about individuals and communities of color in your area, focusing on the strengths and resilience of the communities

July Discussion

Goals

- Readings focused on the work of individuals and communities of color in environmental justice, ecology, natural science, etc.
- Discuss the different relationships and conceptualizations of nature/natural in relationship to race, community

Readings

- Black Faces, White Spaces Chapter 6 & Epilogue by Dr. Carolyn Finney
- "Start Where You Are" by Biomimicry Institute, Jul 22, 2020
 - https://biomimicry.org/start-where-you-are/
- "<u>Seeing Himself in the Science</u>" by Julie Davidow in the UW Magazine, Dec 2019
 - https://magazine.washington.edu/feature/ecologist-christopher-schell-sees-himself-inthe-science/
- Optional Readings
 - o "Black Americans Attitudes toward Wildlife" by Dolin, 1988
 - "Science in the Learning Gardens (SciLG): a study of students' motivation, achievement, and science identity in low-income middle schools" by Williams et al, 2018
 - o <u>Greening the Ghetto</u> Ted Talk by Majora Carter
 - https://www.ted.com/talks/majora_carter_greening_the_ghetto?language=en

- During this program, we have read much about negative experiences of people of color in natural environments. Finney intentionally decenters these experiences of fear in book (Chapter 6), preferring instead to focus on resistance, strength, ingenuity, and resilience. What would it mean to center these values in our work with communities and individuals of color? How might that change what collaboration looks like?
- Often, we approach issues from our own perspective and experience, and it may be difficult to
 ask the right questions to learn about another person's different perspectives or experiences. In
 reflecting on these readings, what would be some of the questions you would want to ask these
 authors? How would you make sure your questions are open and non-judgmental? How might
 this be similar or different than the local community member(s) you will talk with about DMN?
- Who did you select to speak with and why? How do you think you might approach the conversation? What is the absolute best thing that could happen in this conversation? The worst?

August Discussion

Goals

• As a group and individual, get more comfortable with the principles and endeavors of reaching out to the under-represented community in Extension programs.

Reading

- The Sound of Silverbells by Robin Wall Kimmer from "Braiding Sweetgrass"
- <u>Ancestral Connections to Nature: Approaching Community Engagement through Conversations</u> <u>about a Community's History</u> by Jennifer Idrovo on Openlands
- The Nature Conservancy's <u>Principles of Partnership with Indigenous People and Local</u> <u>Communities</u>

- In all three readings, differences in ancestral and personal connections with nature is highlighted. How do you understand your own connection to nature? How do you find out other people's connections to nature?
- Discuss strategies/ways that you can adapt your lessons and responses to different participant's perspectives and ancestral connections to nature. What are ways that you can create programs and opportunities that allow for anyone to "interact with nature in ways that are meaningful to them"?
- Consider each of the principles from the Nature Conservancy (listed below). Are there principles that you think are missing from the Master Naturalist program? What are ways to overcome those gaps?
 - Indigenous and community-led: We seek to understand what a community wants our role to be. Together with communities, we co-create plans that align with the communities' priorities and The Nature Conservancy's experience and mission.
 - Diverse and inclusive: We recognize and respect the diversity of Indigenous Peoples and local communities, and the diversity that exists within communities. We aim to center gender equity and inter-generational leadership in our IPLC work.
 - Reciprocity: Our partnerships with Indigenous Peoples and local communities are opportunities for mutual learning, sharing and benefit between the communities and TNC. We strive for transformational—not transactional—partnerships in the spirit of reciprocity.
 - Communication and accountability: We listen deeply and open clear lines of communication. We commit to fulfilling agreed-upon roles and responsibilities, and to holding ourselves accountable for long-term partnerships and commitments.
 - Flexible, adaptive and patient: We strive to be flexible to the needs, realities and competing priorities within communities. We recognize the interconnectedness of all things. And we learn from past mistakes.
- Is there anyone or any groups in your community that you think are incorporating these principles well even outside of the environmental field? Are there any areas in community

engagement that you feel aren't covered by these principles? Brainstorm ways to reach out to these people and learn from them.

September Discussion

Goals

- Readings focused on community-based strategies, such as asset mapping, strategic planning, relationship building, and action planning
- Work together on asset mapping and preparing strategies for engaging in their communities.

Reading

- <u>We Can Build on This: Discovering Community Capitals</u> by Meghan Wrathall, Rural Development Institute
 - https://medium.com/@rdi_77976/we-can-build-on-this-discovering-communitycapitals-da1a9edd5101
- <u>Community Capitals Framework</u> from Washington State University Extension

 https://s3.wp.wsu.edu/uploads/sites/2063/2015/07/REM.CommCaps.pdf
- <u>Creating the Culture for Community Engagement; How Fear may be Holding Us Back from</u> <u>Authentic Engagement</u> from Tamarack Institute
 - https://www.tamarackcommunity.ca/hubfs/Resources/Publications/Creating%20the%2
 OCulture%20for%20Engagement.pdf?hsCtaTracking=72586817-38d8-4bc3-989d 0952912b95da%7C53d7d90b-ae83-4438-8aa3-a5575051c37b
- <u>Community Engagement Toolkit from Collective Impact Forum and Leading Inside Out</u> you do not need to fill out the toolkit, but please consider the questions.
 - https://www.collectiveimpactforum.org/sites/default/files/Community%20Engagement %20Toolkit.pdf

- 1. What are your ideas about engaging communities of color with naturalist (and other Extension) programs?
- 2. The articles spoke about a spectrum of community engagement from informing to empowering. Where do you see your plan on this spectrum? Where do you want to be?
- 3. What are the various community capital in your local community? Which of these get overlooked and why?
- 4. The article by Tamarack Community discusses the ways that our fear of negative interactions can get in the way of our community engagement work. What are you concerned about as you think about creating this plan? What is the worst that could happen? What would you do if the worst actually happened?
- 5. What resources or support do you think you will need to be successful?

October Discussion

Reading/Listening

- The podcast is called 'Always Be Birdin' and is hosted by Samantha DeJarnett. The episode is from Sept 14th and is titled "Approximations: Avian Training and White Supremacy with Corina Newsome." It is available in Apple Podcasts, on Spotify, or you can also listen in a web browser at the link below.
 - https://always-be-birdin.simplecast.com/episodes/approximations-avian-training-and-white-supremacy-with-corina-newsome

- What are 5 incremental steps you could take to increase the diversity of people participating in the Master Naturalist program in your area? Consider how Sam and Corina discussed gaining the trust of birds they were training and how they took very small steps to train those birds.
- Consider situations where there is an uneven distribution of resources. What are ways can we share resources and leadership with people of color through the Master Naturalist Program, even in smaller steps and actions?
- Have you come across any resources (articles, videos, podcasts, etc.) that resonated with you? Create a list of them and share them with your group members. Please include some of the top ones (article names, links, etc.) in the last question box at the end of the survey.

October Quarterly Training

End of October

- Check In
 - What is one thing you have been thinking about (or one question that has come up for you) since the last quarterly?
 - Bonus question: We know this has been a stressful past few months in Extension what are you doing to take care of yourself?
- Overview of Planning Process
 - You have started thinking about a plan to enhance your work with communities and folks of color.
 - Plans cannot be one-size-fits-all; this must be tailored to your unique community.
 - Your plan should identify not just where you are and where you want to be, but also how you might get there.
 - Your plan will include
 - your measurable goals
 - identified steps
 - people and resources needed
 - challenges you might encounter (and how to address them)
 - a proposed timeline
- Brainstorming & Strategizing Our Plans
 - Today's Small Group Work: begin to identify your plan, goals, action steps, and resources you would need. Take 10 minutes to continue adding to your engagement plan. Spend the next 45 minutes sharing your plan and strategizing together. Use the Jamboard to write down your primary goals, describe your plans, jot down action steps, and identify resources.
 - Consider: What is the phenomenon you wish to affect? What is the program or initiative you would craft to address this? What are your major goals? What action steps would you need to take to get there? What resources would you need? DREAM IN REAL LIFE! This should be both imaginative and sustainable
 - Sharing Our Plans: Take a moment to share your kernel of an idea with the group.
 - Planner: What feedback do you need? What support or resources do you need right now?
 - Teammates: What is one thing you would encourage to improve the plan's success?

November Discussion

Reading/Listening

- The Texas Master Naturalist program has been doing a similar diversity program with multiple great speakers on a variety of topics. Please watch one video from this list and be prepared to share what you learned from the video with your group members. Each video is about 1 hr and 15 minutes. Below each video are sets of questions like our monthly questions that you may consider asking your group!
 - https://txmn.tamu.edu/bethechange/

- What was the biggest take-away from the video? What points can you share with your group members?
- Share any actionable steps that you would consider using in your community plan.
- What resources do you need from us now for the program? What resources might you need from us in the future?

December Retreat

Planning:

- 3-day retreat at an Illinois state park
 - All-encompassing with food, rooms, and ballrooms
 - Created a hybrid platform with in-person and Zoom participants

Curriculum

- Throughout the retreat, each unit worked on community engagement plans for the next year
 - Group brainstorming, individual work, and feedback on plans before a final presentation at the end of the retreat
- Held group discussions around suggestions for Extension as a whole and the Master Naturalist program and delivery to create a more accessible and diverse atmosphere
- Brought in a keynote speaker who also lead a facilitated discussion
 - She also led a facilitated discussion on the following day
- Incorporated group time and time for individual reflection
 - Included a hike outside

Appendix A: Discussion Summary

Summary Questions:
How long was your meeting? -
How many people attended? -
Was an hour enough time:
Write 3 main insights from your group discussion:
1.
2.
3.
5.
What expanded perspectives or Ah-ha moments did you experience today?
What questions does your group have after today's discussion?
What did your group like best about today's discussion and readings?
Any improvements or changes you would like to see from the community of practice, discussions,
or readings?