

## Extension Council Meeting Minutes

Jackie Joyner-Kersey FAN Innovation Center and Via Zoom

1/31/23

- 6:35 pm call to Order
- Purpose of Extension Council
- Nutrition and Wellness Highlights
  - Kris Juelfs, Nutrition and Wellness Educator
    - Serves all three counties (Madison, Monroe, and St. Clair County)
    - Currently working with Organization in Monroe with Cooking Classes
    - Healthy Minds, Healthy Bodies 2<sup>nd</sup> and 3<sup>rd</sup> grade in Monroe County
    - Offering Safe Food Handler's Classes this Spring in Madison and Monroe Counties
    - Hosting an Open house in each County for Pressure Canners Testing
    - Development of Sports Nutrition Curriculum for High and Jr High School students
    - Wellness Wednesdays
    - Diabetes Management Classes
  - Rima Abu Isaid, SNAP\_ED Educator
    - Healthier Together, BRIC Grant- Cool storage Units for Food Pantries
    - Helped Food Pantries create Nutrition Policies
    - Fruit and Vegetable Program at Belleville's Farmer's Market Brick Motor Store and East St. Health District Fresh Farmer's Market
    - CARE -Backpack Program with East St. Louis Garden network, sending students home with fresh produce.
    - Find Food IL MAP
  - Laquitsha Bejoile-Hayes, County Director
    - EFNEP started Around the Table Curriculum training this month, a curriculum that focuses on a person's relationship with food.
    - Seeking to hire an INEP Administrator for both Nutrition Programs, 1 EFNEP Community Worker Position is open, 1 EFNEP Extra Help position for the Summer
    - Last year completed, over 33 youth cooking schools in Madison and St. Clair Counties. The seed to Table program will be piloted in conjunction with 4H in some areas. Where youth learn about the growing of food and then about cooking the food they have grown.
  - Group discussion on marketing what we do part and purposefully. Ideas included pamphlets, sharing information with churches and community centers, etc.